

## UC CalFresh Weekly Update October 26, 2015



### Contents

#### Upcoming Events & Deadlines

- \* Curriculum & NERI Items from the UC CalFresh State Office
- \* 11/20/15 Draft County Annual Reports & County Profiles Due to the UC CalFresh State Office
- \* 12/4/15 Final County Annual Reports & County Profiles Due to the UC CalFresh State Office

#### UC CalFresh Website Updates

- \* 10/20/15 UC CalFresh Town Hall Presentation & Recording Now Available!
- \* UC CalFresh Program Directive 2016-02: Travel Reimbursement Policy for UC CalFresh Now Available
- \* UPDATE: FFY 2015 Annual Report Timeline for UC CalFresh
- \* UC CalFresh Training Calendar Now Available!
- \* UC CalFresh Branded PowerPoint Presentation & Poster Template Now Available!

#### SNAP-Ed Local Implementing Agency Forum

#### UC CalFresh Success Stories

- \* Plan, Shop, Save & Cook Participant, Alameda County
- \* UC CalFresh Participant, Placer County

#### UC CalFresh Evaluation Updates

- \* English Food Behavior Checklist (Visually Enhanced) Survey Correction

#### UC Welcome New UC CalFresh Staff!

#### UC CalFresh in Action!

- \* Youth Gardens Help Feed Families in Aftermath of Butte Fire, UCCE Central Sierra

#### UC CalFresh, UC ANR and UC Davis in the News!

- \* Building a better salad to outsmart climate change

#### Smarter Lunchrooms Movement of California

- \* The Smarter Lunchrooms Movement of California
- \* The Smarter Lunchrooms Movement of California *Monthly Nudge*

#### Articles & Research

- \* New USDA Data Show Growing Farm to School Efforts Help to Reduce Plate Waste, Increase Student Participation in Healthier School Meals Program
- \* Announcement of SNAP Farmers Market and Local Foods Grantees
- \* Early Results from USDA's Farm to School Census are In!
- \* Fact Sheet: USDA Invests in New Market Opportunities in Local and Regional Food Systems

#### Education & Resources

- \* Physical Activity Resources Available on the CDPH NEOPB Web Store Front!
- \* SNAP-Ed Connection has moved!
- \* Resource: FSA College Financial Aid Toolkit
- \* Webinar: Farm to School at USDA: Looking Back and Looking Forward
- \* Funding Opportunity: Every Kid Healthy: California Every Kid Healthy Kid Grants
- \* Funding Opportunity: Whole Kids Foundation, US School Garden Grant
- \* Training Opportunities: "Painting Preschool Playgrounds for Movement" (Stencil Kits), 3 Free Training Sessions, Various Dates
- \* Funding Opportunity: Fuel Up to Play 60
- \* Outstanding Nutrition Educator Contest
- \* Funding Opportunity: USDA Community Food Project Grant Program
- \* In-Person Training Opportunity: S.N.A.P. Crackle, and Learner-Centered Education (Adult Ed.)
- \* Webinar: Let's Get Cooking: Making Your Food Demo Sizzle!



### Upcoming Events & Deadlines

OCTOBER 2015

SUN	MON	TUE	WED	THU	FRI	SAT
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

#### Curriculum & NERI Items from the UC CalFresh State Office

The UC CalFresh State Office has begun ordering items requested through the survey distributed to UC CalFresh Programs in April 2015. These items will be sent on a rolling basis. E-mail notifications will be sent to each county providing the quantity of each item to be expected. Please e-mail **Rolando Pinedo** ([rgpinedo@ucdavis.edu](mailto:rgpinedo@ucdavis.edu)) and/or **Erin Moore-Miner** ([eemooreminer@ucdavis.edu](mailto:eemooreminer@ucdavis.edu)) if you have any questions related to the items being sent to your program. Items include:

- \* Hunger Attacks/Money Talks Flash Drives
- \* Refrigerator/Freezer Thermometers
- \* Meat Thermometers
- \* Pedometers

The State Office will monitor the status of deliveries using the tracking information, but will continue to send email notifications of upcoming deliveries. Please contact the State Office if the shipment does not arrive within 2 weeks. If your items arrive damaged, contact the State Office within 10 days after receipt of package.

#### 11/20/15 Draft County Annual Reports & County Profiles Due to the UC CalFresh State Office

Draft copies of the FFY 2015 UC CalFresh Annual Reports & County Profiles are due to the State Office. For additional information, please visit the UC CalFresh FFY 2015 Call for Annual Report webpage: <http://www.uccalfresh.org/front-page/ffy-2016-call-for-final-reports>.

