

## UC CalFresh Weekly Update February 12, 2018

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### Upcoming Events & Deadlines

#### FEBRUARY 2018

SUN	MON	TUE	WED	THU	FRI	SAT
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
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#### 2/20/18 UC CalFresh Town Hall Webinar, 12:30-2:00pm

The next UC CalFresh Town Hall is scheduled for Tuesday, February 20, 2018 from 12:30-2:00pm. The title is **"Introduction to Food Waste and California's Inaugural Food Waste Prevention Week."** UC ANR, in partnership with other California state agencies, has developed a series of inaugural Food Waste Prevention Week activities, which will take place March 5th-9th, 2018.

The Town Hall will discuss the issue of food waste, the activities of Food Waste Prevention Week, and the ways in which the efforts of all partner organizations working together at the individual, workplace, community, and policy levels can drive change. We encourage all who are interested in Food Waste Prevention to attend. Lastly, the State Office will be providing programmatic and administrative updates.

Due to limited space, pre-registration is **required**. After you register, you will be sent an email confirmation with call-in information. Please visit: <https://cc.readytalk.com/r/c4qgmoozi7u1&eom> to register.

#### Fruit and Veggie Balloon Kits Available for UC CalFresh Programs

UCCE Stanislaus/Merced UC CalFresh program has a limited quantity of Fruit and Veggie Balloon Kits available for UC CalFresh county programs. Thank you to Program Supervisor, **Jaci Westbrook**, for sharing this resource! These balloons can be used as part of tabling displays or for community events. These balloons can be reused many times as the helium holes are not sealed and only tied shut with ribbon. **There are 15 sets available on a first-come-first-served basis.** These sets are offered "as is." Each Fruit and Veggie Balloon Kit includes the following:

- \* Fruit Balloon Pack #1 includes Apple, Orange, Banana, Strawberry, Grapes
- \* Fruit Balloon Pack #2 includes Peach, Pear, Pineapple, Watermelon and Lemon
- \* Vegetable Pack #1 includes Broccoli, Carrot, Celery, Tomato, and Peas-in-a-Pod
- \* Vegetable Pack #2 includes an onion
- \* 2 corns
- \* 2 watermelon
- \* 3 chili peppers
- \* 3 green peppers



Please contact **Rolando Pinedo** at [rpinedo@ucdavis.edu](mailto:rpinedo@ucdavis.edu), with the quantity you are requesting and shipping address if you are interested. Please reach out to the State Office if you have any additional questions about these kits.

## UC CalFresh Success Stories

Success stories from your FFY 2018 UC CalFresh participants can be shared through the online data entry portal: <https://ucanr.edu/survey/survey.cfm?surveynumber=22089>.

"It's a really important class that makes you think about how to eat healthy. It has helped me put more fruits and vegetables on my table."  
—Plan, Shop, Save and Cook Participant,  
Kern County

"This course was a great reminder of the importance of nutrition—[a] reminder of all aspects from buying, reading labels, storing, [and] cooking." Thank you for all the information!  
—Plan, Shop, Save and Cook Participant  
Placer County

## Welcome New UC CalFresh Staff!

This feature is to introduce and welcome new staff to UC CalFresh. If you have new staff, please send a brief introduction and photo to Lindsay Hamasaki at [lmhamasaki@ucdavis.edu](mailto:lmhamasaki@ucdavis.edu).

### MaryAnn Lagura, Community Education Specialist 2, UCCE Alameda County

MaryAnn Lagura is currently the Nutrition Education Obesity Prevention (NEOP) Program Manager and part of the UC CalFresh Senior Program team at UC Cooperative Extension in Alameda County. This work includes the integration of wellness in preschools and senior environments, creating systems to ingrain healthy habits, and policies to sustain a culture of healthy living. Prior to this position, MaryAnn was the Agency Food Program Manager at a local Food Bank, developed peer education programs at Bay Area High Schools, managed School Based Health Centers and taught Health Education to teens in Contra Costa County. MaryAnn is from Oakland, California and has a B.S. in Health Science/Community Education and a Masters in Public Administration. Early in her career, she worked at a Domestic Violence Shelter, a Homeless Prenatal Program, and an Asian Health Resource organization in San Francisco which led to opportunities to work with diverse populations. Later, her focus turned to managing grant funded programs and establishing community partnerships. MaryAnn has created and sustained a multitude of working relationships from which she draws knowledge and an abundance of resources and connects clients who may need these services. Her passion is to educate and empower all generations to overcome barriers to health and achieve wellness and healthy living. MaryAnn can be reached at: [malagura@ucanr.edu](mailto:malagura@ucanr.edu).



