

UC CalFresh Weekly Update November 14, 2016

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Upcoming Events & Deadlines

NOVEMBER 2016

SUN	MON	TUE	WED	THU	FRI	SAT
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

11/15/16 UC CalFresh Town Hall Webinar, 12:30-2:00pm

The November UC CalFresh Town Hall Webinar is scheduled for November 15th from 12:30-2:00pm. The November Town Hall will feature a presentation by **Catholic Charities of California SNAP-Ed Program Manager Elisa Pehlke**. Please refer to the attached flyer and webinar information below.

ReadyTalk Information:

Webinar Link: <https://cc.readytalk.com/r/apfl460a29ar&eom>

Call-In Toll-Free Number: 1-866-740-1260

Access Code: 7544137

Security Passcode: apple1

UC CalFresh FFY2016 Annual Report

Please visit the [UC CalFresh website](#) to download the FFY2016 UC CalFresh Annual Report and County Profile template. We look forward to reading and sharing many of your great accomplishments and successes from your FFY2016 Annual Reports. Please reach out to your [UC CalFresh State Office contact](#) if you have any additional questions or need assistance.

12/6/16 Shaping Healthy Choices Check-In Meeting, 3:00pm

The Center for Nutrition in Schools will be hosting a webinar on Tuesday, December 6th, 2016. The focus of this webinar will be Health Fairs and Building Community Partnerships. During this meeting, UC CalFresh county teams will be highlighting some of their best practices for organizing and carrying out school and community health fairs. For questions regarding this webinar, please contact **Chelsey Slattery** (cslattery@ucdavis.edu).

ReadyTalk Information:

Webinar Link: <https://cc.readytalk.com/r/gmd7raqj6moc&eom>

Call-In Toll-Free Number: 1-866-740-1260

Access Code: 7520555

Security Passcode: shcp01

12/8/16 Webinar: Youth Classroom Management Basics, 9:00-10:30am

This webinar is sponsored by EFNEP and is also available to UC CalFresh staff. Please join us for a joint EFNEP-UC CalFresh webinar to learn about Classroom Behavior Management strategies for youth. **Please note:** this webinar will be conducted using the Zoom conferencing platform. Plan to join the webinar 5-10 minutes early if you have not previously used Zoom. Please contact [Lyn Brock](#) if you have questions.

Zoom Conferencing Information:

Join from your computer: <https://ucanr.zoom.us/j/296909936>

Telephone: 1-646-558-8656 (US Toll) or 1-408-638-0968 (US Toll)

Meeting ID: 296 909 936

UC CalFresh Success Stories

Success stories from your FFY 2017 UC CalFresh participants can be shared through the online data entry portal: <http://ucanr.edu/survey/survey.cfm?surveynumber=18908>.

“This class has helped me learn how to prepare healthy and nutritious food for my family and save money at the same time.”

—Plan, Shop, Save and Cook Participant,
Placer County

“It has shown me how to look at the servings, type of food, and how many sugars or other types of ingredients it has. This class has taught me that it is easier and better to make a grocery list. That way, you won't buy other things that are not on your list.”

—Plan, Shop, Save and Cook Participant,
Kings County

UC CalFresh Employment Opportunity

UC CalFresh Program Manager, UCCE Central Sierra MCP

Under the general direction of the Nutrition, Family and Consumer Science Advisor, the Community Education Supervisor 2 (Req. 20160601) is responsible for overseeing the design, delivery, management, and evaluation of the Central Sierra MCP's UC CalFresh Nutrition Education Program for low income adults and youth.

The closing date of this employment opportunity is **November 18, 2016**. Please visit: <https://jobs.ucop.edu/applicants/Central?quickFind=59966> for additional information regarding this opportunity.

Items Available for UC CalFresh Programs

As mentioned during the August UC CalFresh Town Hall webinar, the UC CalFresh State Office has NERI and branded items for counties to use with their UC CalFresh programs only. These items are available on a **first-come-first-served basis**. Items available include:

Quantity Available	Item Name
8	I Tried It Stickers (ENG, 200 per roll)
3	I Tried It Stickers (SPA, 200 per roll)
400	UC CalFresh-MyPlate Magnet (ENG)
11	UC CalFresh-MyPlate Stickers (ENG, 1000 per roll)
28	UC CalFresh Meat Thermometers
23	My Healthy Plate Pads
25	Fridge/Freezer Thermometers (SPA)

To request these items, please email **Rolando Pinedo** (rgpinedo@ucdavis.edu) specifying the quantity, item name, and shipping address. Please be sure to coordinate with your Program Advisor and/or Supervisor prior to submitting a request.