#### 12/4/15 Final County Annual Reports & County Profiles Due to the UC CalFresh State Office

Final copies of the FFY 2015 UC CalFresh Annual Reports & County Profiles are due to the State Office.



### UC CalFresh Website Updates

**10/20/15 UC CalFresh Town Hall Presentation & Recording Now Available!** A copy of the PowerPoint presentation, recording and handouts from the 10/20/15 UC CalFresh Town Hall webinar are now available for download. Please visit: <http://www.uccalfresh.org/trainings/town-halls> for additional information.

**UC CalFresh Program Directive 2016-02: Travel Reimbursement Policy for UC CalFresh** A copy of UC CalFresh Program Directive 2016-02: Travel Reimbursement Policy For UC CalFresh is now available on the UC CalFresh website. Please note, this Program Directive is an addendum to Program Directive 2013-02. Please visit: <http://uccalfresh.org/administrative/program-directives> for additional information.

#### UPDATE: FFY 2015 Annual Report Timeline for UC CalFresh

The timeline for the FFY 2015 Annual Report for UC CalFresh counties has been updated. Please refer to the updated calendar and webpage for the most current information: <http://www.uccalfresh.org/front-page/ffy-2016-call-for-final-reports>.

#### UC CalFresh Training Calendar Now Available!

As shared during the 10/20/15 UC CalFresh Town Hall webinar, a copy of the UC CalFresh Training Calendar is now available on the UC CalFresh website. This calendar will be updated as additional information becomes available. Please visit: <http://uccalfresh.org/trainings> for additional information.

#### UC CalFresh Branded PowerPoint Presentation & Poster Template

Electronic copies of the UC CalFresh-branded PowerPoint presentation and poster (36"x48") template are now available for download from the UC CalFresh website. To access these files, please visit: <http://uccalfresh.org/administrative/branded-materials>.



# SNAP-Ed Local Implementing Agency Forum

*Going the Distance: Paving the Way for Effective Multi-Year SNAP-Ed Program Delivery*

January 13 – 14, 2016 • Sacramento, CA



The 2016 SNAP-Ed Local Implementing Agency Forum (LIAF) brings together SNAP-Ed implementers from across 56 counties and three cities in California to share their experiences and advance their programming to benefit the health of low-income Californians. The goal of the 2016 SNAP-Ed LIAF is to create a statewide forum that brings all five SNAP-Ed implementing agencies together to promote the sharing of SNAP-Ed successes, plan for and develop a multi-year integrated work plan and support current and future SNAP-Ed work in California. Please visit the [2016 LIAF website](http://www.cvent.com/events/2016-lia-snap-ed-forum/event-summary-635d7b2737b344879b0e1d218dca40cf.aspx) for additional details: <http://www.cvent.com/events/2016-lia-snap-ed-forum/event-summary-635d7b2737b344879b0e1d218dca40cf.aspx>.

## **Date, Location & Accommodations**

The 2016 SNAP-Ed LIAF is scheduled for **Wednesday and Thursday, January 13-14, 2016** at the [DoubleTree Sacramento](#). A block of rooms has been reserved at the DoubleTree Sacramento for the nights of Tuesday, January 12, 2016 and Wednesday, January 13, 2016 at the rate of \$95/night. To make a reservation online, please visit our [Forum Room Reservation Page](#). You may also call 1-800-344-4321 to secure your reservation and mention that you are a guest of the SNAP-Ed Local Implementing Agency Forum. **The cut-off date for booking your room is December 22, 2015.**

## **Registration, Online Registration Deadline: January 6, 2016**

Registration to the 2016 SNAP-Ed LIA Forum is now open. Please visit the [Forum Website](#) to register for the in-person forum. **The deadline for online registration is January 6, 2016.**

## **Pre-Forum Webinars**

There will be two pre-forum webinars. All webinars will be recorded and posted if you are unable to attend the live viewing. See the [Pre-Forum Webinar page](#) on the website for more details.

- \* **Webinar #1: Multi-Year IWP Template and Information**, Monday, November 16, 2015, 2:00-3:30 PM. [Click here](#) to register.
- \* **Webinar #2: SNAP-Ed Evaluation Overview**, Wednesday, December 9, 2015, 10:00-11:30 AM. [Click here](#) to register.

