

UC CalFresh Weekly Update November 5, 2018

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Upcoming Events & Deadlines

November 2018

SUN	MON	TUE	WED	THU	FRI	SAT
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

Upcoming UC CalFresh Trainings

PEARS Office Hours for UC CalFresh, November 6

See attachment in the 10/22/2018 Weekly Update for the full list of FFY 19 PEARS Office Hours.

Time: 1:00 – 2:00 pm

Purpose:

- * Share PEARS related questions and answer with live demos in PEARS
- * Add Q & A's to FAQ document and send follow-up emails for any unresolved questions

Register:

<https://cc.readytalk.com/r/cby7wq61e3sq&eom>

Dial-In Number(s): U.S. Toll: 303.248.0285 | Access Code: 7544137

KaBOOM! Grant, November 9 Deadline

KaBOOM! is a national nonprofit organization dedicated to saving play for America's children by creating great playspaces through the participation and leadership of individual communities. They are currently accepting applications for playground grants through Build It with KaBOOM!, a program that provides eligible communities with most of the funds, tools, and resources they need to build a custom-made playground in a single day.

Municipalities and nonprofits serving children of playground age are eligible to apply. Applicants must contribute \$8,500 toward the cost of playground equipment; recruit seventy-five to a hundred community volunteers to participate in playground build day; and own the land on which they wish to build, or possess a long-term lease and obtain permission from the landowner to construct a playground. In addition, they must complete any needed site preparation on at least twenty-five hundred square feet of flat dirt surface; secure soil tests, utility checks, and appropriate build permits in a timely manner; and accept ownership, insurance, and maintenance responsibilities for the playspace upon completion.

Applications submitted before the **November 9 deadline** will get early consideration for 2019 opportunities and additional support from KaBOOM! staff.

See the [KaBOOM! Website](#) for more information, including the grant's benefits, eligibility, and resources.

UC CalFresh Success Stories

Success stories from your FFY 2018 UC CalFresh participants can be shared through the online data entry portal: <https://ucanr.edu/survey/survey.cfm?surveynumber=22089>.

“I enjoyed learning about better eating plans and helpful tips about shopping smart. Overall [it was] a(n) educational class...”

—Plan Shop Save Cook Participant,
Santa Clara County

“[This class taught me] (t)o plan meals ahead [to] save time, [to] make a grocery list so you can't forget anything at the store, [and] (t)o make healthier food choices for my family.”

—Eat Healthy, Be Active
Community Workshop Participant,
Fresno County

UC CalFresh Website Updates New UC CalFresh Website Launched

The UC CalFresh State Office is pleased to share that the UC CalFresh Website has migrated to a new platform and has a new look: www.uccalfresh.org

The UC CalFresh Website will continue to provide support and guidance to our UC CalFresh local agencies with materials and content relevant to supporting the UC CalFresh SNAP-Ed Programs throughout California, as well as provide information about our programs and how UC CalFresh contributes to our communities. We encourage you to update your bookmarks and shortcuts to the pages on our website that you frequently use. We are working hard to create redirects that will take you directly to the information you need. *In approximately six weeks, the old site will be retired and no longer accessible.*

We hope you that enjoy the new look of the UC CalFresh website and find the pages and content easier to navigate and more accessible. Feel free to contact the UC CalFresh State Office uccalfresh_support@ucdavis.edu if you have any questions, feedback, or need assistance with locating documents or resources.

UC CalFresh Program Directive—New Time Reporting Requirements

See the 10/29/2018 UC CalFresh Weekly Update email for the attached Program Directive.

The UC CalFresh State Office would like to inform you of a new UC CalFresh Program Directive related to new time reporting requirements for UC CalFresh/SNAP-Ed staff. Please share this information with your staff as appropriate.

Effective October 1, 2018, the FFY 2019 USDA SNAP-Ed Guidance will require:

- * Weekly time and effort reporting by staff devoting less than 100% of their time to SNAP-Ed.
- * Semi-annual time and effort certification for staff devoting 100% of their time to SNAP-Ed.