Save the Date! SNAP-Ed Local Implementing Agency Forum

February 22 & 23, 2017, Sacramento, California

The California Department of Social Services (CDSS), and its state partners, the California Department of Public Health (CDPH), the California Department of Aging (CDA); the University of California, CalFresh Nutrition Education Program (UC CalFresh); and Catholic Charities of California (CCC), request your attendance at the 2017 Supplemental Nutrition Assistance Program-Education (SNAP-Ed) Local Implementing Agency (LIA) Forum.



The Forum website link with registration information will become available soon. The website will include information about the planned agenda, which is based on LIA feedback from last year's forum. LIA leads should determine which agency staffers and subcontractors should attend any and/or all sessions of the forum.

The 2017 SNAP-Ed LIA Forum includes a two-day, in-person meeting, as well as one or two pre-forum webinars (and optional in-person pre-meetings).

In-Person Forum Information:

Pre-Forum Meetings: Tuesday, February 21, 2017 in the afternoon

Forum: Wednesday and Thursday, February 22-23, 2017, all day

Location: DoubleTree Hotel, Sacramento

Pre-Forum Webinar Information:

Pre-Forum webinars will address administrative content as well as content essential to a successful working forum. Moving the administrative content to webinar format allows for greater opportunity for capacity building and networking at the in-person event. All webinars will be recorded and made available on the Forum website. More information will be available soon.

Pre-Forum Meetings:

Pre-Forum meetings are still in development phase and will take place on Tuesday, February 21, 2017, beginning at 1:00pm. In addition to others, we will be offering a session on the Basics of SNAP-Ed in California. This session will be appropriate for those new to the SNAP-Ed program (and any others) interested in learning more about SNAP-Ed (as a federal program and as implemented in California). Please watch for additional information in the coming weeks.

The theme, collective goals and objectives of the in-person forum and pre-forum webinars include the following:

THEME—California SNAP-Ed in Action: Inspiring Community Change

The 2017 LIA Forum is intended to inspire and energize SNAP-Ed implementers—the meeting will be an opportunity to learn about, share and experience innovative SNAP-Ed work occurring throughout California. The meeting will highlight community change efforts, explore community empowerment activities, look at implemented PSE work, and celebrate community and SNAP-Ed client successes.

GOALS

- * Unify our message and common brand—California SNAP-Ed Champions for Change;
- * Support LIAs with the resources, training and technical assistance to successfully implement the current FFY 2017-2019 local integrated SNAP-Ed work plan;
- * Increase coordination and collaboration between state and local level SNAP-Ed implementing agencies, in conjunction with other obesity prevention efforts;
- * Build awareness, knowledge, skills and capacity to develop, coordinate, implement and evaluate comprehensive evidence-based nutrition education and physical activity interventions;
- * Provide participants with greater capacity around partnership building and expansion, to support current and future planning, as well as implementation efforts of SNAP-Ed activities and high-level community change strategies.

OBJECTIVES

Participants will:

- * Meet and connect with SNAP-Ed implementing agency staff and subcontractors at the state, local and regional levels;
- * Continue working collaboratively on the integrated statewide SNAP-Ed Work plan;
- * Receive programmatic training and share lessons learned to increase capacity for local, county and subcontractor staff in the areas of evidence-based nutrition education, physical activity interventions, PSE strategies, youth and community engagement and food insecurity.

(continued on next page)

Save the Date! SNAP-Ed Local Implementing Agency Forum *(continued)*

WHO SHOULD ATTEND

- * State Implementing Agency staff
- * Local Implementing Agencies and their subcontractors

HOTEL RESERVATIONS

A block of rooms have been reserved for Tuesday, February 21, and Wednesday, February 22, 2017, at the group rate of \$95/night. The group rate will be available until January 31 or until the group block is sold-out. After that we will be subject to prevailing rates on a space-available basis. To make a room reservation, please click on the link: [2017 LIA SNAP-Ed Forum—DoubleTree Hotel Room Reservations](#).