## **In-Person Forum**

The in-person Forum will include many different opportunities for connecting with partners, capacity building, and time to work on your Integrated Work Plans. The Forum will include:

- \* **General Sessions**—content relevant and essential to all Forum attendees (will include main Forum topic of multi-year, multi-sector planning and evaluation)
- \* **Capacity Building/Programmatic sessions**—includes facilitated roundtables and specific topic areas and conference-style presentation sessions on LIA/SIA identified high priority content areas. There will be capacity building sessions on both days of the Forum.
- \* **Integrated Work Plan Session**—a Day 2 session dedicated to work on the multi-year IWP for FFY17-19

## **LIA Participation Survey Follow-Up, Deadline to Respond: October 21, 2015**

The 2016 LIA Forum Planning Team is currently soliciting LIAs for participation interest in leading/facilitating different sessions/activities at the Forum. As SNAP-Ed implementers, we acknowledge that the best way to learn is from each other. This year, the 2016 LIA Forum Planning Team would like to invite you to share the successes and challenges that you've encountered in your work. You are strongly encouraged to take the [session participation survey](#). The survey should take 5 minutes or less! The survey will allow the 2016 LIA Forum Planning Team to see what interest there is to share your experiences with your fellow SNAP-Ed implementers. Please also [click here](#) to view different ways to engage at the Forum and for how to submit session proposals.

Additional information regarding the 2016 SNAP-Ed LIA Forum will be shared as it becomes available. For UC CalFresh staff, please contact **Andra Nicoli** ([amnicoli@ucdavis.edu](mailto:amnicoli@ucdavis.edu), (530) 754-9059) if you have any questions.

## UC CalFresh Weekly Update: October 26, 2015

One Shields Avenue, 1103 Meyer Hall • Davis, CA 95616 • (530) 754-7794

UNIVERSITY of CALIFORNIA  
cal fresh Nutrition Education

<http://www.uccalfresh.org>



### UC CalFresh Success Stories

The State Office will begin sharing successes through this new feature in the Weekly Updates. The link to the online data entry portal for FFY 2016 will be shared soon!

*"This class has helped me by taking the time to make my shopping list, to plan meals more, to try and make meals with all the food groups and to really cut back on sugars... Thank you!"*

—Plan, Shop, Save & Cook Participant, Alameda County

*"Fueron una clases muy interesantes, personalmente aprendi a medir las porciones que le corresponden a cada miembro a mi familia. La manera de descongelar los alimentos. Que alimentos sobre todo que vegetales y frutas tienen mejores nutrientes."*

—*"They were very interesting classes. Personally, I learned how to measure portions that correspond to each member of the family, the way to defrost food, [and] that vegetables and fruits have better nutrients than other foods."*

—UC CalFresh Participant, Placer County



### UC CalFresh Evaluation Updates

#### English Food Behavior Checklist (Visually Enhanced) Survey Correction

From 9/16/2015-9/30/2015, the ENGLISH version of the Food Behavior Checklist (visually enhanced) posted on the UC CalFresh website had an error. Please confirm in the version you are using Q#6 asks about Fruit and Q#7 asks about Vegetables. If you downloaded the survey during this two week period, please destroy any extra copies. If you have any questions about this please contact Barbara Mknelly at [bmknelly@ucdavis.edu](mailto:bmknelly@ucdavis.edu).

### Welcome New UC CalFresh Staff!

This new feature is to introduce and welcome new staff to UC CalFresh. If you have new staff, please send a short paragraph and photo to Lindsay Hamasaki at [lmhamasaki@ucdavis.edu](mailto:lmhamasaki@ucdavis.edu).