The new UC CalFresh Program Directive 2019-01, templates, and resources are attached as a single PDF in the 10/29/2018 UC CalFresh Weekly Update email and is available on the website under Administrative → UC CalFresh Program Administration → [Program Directives](#)

UC CalFresh Training 2018 CATCH Early Childhood Education (ECE) Training

The October 23-25, 2018 CATCH Early Childhood Education (ECE) Training was a success with a total of 21 SNAP-Ed participants and 1 county partner. The State Office would like to thank [Suzie Lawry-Hall](#), UC CalFresh Program Supervisor - Butte County Cluster, for co-facilitating the 3-day training academy with Chad Misner, CATCH ECE Master Trainer. Suzie's energy and heart for physical activity made each day an enjoyable experience while motivating participants to be part of the CATCH *movement!*

We look forward to the stories that our new CATCH ECE Trainers will be sharing about how they are helping children and their families become more physically active with the new knowledge and skills they have acquired from this training.



CATCH ECE Training participants



The 14 new SNAP-Ed CATCH ECE Trainers

UC CalFresh Evaluation Updates Evaluation Data Entry Portals – Updates

FFY2019 – Evaluation Data Entry Portals have been updated and reposted with the exception of three pre/post surveys which will be collected in PEARS.

Evaluation Data Entry Portals:

- * Survey instruments and data entry portals for Youth can be found [at this link](#)
- * Survey instruments and data entry portals for Adults can be found [at this link](#)
- * Survey instruments and data entry portals for Family Centered can be found [at this link](#)

PEARS Data Entry—The following three pre/post surveys will be collected in PEARS:

- * Food Behavior Checklist – visually enhanced – pre/post:
https://fsnep.ucdavis.edu/sites/g/files/dgvnsk2286/files/inline-files/FBC_No%20Name_ID%20Only%202017_2.pdf
- * Plan Shop Save and Cook – pre/post:
https://fsnep.ucdavis.edu/sites/g/files/dgvnsk2286/files/inline-files/PSSC_pre-post_NO%20NAME_ENG_FY17.pdf
- * Healthy, Happy Families – pre/post:
https://fsnep.ucdavis.edu/sites/g/files/dgvnsk2286/files/inline-files/HHF_wC_Eng_CLEAN_2018.pdf

FFY2018 County Annual Reports and Profiles



Thurs - Oct 11 th	Templates Posted - Updated county annual report and profile templates posted and email sent to Advisors/Supervisors
Wed – Nov 14 th	Drafts Due - County annual report and profile due to State Office County Contacts and uccalfresh_support@ucdavis.edu
By Fri – Nov 30 th	Feedback - UC CalFresh county leads send feedback on county reports and profiles
Fri – Dec 21 st	Final version - Final versions of county reports and profiles due to UC CalFresh

UNIVERSITY OF CALIFORNIA
CalFresh Nutrition Education

This material was produced by the University of California CalFresh Nutrition Education Program with funding from USDA SNAP grown in California as CalFresh (formerly food stamps). These institutions are equal opportunity providers and employees. CalFresh provides assistance to low-income households and can help low-income households to better health. For CalFresh information, call 1-877-841-2822.

Items Available for UC CalFresh County Programs Supplies Available

The UC CalFresh Stanislaus/Merced program has toner available on a first-come-first-serve-basis for our UC CalFresh county programs, see availability described to the right.

If you are interested in these items for use with your UC CalFresh program, please reach out directly to Jaci Westbrook at jwestbrook@ucanr.edu with your request and shipping address.

Qty.	Item
2	HP #56 Black ink cartridges
8	HP #57 Tri-color ink cartridges



The Smarter Lunchrooms Movement of California



The UC CalFresh State Office would like to see how the Smarter Lunchroom Movement of California has been implemented in your county! Please share your success stories and photos with MaryAnn Mills via e-mail: mamills@ucdavis.edu.

The Smarter Lunchrooms Movement of California Monthly Nudge

The Smarter Lunchrooms Movement of California *Monthly Nudge* is a monthly newsletter which provides updates on how the Smarter Lunchrooms Movement is moving throughout California and is brought to you by the SLM of CA Collaborative. The newsletter provides updates, upcoming trainings and events, and more! If you are interested in signing up to receive the *Monthly Nudge*, please [click here!](#)

Digital Food Pictures for Educators

This information was originally shared in the Smarter Lunchrooms Movement of CA: April Monthly Nudge.

Educators, are you on the hunt for pictures to improve food literacy lessons or classroom nutrition education programs? New images of five-food-group and mixed foods are now available at HealthyEating.org/FoodGallery.

UC CalFresh in Action!