We look forward to your participation. If you have questions or comments in regards to the in-person forum, including the pre-forum webinars, please contact your respective SIA Representative for assistance.

FFY 2017-2019 Local Implementing Agency (LIA) Integrated Work Plans (IWPs) FFY 2017-2019 Local Implementing Agency IWP Revision Process Training Webinar Recording & Slides Now Available on CDSS SNAP-Ed SharePoint Site

The webinar recording and slides from the October 13th Local Implementing Agency (LIA) IWP Revision Process Training Webinar are now available on the CDSS SNAP-Ed SharePoint site, under the ['Resources' tab](#). To access the webinar recording, please visit: <https://snaped.dss.ca.gov/Pages/Home.aspx>.

New Program Directives 17-01, 17-02, and 17-03 from CDSS

CDSS has released new Program Directives regarding the policies and procedures for SNAP-Ed eligible sites on each county's site list. Please see and review the following links below for this information.

- * [Program Directive 17-01: FFY 2017-2019 Site Change Process Notification](#)
 - * [Program Directive 17-02: SNAP-Ed Site List Maintenance Process](#)
 - * [Program Directive 17-03: California's SNAP-Ed Site Utilization Policy and Procedure](#)
- * **Please note:** If you are an LIA that had remaining comments for your county on your FFY 2017-2019 site list regarding site duplication, please make those corrections, if needed, according to the new policy and remove the comments on the site list.

You can also find these documents in the CDSS' SharePoint under the "Resources" tab, "Site Change Process Resources" found [here](#). Should LIAs have any questions regarding the above Program Directives, please contact your SIA representative.

UC CalFresh in Action!

Nutrition and Food Questions Web Page

Do your participants ask questions about nutrition or needs that you find difficult to respond to? Check the [Nutrition and Food Questions](#) web page for a response. If your question is not answered there you can submit a new question. You can find the link on the UC CalFresh website under [Resources > Resources for Educators](#). Please contact [Lyn Brock \(rlbrock@ucanr.edu\)](mailto:rlbrock@ucanr.edu) if you have any questions.

UC Delivers

This is a friendly reminder that counties should contact [Andra Nicoli \(amnicoli@ucdavis.edu\)](mailto:amnicoli@ucdavis.edu) at the State Office if you are interested in developing a UC Delivers or have recently submitted a UC Delivers without State Office involvement. For those developing a UC Delivers, Andra can assist you in writing/editing/submitted a UC Delivers story. The State Office is also interested in keeping track of UC Delivers stories that are being submitted directly from counties. For those not requiring writing/editing services from the State Office, please share a copy of your submissions with Andra. In this way, we can track the type of stories UC CalFresh is submitting and advocate for your story!

The Smarter Lunchrooms Movement of California

The UC CalFresh State Office would like to see how the Smarter Lunchroom Movement of California has been implemented in your county! Please share your success stories and photos with MaryAnn Mills via e-mail: mamills@ucdavis.edu.



The Smarter Lunchrooms Movement of California *Monthly Nudge*

The Smarter Lunchrooms Movement of California *Monthly Nudge* is a monthly newsletter which provides updates on how the Smarter Lunchrooms Movement is moving throughout California and is brought to you by the SLM of CA Collaborative. The newsletter provides updates, upcoming trainings and events, and more! If you are interested in signing up to receive the *Monthly Nudge*, please [click here!](#)

Funding Opportunity and Webinar: School Food Support Initiative

The School Food Support Initiative (SFSI), in conjunction with the Life Time Foundation, the Chef Ann Foundation, and the Whole Kids Foundation, is hosting an informational Webinar and accepting grant funding applications from school districts interested in strategic planning and transitioning to scratch-cooking operations.

* **Grant Information and Application, Deadline: November 30, 2016**

Seven qualifying school districts will receive program services valued up to \$192,000 (depending on district size), implemented by a team of renowned school food experts, including Chef Ann Cooper—an internationally recognized chef, educator, and advocate of healthy food for all children—and Chef Beth Collins, a food service director (FSD) of Boulder Valley School District, School Food Systems Consultant, and Director of Operations for the Chef Ann Foundation.