### UC CalFresh in Action!

#### Youth Gardens Help Feed Families in Aftermath of Butte Fire, UCCE Central Sierra

So many people and organizations have stepped up these last two weeks as the Butte Fire burned more than 70,000 acres in Calaveras and Amador Counties, destroying over 500 houses and evacuating thousands from their homes for days on end. "We wanted to help too," said Zach Guillemin a Railroad Flat Resident and 8th grader at Toyon Middle School. "I know a lot of families up where we live that lost their houses and gardens in the fire, and we thought maybe we could give them some of the vegetables we are growing in our school gardens since they aren't able to grow them anymore," Guillemin added. With the wheels set in motion, many organizations stepped up to support the effort. The American Red Cross, Resource Connection Food Bank, UCCE Central Sierra, Calaveras Unified School District, Gardens to Grow In, Community Emergency Response Teams, FoodCorps, Calaveras FFA and many community partners all jumped on board to help make this happen. For the last two weeks, all of the vegetables that have been harvested from the Calaveras High School Farm, Toyon Middle School and many of the elementary school gardens have been given directly to those affected by the fire. It has been given to the Resource Connection Food Bank, Glory Bound Fellowship, and the American Red Cross for distribution and given directly to families at the school sites. "It has been great to see so many of the students so excited to help, and feel that they are able to do something valuable for this community," said Lucas Hill, a FoodCorps Service Member who serves at the Calaveras High School Farm and Gold Strike High School. "Being new to this community, I have been so impressed by the youth and organizations that have mobilized to make this a reality." In addition to harvesting the vegetables and getting them distributed to families in need, Hill, along with FoodCorps Service Member Emily Metzger also helped lead a cooking session in the Valley Springs Elementary School Garden for Oakendell students who had been evacuated to the gym, and held a garden activity day for children and families evacuated to the campgrounds. "These are the kids of things that make us all feel so good inside," said Marti Crane, long time Red Cross Volunteer and Calaveras County resident. "When I heard that the schools were needing a way to get these veggies to the families, we saw a great opportunity for collaboration. The youth in our community are amazing and we are so happy we have been able to help them fulfill their vision of feeding these families with these wonderful vegetables they have put so much time and love into growing." In all, over 300 pounds of vegetables grown at the Calaveras High School Farm and school gardens has been given away the last two weeks, with much more to come in the weeks ahead. "It felt really good to help other people," said Jack Bohren, a 7th grade student at Toyon Middle School. "It did more than just help them, it helped me be a better person." "Our class started a business to sell our vegetables, and like any business, we want to be able to give back to our community," said Guillemin. "We plan to continue giving away the vegetables we are growing as long as there is a need. It feels good to be able to provide something as foundational as healthy food for those that need it," he added. [Read full blog article.](#)



## UC CalFresh, UC ANR and UC Davis in the News!

### Building a better salad to outsmart climate change

A team of researchers representing diverse fields of study and fortified by a \$4.5 million grant from the U.S. Department of Agriculture is setting out to build the salad of the future. The researchers are located at UC Davis; UC Agriculture and Natural Resources Research and Extension Centers; USDA research facilities in Salinas and Beltsville; California State Polytechnic University, Pomona; and the University of Arizona, Tucson. The UC Davis-led team aims to leverage new technologies to sustain the lettuce supply, despite the challenges posted by climate change. "We will be exploiting genomic technology to address the needs in all areas up and down the lettuce production chain," said project leader Richard Michelmore, a plant geneticist and director of the UC Davis Genome Center. The team's five-year renewable grant, announced recently by USDA's Specialty Crop Research Initiative funding program, was made available through the 2014 Farm Bill. Research will range from identifying genes that are key to developing important stress-resistance traits in lettuce to fine-tuning imaging technologies that will allow growers to remotely assess the status of their crops in the field. Although grounded in plant genetics and genomics, the project also will delve into a variety of fields that are vital for ensuring sustainable production of lettuce and related leafy greens. Collaborating team members run the gamut in terms of expertise, including plant genetics and breeding, food technology, and agricultural economics. One of the project's strengths, Michelmore said, is its longstanding collaborative relationship with large and small plant-breeding companies as well as with the California Leafy Greens Research Board, which represents growers of lettuce, spinach and other related crops. USDA's Specialty Crop Research Initiative, which provided the project's new grant, this year awarded \$50 million in grants nationwide for projects ranging from plant genetics research to new product innovation and development of new methods for responding to food safety hazards. [Read full blog article.](#)

## Smarter Lunchrooms Movement of California

### The Smarter Lunchrooms Movement of California

The UC CalFresh State Office would like to see how the Smarter Lunchroom Movement of California has been implemented in your county! Please share your success stories and photos with Lindsay Hamasaki via e-mail: [lmhamasaki@ucdavis.edu](mailto:lmhamasaki@ucdavis.edu).



### The Smarter Lunchrooms Movement of California Monthly Nudge

The Smarter Lunchrooms Movement of California *Monthly Nudge* is a monthly newsletter which provides updates on how the Smarter Lunchrooms Movement is moving throughout California and is brought to you by the SLM of CA Collaborative. The newsletter provides updates, upcoming trainings and events, and more! If you are interested in signing up to receive the *Monthly Nudge*, please contact Mary Ann Mills at [mamills@ucdavis.edu](mailto:mamills@ucdavis.edu).