## UC ANR Staff Appreciation and Recognition (STAR) Program

### Nominate staff for STAR Awards, Deadline: March 29, 2018

The following announcement was originally sent via email through UC ANR Updates on 2/7/2018.

Nominations are being accepted for the ANR Staff Appreciation and Recognition (STAR) program for the fiscal year 2017-18. The STAR program is your opportunity to celebrate and reward the great contributions of ANR's people. The program provides cash awards to eligible staff in recognition of outstanding achievement. Managers may nominate individuals and teams demonstrating exceptional performance, creativity, organizational abilities, work success and teamwork. ANR staff in PSS and MSP titles, as well as members of the Clerical Unit (CX), are eligible to be nominated for cash awards. Nomination forms and program guidelines are attached. UC ANR has streamlined the nomination form this year to simplify the process.

STAR Awards will be celebrated during an ANR recognition event at the Second Street building in Davis on June 6, 2018. Send your nominations to [jlazulai@ucanr.edu](mailto:jlazulai@ucanr.edu). **The deadline for submission is Thursday, March 29, 2018.**

The purpose of the STAR program is to recognize and reward outstanding staff individual and team performance within Agriculture and Natural Resources. Recipients receive cash awards as well as recognition.

Under the STAR plan, managers can recognize, acknowledge and reward staff employees for exceptional performance or significant contributions related to and supportive of individual, departmental, divisional, or organizational goals and objectives. Nominations are due March 29, 2018.

Please find the [nomination form](#), [STAR award guidelines & restrictions](#) and [local plan](#) attached. [Read announcement on the ANR Update page.](#)

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## UC CalFresh Website Updates

### UC CalFresh PEARS Resources

#### \* January 2018 PEARS Program Activity and Direct Education Survey Webinar Resources Available

The [PowerPoint](#) slides and [Recording](#) from the two UC CalFresh PEARS Program Activity and Direct Education Surveys webinars held in January (1/16 and 1/18) are now available on the website. This webinar focused on reporting FFY 2018 program activities in PEARS including guidelines for entering program activity data, tip sheets/forms/resources available, as well as live Q & A with county programs.

We also reviewed the process for entering program activity survey data into PEARS. Staff that enter and/or review program activity data in PEARS should watch this recorded training. Please contact [Jennifer Quigley](mailto:jaquigley@ucdavis.edu) ([jaquigley@ucdavis.edu](mailto:jaquigley@ucdavis.edu)) for questions related to PEARS Program Activities and [Barbara Mknelly](mailto:bmknelly@ucdavis.edu) ([bmknelly@ucdavis.edu](mailto:bmknelly@ucdavis.edu)) or [Angie Keihner](mailto:akeihner@ucdavis.edu) ([akeihner@ucdavis.edu](mailto:akeihner@ucdavis.edu)) for questions related to the PEARS PSE Module or entering survey data in PEARS.

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## Upcoming UC CalFresh Trainings

### Save the Date: CATCH Early Childhood (Pre/K) Training Academy, April 3-5, 2018

It is time to save the dates for the next CATCH Early Childhood (Pre/K) Training Academy: April 3-5, 2018. Please also note that this training will be located in [Riverside](#). During this training, you will get active and learn practical skills necessary to implement physical activity into the UC CalFresh Nutrition Education Program using the CATCH Early Childhood Program. Please see below for more details. [Registration information for the CATCH Early Childhood \(Pre/K\) Training Academy was sent via email to all UC CalFresh Advisors, Managers and Supervisors on Friday, 2/9/2018.](#)

Date	Time	Location
April 3-5, 2018	8:00am-4:00pm	Alvord Unified School District — Child Nutrition Services 7377 Jurupa Ave. Riverside, CA 92504

We encourage any staff, including program supervisors and advisors, who have NOT been certified as CATCH ECE Trainers to register. [Space will be limited to 2 staff members per county/county cluster for the 3-day academy.](#)

The UC CalFresh State Office encourages UC CalFresh county programs to use their travel funds to attend this conference. If you anticipate that you will not have sufficient funds to cover travel costs to attend this training, please contact [Lindsay Hamasaki](mailto:lmhamasaki@ucdavis.edu) ([lmhamasaki@ucdavis.edu](mailto:lmhamasaki@ucdavis.edu)) and copy [Michele Byrnes](mailto:mnbyrnes@ucdavis.edu) ([mnbyrnes@ucdavis.edu](mailto:mnbyrnes@ucdavis.edu)).