Red Ribbon Week at Cesar Chavez Elementary, UCCE Riverside

This week, schools across the nation are celebrating Red Ribbon Week (October 23-31, 2018). This annual campaign has raised drug awareness and educated youth to participate in drug prevention activities since 1988. This year with the school's focus on student wellness, Cesar Chavez Elementary expanded the drug prevention message to include loving and taking care of the whole body. Instead of just saying NO to drugs, the school wanted to include positive messaging as well. Two school teachers, Megan Greene and Veronica Alvarez, invited the UC CalFresh team ([Marlyn Pulido](#), [Itzel Palacios-Sanchez](#) and [Nicole Ogosi](#)) to present "My Amazing Body" during the student assemblies for Kinder/1st to 4th grades. The event MC/DJ, Carlos Castaneda, did a great job getting the children excited. The students had a wonderful time getting their heart pumping, feeling the bones in their arms and giving themselves a hug because their body is so amazing! The UC CalFresh curriculum, "My Amazing Body" teaches kids to eat right, stay active, sleep well and wash their hands. Thank you Cesar Chavez Elementary for this opportunity to promote student wellness! We are looking forward to continue implementing nutrition education in your school.



See the article on the [UC ANR blog](#)

Articles & Research

California Adopts First State-Wide Healthy-by-Default Kids' Meals Drink Law

California is now the first state to pass a Healthy by Default Kids' Meals law. [SB 1192](#) was authored by Senator Bill Monning (SD-17) and co-sponsored by the American Heart Association, Latino Coalition for a Healthy California, MomsRising, Public Health Advocates and the California State Alliance of YMCAs.

SB 1192 goes into effect on January 1, 2019 and makes water or milk the default drink choice offered with all restaurant kids' combo meals that include a beverage. The law determines what is advertised and offered, but parents retain the ability to request an alternative beverage at no additional charge.

"We know that many families are busy and frequently grab meals on the go," said Dr. Flojaune Cofer, Director of State Policy & Research at Public Health Advocates. "By adopting SB 1192, California is supporting parents' efforts to make the healthy choice the easy choice when dining out."

Local healthy kids' meal drink policies are not new in California. The [City of Davis](#) passed the first local healthy-by-default kids meal drink ordinance in the nation in 2015. Organizations including Public Health Advocates (PHAdvocates), supported the effort because of the harmful effects that sugar-sweetened beverages have on children. In 2016, PHAdvocates, with support from the American Heart Association, led the healthy-by-default kids' meal drink work in the [City of Stockton](#) and succeeded in the unanimous adoption of a city ordinance.

PHAdvocates has helped several California cities pass local healthy-by-default kids' meal policies including Berkeley, Cathedral City, Daly City, Long Beach, and Perris. Other jurisdictions with similar policies include San Francisco City and County, Santa Clara County, and Lafayette, Colorado. With the rise of prediabetes, diabetes, obesity, and other chronic diseases in children across America, healthy-by-default kids meal drink policies are gaining momentum. In April 2018, Baltimore, Maryland, became the largest city in the nation to pass a healthy kids meal drink law. Currently, New York City, Washington, D.C., Vermont, New Hampshire, and Hawaii have proposals that look at making kids meals healthier with healthy default beverage options, and/or healthier food choices.

Education & Resources

Reimagined in America Webinar: What Can the World Teach Us about Building a Culture of Health, RWJF

Public spaces are not just about physical characteristics, but have the potential to improve health equity by connecting people to each other. Join the Robert Wood Johnson Foundation (RWJF) on **November 15, 2018**, at 11 am PT in their next Reimagined in America Webinar: What Can the World Teach Us about Building a Culture of Health to hear what we can learn from other countries about making public spaces more welcoming to all.

After traveling the globe, experts from urban planning and community development will share lessons learned. Join to:

- * Get inspired by examples of inclusive healthy places from abroad.
- * Learn about a new approach to making public spaces welcoming for all.
- * Explore how to tap into existing resources and build upon the lived experience of your community to cultivate inclusive, healthy spaces.

[Register to participate](#)

Master Gardener Workshop—Cool-Weather Gardening

Master Gardener **Yvonne Savio** will give a practical presentation on how to take advantage of Southern California's mild winter climate by growing a wide variety of edible and ornamental plants.

A tour of The Huntington's Ranch Garden will follow the talk.

Free; no reservations required. Ahmanson Room, Brody Botanical Center.

Find out about Master Gardener [events](#) in your area or connect with your [local program](#) to learn more.



COOL-WEATHER GARDENING

How to Take Advantage of our California Climate with Fall & Winter Garden Delights

Free Workshop!