## Articles & Research



### New USDA Data Show Growing Farm to School Efforts Help to Reduce Plate Waste, Increase Student Participation in Healthier School Meals Program

Agriculture Secretary Tom Vilsack today announced [preliminary Farm to School Census data](#) for school year 2013-2014 that indicate strong farm to school programs can increase the number of students purchasing school breakfast and lunch, improve consumption of healthier foods at school, and reduce plate waste. Census data also indicate that schools purchased nearly \$600 million worth of food locally in school year 2013-2014, a 55 percent increase over school year 2011-2012 when the first Farm to School Census was conducted, creating new marketing opportunities for farmers and ranchers in their communities. The results are an outcome of efforts by the U.S. Department of Agriculture, under Secretary Vilsack's leadership, to target resources to help schools serve healthier meals to students following the passage of the bipartisan Healthy, Hunger-Free Kids Act of 2010. Through its [Farm to School Grant Program](#), established and funded through the Act, USDA offers grants to help schools and other eligible entities establish or expand farm to school programs. In September 2015, USDA released a [report](#) that shows that the grants alone have helped 12,300 schools improve nutritious meal options made with local ingredients for 6.9 million students, while expanding market opportunities for family farmers and ranchers in their communities. "Farm to school is one of many tactics and resources that USDA makes available to help schools successfully serve healthier meals to kids. Farm to school partnerships have a proven track record of encouraging kids to try, like and eat more healthy foods and creating new market opportunities for the farmers that grow them," said Vilsack. The Farm to School Census is a nationally representative survey of school districts. Nationwide, more than 42,000 schools have farm to school programs, which operate in conjunction with the National School Lunch Program and other school meal programs. [Read full news release.](#)

### Announcement of SNAP Farmers Market and Local Foods Grantees

On October 2nd, Agriculture Secretary Tom Vilsack announced nearly \$35 million in new funding through four grant programs to support local and regional food systems, including farmers markets. Secretary Vilsack has named strengthening local food systems as one of the four pillars of USDA's efforts to revitalize rural economies and communities. The Food and Nutrition Service Western Regional Office would like to congratulate the 83 state and local partners who recently received a grant to support local foods, farmers' markets, and healthy eating among SNAP participants. The Western Regional Office is excited that all states and Guam have at least one agency that was awarded funding from the Department-wide grant competitions for farmers markets support and local foods. Please refer to the attached list highlighting all winners from three grant programs:

- \* Farmers Market SNAP Support Grant (FMSSG), administered by FNS
- \* Local Food Promotion Program Grant (LMPPG), administered by the Agricultural Marketing Service (AMS)
- \* Farmers Market Promotion Program Grant (FMPPG), administered by AMS

While these grants are administered out of USDA's National Office, the Regional FNS staff is also readily available to provide technical assistance and share best practices to support the implementation of these grant programs. These grants will enhance our Regional contributions to the USDA's [Know Your Farmer, Know Your Food](#) initiative. Please refer to the attached list of awarded grantees from the Western Region. For additional information regarding the announcement made by Agriculture Secretary Tom Vilsack, [read full news release.](#)

### Early Results from USDA's Farm to School Census are In!

USDA is pleased to announce that early results from USDA's second Farm to School Census are in, and preliminary data indicate that school districts across the country invested more than half a billion dollars in local foods in the 2013-2014 school year. That represents an increase of \$212 million (or 55%) over final results from the last Census, conducted two years ago. Preliminary numbers also show that thanks to the hard work and dedication of school food service directors, teachers, farmers, fishermen and ranchers, more than 42,000 schools are involved in farm to school activities. Whether through buying local foods, buying school gardens, or taking a field trip to a local farm, these programs improve child nutrition and provide dynamic educational experiences for students, all the while providing new market opportunities for local and regional farmers. Visit the Farm to School Census website for additional information: <https://farmtoschoolcensus.fns.usda.gov/>. The early results of USDA's Farm to School Census can be viewed online at: <https://farmtoschoolcensus.fns.usda.gov/early-results>.

## Articles & Research (continued)

### Fact Sheet: USDA Invests in New Market Opportunities in Local and Regional Food Systems

Over the course of the Administration, USDA has created new economic opportunities in the growing market for local and regional foods for new and established farmers, ranchers and small food business entrepreneurs. Through investments at the farm level in the form of production research, credit and conservation assistance; infrastructure investments that connect farmers and consumers; and strategies to increase access to healthy foods in rural and urban communities, USDA has helped the market for local food grow to an estimated \$11.7 billion in 2014. Between FY 2009 and FY 2014, USDA invested more than \$800 million in more than 29,100 local and regional food businesses and infrastructure projects. In regards to improving access to healthy, local food:

- \* Expanded access to healthy foods in underserved communities by increasing the number of farmers markets that accept Supplemental Nutrition Assistance Program (SNAP) benefits. Over 6,000 farmers markets and direct marketing farmers now accept EBP, and SNAP redemption at farmers markets nationwide rose from \$4 million in 2009 to over \$18 million in 2014.
- \* Invested in 221 projects in 49 states, the District of Columbia and the U.S. Virgin Islands over the past three years that help to create new marketing opportunities for farmers and ranchers in schools through the [Farm to School grant program](#), which began in 2013 and is funded through the Healthy, Hunger-Free Kids Act of 2010. According to preliminary data from USDA's [Farm to School Census](#), schools spent nearly \$600 million on local food purchases during the 2013-2014 school year.
- \* Supported communities that use local food as a strategy to reduce food insecurity. Between FY 2009 and FY 2014, USDA has provided \$28 million to 154 [Community Food Projects](#) in 48 states to help communities improve access to healthy, local food.

The Know Your Farmer, Know Your Food Initiative (KYF2) coordinates this work across the Department, ensuring that USDA's programs and policies are evolving to meet the needs of this growing sector of agriculture. The KYF2 website is a one-stop shop for resources and information about USDA programs and support for local and regional food systems. In addition to featuring information about relevant grants, loans, research and other tools, the KYF2 website features the [Compass](#), which maps over 4,500 federally funded local food projects on the Compass Map from USDA and 11 other federal agencies between FY 2009 and FY 2014. All of the data on the map are downloadable, searchable and updated annually. [Read full news release.](#)



## Education & Resources

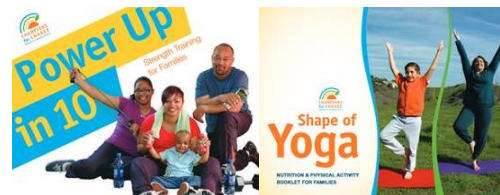
For additional resources, please visit the UC CalFresh website: <http://www.ucalfresh.com/resources>



### Physical Activity Resources Available on the CDPH NEOPB Web Store Front!

The [CDPH NEOPB Web Store Front \(WSF\)](#) is a great resource that is available to UC CalFresh counties courtesy of CDPH NEOPB. Each UC CalFresh county should have received a copy of their allocation of resources available for FFY 2016 on Tuesday, October 16th. If you are looking for physical activity resources to handout during events or incorporate as energizers during your nutrition and physical activity lessons, below are two items currently available at no-cost:

- 1) **Power Up in 10 Strength Training for Families**—provides 10 basic strength training exercises with pictures, directions and safety tips
- 2) **Shape of Yoga Nutrition and Physical Activity Booklet**—provides a great way to increase physical activity with 13 yoga poses. This booklet includes an introduction to yoga, instructions on how to perform poses, pictures, and safety tips.



For questions regarding how to incorporate these great resources into your current UC CalFresh programming, please contact Michele Byrnes at ([mnbyrnes@ucdavis.edu](mailto:mnbyrnes@ucdavis.edu)).

### SNAP-Ed Connection has moved!

The location of the SNAP-Ed Connection has moved! Please update your bookmarks to <http://snaped.fns.usda.gov>. The SNAP-Ed Connection is a dynamic online resource center for State and local SNAP-Ed personnel. The website contains databases, information, and training for people involved with the SNAP-Ed program. To view some of the resources available, such as handouts, recipes, photo gallery, and the FFY 2016 SNAP-Ed Guidance, please visit: <http://snaped.fns.usda.gov>.

### Resource: FSA College Financial Aid Toolkit

The U.S. Department of Education's office of Federal Student Aid is available to help fund students as they pursue a college or career school education. The [Financial Aid Toolkit](#) provides tips, tools, and a support system to help program leaders who may want to introduce the importance of higher education to families. A recent [study](#) found that higher education can help people live longer and that failing to obtain a postsecondary degree could be as detrimental to a person's life as smoking cigarettes. Extension does lots of great work promoting healthy behaviors and Federal Student Aid would like you to consider ways to promote the additional benefits of pursuing a college education. You can direct students to detailed [checklists](#) that will walk them through procedures to get ready and develop academic skills to succeed in college and life. The checklists show the steps students can take, as well as websites they can explore, as they prepare academically and financially for college. There are also checklists for parents and adult students. [Click here](#) for additional resources.