Additional staff will be added to a waitlist upon request. Please email additional questions to [Michele Byrnes](mailto:mnbyrnes@ucdavis.edu) at [mnbyrnes@ucdavis.edu](mailto:mnbyrnes@ucdavis.edu).

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## The Smarter Lunchrooms Movement of California

The UC CalFresh State Office would like to see how the Smarter Lunchroom Movement of California has been implemented in your county! Please share your success stories and photos with MaryAnn Mills via e-mail: [mamills@ucdavis.edu](mailto:mamills@ucdavis.edu).



### The Smarter Lunchrooms Movement of California Monthly Nudge

The Smarter Lunchrooms Movement of California *Monthly Nudge* is a monthly newsletter which provides updates on how the Smarter Lunchrooms Movement is moving throughout California and is brought to you by the SLM of CA Collaborative. The newsletter provides updates, upcoming trainings and events, and more! If you are interested in signing up to receive the *Monthly Nudge*, please [click here!](#)

### SLM 201: Technical Advising Professionals Workshop, February 26, 2018, 10:00am-1:30pm, Davis, CA

The Smarter Lunchrooms Movement Technical Advising Professionals Workshop provides participants with the knowledge and necessary skills to guide food service staff through the entire SLM process including assessment, implementation and evaluation. This training:

- \* Provides hands-on training for providing technical advising to food service staff
- \* Provides resources and tools for implementation and evaluation of SLM
- \* Includes a guided site visit where TAPs will perform a lunchroom observation and provide feedback to food service staff at a school site

The workshop will take place at North Davis Elementary School (555 E 14th Street, Davis, CA 95616) on February 26, 2018 from 10:00am-1:30pm. Please contact [MaryAnn Mills](mailto:mamills@ucdavis.edu) ([mamills@ucdavis.edu](mailto:mamills@ucdavis.edu)) for more information on registration.



## UC CalFresh in Action!

### “The Hook” is “To Cook”: EFNEP and UC CalFresh Team Up to Empower Youth at Orland Housing Facility, UCCE Butte Cluster

In September of 2017, as EFNEP Butte County Cluster’s **Alba Miranda** began implementing the 8-week *Eat Smart, Be Active* curriculum at Rancho de Soto, a (predominantly Hispanic family) housing complex in Orland, she wondered why participant attendance was so inconsistent, and how she could best find a way “IN”. At first she had 6-8 attendees, while strategizing on the use of family-oriented games. Alba stated, “The games got the adults to trust me, but it was as if they were saying, ‘Okay, now we trust you, but how are you going to keep us?’” At the end of the class one day, Alba finally asked the participants, “Why are others not coming?” Alba then learned that residents thought that in order for them to participate, their children would have to stay away. Once Alba assured them they could bring their children, she began including children in the food demonstrations. It was clear to Alba that the “hook” was to make the *children* an integral part of the educational process.



Alba brought in UC CalFresh Butte County Cluster’s **Socorro Gutierrez**, thinking that kids’ cooking and physical activity could be added to encourage greater participation. Meanwhile, parents were also formulating ideas about getting their kids involved by actually having them cook *for* the adults, and by word of mouth, participants spread interest among more residents. It would be the first time Alba and Socorro had ever tried out this type of collaboration, and they planned out a system that would meet the needs of both adults and children.

As it turned out, not only did the kids rise to the challenge of cooking for the adults, they were given the opportunity to be the leaders and teachers. Before long, parents were saying that through the week their kids were asking, “Is today the day they’re coming?” and parents themselves asked Alba, “Can you just *keep* coming?”



As Alba facilitated adults in a lesson from *Eat Smart, Be Active*, Socorro facilitated the children in a 35 minute lesson which combined *CATCH* and *Happy Healthy Me* curricula. After the lesson time, Alba and Socorro brought everyone together for the cooking portion.

The children, group according to age/ability, were assigned a food prep station (a total of 3 stations). Each child had a task. For instance, the preschoolers held the measuring cups. In addition, as in the style of a television chef, each child explained to the adults each step of what they were doing. And at the end, kids in turn gave a summary of the process.

