

UC CalFresh Weekly Update November 28, 2018

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Upcoming Events & Deadlines

November 2018

SUN	MON	TUE	WED	THU	FRI	SAT
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

FFY 20-22 Integrated Workplan, Nov 28th Webinar

The CDSS CalFresh SNAP-Ed Team is pleased to announce the official kick-off of the FFY20-22 Integrated Workplan (IWP) Blueprint. As planning begins for the next three year cycle, CDSS will hold a series of webinars and trainings. The first of which is November 28th:

[Nov 28th, 1:30-3:30 pm - LIA IWP Blueprint Webinar #1](#)

- * Topics include: the IWP Blueprint intention and the content that makes up the IWP menu of options

Youth Engagement Collaborative—Recruiting Youth Advisors

The Youth Engagement Collaborative is excited to announce that they are recruiting a committee of youth advisors (ages 14-18) to help inform and shape the 10th Biennial Childhood Obesity Conference youth track. Being on the Childhood Obesity Conference Youth Advisory Committee will provide opportunities for youth to grow in their leadership, collaboration, and coordination skills. Please review the Childhood Obesity Conference Youth Advisory Committee Member application process and role description documents attached to the 11/12/2018 Weekly Update email. Have the young people you feel best fit this role complete the application to become a member.

Apply Here: <https://www.surveymonkey.com/r/2019COCYAC> All applications are due by *November 30, 2018*.

UC CalFresh Success Stories

Success stories from your FFY 2018 UC CalFresh participants can be shared through the online data entry portal: <https://ucanr.edu/survey/survey.cfm?surveynumber=22089>.

"I really liked that the class helps you be able to plan your meals and include fruits and vegetables."

—Plan Shop Save Cook Participant,
Placer County

"[Since participating in this program,] I started to exercise, [I am] working on meal planning, [as well as being] mindful when buying fast food."

—Eat Healthy, Be Active
Community Workshop Participant,
Madera County

UC CalFresh Website Updates

SMART Objectives—Updated [document](#) for FY19

Adult Physical Activity Survey—New [tool](#) added in English and Spanish

Food Behavior Checklist—New [Chinese language tool](#) added

Physical Activity Teacher Observation Tool—New [tool](#) added

UC CalFresh Evaluation Updates

FFY2019 Evaluation Survey Data Entry—PEARS

Please hold-off on entering any additional evaluation surveys into PEARS for FFY2019. Some improvements are being made that require changes to the survey procedures. We will review these briefly during the November (11/27) Town hall and in greater depth during a webinar about PEARS Surveys scheduled for December 11th from 1-2pm. We plan to collect three pre/post surveys in PEARS this year:

- * Food Behavior Checklist (FBC),
- * Healthy Happy Families (HHF), and
- * Adult Physical Activity Survey (APAS) - a **NEW** survey for UC CalFresh.

FFY2019 Evaluation Survey Data Entry—ANR Portal

The Plan, Shop, Save & Cook pre/post survey has been removed from PEARS and will be collected through the ANR data entry portal [here](#). All other surveys and ANR data entry portals have been updated on the UC CalFresh website.

- * Youth surveys and data portals can be found [at this link](#)
- * Adult surveys and data portals can be found [at this link](#)

Upcoming UC CalFresh Trainings

PEARS Office Hours for UC CalFresh—December 11th

Please Pre-Register for these meetings | Dial-In Number(s): U.S. Toll: 303.248.0285 | Access Code: 7544137

The December PEARS Office Hours will be spent reviewing the new procedures for survey data entry. Please note the change in date.

Time: 1:00 – 2:00 pm

Purpose:

Angie and Barbara are planning a PEARS Survey webinar to review the new procedures. This webinar will be held in place of the December PEARS Office Hours. Register for this webinar at this link <https://cc.readytalk.com/r/hwo2bwzx6b6w&eom>

The Smarter Lunchrooms Movement of California

The UC CalFresh State Office would like to see how the Smarter Lunchroom Movement of California has been implemented in your county! Please share your success stories and photos with MaryAnn Mills via e-mail: mamills@ucdavis.edu.

