

UC CalFresh Weekly Update February 20, 2018

Contents

Upcoming Events & Deadlines

- * 2/20/18 UC CalFresh Town Hall Webinar
- * 2/21/18 Reminder: FFY 2019 UC CalFresh Order Request Survey Due
- * Fruit and Veggie Balloon Kits Available for UC CalFresh Programs

UC CalFresh Success Stories

- * Eat Healthy, Be Active Community Workshops Participant, Fresno County
- * Plan, Shop, Save and Cook Participant, Riverside County

Welcome New UC CalFresh Staff!

- * MaryAnn Lagura, Community Education Specialist 2, UCCE Alameda County

UC ANR Staff Appreciation and Recognition (STAR) Program

- * Nominate staff for STAR Awards

Upcoming UC CalFresh Trainings

- * Save the Date: CATCH Early Childhood (Pre/K) Training Academy
- * UC CalFresh PEARS Office Hours, Various Dates

Smarter Lunchrooms Movement of California

- * The Smarter Lunchrooms Movement of California *Monthly Nudge*

UC CalFresh in Action!

- * Results Are In: UC CalFresh & EFNEP Staff Physical Activity Challenge
- * Nutrition and Food Questions Web Page

Articles & Research

- * More Low-Income Children Eating School Breakfast, But Too Many Still Missing Out
- * Study shows benefits of exercise can outweigh health effects of severe obesity
- * Report: Energy drinks not safe for children, teens

Education & Resources

- * Training Opportunities for SNAP-Ed Local Implementing Agencies
- * New FFY 2017-2019 Site Change Process Resources (Revised for FFY 2018)
- * 2018 SNAP-Ed LIA Forum Posters & Resources Available on the Forum Website
- * Safe Routes to School Webinar Recording Now Available
- * ToP Accelerated Planning Trainings
- * Webinar: Introduction to the Nutrition Pantry Program
- * Register Now! Three Steps to Wellness Policy Implementation Success Workshop
- * Free Webinar: From the Ground Up: Built Environment Strategies and Support for Walkable Communities
- * Webinar: Events-In-A-Box
- * Resources to Support National Nutrition Month®, Go Further With Food
- * Funding Opportunity: CA-Grown Fresh School Meals Grant
- * Funding Opportunity: Meet Me at the Park Play Space Grants Now Available
- * Webinar: Nutrition Updates
- * Webinar: Walking Towards Justice—Stop Street Harassment: Making Public Places Safe and Welcoming for Women
- * Save the Date: School and Community Garden Workshops: Light Bulbs to Garlic Bulbs
- * School Grants Now Available for California Schools
- * 2018 UC ANR Statewide Conference: *Innovation in Action*

UC CalFresh, UC ANR & Partner Employment Opportunities

- * Director, UC CalFresh Nutrition Education Program State Office
- * Community Education Specialist 1/2 (Two Positions Available), UCCE Santa Clara Cluster
- * Community Education Specialist 2, UCCE Shasta & Trinity Counties
- * Cooperative Extension Nutrition, Family and Consumer Sciences Advisor, UCCE Fresno & Madera Counties

Upcoming Events & Deadlines

FEBRUARY 2018

SUN	MON	TUE	WED	THU	FRI	SAT
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28			

2/20/18 UC CalFresh Town Hall Webinar, 12:30-2:00pm

The next UC CalFresh Town Hall is scheduled for Tuesday, February 20, 2018 from 12:30-2:00pm. The title is **“Introduction to Food Waste and California’s Inaugural Food Waste Prevention Week.”** UC ANR, in partnership with other California state agencies, has developed a series of inaugural Food Waste Prevention Week activities, which will take place March 5th-9th, 2018.

The Town Hall will discuss the issue of food waste, the activities of Food Waste Prevention Week, and the ways in which the efforts of all partner organizations working together at the individual, workplace, community, and policy levels can drive change. We encourage all who are interested in Food Waste Prevention to attend. Lastly, the State Office will be providing programmatic and administrative updates.

Due to limited space, pre-registration is **required**. After you register, you will be sent an email confirmation with call-in information. Please visit: <https://cc.readytalk.com/r/c4qgmoozj7u1&eom> to register.

2/21/18 Reminder: FFY 2019 UC CalFresh Order Request Survey Due

Please be sure to submit your county/cluster’s request for **curriculum, lesson enhancement, nutrition education reinforcement item (NERI) and branded item** orders by **2/21/2018** to be included in this years coordinated statewide ordering. The State Office sent the FFY 2019 UC CalFresh Order Request Survey email to Advisors, Supervisors, and Managers on 2/9/2018. A link can be found in the email. Please coordinate with your county staff to submit **only one** order for your county. If you are a cluster county and would like your items shipped to different offices, please fill out a separate survey to indicate how you would like the items shipped. Any questions regarding this survey can be directed to **Rolando Pinedo** (rpinedo@ucdavis.edu).