The fish tacos were a hit because parents were excited they were finally getting their kids to enjoy fish. The stir-fry was fun because role were reversed: parents were reluctant to taste it, but their kids were pushing them to try it. Of course in the end, Alba stated, “parents couldn’t say ‘no’ to their enthusiasm!”



Two things happened at Rancho de Soto immediately on the heels of this class’ graduation. The residents themselves formed a Zumba class, available also to the Orland community. And, Alba received multiple calls from residents requesting her to conduct another nutrition class right away, which she agreed to do.

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## UC CalFresh in Action! *(continued)*

### Food Drive at Adam Elementary School, UCCE San Luis Obispo/ Santa Barbara Counties

4-H SNAC students at Adam Elementary School came up with the plan to host a food drive for the Santa Barbara County Food Bank right before the holiday break. Students set a high goal of 2,000 cans with only one week to collect them. In addition, the Thomas Fire shut down their school for a day during that week due to the poor air quality outside. The SNAC student leaders continued to work hard to get the word out and let their community know about the food drive. Sarahi and the 4-H SNAC President made daily announcements at school encouraging students to bring in cans. Students created grade level competitions to encourage other students to bring in food items. The winning class in each grade would get a food demonstration led by 4-H SNAC students. SNAC also go their student council to help by offering a reduced rate for the school dance and a free glow stick with a donated food item.



While the canned food drive was in full swing, the 4-H SNAC students were busy collecting and counting the food items from each class. The students were also busy learning 4-H presentation demonstration skills. The students sharpened up on these skills in order to present for the winning classrooms. They created presentation boards and worked on how to present in front of their peers.

By the end of the week, 4-H SNAC students had brought in 1,720 items, just shy of their impressive goal, weighing over 1,700 lbs. All 1,700 lbs. of food were donated to the Food Bank of Santa Barbara County at a time of very high need. The food bank was busy with normal holiday food distributions and at the same time working to meet the needs of families displaced by the Thomas Fire.

Six classes won a healthy holiday food activity led by the 4-H SNAC students and Nutrition Educator, [Melissa LaFreniere](#). A total of 12 students led food activities and practiced their presentation skills. The 4-H SNAC students along with the school were proud of their donations and the impact their donation will make in their community.

### Nutrition and Food Questions Web Page

Do your participants ask questions about nutrition or needs that you find difficult to respond to? Check the [Nutrition and Food Questions](#) web page for a response. If your question is not answered there you can submit a new question. You can find the link on the UC CalFresh website under [Resources > Resources for Educators](#). Please contact [Lyn Brock](mailto:rlbrock@ucanr.edu) ([rlbrock@ucanr.edu](mailto:rlbrock@ucanr.edu)) if you have any questions.

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## Articles & Research

### Just Released: 2017 State of Obesity: Better Policies for a Healthier America

*The following announcement was originally shared with the Association of SNAP Nutrition Education Administrators (ASNNA) group on 2/5/18.*

The 2017 report contains quick, colorful, easy-to-access, state-by-state profiles of obesity prevention policies that may be useful as you conduct activity in 2018 and plan ahead for 2019. The policy categories are Early Childhood, School and Community. You can compare your state with others, and many of the policies align with outcomes in the *SNAP-Ed Evaluation Framework*. The Community category also shows state rates of child food insecurity, overall food insecurity, and the percent of the state population using SNAP. The report with its state-by-state rankings, policy briefs, and interactive maps is available on the State of Obesity website at: [www.stateofobesity.org](http://www.stateofobesity.org).

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## Education & Resources

### Training Opportunities for SNAP-Ed Local Implementing Agencies

On behalf of the California Department of Social Services, the California Department of Public Health Nutrition Education and Obesity Prevention Branch, UC CalFresh, California Department of Aging, and Catholic Charities of California, we are pleased to announce upcoming SNAP-Ed trainings available to appropriate staff from SNAP-Ed state and local implementing agencies in California. Please visit the [Training and Events Calendar](#) for additional information and opportunities.

### New FFY 2017-2019 Site Change Process Resources (Revised for FFY 2018)

*The following announcement was originally sent to SNAP-Ed SIAs and LIAs by CDSS CalFresh SNAP-Ed on 2/8/2018.*

CDSS would like to inform SIAs and LIAs of the newly revised and released FFY 2017-2019 Site Change Process Resources (Revised for FFY 2018) that are now posted and available for your use. You can find these resource documents and information in CDSS' SharePoint site under the "Resources" tab, "Site Change Process Resources" found [here](#). UC CalFresh staff can contact [Jennifer Quigley \(jaquigley@ucdavis.edu\)](mailto:jaquigley@ucdavis.edu) if you have any questions or need assistance.