The Smarter Lunchrooms Movement of California Monthly Nudge

The Smarter Lunchrooms Movement of California *Monthly Nudge* is a monthly newsletter which provides updates on how the Smarter Lunchrooms Movement is moving throughout California and is brought to you by the SLM of CA Collaborative. The newsletter provides updates, upcoming trainings and events, and more! If you are interested in signing up to receive the *Monthly Nudge*, please [click here!](#)

Digital Food Pictures for Educators

This information was originally shared in the Smarter Lunchrooms Movement of CA: April Monthly Nudge.

Educators, are you on the hunt for pictures to improve food literacy lessons or classroom nutrition education programs? New images of five-food-group and mixed foods are now available at HealthyEating.org/FoodGallery.

UC CalFresh in Action!

UCCE Santa Barbara County in the News

UCCE Santa Barbara was recently featured in a news segment about their collaboration with the Santa Maria-Bonita School Districts and 4-H SNAC Club (Student Nutrition Advisory Council). Santa Maria-Bonita School Districts came together for a career and leadership day at Liberty Elementary. The event, called 4H SNAC, was a collaboration between UC CalFresh Nutrition and the youth organization 4-H SNAC Club.

The goal of the youth program is to advocate child development to 5th and 6th graders in underserved, low-income communities. Various guest speakers came to teach kids how to live a healthy lifestyle. The event was 4H's 4th annual career day. One topic of focus was presentation skills. The students also got an opportunity to speak to professionals from different fields such as firefighters, a nurse, and a dentist.

See the news clip [here](#).

Growing Pumpkins at Kohn Elementary, UCCE Tulare County

Frank Kohn Elementary School joined forces with UC CalFresh and Master Gardeners to grow pumpkins in their school garden. The pumpkins were grown to showcase at the school's annual Harvest Carnival.

Students planted the pumpkin seeds on June 5, 2018 right before the school year ended. While the students were on summer vacation, the pumpkins were well maintained and watered by the wonderful maintenance team at Kohn Elementary School. Nutrition Educator, [Marina](#) and Master Gardener, Pam often checked on the pumpkins to ensure they were growing properly. Upon returning from summer vacation, students were amazed to see the size of the pumpkins they had grown. They shouted, "Look at that! Pumpkins!" as they walked by the school garden. Students grew more than 50 pumpkins and harvested them on October 11, 2018!

At the Harvest Carnival students were provided with punch cards that allowed them to visit several booths, including the UC CalFresh Nutrition Education booth. UC CalFresh provided families with educational information about pumpkins, pumpkin seeds, and healthy pumpkin recipes. After visiting all booths students were able to cash in their prize and take home a pumpkin grown on their school grounds.



Education & Resources

Making a Difference: Including Individuals with Disabilities

See the 8/20/2018 UC CalFresh Weekly Update email for the attached flyer

The California Department of Public Health and National Center on Health, Physical Activity and Disability have partnered to bring you a three-part webinar series in which you will learn knowledge, skills, and abilities to effectively integrate the health needs of people with disabilities in local SNAP-Ed programs and services. Attend all webinar sessions to learn about tips and resources to best benefit your SNAP-Ed work.

Episode 3/3: Implementing and Sustaining Inclusion in Your SNAP-Ed Work

Monday, December 3, 2018, 10:00am - 11:30am PDT [Register Here](#)

EatFit Curriculum Update Webinar

See attachment in the 10/29/2018 Weekly Update email for the pre-study questions needed to be completed before registering.

Presented by Marcel Horowitz, MS, MCHES and Mical K. Shilts, PhD

Date: December 4, 2018

Time: 1:00 to 2:30 PM

The **newly revised** EatFit curriculum challenges middle school students to improve their eating and fitness choices.

What's New?

- * Updated nutritional information.
- * Stronger focus on preventing excess weight gain and water as the best choice for drinking.
- * Strengthened youth development principles and science proficiencies.
- * Updated wording and phrasing.
- * Includes suggested improvements from educators nationwide.