Fruit and Veggie Balloon Kits Available for UC CalFresh Programs

UCCE Stanislaus/Merced UC CalFresh program has a limited quantity of Fruit and Veggie Balloon Kits available for UC CalFresh county programs. Thank you to Program Supervisor, **Jaci Westbrook**, for sharing this resource! These balloons can be used as part of tabling displays or for community events. These balloons can be reused many times as the helium holes are not sealed and only tied shut with ribbon.

There are 15 sets available on a first-come-first-served basis. These sets are offered “as is.” Please contact **Rolando Pinedo** at rpinedo@ucdavis.edu, with the quantity you are requesting and shipping address if you are interested. Please reach out to the State Office if you have any additional questions about these kits.



UC CalFresh Success Stories

Success stories from your FFY 2018 UC CalFresh participants can be shared through the online data entry portal: <https://ucanr.edu/survey/survey.cfm?surveynumber=22089>.

"I really enjoyed learning new recipes, especially the black bean and mango salad recipe. I am super excited that I learned how to use the resistance bands to exercise. Overall, I really appreciated learning about the price per unit so that I am more aware when I shop. I definitely plan to be more cautious when meal planning/meal selecting and eating."

—Eat Healthy, Be Active Community Workshops Participant, Fresno County

"I found myself giving my son (5 years old) healthy food and snacks, but I did not follow healthy habits. I've reduced portions in meats, white bread, sugary drinks, [changed from] whole milk to low fat or skim milk. I am more conscious about saving money at the grocery store and buy only the quantities we are going to eat. Using the information and making changes in my cooking, I've lost 7 lbs.! Thank you!"

—Plan, Shop, Save and Cook Participant, Riverside County

Welcome New UC CalFresh Staff!

This feature is to introduce and welcome new staff to UC CalFresh. If you have new staff, please send a brief introduction and photo to Lindsay Hamasaki at lmhamasaki@ucdavis.edu.

MaryAnn Lagura, Community Education Specialist 2, UCCE Alameda County

MaryAnn Lagura is currently the Nutrition Education Obesity Prevention (NEOP) Program Manager and part of the UC CalFresh Senior Program team at UC Cooperative Extension in Alameda County. This work includes the integration of wellness in preschools and senior environments, creating systems to ingrain healthy habits, and policies to sustain a culture of healthy living. Prior to this position, MaryAnn was the Agency Food Program Manager at a local Food Bank, developed peer education programs at Bay Area High Schools, managed School Based Health Centers and taught Health Education to teens in Contra Costa County. MaryAnn is from Oakland, California and has a B.S. in Health Science/Community Education and a Masters in Public Administration. Early in her career, she worked at a Domestic Violence Shelter, a Homeless Prenatal Program, and an Asian Health Resource organization in San Francisco which led to opportunities to work with diverse populations. Later, her focus turned to managing grant funded programs and establishing community partnerships. MaryAnn has created and sustained a multitude of working relationships from which she draws knowledge and an abundance of resources and connects clients who may need these services. Her passion is to educate and empower all generations to overcome barriers to health and achieve wellness and healthy living. MaryAnn can be reached at: malagura@ucanr.edu.



UC ANR Staff Appreciation and Recognition (STAR) Program

Nominate staff for STAR Awards, Deadline: March 29, 2018

The following announcement was originally sent via email through UC ANR Updates on 2/7/2018.

Nominations are being accepted for the ANR Staff Appreciation and Recognition (STAR) program for the fiscal year 2017-18. The STAR program is your opportunity to celebrate and reward the great contributions of ANR's people. The program provides cash awards to eligible staff in recognition of outstanding achievement. Managers may nominate individuals and teams demonstrating exceptional performance, creativity, organizational abilities, work success and teamwork. ANR staff in PSS and MSP titles, as well as members of the Clerical Unit (CX), are eligible to be nominated for cash awards. Nomination forms and program guidelines are attached. UC ANR has streamlined the nomination form this year to simplify the process.

STAR Awards will be celebrated during an ANR recognition event at the Second Street building in Davis on June 6, 2018. Send your nominations to jlazulai@ucanr.edu. **The deadline for submission is Thursday, March 29, 2018.**

The purpose of the STAR program is to recognize and reward outstanding staff individual and team performance within Agriculture and Natural Resources. Recipients receive cash awards as well as recognition.

Under the STAR plan, managers can recognize, acknowledge and reward staff employees for exceptional performance or significant contributions related to and supportive of individual, departmental, divisional, or organizational goals and objectives. Nominations are due March 29, 2018.

