**SUCCESSES**

- In FFY 2014, the Imperial County UC CalFresh Nutrition Education Program reached 8,262 participants which exceeded program expectations.
- Imperial County UC CalFresh has provided nutrition education at over 75 delivery sites including:
  - Community Centers
  - Desert Research Extension Center (DREC)
  - Public Schools
  - Public Housing Authorities
  - ICCOE Pre-Schools
  - 4H groups

**IMPACTS**

UC CalFresh trained a total of 105 educators who delivered a total of 2,571 hours.

**Youth**
- We reached 3,445 students in 2014.

“Hi teacher, I remember you from last year, we tasted cowboy caviar!”

**Adult**
- We reached 2,133 adults in 2014.

“My family is eating more fruits and vegetables since I’ve learned new ways to prepare them!”

**IMPROVING CALIFORNIA’S HEALTH THROUGH COMMUNITY-BASED NUTRITION EDUCATION**

Imperial County’s UC CalFresh Nutrition Education Program (NEP) provides evidence-based nutrition education to UC CalFresh recipients and other low-income individuals and families in collaboration with local partners. Our goal is to help these families, adults, youth and seniors make better nutrition decisions, maximize their limited food budgets and be physically active.

**Serving the Community**

The UC CalFresh NEP provides our community with nutrition education and physical activity ideas for the entire family. The youth nutrition education program is coordinated with school boards, principals and teachers to provide nutrition education in the classroom. The adult nutrition education program is coordinated with various agencies and partners throughout Imperial County to provide nutrition education to adults and seniors.

- The **Youth Program** provides no-cost research-based curriculum, support and resources to pre-school through junior high school teachers in low-income schools to deliver this education in their classrooms.
- The **Adult Program** provides no-cost evidence-based nutrition education to UC CalFresh eligible’s and other low-income individuals and families in collaboration with local partners.

**Serving Individuals**

- In FY 2014, over 3,400 children and 2,100 adults were reached with nutrition education.

**Serving California Agriculture**

- Connecting youth and adults to Imperial farmers through visits to the Desert Research and Extension Center (DREC) providing hands on experience in harvesting produce.

**Serving Education**

- UC CalFresh NEP focus is to provide behavioral changes through nutrition and physical activity to prevent and educate on the affects of obesity, diabetes, heart conditions and other nutrition related diseases and disorders.

**Our Partnerships**

- School Districts-Train the trainer program with teachers and other leaders.
- Public Health Department-Coordinate Nutrition Education
- ICCOE Pre-Schools- Coordinate and train teachers on nutrition and gardens.
- 4H youth -provide summer program nutrition classes
- DREC-Offer hands on agriculture at the farm
- Community Centers - teach food preparation classes and provide healthy recipes