### 2018 SNAP-Ed LIA Forum Posters & Resources Available on the Forum Website

Thank you all for your participation in the 2018 SNAP-Ed LIA Forum! The theme, "[Building Power through Stories of Change](#)" was certainly evident in the poster session and in the inspiring SNAP-Ed participant speakers! The 2018 SNAP-Ed LIA Forum website has been updated to include the PowerPoint presentations, posters, and other resources. Please visit the [Forum website](#) for additional information.

### TOP Accelerated Action Planning Trainings, Various Dates

These regional trainings were referenced briefly in the January 2018 Statewide LIA Training Flyer sent last week (from CASNAP-EdTraining email address). This training is open to any SNAP-Ed local leaders, program managers and team leaders, and aims to provide tools to lead small groups to create effective organization plans. Enrollment is limited and the time frame is approaching soon! Please see the attached flyer for more information. [UC CalFresh educators should consult with their Advisor, Manager, and/or Supervisor before registering.](#)

February 13	February 14	February 21	March 7	March 13	March 14	March 21
UC Center Fresno <a href="#">Fresno, CA</a>	San Joaquin Co. Ag Center <a href="#">Stockton, CA</a>	Riverside Univ. Health System <a href="#">Riverside, CA</a>	San Luis Obispo Co. Gov. Center <a href="#">San Luis Obispo, CA</a>	Silicon Valley Community Foundation <a href="#">Mountain View, CA</a>	Ventura County Public Health <a href="#">Oxnard, CA</a>	National University <a href="#">Redding, CA</a>

[Click here](#) to register through the [CA SNAP-Ed Training & Events Calendar](#). If you have any questions, please contact [Lyn Brock](mailto:rlbrock@ucanr.edu) at ([rlbrock@ucanr.edu](mailto:rlbrock@ucanr.edu)).

### Free Webinar: Walking Together: The What, Why, and How of Walking Organizations, February 14, 2018, 11:00am PT

Walking programs are a great way to improve individual health, strengthen relationships, and explore new parts of your community. One of the biggest requests at America Walks is how to get a walking program or organization started and what resources are available to do so. Join America Walks on February 14th at 11am Pacific for "Walking Together: The What, Why, and How of Walking Organizations" to get the answers. To register for this webinar, please visit: <https://register.gotowebinar.com/register/5630463093772352771>.

### Webinar Opportunity: Healthy CalFresh Guide, February 15, 2018, 9:00-10:00am

The California Department of Social Services, CalFresh Nutrition Education Unit is hosting a free webinar on February 15, 2018. In an effort to support the county human services agencies and their partners with the implementation of nutrition education interventions for their clients, CDSS is hosting an informational webinar to introduce the *Access to Healthy Food Field Guide for County Human Services Agencies*. The webinar will focus on the benefits of implementing the Field Guide and special projects funding opportunities. CDSS encourages you share this information with colleagues and partners who may benefit from this important information. Registration links are accessible/clickable through the attached PDF document or by visiting <https://attendee.gotowebinar.com/register/3020335739795998721>.

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## Education & Resources *(continued)*

### Register Now! Three Steps to Wellness Policy Implementation Success Workshop, Various Dates

Implementation of Local School Wellness Policies (LSWP) is most effective when aligned with district priorities and broader community needs. The Three Steps to Wellness Policy Implementation Success Workshop—brought to you by the California Local School Wellness Policy Collaborative—provides participants with key strategies for updating and implementing LSWP, and provides guidance for complying with assessment and administrative review processes. Attendees will learn key responsibilities and approaches to engage stakeholders at the district, school and community levels to achieve successful LSWP implementation. Workshop attendees will also take away tools and resources needed to measure success, and identify opportunities that support a whole child approach.

