



Reading Across MyPyramid

BOOK LIST

BOOK LIST

Discovering MyPyramid

Featured Book K-1: *I Will Never Not Ever*

Eat a Tomato

Author: Lauren Child

ISBN: 763621803

Spanish ISBN: 8484880923

Featured Book 2-3: *The Hungry Thing*

Author: Ann Seidler and Jan Slepian

ISBN: 0 439275989

Spanish ISBN: Lfq941033

Alternate Books:

Gregory, the Terrible Eater

Author: Mitchell Sharmat

ISBN: 0 590433504

Prudence's Book of Food

Author: Alone Frankel

ISBN: 0694013838

What Food Is This?

Author: Rosemarie Hausherr

ISBN: 0590465848

Great Grains and Bountiful Breads

Featured Book K-1: *Bread, Bread, Bread*

Author: Ann Morris

ISBN: 688122752

Featured Book 2-3: *Everybody Cooks Rice*

Author: Norah Dooly

ISBN: 876145918

Spanish ISBN: Lfq29186

Alternate Books:

A True Book ~ Wheat

Author: Elaine Landau

ISBN: 0516267922

Bread Around the World

Author: Jo Ellen Moore

ISBN: 1557993882

Everybody Bakes Bread

Author: Norah Dooly

ISBN: 087614895X

Versatile Vegetables

Featured Book K-1: *Tops & Bottoms*

Author: Janet Stevens

ISBN: 0 152928510

Featured Book 2-3: *The Ugly Vegetable*

Author: Grace Lin

ISBN: 1570914915

Alternate Books:

Growing Vegetable Soup

Author: Lois Ehlet

ISBN: 0-15-232580-8

The Victory Garden Vegetable Alphabet

Author: Jerry Pallotta, Bob Thomson, Edgar Stewart

ISBN: 0881064688

The Children's Kitchen Garden: A Book of Gardening, Cooking, and Learning

Author: Georgeanne Brennan, Ethel Breanan, Marcel Barchechat, Ann Arnold

ISBN: 0898158737

BOOK LIST

Fabulous Fruits

Featured Book K-1: *Handa's Surprise*

Author: Eileen Browne
ISBN: 763608637
Spanish ISBN: 9802571962

Featured Book 2-3: *How Do You Raise a Raisin*

Author: Pam Munoz Ryan
ISBN: 1570913986

Alternate Books:

What's so terrible about swallowing an apple seed?

Author: Harriet Learner and Susan Goldhor
Isbn 0-06-024523-9

Eating the Alphabet: Fruits and Vegetables from A to Z

Author: Lois Ehlert
ISBN:0590053027

Fruit, Discovery Book

By Scholastic
ISBN: 0590452339

Blueberries for Sal

Author: Robert McCloskey
ISBN: 014050169X

Apples, Apples, Apples

Author: Nancy Elizabeth Wallace
ISBN: 1890817198

Marvelous Milk!

Featured Book K-1: *Milk: From Cow to Carton*

Author: Alike
ISBN:0064451119
Spanish ISBN: 8426127576

Featured Book 2-3: *Cow*

Author: Jules Older0881069566
ISBN: 0 881069566

Alternate Books:

The Milk Makers

Author: Gail Gibbons
ISBN:0689711166

How Now Brown Cow

Author: Alice Schertle
ISBN: 0152017062

From COW to Ice Cream

Author: Bertram Knight
ISBN:0516260669

Meat & Beans Power

Featured Book K-1: *Green Eggs and Ham*

Author: Dr. Suess
ISBN:394800168
Spanish ISBN: 785791884

Featured Book 2-3: *Mice and Beans*

Author: Pam Munoz Ryan
ISBN:0 439 455472
Spanish ISBN: 0439317371

Alternate Book:

Beef Stew

Author: Barbara Brenner
ISBN: 0394850467

Fishes

Author: Brian Wildsmith
ISBN: 0531015289

Peanuts...What's for Lunch?

