



March 2016

Smarter Lunchrooms Movement Principles & Practices Workshops

Presented by an expert from Cornell University

Through the partnership with the SLM of California Collaborative

It's not nutrition until students eat or drink it!

A smartly run lunchroom nudges students toward making better choices on their own by changing the way the food choices are presented. Join us to discover low or no cost ways to promote the consumption of healthy school lunch options and reduce plate waste, using the evidence-based principles and practices of the Smarter Lunchrooms Movement. Don't miss this opportunity to become a part of the Smarter Lunchrooms Movement (SLM) in California!

Who Should Attend:

School Child Nutrition Directors and Cafeteria Managers, Nutrition Specialists working with schools, Local Health Department staff working with schools

Workshop Description:

Smarter Lunchrooms Movement Principles and Practices Workshops provide a solid foundation in the theory of the Smarter Lunchrooms Movement (SLM) principles and practices. In this five hour introductory workshop, you will identify and diagnose school lunchroom challenges and develop a plan to implement one to three changes in the lunchroom. Participate in an interactive session on how to engage internal and external stakeholders, and learn about front-line training, implementation resources, and ways to measure success.

Prerequisite: Before attending the training, you must view the 2-hour online course on the smartlunchroom.org website. A certificate of completion is required at check-in.

Attendees will have the opportunity to sign up for personalized technical support.

Cost of Workshop: Free!

Registration information to follow at a later date

We look forward to seeing you at the workshops!

For dates and locations, see the next page.

2016 Smarter Lunchrooms Movement Workshops

| Location | Date |
|--|--|
| Ontario Ontario Montclair School District Hardy Professional Development Center Room C1,C2 1515 South Bon View Avenue Ontario, CA 91761 | Tuesday March 1, 2016 |
| Bakersfield Kern County Superintendent of Schools 1300 17 th Street Room 1B Bakersfield, CA 93301 | Thursday March 3, 2016 |
| Salinas Monterey County Office of Education 901 Blanco Circle Monterey, CA 93901 | Monday March 7, 2016 |
| Livermore Livermore Valley Joint Unified School District Board Room 685 E. Jack London Blvd Livermore, CA 94551 | Wednesday March 9, 2016 |
| Chico Chico Unified School District 1163 East Seventh Street Chico, CA 95928 | Friday March 11, 2016 |

This training opportunity is made possible through the partnership of the following organizations:



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