### Webinar: Farm to School at USDA: Looking Back and Looking Forward, October 29, 2015, 2:00 PM EDT

Join Deborah Kane, Director of FNS' Office of Community Food Systems, for a review of the USDA Farm to School Program's accomplishments and discussion of what lies ahead as the Farm to School Program settles into its new home in the Food and Nutrition Service's Office of Community Food Systems. Topics will include a review of new farm to school resources, preliminary results and plans for the second USDA Farm to School Census, and new areas of emphasis, including farm to summer and far to preschool. No pre-registration is required. To join on Thursday, October 29 at 2:00 PM EDT:

1. Visit: <https://www.livemeeting.com/cc/usda/join?id=95MS3D&role=attend>
2. Dial 1-800-988-0278 and use participant passcode 1271320 for audio

The webinar will be recorded and made publicly available via the Farm to School Videos and Webinars webpage. For additional information, please visit: <http://www.fns.usda.gov/farmtoschool/videos-and-webinars>.

### Funding Opportunity: Every Kid Healthy: California Every Kid Healthy Kid Grants, Deadline: October 30, 2015, Region: Southern CA

In partnership with ALDI, grants are available in Southern California for this opportunity. Every Kid Healthy Grants provide funding for nutrition and/or physical activity initiatives to support becoming recognized as a health-promoting school. Grants size is \$2,500 per school. For additional information, including a link to the application, please visit: <http://www.actionforhealthykids.org/tools-for-schools/apply-for-grants>.

### Funding Opportunity: Whole Kids Foundation, US School Garden Grant, Deadline: October 31, 2015, 5:00 PM CST

Created in partnership with FoodCorps, the School Garden Grant program provides a \$2,000 monetary grant to a K-12 school, or a nonprofit working in partnership with a K-12 school, to support a new or existing edible garden on school grounds. The application period will close on October 31, 2015 at 5 PM CST. Notification of all applicants will occur on February 15, 2016. For additional information and resources, please visit: <https://www.wholekidsfoundation.org/schools/programs/school-garden-grant-program>.

## Evaluation & Resources (continued)

### Training Opportunities: "Painting Preschool Playgrounds for Movement" (Stencil Kits), 3 Free Training Sessions, Various Dates

These regional training opportunities offered by CDPH NEOPB demonstrates the use of stenciled playgrounds to increase physical activity (PA) in early childhood settings. Participants will learn about: PA recommendations for young children; fundamental movement skills; and how to use the Stencil Kits provided for each county. This free training is designed for child care providers, preschool teachers, child care center staff, health educators, PA coordinators, and Local Health Department staff working with early care and education partners. Information for each training session is noted below:

- \* **November 2, 2015, 1:30-4:30 PM, Sacramento, CA**—registration deadline is October 26, 2015; participation is limited to 40 participants. [Click here](#) to register.
- \* **December 1, 2015, 9:00-12:00 PM, San Diego, CA**—registration deadline is November 16, 2015; participation is limited to 40 participants. [Click here](#) to register.
- \* **December 8, 2015, 1:00-3:00 PM, webinar**—this third, free training will take place via webinar. This training demonstrates the use of stenciled playgrounds to increase physical activity (PA) in early child care education settings. Participants will learn about PA recommendations for young children, fundamental movement skills, suggested playground elements, preparation and instructions for painting, tools to assist with playground designs, and sample lessons. [Click here](#) to register.

For UC CalFresh Staff, please contact Michele Byrnes ([mnbbyrnes@ucdavis.edu](mailto:mnbbyrnes@ucdavis.edu)) if you have signed up to participate. For general questions regarding the trainings, please contact Melba Hinojosa with the California Department of Public Health, Nutrition Education and Obesity Prevention Branch ([Melba.Hinojosa@cdph.ca.gov](mailto:Melba.Hinojosa@cdph.ca.gov), (916) 449-5370).

### Funding Opportunity: Fuel Up to Play 60, Deadline: November 4, 2015

Funding opportunities are available to any qualified K-12 school enrolled in Fuel Up to Play 60. Sponsored by the National Dairy Council, state and regional Dairy Councils and other supporting organizations, the competitive, nationwide funding program provides seed money—up to \$4,000 per year, per school—to help your school implement one Healthy Eating Play and one Physical Activity Play from the 2015-16 edition of the Fuel Up to Play 60 Playbook. For additional information, please visit: [https://school.fueluptoplay60.com/funds/funds\\_for\\_futp60.php](https://school.fueluptoplay60.com/funds/funds_for_futp60.php).

