

UC CalFresh Weekly Update March 12, 2018

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- * Financial Analyst 2, UC CalFresh State Office
- * Community Education Supervisor 2, UCCE Fresno/Madera Counties
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UC ANR Staff Appreciation and Recognition (STAR) Program

- * Nominate staff for STAR Awards

Upcoming Events & Deadlines

MARCH 2018

SUN	MON	TUE	WED	THU	FRI	SAT
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

3/5-3/9/18 Food Waste Prevention Week

3/16/18 Deadline to Submit Panel Presentation for Joint All-Staff Meeting for EFNEP & UC CalFresh Staff, UC ANR Statewide Conference

We are looking forward to gathering at the UC ANR Statewide Conference, April 9-12 in Ontario. As part of the conference, we have scheduled a [joint all-staff meeting for EFNEP and UC CalFresh on Monday, April 9th from 1:00-5:00pm](#). In response to your requests, we are devoting most of the time at this meeting to hearing from you about the great work you are doing in your communities! Your county team is encouraged to participate in a panel presentation and discussion. Please discuss with your county team and ask **one team member** to submit your proposed topic by March 16 using the survey tool sent via email by Lyn Brock on March 5. Please contact [Lyn Brock](mailto:lynbrock@ucanr.edu) at lynbrock@ucanr.edu if you have any questions.

3/20/18 UC CalFresh Town Hall Webinar, 12:30-2:00pm

Please save the date for the 3/20/18 UC CalFresh Town Hall Webinar! The UC CalFresh Town Hall Webinar is scheduled from 12:30-2:00pm. Additional information regarding this Town Hall Webinar will be forthcoming.

UC CalFresh Success Stories

Success stories from your FFY 2018 UC CalFresh participants can be shared through the online data entry portal: <https://ucanr.edu/survey/survey.cfm?surveynumber=22089>.

"I try to change the way we eat. I try to eat smaller portions and include all groups from MyPlate. These classes were of great benefit because I learned things I did not know. For example, how to handle food and how to read the food labels."

—Plan, Shop, Save, and Cook Participant,
Kern County

"The nutrition class was a good experience where I learned how to save money, plan my meals, eat healthy, and read nutrition labels. With the pedometer, I learned how to calculate my calories every day. Thank you for the classes. They helped me a lot."

—Plan, Shop, Save and Cook Participant,
Riverside County

Welcome New UC CalFresh Staff!

This feature is to introduce and welcome new staff to UC CalFresh. If you have new staff, please send a brief introduction and photo to Lindsay Hamasaki at lmhamasaki@ucdavis.edu.



Yesenia Medrano, Community Education Specialist 2, UCCE Tulare/Kings Counties

Tulare/Kings County welcomes Yesenia Medrano. Yesenia earned her Bachelor's Degree in Public Health-Community Health Option from California State University, Fresno. Her passion for making a difference in her community encouraged her to pursue her education in the community health field. Over time, she gained nutritional education and community outreach experience by volunteering as a Master Education Extender at UCCE Fresno County and Food Link Tulare County. She's had the opportunity to educate her community on the resources they have available in their county to make healthier food choices. In her spare time, she enjoys going on hikes, bike rides, and camping. Yesenia can be reached at yesmedrano@ucdavis.edu.

Melissa (Abbi) Marrs, Community Education Specialist 2, UCCE San Luis Obispo & Santa Barbara Counties

UC CalFresh in San Luis Obispo & Santa Barbara Counties welcomes Community Education Specialist 2, Abbi Marrs, to their team. Abbi grew up in Goleta, CA with parents who enjoyed gardening and encouraged time in the outdoors. She has an associate degree in Liberal Arts from Allen Hancock College, and has worked with the California State Parks since 1995. After a cancer diagnosis and a full year of treatment, the role of nutrition in overall health became more important to her and she started a job as Garden Education Manager with Santa Barbara City College and the Orfalea Foundation in 2012. This expanded her love of gardening, and along with experience and great training opportunities, she found her way to the UC CalFresh Team! Abbi's work includes supporting both school and community gardens and coordinating the UC Garden Nutrition Extender program. Abbi hopes to further the garden and nutrition education movement among adults and children in the community for a healthier lifestyle. When she's not working, you'll find her out running half marathons, chasing down the race bling! Abbi can be reached at: mbmarrs@ucdavis.edu.