Please find the [nomination form](#), [STAR award guidelines & restrictions](#) and [local plan](#) attached. [Read announcement on the ANR Update page.](#)

Upcoming UC CalFresh Trainings

Save the Date: CATCH Early Childhood (Pre/K) Training Academy, April 3-5, 2018

It is time to save the dates for the next CATCH Early Childhood (Pre/K) Training Academy: April 3-5, 2018. Please also note that this training will be located in [Riverside](#). During this training, you will get active and learn practical skills necessary to implement physical activity into the UC CalFresh Nutrition Education Program using the CATCH Early Childhood Program. Please see below for more details. [Registration information for the CATCH Early Childhood \(Pre/K\) Training Academy was sent via email to all UC CalFresh Advisors, Managers and Supervisors on Friday, 2/9/2018.](#)

Date	Time	Location
April 3-5, 2018	8:00am-4:00pm	Alvord Unified School District — Child Nutrition Services 7377 Jurupa Ave. Riverside, CA 92504

We encourage any staff, including program supervisors and advisors, who have NOT been certified as CATCH ECE Trainers to register. [Space will be limited to 2 staff members per county/county cluster for the 3-day academy.](#)

The UC CalFresh State Office encourages UC CalFresh county programs to use their travel funds to attend this conference. If you anticipate that you will not have sufficient funds to cover travel costs to attend this training, please contact [Lindsay Hamasaki](#) (lmhamasaki@ucdavis.edu) and copy [Michele Byrnes](#) (mnbyrnes@ucdavis.edu).

Additional staff will be added to a waitlist upon request. Please email additional questions to [Michele Byrnes](#) at mnbyrnes@ucdavis.edu.

UC CalFresh PEARS Office Hours, Various Dates

Please join UC CalFresh for monthly PEARS Office Hours if you have any pressing questions related to reporting your program activities, FBC/PSSC surveys, and PSE efforts in PEARS. We look forward to hearing about the great work you are doing and working together to clarify the best reporting approaches using PEARS.

Tuesday, March 6, 2018	Tuesday, April 3, 2018
Time: 1:00pm PST Audio Dial-In Information: U.S. Toll: 303.248.0285 Access Code: 7544137 Link: https://cc.readytalk.com/r/x9kkb4uk6jer&eom	Time: 1:00pm PST Audio Dial-In Information: U.S. Toll: 303.248.0285 Access Code: 7544137 Link: https://cc.readytalk.com/r/ga3n877vapcn&eom
Tuesday, May 1, 2018	Tuesday, June 5, 2018
Time: 1:00pm PST Audio Dial-In Information: U.S. Toll: 303.248.0285 Access Code: 7544137 Link: https://cc.readytalk.com/r/miorx00fmuli&eom	Time: 1:00pm PST Audio Dial-In Information: U.S. Toll: 303.248.0285 Access Code: 7544137 Link: https://cc.readytalk.com/r/gceocy6o7xo7&eom

You may also visit the [UC CalFresh Training Calendar](#) for additional information.

The Smarter Lunchrooms Movement of California

The UC CalFresh State Office would like to see how the Smarter Lunchroom Movement of California has been implemented in your county! Please share your success stories and photos with MaryAnn Mills via e-mail: mamills@ucdavis.edu.

The Smarter Lunchrooms Movement of California Monthly Nudge

The Smarter Lunchrooms Movement of California *Monthly Nudge* is a monthly newsletter which provides updates on how the Smarter Lunchrooms Movement is moving throughout California and is brought to you by the SLM of CA Collaborative. The newsletter provides updates, upcoming trainings and events, and more! If you are interested in signing up to receive the *Monthly Nudge*, please [click here!](#)



UC CalFresh in Action!

Results Are In: UC CalFresh & EFNEP Staff Physical Activity Challenge

At long last—the results of the UC CalFresh & EFNEP Staff Physical Activity Challenge are in! Teams from **14 counties or county clusters** participated in the PA challenge between July 12-25, 2017.

The PA Challenge was fun and a creative way for us to be role models for our adult class participants! We challenged each other to be more active ourselves. We also learned about the Eating Smart Being Active (ESBA) smartphone app—one part of the revised ESBA curriculum.

Steps recorded on the PA logs were totaled. Other types of physical activities were converted to steps using a conversion chart. Thank you to **Michele Byrnes** and **Kelley Foster** with the UC CalFresh State Office for their assistance! Teams were awarded an additional 10,000 steps per team member who submitted a photo showing the ESBA app on their phone. The final total for the team was divided by the number of team members to calculate the final score.