To Participate in the Webinar – please read carefully

Step One: Complete the mandatory Pre-Study Questions – *extended to November 30, 2018**

- * The pre-study questions are attached in the 10/29/2018 Weekly Update
- * Answer the questions using the [updated EatFit materials](#) (Curriculum – version 5, Workbook – Version 3)
- * Enter your responses into the following survey tool: <http://ucanr.edu/survey/survey.cfm?surveynumber=25858>

Step Two: Register for the Training Webinar - Registration deadline November 30, 2018

Submit your registration request at <https://ucanr.zoom.us/meeting/register/2be17dfeabda4e0fdc2040ba88984b7b>

Your registration will be approved and you will receive the log-in information for the webinar after we verify that you have completed the mandatory pre-study survey questions.

If you are unable to attend the live webinar:

Complete and submit the pre-study questions. You will be sent a link to view the recorded webinar.

Please contact Lyn Brock (rlbrock@ucanr.edu) if you have any questions.

FY 2019 Farm to School Grant RFA Release

The USDA's Farm to School Grant supports the implementation of Farm to School programs that increase access to local food in eligible schools, providing students with quality meals at a reasonable cost while also supporting local producers.

The FY 2019 Request for Applications (RFA) includes three tracks—Implementation, Planning, and Training. State and local agencies, Indian tribal organizations, small- and medium-sized agricultural producers or groups of small- to medium-sized agricultural producers, and non-profit organizations are eligible to apply for planning, implementation, and training grants. Schools and school districts may apply for either an implementation grant or a planning grant.

The Grant RFA can be found on grants.gov. Complete applications must be submitted on grants.gov by **11:59pm ET on December 4, 2018**. Check out the OCFS [resources](#) for grant applicants and see a list of prior grantees' project descriptions for proposal inspiration!

LIA Forum, Stories of Transformation due Dec 7th

Submit an inspirational story or quote from an individual or family whose lives have been touched by the work of SNAP-Ed. The goal of the Stories of Transformation is to highlight the amazing work occurring in communities across the state and the impact it is having on SNAP-Ed participants. The Stories will be used as centerpieces during the Forum.

Click [HERE](#) for information, guidelines, and to submit a *Story of Transformation*.

FORUM & POSTER REGISTRATION UPCOMING DEADLINES	
ITEM	DATE
Forum website live, Registration opens	End of Week of November 5
Final poster submission	December 7
Stories of Transformation submissions closes	December 7

(continued on next page)

Education & Resources *(continued)*

Join Today! CA SNAP-Ed Peer Exchange Program

The Peer Exchange Program can:

- * Put you in touch with another agency working on the same topic or same setting as you
- * Help set-up, plan, and facilitate your exchange
- * Provide conference call lines or web-based meeting software
- * Provide travel grant funds for in-person meetings

We are recruiting Mentors and Mentees now!

- * Sign up with our [Peer Exchange Program Application](#)

Want to learn more? Visit our [Peer Exchange Program Website](#) or contact Michael.Beccarelli@cdph.ca.gov

Looking for ideas or assistance from a peer?



Able to share your expertise with a peer?

The Peer Exchange Program can connect you with an LIA peer via

UC CalFresh, UC ANR & Partner Employment Opportunities

__Assistant 3, UC CalFresh State Office

The UC CalFresh State Office is pleased to share the job posting for the __Assistant 3 career position with the UC CalFresh State Office. This position will add an additional __Assistant 3 position to provide program and administrative/fiscal support to the UC CalFresh State Office and county programs.

Apply here: www.employment.ucdavis.edu/applicants/Central?quickFind=81139

Apply-by: 12/5/2018

We want to hear from you!

The UC CalFresh State Office would love to hear from you! Please email Elizabeth Egelski at eegelski@ucdavis.edu to share your comments, stories, photos or other items you would like to see featured in future Weekly Updates.

The UC CalFresh Weekly Updates are sent by the UC CalFresh State Office on behalf of Kamaljeet Singh-Khaira, Director of the UC CalFresh Nutrition Education Program. Electronic versions of the Weekly Updates are also posted on the UC CalFresh website: <http://www.uccalfresh.org/weekly-updates>.

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