SUCCESSES
Tehama County children and parents who participated in the UC CalFresh Nutrition Education Program changed their behaviors in the following ways:

- 74.4% of school children bring more fruit and vegetables as a snack
- 86.4% wash their hands more often
- 97.5% More students can identify healthy food choices
- 97.7% are more willing to try new foods offered at school
- 61.0% choose more fruits and/or vegetables in the cafeteria or during classroom parties

IMPACTS
Knowledge change: Tehama County UC CalFresh is making a vital impact in providing our community’s most vulnerable populations with the information they need to make healthier food choices and to stay active.

Youth
- 4,915 Children Served
- 18 Pre Schools & Schools Served
- 95 Teachers Served

Adult
- 140 Adults Served
- 2 Non-Profit Community Agencies Served

County Statement:
Tehama County is a farming community. It is rural in nature with vast open spaces and an estimated population of 63,057 as of 2013. It is located in the upper Sacramento Valley in northern California.

Serving the Community
- The percentage of people living below poverty level in Tehama county is an estimated 19%, with an unemployment rate of 9.3%. 23% of students eligible for free and reduced price meals do not participate in the National School Lunch Program. Approximately 70.2% of adults are overweight/obese, 23.9% of 12-17 year olds are overweight and obese, 14.0% of children 5 to 11 years are overweight or obese and about 7.2% of children age 4 years and younger are overweight.

Serving Individuals and Families
- The University of California CalFresh Nutrition Education Program provides evidenced-based nutrition education to CalFresh Recipients and other low-income individuals and families in collaboration with valuable local partners. The program acts as a bridge tailoring the latest science, curriculum and information to the needs, culture and language of the low-income communities.

Serving California Agriculture
- Agriculture is an integral part of the UC CalFresh Nutrition Education Program, which includes recognition of local farmers, lessons at the farmer’s markets, Farmer of the Month, School Gardens and the Master Garden program. Local farmers are sought out for purchasing produce for our tastings and lesson demonstrations. Agriculture is a key component of the nutrition education UC CalFresh delivers. Farmers Feed America!

Serving Education
- UC CalFresh Nutrition Education Program provides quality, evidence based nutrition education lessons and physical activities to schools, afterschool programs, summer camps, and at school events.

Building Partnerships Dedicated to working together to Maximize Success!
- Area Agency on Aging
- City of Tehama
- Growing Local Coalition
- Tehama 4H
- Tehama County Office of Education
- Tehama County Social Services
- Tehama Food Share
- Tehama Public Health
- Tehama School Districts
- Tehama Together
- And others....