Congratulations to the *Workout Warriors* team from **Santa Clara/San Mateo/San Francisco Counties**! Their team took first place in the Staff PA challenge. Second place went to **Placer/Nevada Counties**, third place to **Kern/Inyo Counties**, and fourth place to **Orange County**.

Everyone who participated is a winner—we challenged each other to be more active—and had fun! **Thank you to everyone who participated!** We hope you enjoyed yourselves!



Nutrition and Food Questions Web Page

Do your participants ask questions about nutrition or needs that you find difficult to respond to? Check the **Nutrition and Food Questions** web page for a response. If your question is not answered there you can submit a new question. You can find the link on the UC CalFresh website under [Resources > Resources for Educators](#). Please contact **Lyn Brock** (rlbrock@ucanr.edu) if you have any questions.

Articles & Research

More Low-income Children Eating School Breakfast, But Too Many Still Missing Out

How many low-income children in your state start their day with a healthy school breakfast? Find out with FRAC's just-released annual [School Breakfast Scorecard](#). Nationally, on an average school day during the 2016-2017 school year, nearly 12.2 million low-income students participated in the School Breakfast Program and received the nutrition they needed to learn and thrive. In a companion report, [School Breakfast: Making it Work in Large School Districts](#), 22 of 75 large school districts surveyed achieved FRAC's benchmark of serving 70 low-income children with school breakfast for every 100 receiving school lunch. Both reports highlight how [community eligibility](#) and [alternative breakfast models](#) that move breakfast out of the cafeteria to service after the first bell have been instrumental in increasing school breakfast participation. [Read full report.](#)

Study shows benefits of exercise can outweigh health effects of severe obesity

Can you be fit and healthy even if you're overweight? That's the question researchers at York University's Faculty of Health set out to answer in a new study that shows physical activity may be equally and perhaps even more important than weight for people living with severe obesity. According to the recent study, led by Jennifer Kuk, associate professor in York University's School of Kinesiology and Health Science, and collaborator Dr. Sean Wharton, MD, medical director of the Wharton Medical Clinic and adjunct professor at York University, individuals with severe obesity who are fit have a similar health profile to those who weigh significantly less than them. The goal of the study was to look at the benefits of cardiorespiratory fitness on cardiovascular health in populations with mild to severe obesity. The results suggest individuals with even severe obesity, or a BMI greater than 40, can be fit and healthy. Data was gathered from 853 Canadian patients attending Wharton Medical weight management clinics in Southern Ontario. Individuals completed a clinical exam which included fasting blood measures and a maximal treadmill stress test. The amount of fitness necessary to achieve health benefits was far less than what most individuals would think. The research showed that the greatest health benefits come from avoiding the lowest 20 percent of fitness levels. This means that 80 percent of people are fit enough to get health benefits. [Read full article.](#)

(continued on next page)

Articles & Research *(continued)*

Report: Energy drinks not safe for children, teens

Highly caffeinated energy drinks aren't safe for children and teens, a leading sports medicine organization warns. The American College of Sports Medicine (ACSM) released an official statement about the beverages. "Energy drinks are extremely popular, and concerns about their consumption are coming from every sector of society, which is why we've published these recommendations," said Dr. John Higgins. He's an associate professor of medicine at the University of Texas McGovern Medical School in Houston. Children and teens appear to be at particularly high risk of complications from energy drinks because of their smaller body size, and potentially heavy and frequent use, according to the statement. [Read full article.](#)

Education & Resources

Training Opportunities for SNAP-Ed Local Implementing Agencies

On behalf of the California Department of Social Services, the California Department of Public Health Nutrition Education and Obesity Prevention Branch, UC CalFresh, California Department of Aging, and Catholic Charities of California, we are pleased to announce upcoming SNAP-Ed trainings available to appropriate staff from SNAP-Ed state and local implementing agencies in California. Please visit the [Training and Events Calendar](#) for additional information and opportunities.

New FFY 2017-2019 Site Change Process Resources (Revised for FFY 2018)

The following announcement was originally sent to SNAP-Ed SIAs and LIAs by CDSS CalFresh SNAP-Ed on 2/8/2018.

CDSS would like to inform SIAs and LIAs of the newly revised and released FFY 2017-2019 Site Change Process Resources (Revised for FFY 2018) that are now posted and available for your use. You can find these resource documents and information in CDSS' SharePoint site under the "Resources" tab, "Site Change Process Resources" found [here](#). UC CalFresh staff can contact **Jennifer Quigley** (jaquigley@ucdavis.edu) if you have any questions or need assistance.