UC CalFresh Website Updates

UC CalFresh Annual Report

* FFY 2017 UC CalFresh Annual Report & County Profiles Now Available Online

The FFY 2017 UC CalFresh Annual Report and County Profiles are now available for viewing on the UC CalFresh website: <http://www.uccalfresh.org/administrative/nutrition-education-plan>. Electronic copies of the FFY 2017 County Profiles can also be downloaded [here](#).

Upcoming UC CalFresh Trainings

Save the Date: CATCH Early Childhood (Pre/K) Training Academy, April 3-5, 2018

It is time to save the dates for the next CATCH Early Childhood (Pre/K) Training Academy: April 3-5, 2018. Please also note that this training will be located in **Riverside**. During this training, you will get active and learn practical skills necessary to implement physical activity into the UC CalFresh Nutrition Education Program using the CATCH Early Childhood Program. Please see below for more details. **Registration information for the CATCH Early Childhood (Pre/K) Training Academy was sent via email to all UC CalFresh Advisors, Managers and Supervisors on Friday, 2/9/2018. The deadline to register for this training has been extended to Tuesday, March 6th.**

Date	Time	Location
April 3-5, 2018	8:00am-4:00pm	Alvord Unified School District — Child Nutrition Services 7377 Jurupa Ave. Riverside, CA 92504

We encourage any staff, including program supervisors and advisors, who have NOT been certified as CATCH ECE Trainers to register. **Space will be limited to 2 staff members per county/county cluster for the 3-day academy.**

The UC CalFresh State Office encourages UC CalFresh county programs to use their travel funds to attend this conference. If you anticipate that you will not have sufficient funds to cover travel costs to attend this training, please contact **Lindsay Hamasaki** (lmhamasaki@ucdavis.edu) and copy **Michele Byrnes** (mnbyrnes@ucdavis.edu). Additional staff will be added to a waitlist upon request. Please email additional questions to **Michele Byrnes** at mnbyrnes@ucdavis.edu.

UC CalFresh PEARS Office Hours, Various Dates

Please join UC CalFresh for monthly PEARS Office Hours if you have any pressing questions related to reporting your program activities, FBC/PSSC surveys, and PSE efforts in PEARS. We look forward to hearing about the great work you are doing and working together to clarify the best reporting approaches using PEARS.

<u>Tuesday, March 6, 2018</u> Time: 1:00pm PST Audio Dial-In Information: U.S. Toll: 303.248.0285 Access Code: 7544137 Link: https://cc.readytalk.com/r/x9kkb4uk6jer&eom	<u>Tuesday, April 3, 2018</u> Time: 1:00pm PST Audio Dial-In Information: U.S. Toll: 303.248.0285 Access Code: 7544137 Link: https://cc.readytalk.com/r/ga3n877vapcn&eom
<u>Tuesday, May 1, 2018</u> Time: 1:00pm PST Audio Dial-In Information: U.S. Toll: 303.248.0285 Access Code: 7544137 Link: https://cc.readytalk.com/r/miorx00fmuli&eom	<u>Tuesday, June 5, 2018</u> Time: 1:00pm PST Audio Dial-In Information: U.S. Toll: 303.248.0285 Access Code: 7544137 Link: https://cc.readytalk.com/r/gceocy6o7xo7&eom

You may also visit the [UC CalFresh Training Calendar](#) for additional information.

The Smarter Lunchrooms Movement of California

The UC CalFresh State Office would like to see how the Smarter Lunchroom Movement of California has been implemented in your county! Please share your success stories and photos with MaryAnn Mills via e-mail: mamills@ucdavis.edu.