The program will include a workshop for FSDs focused on human resources, finance, procurement, menu planning, facilities, and community engagement at Boulder Valley School District, ongoing peer-to-peer collaboration for best practices, sharing, and support through the Life Time Foundation Collaborative; and an opportunity to apply for a one-time \$50,000 grant designed to support implementing sustainable, healthy food systems.

For additional information and to submit an online application, visit the Chef Ann Foundation SFSI Web page at: <http://www.chefannfoundation.org/programs-and-grants/school-food-support-initiative/>. You will be prompted to create a username and password to start the online application process.

* **Webinar Opportunity: School Food Support Initiative Webinar, November 2, 2016, 1:00-2:00pm PT**

This Webinar will provide information on the SFSI grant opportunity and highlight the current impact on school districts participating from grants received in School Year 2015-16. For this Webinar topic, participants can earn one instruction hour of professional standards credit under the following learning topics:

- * Administration (3000)
- * Program Management (3200)
 - * Evaluate and utilize resources to promote a healthy school environment (3230)

* **Contact and Additional Information**

If you want to know more about SFSI, program services, and grant eligibility criteria, visit the Chef Ann Foundation SFSI Web page at: <http://www.chefannfoundation.org/programs-and-grants/school-food-support-initiative/>. If you have questions regarding the grant application, Webinar technical assistance, or content, please contact Emily Miller at the Chef Ann Foundation by e-mail at info@chefannfoundation.org.

Articles & Research

Healthy recipes and effective social marketing campaign improve eating habits

The Food Hero social marketing campaign is an effective way to help low-income families eat more nutritious meals through fast, tasty, affordable and healthy recipes, two new research studies from Oregon State University have found. Food Hero was launched by the OSU Extension Service in 2009 in an effort to encourage healthy eating among low-income Oregonians. The initiative includes several components, such as a website, <http://www.foodhero.org>, with information in both English and Spanish; Food Hero recipe taste-testing events in schools and communities across Oregon; and a library of healthy recipes that have all been taste-tested and many approved by children. “The success of the program is by far exceeding the scope of what we envisioned when we started,” said Melinda Manore, a professor of nutrition in the College of Public Health and Human Sciences at OSU and co-author of the studies. “Getting people to change their diet and eating behavior, especially when they do not have much money, is very difficult, and this program is helping to do that.” The social marketing program is led by Lauren Tobey of Extension Family and Community Health at OSU, and Tobey is lead author of the studies. Food Hero is funded by the U.S. Department of Agriculture Food and Nutrition Service’s Supplemental Nutrition Assistance Program—Education, or SNAP-Ed. SNAP-Ed focuses on obesity prevention within low-income households. One of the new studies, published in the journal *Nutrients*, explores how Food Hero was developed and tested. The goal of the program is to increase fruit and vegetable consumption among those eligible for SNAP benefits in Oregon, with a particular focus on low-income mothers. The other study, published in the *Journal of Nutrition Education and Behavior*, examines Food Hero’s recipe project in more depth. The recipes used in the Food Hero campaign are formulated to be healthy, tasty, and kid-friendly. To date, the Food Hero recipes have been accessed millions of times via the website and social media sites such as Pinterest. [Read full article.](#)

Food Pantries Try Nutritional Nudging To Encourage Good Food Choices

You see “nudging” all of the time at the grocery store, but you probably don’t realize it. “Nudging”—a sales tactic that tries to make food look more appealing and easy to reach—encourages people to buy something. And as several food banks around the country have been learning, the tactic works well. Sharing Life Community Outreach in Mesquite, Texas, looks more like a small grocery store than a food pantry. Its two aisles offer more than canned goods and dry beans. The shelves are loaded with chicken, greens, cauliflower and fresh berries. Sharing Life and a dozen other food pantries in Texas, New Jersey and Colorado participated in a study conducted by Cornell University and Feeding America, where Christine Rivera is a registered dietitian. Rivera describes “nudges” as “cues that help us make decisions, especially in our food environment.” Sometimes a nudge is as simple as putting food like brown rice in two different spots, and leaving the white rice on a single shelf. For the study, a short list of “foods to encourage” was compiled: whole wheat bread, oatmeal, onions, cabbage, oranges and carrots. Cabbage bins were elevated so people wouldn’t have to stoop. Glossy photos of oranges were hung in food pantry waiting areas. Boxes of oatmeal were stacked next to a sign that said “Fills you longer,” in both English and Spanish. The end result? “Nudging” led to a 46 percent increase in people taking home at least one of the featured foods. [Read full article.](#)