Join UC Cooperative Extension Master Gardener Yvonne Savio For a Practical Presentation and Huntington Ranch Tour.

When: Saturday, November 17, 2018
9:00 am – 10:00 am
Ranch Tour Following

Where: The Huntington Library
Entrance: 1800 Orlando Rd, San Marino, CA
Ahmanson Classroom
More Information: GardenPresidents@gmail.com

<http://cdossmg.ucdavis.edu/> www.huntington.org

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Partnering to Catalyze Comprehensive Community Wellness—Web Forum

There is mounting recognition among health professionals that truly improving health outcomes in the U.S.—addressing acute conditions and the upstream social determinants that contribute to poor health—must be an interdisciplinary, cross-sector, and collaborative endeavor.

To this end, the [Public Health Leadership Forum](#) (PHLF) at [RESOLVE](#) teamed with the [Health Care Transformation Task Force](#) (HCTTF) to develop a framework that supports enhanced collaboration between health care and public health entities. This framework, *Partnering to Catalyze Comprehensive Community Wellness: An Actionable Framework for Health Care and Public Health Collaboration*, outlines essential elements and key strategies for shaping effective, health-based collaboratives among public health, health care, and community-based organizations. This framework is designed to be one of many tools contributing to “comprehensive community wellness,” articulated by the PHLF and HCTTF as an approach that:

In this web forum, members of the PHLF and HCTTF will describe the essential elements of collaboration outlined in the framework, and speak to their experiences working to develop and sustain cross-sector collaborations in their organizations and communities.

Registration is free and closed captioning is available to all attendees. This event is recommended for anyone working in public health, health care practitioners and leaders, as well as professionals working in social service or community-based organizations that address social determinants of health (e.g. transportation, education, housing, city planning, food systems, etc.).

Webinar information:

Tuesday, November 27, 2018

11 AM to 12 PM Pacific

[Register](#)

(continued on next page)

Education & Resources (continued)

EatFit Curriculum Update Webinar

See attachment in the 10/29/2018 Weekly Update email for the pre-study questions needed to be completed before registering.

Presented by Marcel Horowitz, MS, MCHES and Mical K. Shilts, PhD

Date: December 4, 2018

Time: 1:00 to 2:30 PM

The **newly revised** EatFit curriculum challenges middle school students to improve their eating and fitness choices.

What's New?

- * Updated nutritional information.
- * Stronger focus on preventing excess weight gain and water as the best choice for drinking.
- * Strengthened youth development principles and science proficiencies.
- * Updated wording and phrasing.
- * Includes suggested improvements from educators nationwide.

To Participate in the Webinar – please read carefully

Step One: Complete the mandatory Pre-Study Questions – by November 28, 2018

- * The pre-study questions are attached in the 10/29/2018 Weekly Update
- * Answer the questions using the updated EatFit materials (Curriculum – version 5, Workbook – Version 3)
- * Enter your responses into the following survey tool: <http://ucanr.edu/survey/survey.cfm?surveynumber=25858>

Step Two: Register for the Training Webinar - Registration deadline November 30, 2018

Submit your registration request at <https://ucanr.zoom.us/meeting/register/2be17dfeabda4e0fdc2040ba88984b7b>

Your registration will be approved and you will receive the log-in information for the webinar after we verify that you have completed the mandatory pre-study survey questions.

If you are unable to attend the live webinar:

Complete and submit the pre-study questions. You will be sent a link to view the recorded webinar.

Please contact Lyn Brock (rlbrock@ucanr.edu) if you have any questions.

LIA Forum

Stories of Transformation

Submit an inspirational story or quote from an individual or family whose lives have been touched by the work of SNAP-Ed. The goal of the Stories of Transformation is to highlight the amazing work occurring in communities across the state and the impact it is having on SNAP-Ed participants. The Stories will be used as centerpieces during the Forum.

Click [HERE](#) for information, guidelines, and to submit a *Story of Transformation*.

FORUM & POSTER REGISTRATION UPCOMING DEADLINES	
ITEM	DUE DATE
Poster registration closes	October 26
Forum website live; Registration opens	October 29
Stories of Transformation submission closes	November 30

Making a Difference: Including Individuals with Disabilities

See the 8/20/2018 UC CalFresh Weekly Update email for the attached flyer

The California Department of Public Health and National Center on Health, Physical Activity and Disability have partnered to bring you a three-part webinar series in which you will learn knowledge, skills, and abilities to effectively integrate the health needs of people with disabilities in local SNAP-Ed programs and services. Attend all webinar sessions to learn about tips and resources to best benefit your SNAP-Ed work.