Author: Claire Llewellyn
ISBN: 051626222X

BOOK LIST

Sensational Snacks

Featured Book K-1: *The Very Hungry*

Caterpillar

Author: Eric Carle

ISBN: 0 399 22690 7

Spanish ISBN: 0 3992 1933 1

Featured Book 2-3: *The Seven Silly Eaters*

Author: Mary Ann Hoberman

ISBN: 0 15202440 9

Alternate Books:

Gregory the Terrible Eater

Author: Mitchell Sharmat

ISBN: 0590433504

The Race Against Junk Food

Author: Anthony Buono

ISBN: 0965810801

D.W. The Picky Eater

Author: Marc Brown

ISBN: 0-3161-1048-5

Spanish ISBN: 1-9303-3242-4

Count 5 for Variety!

Featured Book K-1: *Pete's a Pizza*

Author: William Steig

ISBN: 00 62051571

Spanish ISBN: 9580460345

Featured Book 2-3: *Nothing Beats a Pizza*

Author: Loris Lesynski

ISBN: 1550377000

Alternate Books:

Stone Soup

Author: Marcia Brown

ISBN: 0689878362

Spanish ISBN: 0962516244

Bread and Jam for Francis

Author: Russell Hoban

ISBN: 0064430960

Spanish ISBN: 0064434036

Dumpling Soup

Author: Jama Kim Rattigan

ISBN: 0316730475

Kid's Physical Activity Pyramid

Featured Book K-1: *Can You Move Like an Elephant?*

Author: Judy Hindley

ISBN: 0 764125869

Featured Book 2-3: *Let's Exercise*

Author: Alice B. McGinty

ISBN: 0 53111659X

Alternate Books:

Hear Your Heart

Author: Paul Showers,

ISBN: 00 64451399

Exercise is Fun

Author: Tamara Green

ISBN: 0836821807

Bearobics

Author: Vic Parker

ISBN: 0140564942

BOOK LIST

Don't Give Germs a Hand

Featured Book K-1: *Those Mean Nasty Dirty*

Downright Disgusting But...Invisible Germs

Author: Judith Anne Rice

ISBN: 1884834310

Spanish ISBN: 1884834310

Featured Book 2-3: *Germs Make Me Sick*

Author: Melvin Berger

ISBN: 0064451542

Alternate Books:

Wash Your Hands!

Author : Tony Ross

ISBN:1929132018

The Magic School Bus Inside Ralphie:

A Book About Germs

Author: Joanna Cole, Beth Nadler

ISBN: 0 590400258

Let's Make a Meal

Featured Book K-1: *Feast for 10*

Author: Cathryn Falwell

ISBN: 0 395720818

Spanish ISBN: 618442154

Featured Book 2-3: *Spaghetti and Meatballs for All!*

Author: Marilyn Burns

ISBN: 590944592

Alternate Books:

A Taste of the Mexican Market

Author: Nancy Maria

ISBN: 0881068209

Let's Eat!

Author: A. Zamorano

ISBN:0 439 06758 8

Spanish ISBN: 0613165802

Market Day

Author: Eve Bunting

ISBN: 00 64435172



Reading Across MyPyramid

BOOK LIST

BOOK DESCRIPTIONS

Discovering MyPyramid

Featured Book K-1: *I Will Never Not Ever Eat a Tomato*

Author: Lauren Child

Charlie has this little sister, Lola that is a very fussy eater. Lola will not eat carrots, peas, potatoes or spaghetti. And she will never NOT EVER eat a tomato. Sometimes Charlie has to give Lola her dinner. Charlie has an eye for looking at foods. Charlie's imagination soars as he comes up with foods for Lola to eat. Will Lola eat orange twiglets, cloud fluff and moonsquirters?

ISBN: 763621803

Spanish ISBN: 8484880923

Featured Book 2-3: *The Hungry Thing*

Author: Ann Seidler and Jan Slepian

The Hungry Thing came to town one morning. He sat down and pointed to the sign around his neck that said, Feed Me. The townspeople ask the Hungry Thing, "What would you like to eat?" I want some shmancakes...and tickles...and footloaf...and gollipops. The townspeople jump at the chance to find what the Hungry Thing really wants to eat.