Dinner with TV may be a recipe for less healthy meals

Families that eat dinner with the TV on tend to eat less healthy food and to enjoy the meals less than families who leave the TV off, according to a recent U.S. study. This was true even for families that were not paying attention to the TV and only had it on as background noise, the researchers wrote in the journal *Appetite*. “Family meals are protective for many aspects of child health,” lead author Amanda Trofholz said by email, adding that parents can take this time to check in with children and teach them about setting limits on their diets. “Having the TV on during the family meal may reduce the opportunity for this connection between family members and blunt the protective effects of the meal,” said Trofholz, a researcher at the University of Minnesota, Minneapolis. To explore the link between TV watching during meals and risk factors for childhood obesity, the study team analyzed video recordings of 120 families that included a child aged 6 to 12. The families were recruited from primary care clinics in Minneapolis between 2012 and 2013 and were mostly from low-income and minority groups. The families recorded two of their family meals using an iPad and reported to the research team what they had eaten and how much they had enjoyed it. The study team assessed the health of the meals themselves, whether a TV was being used and the emotional atmosphere of the meal. Only one third of the families left the TV off during both recorded meals. About a quarter had the TV on for only one meal and 43 percent left the TV on during both meals. Of the families eating with the TV on, two thirds paid attention to the TV while the other third only had it on in the background. Families who ate with no TV playing or with the TV on during only one meal enjoyed their meals more than those that watched during both meals. This was true regardless of whether families paid attention to the TV. Families that didn’t watch TV during meals ate significantly healthier foods than the others. Families that had the TV on but did not pay attention also ate more healthy food than families that actively watched TV while eating. [Read full article.](#)

Education & Resources

Training Opportunities for SNAP-Ed Local Implementing Agencies—Updated November 2016

On behalf of the California Department of Social Services, the California Department of Public Health Nutrition Education and Obesity Prevention Branch, UC CalFresh, California Department of Aging, and Catholic Charities of California, we are pleased to announce upcoming SNAP-Ed trainings available to appropriate staff from SNAP-Ed state and local implementing agencies in California. The [FFY2017 California SNAP-Ed Training Schedule](#) is now available on the [Training and Events Calendar webpage](#). A few of the training topics are also highlighted below:

- * Addressing Nutrition Hot Topics: 2015 DGA
- * Active Aging: Physical Activity Tools for SNAP-Ed Older Adults

These trainings are also posted on the NEOPB Training and Events Calendar, available online at: <http://www.cdph.ca.gov/programs/NEOPB/Pages/NEOPB%20Calendar%20of%20Events.aspx>.

The Food-Safe Path to Thanksgiving and Beyond

Hosting Thanksgiving can be a logistical challenge that starts with planning what to cook and ends with figuring out what to do with all of those leftovers. This year, streamline your Thanksgiving planning to ensure you have a fun and food-safe holiday. Please see some suggestions below from [FoodSafety.gov](#).

- * Plan your menu and make your grocery list. To save time, money, and hassle, break up your grocery list into perishable and non-perishable categories. You can purchase non-perishable food such as bread crumbs and canned broths and soups well in advance of your Thanksgiving meal.
- * Shop for your non-perishable items. Use the [FoodKeeper](#) app to find out the best way to store your groceries until you need them for your Thanksgiving feast.
- * Check your kitchen tools to make sure you have everything you need to make your Thanksgiving food safe. To make sure your turkey is fully cooked, you need an oven-safe thermometer. Having multiple cutting boards ensures you don't cross contaminate your dishes that don't need to be cooked with bacteria from raw meat or vegetables. Learn more about [food safety kitchen tools](#).
- * Is your frozen turkey 20-24 pounds? If you are defrosting it in the refrigerator, place it in the refrigerator on Wednesday, November 16th. If your turkey weighs less than 20 pounds, use [these resources](#) to find out when your turkey should go from freezer to fridge.