2018 SNAP-Ed LIA Forum Posters & Resources Available on the Forum Website

Thank you all for your participation in the 2018 SNAP-Ed LIA Forum! The theme, "[Building Power through Stories of Change](#)" was certainly evident in the poster session and in the inspiring SNAP-Ed participant speakers! The 2018 SNAP-Ed LIA Forum website has been updated to include the PowerPoint presentations, posters, and other resources. Please visit the [Forum website](#) for additional information.

Safe Routes to School Webinar Recording Now Available

The California Department of Public Health, along with a partner organization, presented a Safe Routes to School (SRTS) webinar back on January 26, 2018. You can view a recording of the webinar by clicking this link: <https://attendee.gototraining.com/96wy7/recording/3280865020311255553>. Once you click on the link you will need to type your first and last name, along with your email address, in the indicated text fields. Then click on the "Register" button and the webinar will immediately come up. These are some of the key points the webinar addresses:

- * Benefits of walking and biking to school
- * How it can be successful
- * Safe ways to ride a bike during the winter months
- * Events that support SRTS
- * Materials and resources available, including tips and successes from different counties

If you have any questions regarding the webinar, please contact Sophia Mercado at sophia.mercado@cdph.ca.gov.

ToP Accelerated Action Planning Trainings, Various Dates

These regional trainings were referenced briefly in the January 2018 Statewide LIA Training Flyer sent last week (from CASNAP-EdTraining email address). This training is open to any SNAP-Ed local leaders, program managers and team leaders, and aims to provide tools to lead small groups to create effective organization plans. Enrollment is limited and the time frame is approaching soon! Please see the attached flyer for more information. **[UC CalFresh educators should consult with their Advisor, Manager, and/or Supervisor before registering.](#)**

February 13	February 14	February 21	March 7	March 13	March 14	March 21
UC Center Fresno Fresno, CA	San Joaquin Co. Ag Center Stockton, CA	Riverside Univ. Health System Riverside, CA	San Luis Obispo Co. Gov. Center San Luis Obispo, CA	Silicon Valley Community Foundation Mountain View, CA	Ventura County Public Health Oxnard, CA	National University Redding, CA

[Click here](#) to register through the [CA SNAP-Ed Training & Events Calendar](#). If you have any questions, please contact **Lyn Brock** at (rlbrock@ucanr.edu).

(continued on next page)

Education & Resources *(continued)*

Webinar: Introduction to the Nutrition Pantry Program, February 22, 2018, 11:00-11:45am (PST)

Join Leah's Pantry for a webinar **February 22, 11:00-11:45am (PST)** on how to implement client-centered, PSE work in the food pantry setting through the Nutrition Pantry Program. Leah's Pantry will share how this program can be used to set goals, measure progress, implement changes, and celebrate accomplishments in six different focus areas. Special guests from the Food Pantry at Catholic Charities, Diocese of Fresno will share their experiences working within the NPP framework for changes to their site. Expect to come away with a lot of ideas on how this flexible program can be incorporated into your unique food distribution settings. [Click here](#) to register or visit the [CA SNAP-Ed Trainings & Events Calendar](#) or [UC CalFresh Training Calendar](#) for additional information.

Register Now! Three Steps to Wellness Policy Implementation Success Workshop, Various Dates

Implementation of Local School Wellness Policies (LSWP) is most effective when aligned with district priorities and broader community needs. The Three Steps to Wellness Policy Implementation Success Workshop—brought to you by the California Local School Wellness Policy Collaborative—provides participants with key strategies for updating and implementing LSWP, and provides guidance for complying with assessment and administrative review processes. Attendees will learn key responsibilities and approaches to engage stakeholders at the district, school and community levels to achieve successful LSWP implementation. Workshop attendees will also take away tools and resources needed to measure success, and identify opportunities that support a whole child approach.

February 14	February 28	March 6	March 14	March 20	March 21	April 11
Sierra Health Foundation 1321 Garden Hwy Sacramento, CA 95833	McConnell Foundation 800 Shasta View Drive Redding, CA 96003	The California Endowment—Oakland Conference Center—Laurel Room 200 Franklin Street Oakland, CA 94612	UC California Fresno Center 550 E. Shaw Ave. Fresno, CA 93710	Riverside University Health System—Public Health 4210 Riverwalk Parkway, Suite 400 (1st Floor) Riverside, CA 92505	Los Angeles County Office of Education (LACOE) 9300 Imperial Highway Downey, CA 90242	Orange County Department of Education 200 Kalmus Drive, Conference Center: Building D, Room 1002-1003 Costa Mesa, CA 92626

[Click here](#) to register. For additional information about these workshops, please visit the [CA SNAP-Ed Trainings & Events Calendar](#) or contact Chris Bilbrey at Christine.Bilbrey@cdph.ca.gov or Maegan Jorgensen at Maegan.Jorgensen@cdph.ca.gov.