ISBN: 0 439275989

Spanish ISBN: LFG941033

Grain

Featured Book K-1: *Bread, Bread, Bread*

Author: Ann Morris

Take a trip around the world and explore various cultures and the bread they eat. What kind of bread do you eat? A bagel? A tortilla? A baguette? All over the world, wherever there are human beings, someone is eating bread. This book celebrates the many different kinds of bread and how it is enjoyed all over the world.

ISBN: 688122752

Featured Book 2-3: *Everybody Cooks Rice*

Author: Norah Dooly

Carrie is sent out to find her brother who is late again for dinner. In her hunt for Anthony, Carrie travels from house to house in her neighborhood. In every house she visits a different ethnic heritage is represented. She is invited to taste what her neighbors are cooking. Carrie and Anthony soon discover that everybody cooks rice.

ISBN: 876145918

Spanish ISBN: LFG29186

BOOK LIST

Vegetable

Featured Book K-1: *Tops & Bottoms*

Author: Janet Stevens

Bear is a lazy fellow with lots of land and money. Hare is smart with a family that is hungry. Hare is sure that there is a way to share Bear's wealth. Hare makes a proposal to Bear, to use Bear's land and Hare handles labor, and then they split the crop in half. All Bear has to do is choose the half that he wants—tops or bottoms. Bear picks tops and then dozes off to sleep. When he wakes to his pile of tops he finds that he has been tricked by the clever Hare.

ISBN: 0 152928510

Featured Book 2-3: *The Ugly Vegetable*

Author: Grace Lin

The Ugly Vegetables is a story about a little girl and her mother who together grow Chinese vegetables, while all the neighbors grow colorful flowers. The little girl compares her vegetable garden with her neighbors' flower garden and becomes miserable because she thinks that her vegetables are just plain ugly. But When Harvest time comes, Mom knows just what to do to turn the ugly vegetables into mouthwatering vegetable soup. In the end, the neighbors bring their flowers to the little girl's family to exchange for vegetable soup.

ISBN: 1570914915

Fruit

Featured Book K-1: *Handa's Surprise*

Author: Eileen Browne

Handa selects seven delicious fruits to bring to her friend Akeyo as a surprise. As she carries the basket on her head she contemplates which fruit Akeyo will like the best. Thanks to some hungry animals, it's Handa who is in for a surprise.

ISBN: 763608637

Spanish ISBN: 9802571962

Featured Book 2-3: *How Do You Raise a Raisin?*

Author: Pam Munoz Ryan

For centuries people have been gobbling up raisins. But where do they come from? This colorful book is written on two levels. The first is a fun narrative about raising raisins in California and the second level gives a more scientific and historical perspective.

ISBN: 1570913986

Milk

Featured Book K-1: *Milk: From Cow to Carton*

Author Alike

Alike takes readers on a guided tour that begins with grazing cows, proceeds through milking and a trip to the dairy, and ends with some different food made from milk.

ISBN:0064451119

BOOK LIST

Featured Book 2-3: *Cow*

Author: Jules Older

Cow is a light-hearted book filled with all sorts of facts and details about cows and how they produce one of nature's most nutritious foods, milk! Readers also learn about the many foods made from milk and the authors favorite, ice cream!

ISBN: 0 881069566

Meat

Featured Book K-1: *Green Eggs and Ham*

Author: Dr. Suess

Sam-I-am tries to get the main character to try green eggs and ham. "Would you like them in a house? Would you like them with a mouse?" asks Sam-I am. The main character is very persistent that he does not like green eggs and ham. Will the pestering Sam-I-am get to him? Will he ever try green eggs and ham?

ISBN:394800168

Spanish ISBN: 785791884

Featured Book 2-3: *Mice and Beans*

Author Pam Munoz Ryan

Rosa Maria loves her big family and loves to cook for them. Her youngest grandchild is turning seven and she is planning a party for her. When important items begin to disappear she does not know what to think. The surprise at the end of the story is sure to delight.