February 14	February 28	March 6	March 14	March 20	March 21	April 11
Sierra Health Foundation 1321 Garden Hwy <b>Sacramento, CA 95833</b>	McConnell Foundation 800 Shasta View Drive <b>Redding, CA 96003</b>	The California Endowment—Oakland Conference Center—Laurel Room 200 Franklin Street <b>Oakland, CA 94612</b>	UC California Fresno Center 550 E. Shaw Ave. <b>Fresno, CA 93710</b>	Riverside University Health System—Public Health 4210 Riverwalk Parkway, Suite 400 (1st Floor) <b>Riverside, CA 92505</b>	Los Angeles County Office of Education (LACOE) 9300 Imperial Highway <b>Downey, CA 90242</b>	Orange County Department of Education 200 Kalmus Drive, Conference Center: Building D, Room 1002-1003 <b>Costa Mesa, CA 92626</b>

[Click here](#) to register. For additional information about these workshops, please visit the [CA SNAP-Ed Trainings & Events Calendar](#) or contact Chris Bilbrey at [Christine.Bilbrey@cdph.ca.gov](mailto:Christine.Bilbrey@cdph.ca.gov) or Maegan Jorgensen at [Maegan.Jorgensen@cdph.ca.gov](mailto:Maegan.Jorgensen@cdph.ca.gov).

### Webinar: Introduction to the Nutrition Pantry Program, February 22, 2018, 11:00-11:45am (PST)

Join Leah's Pantry for a webinar **February 22, 11:00-11:45am (PST)** on how to implement client-centered, PSE work in the food pantry setting through the Nutrition Pantry Program. Leah's Pantry will share how this program can be used to set goals, measure progress, implement changes, and celebrate accomplishments in six different focus areas. Special guests from the Food Pantry at Catholic Charities, Diocese of Fresno will share their experiences working within the NPP framework for changes to their site. Expect to come away with a lot of ideas on how this flexible program can be incorporated into your unique food distribution settings. [Click here](#) to register or visit the [CA SNAP-Ed Trainings & Events Calendar](#) or [UC CalFresh Training Calendar](#) for additional information.

### Free Webinar: From the Ground Up: Built Environment Strategies and Support for Walkable Communities, February 27, 2018, 12pm PT

The purpose of this webinar is to discuss how built environment strategies such as land development plans, policies, and zoning code reforms can support walkable communities—and the importance of collaboration between planners, transportation, and public health practitioners. Join America Walks on February 27th, 2018 at 12pm Pacific for the webinar, "From the Ground Up: Built Environment Strategies and Support for Walkable Communities." To register for this webinar, please visit: <https://register.gotowebinar.com/register/2602601585836801794>.

### Webinar: Introducing Events-In-A-Box, February 28, 2018, 10:30-11:30am

*The following information was originally shared in the 2/7/18 edition of the LHD News Bulletin.*

California Department of Public Health (CDPH) State Media and Public Relations and Rescue Agency are excited to present a special [webinar](#) preview introducing the Events-in-a-Box concept on February 28, 2018 from 10:30-11:30am. An Event-in-a-Box is a free, optional resource that LIAs can promote to their local organizations as an easy kit for hosting successful community events. In the webinar, attendees will learn about this exciting new resource being made available for two brand new statewide days of action happening later this year.

The Event-in-a-Box kit includes everything needed for community-based organizations to host and promote a successful statewide day of action. It includes event materials such as posters, handouts, displays, and press outreach materials. These days of action will be hosted on the same day across the state of California to ensure mass support and awareness on the specific health topics. Additionally, each toolkit includes a data collection tool that allows for measuring and evaluating event participation, so all organizations can track and report on their success.

All are invited to join this webinar to learn more about the upcoming statewide days of action and find out how to apply this kit for the first event, Rethink Your Drink Day, May 16. [Registration](#) for this Events-in-a-Box webinar is now live on the [Statewide Training Calendar of Events](#).

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## Education & Resources *(continued)*

### Resources to Support National Nutrition Month®, Go Further with Food, March 2018

This year's National Nutrition Month® theme, *Go Further with Food*, reminds us to achieve the numerous benefits healthy eating habits offer and also urges us to find ways to reduce food waste. To help communicate this message to patients and clients, the Academy has prepared a number of free resources including [Nutrition Tip Sheets](#), [Activity Handouts](#) and [Games](#). [Click here](#) to learn more about the National Nutrition Month® campaign!