Free Webinar: From the Ground Up: Built Environment Strategies and Support for Walkable Communities, February 27, 2018, 12pm PT

The purpose of this webinar is to discuss how built environment strategies such as land development plans, policies, and zoning code reforms can support walkable communities—and the importance of collaboration between planners, transportation, and public health practitioners. Join America Walks on February 27th, 2018 at 12pm Pacific for the webinar, "From the Ground Up: Built Environment Strategies and Support for Walkable Communities." To register for this webinar, please visit: <https://register.gotowebinar.com/register/2602601585836801794>.

Webinar: Introducing Events-In-A-Box, February 28, 2018, 10:30-11:30am

The following information was originally shared in the 2/7/18 edition of the LHD News Bulletin.

California Department of Public Health (CDPH) State Media and Public Relations and Rescue Agency are excited to present a special [webinar](#) preview introducing the Events-in-a-Box concept on February 28, 2018 from 10:30-11:30am. An Event-in-a-Box is a free, optional resource that LIAs can promote to their local organizations as an easy kit for hosting successful community events. In the webinar, attendees will learn about this exciting new resource being made available for two brand new statewide days of action happening later this year.

The Event-in-a-Box kit includes everything needed for community-based organizations to host and promote a successful statewide day of action. It includes event materials such as posters, handouts, displays, and press outreach materials. These days of action will be hosted on the same day across the state of California to ensure mass support and awareness on the specific health topics. Additionally, each toolkit includes a data collection tool that allows for measuring and evaluating event participation, so all organizations can track and report on their success.

All are invited to join this webinar to learn more about the upcoming statewide days of action and find out how to apply this kit for the first event, Rethink Your Drink Day, May 16. [Registration](#) for this Events-in-a-Box webinar is now live on the [Statewide Training Calendar of Events](#).

Resources to Support National Nutrition Month®, Go Further with Food, March 2018

This year's National Nutrition Month® theme, *Go Further with Food*, reminds us to achieve the numerous benefits healthy eating habits offer and also urges us to find ways to reduce food waste. To help communicate this message to patients and clients, the Academy has prepared a number of free resources including [Nutrition Tip Sheets](#), [Activity Handouts](#) and [Games](#). [Click here](#) to learn more about the National Nutrition Month® campaign!

Education & Resources *(continued)*

Funding Opportunity: CA-Grown Fresh School Meals Grant, Deadline: March 1, 2018, 5:00pm

The California Department of Education has posted the request for applications (RFA) for the CA-Grown Fresh School Meals Grant. The grant applications are due by 5pm on Thursday, March 1, 2018. These grants are a great opportunity to expand your farm to school program—they provide up to \$125,000 per school site to encourage schools to purchase California-grown food and to expand the number of freshly prepared school meals that use California-grown ingredients. Awardees may use grant funds to purchase California-grown foods, purchase equipment necessary to provide school meals to students, provide nutrition education to students, and provide professional development for relevant food service employees regarding the implementation of fresh and healthy school meals. Please visit: <https://www.cde.ca.gov/fg/fo/r9/cgfsm17rfa.asp> for additional information.

Funding Opportunity: Meet Me at the Park Play Space Grants Now Available, Deadline: March 2, 2018

Meet Me at the Park is a collaboration between the National Recreation and Park Association (NRPA) and The Walt Disney Company to bring the magic of parks and recreation to children and families across the United States. Through *Meet Me at the Park*, NRPA in collaboration with The Walt Disney Company understand the need to improve access to outdoor play. Thanks to a grant from Disney, NRPA is excited to continue the *Meet Me at the Park* program in 2018 to provide additional communities with increased access to inclusive play spaces in local parks for children and families. As part of this program, park and recreation agencies in all 50 states, the District of Columbia, and U.S. Territories are invited to share their best ideas on increasing access to inclusive play spaces for children and families in underserved communities. Agencies with the most innovative, scalable and impactful project ideas will receive grants to build their projects. Applications are due by 11:59pm ET on Thursday, March 1, 2018. [Click here](#) for more information.

Webinar: Nutrition Updates, March 6, 2018, 11:00-12:30pm

Dr. Rachel Scherr and Dr. Sheri Zidenberg-Cherr from the UC Davis Nutrition Department will discuss up-to-date research evidence about ketogenic diets: therapeutic uses vs. weight loss claims. They will also discuss research about health effects of intermittent fasting and cleanses. Due to limited space, pre-registration for this webinar is required. To register for this webinar, please visit: <https://cc.readytalk.com/registration/#/?meeting=rcv33up1cb7x&campaign=k94fk94tduo8>. Webinar information is also available on the [UC CalFresh Training Calendar](#) as well as the [CA SNAP-Ed Training and Events Calendar](#).