For additional information and resources, please visit the [FoodSafety.gov](#) website. [Read full blog article.](#)

Webinar: USDA's New Study on Consumer Food Acquisition Patterns (FoodAPS): Debut of Public Use Data, November 17, 2016, 10:00am PT

USDA's *National Household Food Acquisition and Purchase Survey (FoodAPS)* is the first nationally representative survey of American households to collect comprehensive data about household food purchases and acquisitions. The survey includes nationally representative data from 4,826 households, including Supplemental Nutrition Assistance Program (SNAP) households, low-income households not participating in SNAP, and higher income households. Previously, only restricted data were available to approved users. Now, USDA's Economic Research Service (ERS) is releasing FoodAPS public use files along with related documentation that enable anyone to readily access and use the data. In this webinar, ERS researcher John Kirlin will discuss the availability of the public-use data, explain its content, user guides, and the FoodAPS webpages that provide background information about the survey. To register for this webinar, please visit: <https://cc.readytalk.com/registration/#/?meeting=6pqkk47gc7yc&campaign=jf8037x20bza>.

Get Your Community in Step with a 2016 Micro Grant, Deadline: November 18, 2016, 2:00pm PT

America Walks and the Every Body Walk! Collaborative are excited to announce the second year of [Micro Grant Funding](#). This program will award grantees up to \$1,500.00 for projects related to increasing walking and walkability. Funded projects will increase walking and benefits of walkability in communities, work to develop the walking movement by growing the number and diversity of people and organizations pushing for more walkability, and they should make walking safe, easy, and enjoyable for all community members. This is a great opportunity for adult classes looking for funding to enhance a walking club or incorporate additional resources to sustain the program. This can be done along with the pedometers and physical activity trackers including the [USDA SuperTracker](#). To learn more about the grant program, please visit: <http://americawalks.org/2016-every-body-walk-micro-grant-program/>.

Education & Resources *(continued)*

Webinar: Addressing Nutrition Hot Topics, presented by Dr. Sheri Zidenberg-Cherr and Dr. Rachel Scherr, UC Davis Dept. of Nutrition, November 30, 2016, 10:00-11:30am

This webinar intends to help participants do the following:

1. Identify common reasons why people choose to follow a gluten-free diet. Be familiar with the science vs. the “feelings” regarding gluten. Be familiar with basic information on foods containing gluten.
2. Compare sample daily caffeine intake to DGA recommendation.
3. List public concerns and scientific facts about GMOs, and develop responses for questions in SNAP-Ed classes.
4. List public concerns about organic vs. conventional foods and develop science-based responses for questions in SNAP-Ed classes.

To register, please visit: <https://attendee.gototraining.com/r/5525652138366347521> or the California SNAP-Ed LIA Training and Events calendar at: <http://www.cdph.ca.gov/programs/NEOPB/Pages/SNAP-EdTrainingandEventsCalendar.aspx>.

Call for Proposals: CA Farm to School and Garden Conference, Deadline: December 2, 2016

The California Farm to School Network (CFSN) invites you to submit a proposal for the 2017 California Farm to School & Garden Conference: Connecting the Garden, Cafeteria and the Classroom. The conference will be held March 27th-March 29th, 2017 in Modesto, CA. The 2nd biannual CFSN conference will cover a variety of topics designed to support and inspire farm to school and school garden practitioners all around the state! This is your opportunity to share your expertise and innovative ideas to help grow the farm to school and school garden movement in California. An information PDF is available with additional info regarding the topic areas, speaker benefits and more. [Click here](#) to download. When you are ready to submit your idea, fill out the online submission form located [here](#). Questions related to the call for proposals can be sent to: info@cafarmtoschoolconference.org. Please visit: <http://www.cafarmtoschoolconference.org/> for additional information.

Save the Date: FANOut Webinar: Senior Healthy Food Access and Nutrition Education Information and Innovative Practices, December 7, 2016, 10:00-11:30am

This engaging webinar will focus on nutrition and healthy food access for seniors, which will include presentations from statewide and local providers. In addition, the regular topics will be covered, including: USDA Updates; Legislative updates from our partners; and Program updates from our state partners. Please feel free to share this with your agency partners. For questions, please contact Lisa Tadlock at Lisa.Tadlock@wellness.phi.org. To register for this webinar, please visit: <https://publichealthinstitute.webex.com/publichealthinstitute/onstage/g.php?MTID=e40d856a7dec54a832c9f9e48eaf9f44b>.