The Smarter Lunchrooms Movement of California Monthly Nudge

The Smarter Lunchrooms Movement of California *Monthly Nudge* is a monthly newsletter which provides updates on how the Smarter Lunchrooms Movement is moving throughout California and is brought to you by the SLM of CA Collaborative. The newsletter provides updates, upcoming trainings and events, and more! If you are interested in signing up to receive the *Monthly Nudge*, please [click here!](#)

Save the Date: Webinar—School Food: Too Good to Waste, March 27, 2018, 1:00-2:00pm PST

Americans waste enough food every day to fill a 90,000 seat football stadium. Approximately one-third of all food is wasted at the retail and consumer levels. While research has shown that food wasted by children is similar to the rest of the U.S. population, there are many ways schools can reduce food waste and teach students about the impact it has on the environment and in their community. Join the Smarter Lunchrooms Movement of California to discuss Smarter Lunchrooms Movement principles and practices to help increase consumption of nutritious foods and reduce waste. SLM of CA will be sharing current laws and mandates as well as best practices around the state. All attendees are welcome. To register for this webinar, please visit: <https://cc.readytalk.com/r/i2jibnhtkmq6&eom>. **Pre-registration for this webinar is required.** Please contact MaryAnn Mills (mamills@ucdavis.edu) if you have any questions.

UC CalFresh, UC ANR, and UC Davis in the News!

MyPlate 5k Color Run/Walk, UCCE Imperial County

In FFY 2017, UC CalFresh Imperial County brought the idea of the MyPlate 5k Color Run/Walk to their local County Nutrition Action Plan (CNAP) partners to enhance and promote the Calexico Farmers Market. The event was not feasible within the timeframe for the Calexico Farmers Market, but UC CalFresh then offered to support by providing the farmers market a MyPlate Obstacle Course. On February 10, 2018, the city of Calexico hosted their first annual community 5k at their local farmers' market. The event was organized with support from multiple SNAP-Ed funded partners including UC CalFresh, Catholic Charities, and Imperial County Public Health Department Nutrition Education and Obesity Prevention (NEOP) program under CNAP. Non-SNAP-Ed partners included El Centro Regional Medical Center, Child Obesity Prevention Alliance (COPA), Calexico Chamber of Commerce, Calexico Recreation Department, Studio Fit, Calexico Farmers Market, Caliber Screen Printing, and the Blue Knights Motorcycle Club.

CNAP sought to enhance a local community event promoting health, nutrition education, and physical activity. UC CalFresh educators were on the planning committee, provided infused water taste testing, and technical assistance. Over 500 attendees participated in the MyPlate Color Run/Walk which highlighted healthy eating habits following the USDA's nutritional guidelines. Runners were showered with bright colors at different stations of the course, each focusing on one of the five food groups. "It was an enjoyable and educational experience for everyone involved," stated one of the committee members. "We all learned something new today." Many first-time participants remarked they'd be looking forward to more events like this in the near future! [Click here](#) to view local news coverage of the MyPlate 5k Color Run/Walk!



Announcing California's inaugural Food Waste Prevention Week

UC Agriculture and Natural Resources and the Nutrition Policy Institute are pleased to announce March 5-9, 2018, as California's inaugural Food Waste Prevention Week. During this week, a range of partners statewide, including the [Governor](#), the Secretary of Agriculture, the State Superintendent of Public Instruction, as well as many other agency leaders in public health, natural resources management, nutrition, and other sectors, are coming together in an unprecedented collaboration to raise awareness about the impacts of food waste in our homes, workplaces, and communities. This collaboration grew out of a meeting held in February 2017 in which the [Public Health Alliance of Southern California](#) and the UC ANR [Nutrition Policy Institute](#) jointly convened state agencies delivering nutrition education programming to discuss the impacts of food waste and strategize solutions the agencies could advance together. The planning group identified an opportunity to generate and issue shared messaging during [National Nutrition Month](#), a goal that has evolved into California's inaugural Food Waste Prevention Week, a coordinated multi-sector effort to raise awareness about the economic, environmental and social impacts for food waste in California.

