SUCCESSES
Trinity County children and adults who participated in the UC CalFresh Program changed their behaviors in the following ways:
- 57.9% of school children bring more fruit and vegetables as a snack
- 84.2% wash their hands more often
- 94.7% more students can identify healthy food choices
- 89.5% are more willing to try new foods offered at school
- 73.7% choose more fruits and/or vegetables in the cafeteria or during classroom parties

IMPACTS
Knowledge change: Trinity County UC-CalFresh is making a vital impact in the community by providing the most vulnerable population with the information they need to make healthier food choices and to stay physically active.

Youth
- 2084 Children Served
- 17 Schools Served
- 66 Teachers Served

Adult
- 366 Adults Served
- 10 Non-Profit Community Agencies Served

IMPROVING CALIFORNIA’S HEALTH THROUGH COMMUNITY-BASED NUTRITION EDUCATION

County Statement:
Trinity County is a large, rugged, mountainous and heavily forested county located in the northwestern part of California. It covers an area of over two million acres, with an estimated population of 13,448, as of 2013.

Serving the Community
- The unemployment rate is 8.7%. Currently 17% live at or below poverty. Only 32% of students eligible for free and reduced price meals do not participate in the National School Lunch Program. Approximately 69% of adults are overweight or obese, 10.3% of children are overweight for their age. 12.5% of adolescents 15 to 17 years are overweight or obese and 14.6% of children age 5 years and younger are overweight.

Serving Individuals
- The University of California CalFresh Nutrition Education Program provides evidenced-based nutrition education to CalFresh Recipients and other low-income individuals and families in collaboration with local partners. The program acts as a bridge tailoring the latest science, curriculum and information to the needs, culture and language of our low-income communities.

Serving California Agriculture
- Agriculture is an integral part of the UC CalFresh Nutrition Education Program which includes recognition of local farmers, lessons at the Farmers Market, Seed Exchange, School Gardens and the Master Gardener program. Local farmers are sought out for purchasing produce for our tastings and lesson demonstrations. Farmers Feed America

Serving Education
- UC CalFresh Nutrition Education Program provides quality, evidence based nutrition lessons and physical activities to schools, afterschool programs, summer camps, and at school events.

Building Partnerships—Dedicated to working together to Maximize our Success!
- Area Agency on Aging
- Growing Local Coalition
- Trinity 4H
- Trinity Coalition for Activity and Nutrition
- Trinity County Resource Conservation District
- Trinity County Farm Bureau
- Trinity County Office of Education
- Trinity County School Districts
- Trinity Public Health Department
- Watershed Research & Training Center
- And others....

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