Webinar: Active Aging: Physical Activity Tools for SNAP-Ed Older Adults, December 7, 2016, 1:30-3:30pm PT

This webinar will provide SNAP-Ed staff information and tools for promoting physical activity (PA) to the older adult SNAP-Ed population. Participants will receive information on PA guidelines for older adults, how staff can help older adults to become more physically active through direct PA curriculums and working with community PA programs and improvements. To register for this webinar, please visit: <https://attendee.gototraining.com/r/2066756782602779905>.

In-Person Workshop: SNAP-Ed Physical Activity Promising Practices Exchange, December 8, 2016, 9:30am-12:30pm, Chico, CA

The Promising Practices Exchange Pilot is a collaboration between State and Local SNAP-Ed agencies. Join us for an interactive, half-day workshop with regional experts and community health leaders. Topics include pre-school and K-12 physical activity (PA) and more! Refer to the [SNAP-Ed Training Calendar](#) for updates about speakers and activities. **Registration for this workshop closes on December 1, 2016** or when capacity is reached (whichever comes first). For additional information, please visit: <http://www.cvent.com/events/snap-ed-promising-practices-exchange/event-summary-5d612d1ccee54f3b89e0555e7ca4f702.aspx>.

Funding Opportunity: Farm to School Grant Program, Deadline: December 8, 2016

The purpose of the USDA Farm to School Grant Program is to assist eligible entities in implementing farm to school programs that improve access to local foods in eligible schools. On an annual basis, USDA awards up to \$5 million in competitive grants for training, supporting operations, planning, purchasing equipment, developing school gardens, developing partnerships, and implementing farm to school programs. Visit the [grant opportunities page](#) to review the RFA for complete application instructions, frequently asked questions (FAQ), and additional application support materials. Check out the [grant program page](#) for an overview of past grantees, program summary reports, and more: <http://www.fns.usda.gov/farmtoschool/farm-school-grant-program>.

Education & Resources *(continued)*

Informational: Affordable Care Act Open Enrollment Period, Deadline: January 31, 2017

In partnership with the Department of Health and Human Services Region IX and X, the USDA Food and Nutrition Service Western Regional Office has shared an Affordable Care Act Open Enrollment Period flyer. We encourage you to share this with your partners and display it in local offices. Please refer to the attached flyer or coveredca.com for additional information.



9th Biennial Childhood Obesity Conference: Applications for Roundtables, Deadline: February 15, 2017

Back by popular demand, one 45-minute roundtable session will be offered to allow for in-depth discussion among small groups on a wide array of topics. Participant-led roundtables provide a setting to share lessons learned, solicit feedback for current or future initiatives, and exchange ideas, knowledge and resources with colleagues of similar needs/interests. To learn more about hosting a roundtable, [click here](#). The application process is now available through February 15, 2017.

Save the Date: 9th Biennial Childhood Obesity Conference, May 30-June 2, 2017, San Diego, CA

The 9th Biennial Childhood Obesity Conference is scheduled for **May 30th-June 2nd, 2017 in San Diego, CA**. [Click here](#) for additional information regarding the conference, including registration and accommodations.

We want to hear from you!

The UC CalFresh State Office would love to hear from you! Please email Lindsay Hamasaki at lmhamasaki@ucdavis.edu to share your comments, stories, photos or other items you would like to see featured in future Weekly Updates.

The UC CalFresh Weekly Updates are sent by the UC CalFresh State Office on behalf of David Ginsburg, Director of the UC CalFresh Nutrition Education Program. Electronic versions of the Weekly Updates are also posted on the UC CalFresh website: <http://www.uccalfresh.org/weekly-updates>.

The University of California CalFresh Nutrition Education Program (UC CalFresh) is funded through a joint agreement among the U.S. Department of Agriculture/Food & Nutrition Service (USDA/FNS), the California Department of Social Services (CDSS) CalFresh Branch, and the University of California Cooperative Extension (UCCE). This material was produced by the University of California CalFresh Nutrition Education Program with funding from USDA SNAP, known in California as CalFresh (formerly food stamps). These institutions are equal opportunity providers and employers. CalFresh provides assistance to low-income households and can help buy nutritious foods for better health. For CalFresh information, call 1-877-847-3663.



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