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Funded through a joint agreement among the U.S. Department of Agriculture/Food & Nutrition Services (USDA/FNS), the California Department of Social Services (CDSS) CalFresh Branch, and the University of California Cooperative Extension (UCCE)
BMI Percentile Calculator for Child and Teen

The calculator provides BMI and the corresponding BMI-for-age percentile on a CDC BMI-for-age growth chart. Use this calculator for children and teens, aged 2 through 19 years old. For adults, 20 years old and older, use the Adult BMI Calculator.

Webinar: Food Access and Economic Impacts: Trends and New Research Thursday, June 27 11-12 PST

Studies have shown that healthy food retail improves the economic health and well-being of communities, and can help to revitalize struggling business districts by supplying local jobs; creating foot traffic; and attracting complementary stores and services like banks, pharmacies, and restaurants. Healthy food retail can also increase or stabilize home values in nearby neighborhoods, generate local tax revenues, and promote additional spending in the local economy.

This webinar will provide the latest research on the economic impact of healthy food retail. Join us to explore how new healthy food retail provides jobs and other positive economic impacts to surrounding communities.

Featured Speakers:

- Patricia L. Smith, Senior Policy Advisor, The Reinvestment Fund (moderator)
- Lance Loethen, Research Associate, The Reinvestment Fund
- Dick Voith, Senior Vice President and Principal, Econsult Corporation

Register here.

USDA’s Directory of Farmers Markets

The USDA National Farmers Market Directory is designed to provide members of the public with convenient access to information about U.S. farmers’ market locations, directions, operating times, product offerings, and accepted forms of payment. Use the directory to search for farmers markets near you! For more information, please visit: http://search.ams.usda.gov/farmersmarkets/.

Build a Cookbook Feature Available in Recipe Finder on SNAP-Ed Connection

Looking for a new recipe? Browse the Recipe Finder database and even create your own personalized cookbook with recipes from the SNAP-Ed Connection’s Recipe Finder database. You can even choose one of the fixed cookbook options that use pre-selected recipes based on several categories. Search the Recipe Finder database by audience,
cooking equipment, menu items, themes, topics, and costs. Visit the Recipe Finder webpage to browse the recipes today: http://recipefinder.nal.usda.gov/.

ARTICLES/RESEARCH

**US mayors ask for food stamp ban on sugary beverages.**

Mayors in 18 U.S. cities, including New York, Los Angeles and Chicago, sent a letter to congressional officials asking that food-stamp rules prohibit the purchase of soda and sugar-sweetened drinks. The letter said it is time to evaluate ways to limit the use of subsidies for sugar-sweetened beverages to help fight obesity.

To read story, click on link: Yahoo/The Associated Press

**Obesity classified as disease**

Yesterday the American Medical Association voted to approve Resolution 420 ("Recognition of Obesity as a Disease").

Here’s how the Resolution began: "Whereas, Our American Medical Association’s Council on Science and Public Health Report 4, A-05, has identified the following common criteria in defining a disease: 1) an impairment of the normal functioning of some aspect of the body; 2) characteristic signs or symptoms; and 3) harm or morbidity..."

**West Fresno residents get access to fresh fruits and vegetables**

West Fresno residents, many who live miles away from the nearest full service grocery store, now have access to fresh produce in their neighborhood thanks to an effort to bring affordable fruits and vegetables to underserved areas. The project, called the Green Cart Initiative, was spearheaded by Habitat for Humanity as part of a broader neighborhood revitalization project. Read full article.

**SNAP Database**

The Supplemental Nutrition Assistance Program (SNAP) Data System provides time-series data on State and county-level estimates of SNAP participation and benefit levels, combined with area estimates of total population and the number of persons in poverty. Supplemental Nutrition Assistance Program (SNAP) Data System
News From The Counties

- **Stanislaus County**
  Anne Schellman does training on school gardens for teachers. [Read more.]

New Staff

This new feature is to introduce and welcome new staff to UC CalFresh. If you have new staff please send a short paragraph (background and interests) and photo to Lindsay Hamasaki: Hamasaki@caes.ucdavis.edu and we will add to Weekly Update.

**UC Cooperative Extension adviser gets the word out on healthy food**

Terri Spezzano encourages her two boys to eat vegetables by involving them in shopping and gardening. Her job doesn't end there. She spreads the word about healthy eating in Stanislaus and Merced counties as an adviser with the University of California Cooperative Extension. Spezzano talked with The Bee about the bounty coming off nearby farms this time of year — and about canned, dried and other options when local produce is not in season.

[Read More...]

Upcoming Events

- **August 9-12, 2013. Portland Oregon**
  Society for Nutrition Education and Behavior Annual Conference
  [http://www.sneb.org/register](http://www.sneb.org/register)