### Funding Opportunity: CA-Grown Fresh School Meals Grant, Deadline: March 1, 2018, 5:00pm

The California Department of Education has posted the request for applications (RFA) for the CA-Grown Fresh School Meals Grant. The grant applications are due by 5pm on Thursday, March 1, 2018. These grants are a great opportunity to expand your farm to school program—they provide up to \$125,000 per school site to encourage schools to purchase California-grown food and to expand the number of freshly prepared school meals that use California-grown ingredients. Awardees may use grant funds to purchase California-grown foods, purchase equipment necessary to provide school meals to students, provide nutrition education to students, and provide professional development for relevant food service employees regarding the implementation of fresh and healthy school meals. Please visit: <https://www.cde.ca.gov/fg/fo/r9/cgfsm17rfa.asp> for additional information.

### Funding Opportunity: Meet Me at the Park Play Space Grants Now Available, Deadline: March 2, 2018

Meet Me at the Park is a collaboration between the National Recreation and Park Association (NRPA) and The Walt Disney Company to bring the magic of parks and recreation to children and families across the United States. Through *Meet Me at the Park*, NRPA in collaboration with The Walt Disney Company understand the need to improve access to outdoor play. Thanks to a grant from Disney, NRPA is excited to continue the *Meet Me at the Park* program in 2018 to provide additional communities with increased access to inclusive play spaces in local parks for children and families. As part of this program, park and recreation agencies in all 50 states, the District of Columbia, and U.S. Territories are invited to share their best ideas on increasing access to inclusive play spaces for children and families in underserved communities. Agencies with the most innovative, scalable and impactful project ideas will receive grants to build their projects. Applications are due by 11:59pm ET on Thursday, March 1, 2018. [Click here](#) for more information.

### Webinar: Nutrition Updates, March 6, 2018, 11:00-12:30pm

Dr. Rachel Scherr and Dr. Sheri Zidenberg-Cherr from the UC Davis Nutrition Department will discuss up-to-date research evidence about ketogenic diets: therapeutic uses vs. weight loss claims. They will also discuss research about health effects of intermittent fasting and cleanses. Due to limited space, pre-registration for this webinar is required. To register for this webinar, please visit: <https://cc.readytalk.com/registration/#/?meeting=rcv33up1cb7x&campaign=k94fk94tduo8>. Webinar information is also available on the [UC CalFresh Training Calendar](#) as well as the [CA SNAP-Ed Training and Events Calendar](#).

### Webinar: Walking Towards Justice—Stop Street Harassment: Making Public Places Safe and Welcoming for Women, April 4, 2018, 11:00am-12:00pm

To provide an open platform for discussion and aid in identifying potential solutions to improve walkability for ALL, America Walks has launched a new social equity-inspired online discussion series titled: Walking Towards Justice. Walking Towards Justice is a webinar series that integrates literature into a discussion regarding the intersectionality of mobility, race, class, gender, and politics. The third discussion will explore the text, "Stop Street Harassment: Making Public Places Safe and Welcoming for Women." To register for this webinar, please visit: <https://register.gotowebinar.com/register/5489247318523318019>.

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## UC CalFresh, UC ANR & Partner Employment Opportunities

### Director, UC CalFresh Nutrition Education Program State Office

This director position reports directly to the Dean or dean's designate in the College of Agricultural and Environmental Sciences at UC Davis, while maintaining close collaboration with leadership in UC Agriculture and Natural Resources (ANR). This position supervises 15-20 state-level staff and indirectly provides guidance to approximately 120 county-based educators. Responsibilities include to direct, manage, and coordinate the UC CalFresh/SNAP-Ed nutrition education program at the state level to achieve the state level goals and objectives, while assuring compliance with Federal and State guidelines and augmenting the impact of ANR Nutrition, Family, and Consumer Science (NFCS) Programs. The last day to apply is: **February 20, 2018**. For additional information, or to apply, please visit: [www.employment.ucdavis.edu/applicants/Central?quickFind=78740](http://www.employment.ucdavis.edu/applicants/Central?quickFind=78740).

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#### We want to hear from you!

The UC CalFresh State Office would love to hear from you! Please email Lindsay Hamasaki at [lmhamasaki@ucdavis.edu](mailto:lmhamasaki@ucdavis.edu) to share your comments, stories, photos or other items you would like to see featured in future Weekly Updates.

The UC CalFresh Weekly Updates are sent by the UC CalFresh State Office on behalf of David Ginsburg, Director of the UC CalFresh Nutrition Education Program. Electronic versions of the Weekly Updates are also posted on the UC CalFresh website: <http://www.uccalfresh.org/weekly-updates>.

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