ISBN:0 439 455472

Spanish ISBN:

Snack

Featured Book K-1: *The Very Hungry Caterpillar*

Author Eric Carle

A caterpillar hatches out of his egg and is very hungry. He eats his way through a variety of foods that are colorfully illustrated. The story progresses until, full at last, the caterpillar spins a cocoon and wakes up a butterfly. This classic book will help preschoolers learn the days of the week, how to count, as well as how a caterpillar turns into a butterfly all through the use of yummy snack foods.

ISBN: 0 399 22690 7

Spanish ISBN: 0 3992 1933 1

Featured Book 2-3: *The Seven Silly Eaters*

Author: Mary Ann Hoberman

The mother of these seven silly eaters, bends over backwards to accommodate their likes and dislikes, and the result is the children are able to combine their favorite foods to come up with something wonderful for their mother's birthday.

ISBN: 0 15202440 9

BOOK LIST

Pyramid Pizza

Featured Book K-1: *Pete's a Pizza*

Author: William Steig

Pete is in a bad mood. It is raining so Pete can not go play ball with his friends. Pete's father knows just what to do...turn Pete into a pizza.

ISBN: 00 62051571

Spanish ISBN: 9580460345

Featured Book 2-3: *Nothing Beats a Pizza*

Author: Loris Lesynski

A book of lively poems, fun to read aloud. The topics covered in the poems are all kid friendly; many with a pizza theme. Included are tips for activities to accompany several of the poems. This book shows a variety of poems—including rhyme, free verse, and rap.

ISBN: 1550377000

Physical Activity

Featured Book K-1: *Can You Move Like an Elephant?*

Author: Judy Hindley

Boom! Boom! the elephant goes. Awk! Awk! The peacock cries, swishing her tail from side to side. Can you move like that? A fun interactive book that will get everyone moving.

ISBN: 0 764125869

Featured Book 2-3: *Let's Exercise*

Author: Alice B. McGinty

Choosing exercise for a strong, healthy body. Let's Exercise takes a look at the body parts that are important for exercise, including the heart, lungs, bones, joints, and muscles. The book provides pages of fun exercises and activities.

ISBN: 0 53111659X

Germ

Featured Book K-1: *Those Mean Nasty Dirty Downright Disgusting But...Invisible Germs*

Author: Judith Anne Rice

Rosa encounters five germs—Sore Throat Germ, Earache Germ, Throw-up Germ, Headache Germ and Fever Germ—but gets rid of them by washing her hands before meals. The black and white photographs and full-color illustrations are sure to encourage children to wash their hands.

ISBN: 1884834310

Spanish ISBN: 1884834310

Featured Book 2-3: *Germs Make Me Sick!*

Author: Melvin Berger

Bacteria and viruses, what's the difference? Find out in this easy-to-read book along with other related germ facts. The eye catching and informative pen-and-ink and watercolor artwork reinforces the concepts introduced in the text.

ISBN: 0064451542

BOOK LIST

Meal

Featured Book K-1: *Feast for 10*

Author: Cathryn Falwell

Feast For Ten is a fun book that emphasizes both food shopping and family mealtime. Shopping for ingredients, preparing the meal, and sitting down to eat together are the main themes of this story. The book emphasizes counting, recognizing the written number, and order of objects related to the story.

ISBN: 0 395720818

Spanish ISBN: 618442154

Featured Book 2-3: *Spaghetti and Meatballs*

Author: Marilyn Burns

It has been a long time since Mr. and Mrs. Comfort have seen their family. They decide to have a family reunion. Mr. Comfort makes his famous spaghetti and meatballs and Mrs. Comfort makes a salad with the tomatoes, cucumbers and lettuce from her garden. Will they have enough room for and enough food for 32 people in this mathematical story?

ISBN: 590944592

Author: Eve Bunting

ISBN: 00 64435172