Webinar: Walking Towards Justice—Stop Street Harassment: Making Public Places Safe and Welcoming for Women, April 4, 2018, 11:00am-12:00pm

To provide an open platform for discussion and aid in identifying potential solutions to improve walkability for ALL, America Walks has launched a new social equity-inspired online discussion series titled: Walking Towards Justice. Walking Towards Justice is a webinar series that integrates literature into a discussion regarding the intersectionality of mobility, race, class, gender, and politics. The third discussion will explore the text, “Stop Street Harassment: Making Public Places Safe and Welcoming for Women.” To register for this webinar, please visit: <https://register.gotowebinar.com/register/5489247318523318019>.

Save the Date: School and Community Garden Workshops: Light Bulbs to Garlic Bulbs, Various Dates and Locations

This two-day workshop is designed to provide participants with the knowledge, skills, and resources to plan, develop, and sustain an edible school or community garden. Day 1 is an all-day garden skills workshop at a SNAP-Ed garden site. In a train-the-trainer model, you will learn the skills you need to successfully grow food and pass that knowledge back to your own staff or communities. Day 2 is an all-day garden programming workshop, where you will learn how to develop and implement a sustainable garden program and how to incorporate it into other healthy community change efforts.

Region	City	Date
Northern California	Davis/Sacramento <i>Exact location TBD</i>	April 4-5, 2018
Central Valley	Exeter	April 17-18, 2018
Southern California	Lawndale	May 1-2, 2018

Registration information will be shared soon! UC CalFresh counties may contact [MaryAnn Mills](mailto:mamills@ucdavis.edu) (mamills@ucdavis.edu) if you have any questions.

(continued on next page)

Education & Resources *(continued)*

School Grants Now Available for California Schools, Deadline: April 6, 2018

Help your school become healthier with a Game On, Parents for Healthy Kids or School Breakfast grant for the 2018-2019 school year. Receive funding and technical assistance to increase physical activity opportunities, improve nutrition initiatives, engage parents in school wellness or increase breakfast participation. Learn more, and apply before the deadline on April 6, 2018. Looking for ideas or more information? Join one of the upcoming webinars listed below to learn more about each grant, get project ideas, and discover strategies for writing a successful grant:

- * [School Breakfast Grant Application Webinar](#), February 20, 2018, 1:00pm PST: Grants for 1,000-3,000 dollars fund alternative models, breakfast promotions, or family engagement.
- * [Game On Grant Application Webinar](#), February 21, 2018, 12:00pm PST: Grants for 500 or 1,000 dollars fund physical activity and nutrition initiatives.
- * [Parents for Healthy Kids Grant Application Webinar](#), February 22, 2018, 10:00am PST: Grants up to 1,000 dollars fund parents or parent groups to implement physical activity and nutrition initiatives.

For additional information, please visit: <http://www.actionforhealthykids.org/tools-for-schools/apply-for-grants>.

2018 UC ANR Statewide Conference: *Innovation in Action*, April 9-12, 2018, DoubleTree by Hilton, Ontario, CA

Registration for the 2018 UC ANR Statewide Conference is now open! Please review the [conference program](#) and be prepared to select your sessions as well as indicate which lunches, dinners, and receptions you would like to participate in. You will also be asked to estimate your travel. This event is fully funded by ANR so be sure to book your lodging and airfare as soon as possible to receive the best rates.

Per email communication from Katie Panarella, this year, nutrition education staff (both EFNEP and UC CalFresh) can attend the ANR Statewide Conference in Ontario. UC CalFresh staff are also encouraged to check-in with their supervisor, manager, or Advisor prior to registering.

Please be sure to also carefully review information on the registration survey prior to contacting the DoubleTree hotel for reservations. To register for the 2018 UC ANR Statewide Conference, please visit: <https://ucanr.edu/survey/survey.cfm?surveynumber=23995>.

UC CalFresh, UC ANR & Partner Employment Opportunities

Director, UC CalFresh Nutrition Education Program State Office

This director position reports directly to the Dean or dean's designate in the College of Agricultural and Environmental Sciences at UC Davis, while maintaining close collaboration with leadership in UC Agriculture and Natural Resources (ANR). This position supervises 15-20 state-level staff and indirectly provides guidance to approximately 120 county-based educators. Responsibilities include to direct, manage, and coordinate the UC CalFresh/SNAP-Ed nutrition education program at the state level to achieve the state level goals and objectives, while assuring compliance with Federal and State guidelines and augmenting the impact of ANR Nutrition, Family, and Consumer Science (NFCS) Programs. The last day to apply is: **February 27, 2018**. For additional information, or to apply, please visit: www.employment.ucdavis.edu/applicants/Central?quickFind=78740.