Food waste is a significant issue. The United States is losing up to 40% of its food from farm to fork to landfill. That translates to [\\$218 billion lost](#), including costs of food to consumers and retailers, as well as costs of wasted water, energy, fertilizer, cropland, production, storage, and transportation. CalRecycle estimates that Californians throw away almost 12 billion pounds of food each year—18% of all landfill use in this state. The food in landfills decomposes and releases methane, a powerful greenhouse gas linked to [climate change](#). In addition, that food lost could have fed people, not landfills, if only it had been used, instead of tossed. In California, [nearly 5 million people are food insecure](#), lacking consistent access to enough food. Roughly 1 in 8 Californians are experiencing hunger, and 1 in 5 of those are children.

For more about Food Waste Prevention Week, read Rose Hayden-Smith's [UC Food Observer article](#), see the Nutrition Policy Institute's [Research to Action news brief](#), and watch UC ANR Vice President Glenda Humiston's [video](#).

Even incorporating a few simple food waste prevention actions has great potential to reduce food waste in California. Your efforts to be a Food Waste Reduction Hero this week, and into the future, will make an impact. [Read full blog article](#).

UC CalFresh in Action!

Did you CATCH That? We Made History!

There was a lot of FUN happening in Davis, CA at the CATCH Physical Education (PE) Training Academy. There was also a lot of moderate and vigorous physical activity occurring as staff learned the objectives and basics of CATCH PE. We had a total of 32 SNAP-Ed staff trained that represented UC CalFresh, CDSS, and CDPH staff.



(Above) The newest CATCH PE Trainers that completed the three-day training academy

But that's not all! UC CalFresh made history! In addition to another great CATCH PE training, three UC CalFresh Supervisors and one State Office Manager worked diligently to facilitate the three-day training while being evaluated by the Principal Investigator of CATCH PE, Peter Cribb, in order to get approval to become regional SNAP-Ed CATCH PE Community Master Trainers. We are thrilled to announce that their hard work paid off.

We now have four CATCH PE Community Master Trainers within our SNAP-Ed program! Congratulations to Michele Byrnes, Paul Tabarez, Gretchen Birtwhistle, and Shyra Murrey!

This is a huge accomplishment and we are grateful to our partners at CATCH Global Foundation for allowing UC CalFresh this opportunity, now allowing us to train within our organization and continue to build on the momentum that county staff have created over the past three years with the CATCH Program. We look forward to the opportunities that this will bring to SNAP-Ed qualifying schools including promotion and implementation of structured physical activity, helping youth meet the [Physical Activity Guidelines for Americans](#).

Nutrition and Food Questions Web Page

Do your participants ask questions about nutrition or needs that you find difficult to respond to? Check the [Nutrition and Food Questions](#) web page for a response. If your question is not answered there you can submit a new question. You can find the link on the UC CalFresh website under [Resources > Resources for Educators](#). Please contact [Lyn Brock \(rlbrock@ucanr.edu\)](mailto:rlbrock@ucanr.edu) if you have any questions.



(Above) CATCH PE Training in Action!
(Below) Participants on Day 1 of CATCH PE Training



(Above) Peter Cribb, CATCH Global Master Trainer, Michele Byrnes, UC CalFresh Physical Activity Manager & CATCH PE Master Trainer, Larry the Lobster and his friend Mate

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UC CalFresh in Action! (continued)

UC CalFresh Encourages Educators to Be the Change!, UCCE Kings County

On March 3, 2018, UCCE Kings County participated in the 2018 Piece Conference hosted by West Hills College Childhood Development and Education Department. The Piece Conference provided Early Childhood Educators with an opportunity to expand their knowledge and become the change within their students' lives. Educators could take what they learned from each workshop and implement it directly into their classrooms.