Episode 3/3: Implementing and Sustaining Inclusion in Your SNAP-Ed Work

Monday, December 3, 2018, 10:00am - 11:30am PDT [Register Here](#)

FY 2019 Farm to School Grant RFA Release

The USDA's Farm to School Grant supports the implementation of Farm to School programs that increase access to local food in eligible schools, providing students with quality meals at a reasonable cost while also supporting local producers.

The FY 2019 Request for Applications (RFA) includes three tracks—Implementation, Planning, and Training. State and local agencies, Indian tribal organizations, small- and medium-sized agricultural producers or groups of small- to medium-sized agricultural producers, and non-profit organizations are eligible to apply for planning, implementation, and training grants. Schools and school districts may apply for either an implementation grant or a planning grant.

The Grant RFA can be found on grants.gov. Complete applications must be submitted on grants.gov by **11:59pm ET on December 4, 2018**. Check out the OCFS [resources](#) for grant applicants and see a list of prior grantees' project descriptions for proposal inspiration!

(continued on next page)

Education & Resources *(continued)*

Join Today! CA SNAP-Ed Peer Exchange Program

The Peer Exchange Program can:

- * Put you in touch with another agency working on the same topic or same setting as you
- * Help set-up, plan, and facilitate your exchange
- * Provide conference call lines or web-based meeting software
- * Provide travel grant funds for in-person meetings

We are recruiting Mentors and Mentees now!

- * Sign up with our [Peer Exchange Program Application](#)

Want to learn more? Visit our [Peer Exchange Program Website](#) or contact Michael.Beccarelli@cdph.ca.gov

Looking for ideas or assistance from a peer?   Able to share your expertise with a peer?

The Peer Exchange Program can connect you with an LIA peer via

Childhood Obesity Conference Registration/Poster and Roundtable Registration Now Open

Please refer to the conference [website](#) for the most up-to-date information.

Upcoming Conference Dates and Deadlines

- * Conference Registration: **Now open *Early Bird Rate from Oct. 2018 - Jan. 2019*** Register [here](#)
- * Poster and Roundtable registration: **Now open**—submit a [poster proposal](#) or [roundtable proposal](#)

UC CalFresh, UC ANR & Partner Employment Opportunities

UC CalFresh Nutrition Supervisor, UCCE Shasta, Trinity, & Tehama Counties

The Community Education Supervisor 2 will perform the full range of program implementation duties. Incumbent will plan, develop, implement, supervise, and manage the UC CalFresh Nutrition Education Program in Shasta, Trinity, and Tehama counties. Duties will include; supervision and training of program staff and volunteers, management of budgets, documentation reporting, overseeing the design, delivery, and evaluation of program in partnership with local agencies and organization serving CalFresh eligible adults and/or youth, and developing community partnerships through local collaboratives and events. Position is located in Redding, CA.

Position closes on **November 12th, 2018**. For full job details and to apply please visit <http://jobs.ucop.edu/applicants/Central?quickFind=61404>. UC ANR is an equal opportunity provider and employer.”

We want to hear from you!

The UC CalFresh State Office would love to hear from you! Please email Elizabeth Egelski at eegelski@ucdavis.edu to share your comments, stories, photos or other items you would like to see featured in future Weekly Updates.

The UC CalFresh Weekly Updates are sent by the UC CalFresh State Office on behalf of Kamaljeet Singh-Khaira, Director of the UC CalFresh Nutrition Education Program. Electronic versions of the Weekly Updates are also posted on the UC CalFresh website: <http://www.uccalfresh.org/weekly-updates>.

The University of California CalFresh Nutrition Education Program (UC CalFresh) is funded through a joint agreement among the U.S. Department of Agriculture/Food & Nutrition Service (USDA/FNS), the California Department of Social Services (CDSS) CalFresh and Nutrition Branch, and the University of California Cooperative Extension (UCCE). This material was produced by the University of California CalFresh Nutrition Education Program with funding from USDA SNAP, known in California as CalFresh (formerly food stamps). These institutions are equal opportunity providers and employers. CalFresh provides assistance to low-income households and can help buy nutritious foods for better health. For CalFresh information, call 1-877-847-3663.

