



SUCCESSSES

UC CalFresh facilitated CATCH trainings at schools and community sites to help students learn that the CATCH Program is all about working towards bringing people together to work towards creating a healthy environment for kids and helping them develop healthy habits early in life.

"Thank you for the training. I didn't want to come, but I'm glad I did! I work in the homes with kids and parents and I could definitely use these activities at home."

CATCH Participant



RESULTS

After receiving UC CalFresh Nutrition Education:

- ✦ 100% - More students now can identify healthy food choices
- ✦ 99% - More students are now willing to try new foods offered at school

"This is an excellent program and the students really enjoy the different foods and learning about nutrition."

Tulare County School Teacher

IMPROVING CALIFORNIA'S HEALTH THROUGH SNAP-ED

County Statement:

Tulare County ranks among the lowest county in food security and the highest in low-income residents. UC CalFresh, Tulare addresses these issues by educating low-income families to adopt life applicable skills and practices in money and food resource management, food safety, healthy food selection and preparation, and increasing opportunity for physical activity.

Serving Individuals and Communities

In collaboration with key partners, UC CalFresh uses a unique county-specific integrated strategic planning approach to reach CalFresh eligible participants. In FFY2018, we reached over 11,000 CalFresh eligible participants, delivered over 9,000 hours of nutrition and physical activity education in over 30 schools and communities across Tulare/Kings County.

Providing Education

UC CalFresh Tulare/Kings provides learner-centered nutrition education classes to youth and adults. The series-based adult classes teach adults how to make healthy choices with limited resources for their families. Youth curriculum teaches children how to identify healthy foods, increase physical activity at home and school.

Helping to Make Organizational and Environmental Changes

UC CalFresh Tulare/Kings uses a comprehensive approach that utilizes Policy, Systems & Environmental (PSE) strategies to support direct education efforts. Strategies include: school wellness policy, Smarter Lunchroom Movement, school and community gardens, physical activity education, healthy school farmers markets, and youth engagement opportunities.

Serving California Agriculture

Tulare County leads the nation in dairy production and ranks as one of the largest agricultural producing counties in the entire nation. UC CalFresh works closely with Tulare County's largest food bank to provide fresh produce accessibility to low-income families in schools and food dessert areas.

Building Partnerships

UC CalFresh collaborates with:

- ✦ School Districts
- ✦ Food Banks
- ✦ Tulare Office of Education (TCOE)
- ✦ Health Centers
- ✦ Tulare County Farm Bureau
- ✦ International Agri-Center
- ✦ Local Agencies
- ✦ Local Health Department
- ✦ UCCE Master Gardeners
- ✦ UCCE 4-H



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SUCCESSSES

UC CalFresh collaborated with West Hills Community College Early Childhood Development Centers to facilitated a very successful Piece Conference. The conference provided Early Childhood Educators with an opportunity to expand their knowledge and become the change within their students' lives.

"I like the movement and awareness of the activities, I got to learn that children can educate their family."



RESULTS

After receiving UC CalFresh nutrition education:

- 🍌 97% - more students now can identify healthy food choices
- 🍌 87% - more students are now willing to try new foods offered at school

"All of my students always got excited about the program. Most of my students have changed a lot of their eating habits; it's made a huge difference."

Kings County School Teacher

IMPROVING CALIFORNIA'S HEALTH THROUGH SNAP-ED

County Statement:

Kings County is located midway between San Francisco and Los Angeles in the heart of the San Joaquin Valley. Food insecurity and inadequate nutrition are serious issues for Kings County. In Kings County, 27.9% of children under the age of 18 are living in food insecure households. The total population with low food access is 33.2% compared to the statewide average of 14.3%.

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Serving California Agriculture

UC CalFresh Kings County collaborates with key community partners and Feeding America Food Bank to deliver fresh produce and food to low-income families. Food is donated by local farmers to feed over 250 families and seniors each month.

Building Partnerships

UCCE Kings County collaborates with many county partners:

- Kings Community Action Organization
- Kings Human Services
- Health Department
- Commission on Aging
- Ready Program
- West Hills College
- Partnership for Prevention
- City of Avenal



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