Community Education Specialist 1/2 (Two Positions Available), UCCE Santa Clara Cluster

We have two positions being advertised as either a Community Education Specialist 1 or 2 depending on the level of experience of the hired applicants. If the applicant is hired as a CES 1, they will be hired in a learning role. More of their duties will be direct education and there will be less outreach, and evaluation for the first year of the job. If the applicant is hired as a CES 2, duties would include providing leadership, mentoring to interns staff, and CES 1 staff. As well as actively promoting policy, system and environmental changes at educational sites. After one year of successful performance as a CES 1, the individual will be eligible to be reclassified up to a CES 2. The Community Education Specialist will perform the full range of program implementation duties. Incumbent will be responsible for the coordination, management, and delivery of education to community based adults and/or youth. This includes training, guiding, and supporting volunteer extenders with education information and resources; evaluating program implementation; collecting and compiling enrollment, documentation, and evaluation data from volunteer extenders and participants; and writing reports in compliance with funding requirements. Incumbent will build and maintain an informal network of partners, align special education projects with UC approved curricula and educational materials, develop news releases and news articles, and maintain subject matter competence. This position's primary focus will be on conducting, managing, and evaluating an education program to improve the environment of the school and community. This position will promote, in all ways consistent with other responsibilities of the position, the affirmative action goals established by the Division. The last day to apply is: **March 1, 2018**. For additional information, or to apply, please visit: jobs.ucop.edu/applicants/Central?quickFind=60915.

(continued on next page)

UC CalFresh, UC ANR & Partner Employment Opportunities *(continued)*

Community Education Specialist 2, UCCE Shasta & Trinity Counties

The Community Education Specialist 2 will perform the full range of program implementation duties. Incumbent will be responsible for the coordination, management, and delivery of education to community based adults and/or youth. This position's primary focus will be on conducting, managing, and evaluating the nutrition education program to improve the environment of the school and community. This position will promote, in all ways consistent with other responsibilities of the position, the affirmative action goals established by the Division. The closing date of this employment opportunity is **March 2, 2018**. Please visit: <https://jobs.ucop.edu/applicants/Central?quickFind=60910> for additional information regarding this opportunity.

Cooperative Extension Nutrition, Family and Consumer Sciences Advisor, UCCE Fresno & Madera Counties

The University of California Agriculture and Natural Resources division seeks a **Cooperative Extension Nutrition, Family and Consumer Sciences Advisor** to conduct a multi-county based extension, education and applied research program providing leadership to the University of California Cooperative Extension (UCCE) low-income nutrition education programs funded by the Expanded Food and Nutrition Education Program (EFNEP) and the UC CalFresh Nutrition Education program (a SNAP-Ed Program). The CE Advisor will develop research based youth programs in **Fresno and Madera Counties**. For full interview consideration, complete application packets are due no later than **Friday, April 6, 2018** from candidates who, by the hire date, will possess at least a master's degree in disciplines such as nutrition, health education, human development or a closely related field. All application packets must be submitted via email to ANRacademicsearch@ucanr.edu. Please contact Karen Ellsworth and refer to AP #18-03, to answer any questions related to this search at (530) 750-1284 or kaellsworth@ucanr.edu. For additional information, please visit: http://ucanr.edu/Jobs/Jobs_990/?jobnum=1328.

We want to hear from you!

The UC CalFresh State Office would love to hear from you! Please email Lindsay Hamasaki at lmhamasaki@ucdavis.edu to share your comments, stories, photos or other items you would like to see featured in future Weekly Updates.

The UC CalFresh Weekly Updates are sent by the UC CalFresh State Office on behalf of David Ginsburg, Director of the UC CalFresh Nutrition Education Program. Electronic versions of the Weekly Updates are also posted on the UC CalFresh website: <http://www.uccalfresh.org/weekly-updates>.

The University of California CalFresh Nutrition Education Program (UC CalFresh) is funded through a joint agreement among the U.S. Department of Agriculture/Food & Nutrition Service (USDA/FNS), the California Department of Social Services (CDSS) CalFresh and Nutrition Branch, and the University of California Cooperative Extension (UCCE). This material was produced by the University of California CalFresh Nutrition Education Program with funding from USDA SNAP, known in California as CalFresh (formerly food stamps). These institutions are equal opportunity providers and employers. CalFresh provides assistance to low-income households and can help buy nutritious foods for better health. For CalFresh information, call 1-877-847-3663.



University of California
Agriculture and Natural Resources | Nutrition Education