### Outstanding Nutrition Educator Contest, Deadline: November 13, 2015

Win \$500 and be recognized as an Outstanding Nutrition Educator! The Dairy Council is partnering with the California School Nutrition Association by sponsoring an Outstanding Nutrition Educator Contest. Below are the contest details with a link to the official contest website for further details:

Teachers work diligently throughout the school year to educate Californian children. Many manage to find ways to sneak in the time to teach the students about nutrition. They understand the importance of eating smart to be smart.

- \* If you are passionate about nutrition...
- \* If you find ways to use an existing nutrition lesson plan in a creative manner to engage students...
- \* If you have created your own nutrition lesson...
- \* If you integrate nutrition content standards into common core curricula...
- \* If you work alone...
- \* If you work as a team of teachers...
- \* ...then this contest is for you!

Submit the lesson plan that you use so we can share with others. Submit pictures or a short video (1-3 minutes) of you and/or your students either engaged in the lesson, explaining the lesson, or simply showing us how your passion about nutrition has inspired them. Be your usual creative selves and tug at our heart strings!!! The "Nutrition Educator Contest" is sponsored by the Southern California School Nutrition Association, the Dairy Council of California, and Health-e Meal Planner Pro. It is open to all California School Districts. For additional information, please visit: <http://www.eatsmart2besmart.org/#!nutritioneducator/c147c>.

### Funding Opportunity: USDA Community Food Project Grant Program, Deadline: November 30, 2015, 5:00 PM EST

The 2016 [USDA Community Food Projects Grant Program](#) Request for Applications has been released, with \$8.4 million in grant funding available. Applications are due Monday, November 30, 2015 at 5:00 PM EST. Community Food Projects are designed to increase food security in communities by bringing the whole food system together to assess strengths, establish linkages, and create systems that improve the self-reliance of community members over their food needs. Eligible grant applications include food program service providers, tribal organizations, or private nonprofit entities, including gleaners. The [New Entry Sustainable Farming Project](#) is providing free one-on-one technical assistance and resources to organizations interested in applying for the [Community Food Projects Grants Program](#) through the National Institute of Food and Agriculture. For more information and to apply for technical assistance, please visit the Community Food Projects' website: <http://nesfp.org/food-systems/community-food-projects>.

### In-Person Training Opportunity: S.N.A.P. Crackle, and Learner-Centered Education (Adult Ed.), December 2, 2015, 9:00 AM-4:00 PM

This session is available through the CDPH-NEOPB and is open to all SNAP-Ed Implementing Agencies. This session is designed to improve competence, confidence, and effectiveness of staff who lead SNAP-Ed related classes, with particular focus on using a learner-centered approach. Additional information can be found on the [CDPH Training and Events Calendar](#) or by visiting: <https://www.cdph.ca.gov/programs/NEOPB/Documents/Agenda%20Learner-Centered%20Ed.pdf>. Registration for this in-person training is expected to open soon. s

### Webinar: Let's Get Cooking: Making Your Food Demo Sizzle!, December 16, 2015, 1:00-3:00 PM

This webinar is available through the CDPH-NEOPB and is open to all SNAP-Ed Implementing Agencies. The purpose of this webinar is to improve competence, confidence, and effectiveness of staff who lead cooking/food demonstrations. Registration for this webinar is now open! For additional information regarding this webinar, including how to register, please visit: <https://attendee.gototraining.com/r/4480924769061487106>.



## We want to hear from you!

The UC CalFresh State Office would love to hear from you! Please e-mail Lindsay Hamasaki at [lmhamasaki@ucdavis.edu](mailto:lmhamasaki@ucdavis.edu) to share your comments on the new format of the Weekly Update, stories, photos, or other items you would like to see featured in future Weekly Updates.

The UC CalFresh Weekly Updates are sent by the UC CalFresh State Office on behalf of David Ginsburg, Director of the UC CalFresh Nutrition Education Program. Electronic versions of the Weekly Updates are also posted on the UC CalFresh website: <http://www.uccalfresh.com/weekly-updates>.

The University of California CalFresh Nutrition Education Program (UC CalFresh) is funded through a joint agreement among the U.S. Department of Agriculture/Food & Nutrition Service (USDA/FNS), the California Department of Social Services (CDSS) CalFresh Branch, and the University of California Cooperative Extension (UCCE). This material was produced by the University of California CalFresh Nutrition Education Program with funding from USDA SNAP, known in California as CalFresh (formerly Food Stamps). These institutions are equal opportunity providers and employers. CalFresh provides assistance to low-income households and can help buy nutritious foods for better health. For CalFresh information, call 1-877-847-3663.