SUCCESSES

- "I have seen changes in student behavior, especially in what they’re drinking. I’ve noticed an increase in water consumption and decrease in sugary drinks consumption." – Ms. Argo, Pine Ridge School

- "I know from experience that many students will remember these lessons and will draw upon this knowledge when they make dietary decision for their own lives in the future. Thank you for helping our kids!" – Ms. Denzel, Teacher at Manzanita Elementary

IMPACTS

Butte, Glenn, Colusa, Sutter and Yuba UC CalFresh NEP is making a vital impact in our community, providing our communities most vulnerable populations with the information they need make healthier, wiser, food choices:

Youth
- 8,704 children served
- 53 Schools served
- 317 Teachers using UC CalFresh NEP resources

Adult
- 581 Adults Served
- 27 Agencies

IMPROVING CALIFORNIA’S HEALTH THROUGH COMMUNITY-BASED NUTRITION EDUCATION

County Statement:
The Butte Cluster is focused on identifying community needs, defining and developing a group mission with our community, sharing agency information to prevent duplication, strengthening member/organization communication and planning local activities to make positive shifts in the homes of our Snap-Ed eligible families. The prevalence of food insecurity and very low food security among adults ages 18 and over, below 200% FPL, ranges from 30% in Butte to 42% in Sutter County. The median income is less than that of the state.

Serving the Community

Using pilot tested, researched based curricula and initiating collaboration with local agencies, and school districts, we provide comprehensive nutrition, agricultural, and gardening education to SNAP-Ed eligible families. The passion and willingness of our educators bridge the gap between the research of the UC Systems, and connect families with accurate, applicable, and current information and resources. This allows youth, schools, agencies, and parents to make better healthy food choices.

Serving Individuals

 UC Cal Fresh Butte Cluster tailors our services and resources to meet the needs of our population. We provide a variety of hands on learning with classes, in-services, and nutritionally focused events. We infuse spirited nutrition education into school and community environments. In addition to the following, we provide:

- Walk to School Events that encourages families to stay out of the car and instead bike or walk to school. Educating families on how to decrease their carbon foot print, this school wide event also celebrates healthy habits, drinking tap water, and promotes positive family engagement. Students who do physical activity before school are more focused and attentive in the classroom.

- Making Every Dollar Count adult nutrition education program helps participants develop and expand skills to use their food related financial resources more effectively. 97% of students using MEDC improved knowledge related to “knowing easy ways to save money on food” 94% of students using MEDC improved knowledge “knowing simple health meals to make.”

- Team Up For Good Health pilot curricula focuses on the major contributors of childhood obesity in the country; sugar sweetened beverages and fast food. Through a series of lessons that highlight simple learning objectives and effective visuals, teachers and students are understanding “how” changing their food habits can improve their health.

Serving California Agriculture

Connecting our families to food can only be successful when our communities can connect with where their food comes from. UC Cal Fresh Butte cluster collaborates with the Butte, Colusa, and Tehama county Farm Bureaus, Local Support Groups, and Farm Advisors to connect our community with the vast agricultural environment and the variety of local commodities growing around us. Agricultural education is delivered to our communities through a variety of farm field trips, assistance in school and community gardens, and with the classroom visit of Farmer Nick and Gail Bertagna.

Building Partnerships

- School Districts
- Department of Social Services
- Hmong Cultural Center
- Farm Bureaus
- Family Resource Centers
- Oroville YMCA
- Smart Start and School Readiness Programs
- Center for Nutrition and Activity Promotion (CNAP)
- Public Health
- Farmworker Institute of Education & Leadership Development (FIELD)