UCCE Kings County Nutrition Educators, **Susan Lafferty** and **Denise Cuendett**, presented CATCH Physical Activity Curriculum. Early Childhood Educators learned that physical inactivity and excessive screen time play a role in obesity among children. Therefore, they must act to address obesity by providing opportunities for change that support an environment conducive to educating, reinforcing, and rewarding physical activity and healthy eating habits. They learned how to use CATCH to promote children's enjoyment and participation in moderate to vigorous physical activity during activity time and with family and friends.



Early Childhood Educators had a great time participating in CATCH Early Childhood (CEC) activities! Educators were able to put the physical activities to test and participate in several classroom management activities; such as, Parade Around, Mingle, Mingle the CEC Way!, Skitter Scatter, Automobile, and Balloon Volleyball. After every activity educators had the opportunity to identify the learning behaviors that are integrated into each activity such as, practicing safety, listening skills, memorization, involvement, and best of all fun physical activity! All 70 educators expressed their interest in the CATCH program and left ready to implement it in the classroom and at home.



As a result of the CATCH program training, an Early Childhood Educator shared, "I am a substitute teacher, it was fun, I can do this at home with my four-year-old." This showed that the educator understood that she could use what she learned and implement it in her classroom and at home with her family! Another educator expressed, "I like the movement and awareness of the activities. I got to learn that children can educate their family." Education starts with our teachers by educating them to implement strategies that support positive behavior, students can begin to make healthy changes. The success of the presentation shows that these educators are advocates for making a change in their students' lives!

A Blooming Partnership—UC CalFresh & Pacific Southwest Community Development Corporation, UCCE Imperial County

Since 2012, the UC CalFresh program has provided education to SNAP-Ed eligible residents at low-income housing complexes across Imperial County. In partnership with the Pacific Southwest Community Development Corporation (PSCDC), UC CalFresh in Imperial County has delivered nutrition education to eighteen community centers county-wide. Adults residing in the apartments participated in Plan, Shop, Save, and Cook series and after continued response, in 2018, the program grew to include a gardening curriculum along with gardening demos. PSCDC staff acquired donations to install gardening boxes at five additional locations where nutrition education and gardening demos were presented at kick-off events. Residents have recently harvested the crops that they planted earlier this season; they have developed a gardening committee to ensure that the crops are watered and cared for to sustain the garden. In the upcoming months, UC CalFresh will be training PSCDC staff to use Eat Smart, Live Strong curriculum to further assist the adults in eating well and exercising more.



UC CalFresh in Action! *(continued)*

Lowe's Donates Money for Madison Mavericks, UCCE Fresno/Madera Counties

Madison Elementary School from Madera Unified School District has received a \$5,000 Lowe's Toolbox for Education grant for a school garden project. We are thrilled to announce that Lowe's has awarded the Madison Elementary School funding for the Madison Mavericks "WE BELIEVE" in Healthy Living! garden project. The grant application was based on the goal of improving the learning community at Madison Elementary School and UC CalFresh looks forward to sharing the Madison Mavericks "WE BELIEVE" in Healthy Living! garden project with the Madison Elementary and surrounding community. This garden will give the students the opportunity to learn, plant, harvest, and try new foods which they will have experienced to cultivate on their own. This will ultimately nurture and improve the learning community at Madison Elementary School.

The grant application was based on the goal of implementing the garden component of the Shaping Healthy Choices Program in Mrs. Roxie Schallberger's 4th grade classroom. The Shaping Healthy Choices Program is an inquiry-based, garden enhanced nutrition education curricula developed by the Center for Nutrition in Schools at UC Davis and is being implemented in the classroom by UC CalFresh Coordinator, Angelica Perez. We are now in the planning stages of this project, but are eager to get the garden growing for the students to learn.

"Thank you Lowe's for awarding Madison Elementary this grant! Your generosity will allow our students to touch worms, smell fresh herbs, taste new foods, and see the beauty of growing healthy food!" said Mrs. Roxie Schallberger. All K-12 public schools in the United States are eligible for the [Toolbox for Education program](#). [Read full blog article](#).



Articles & Research

Spotlight Education Prompts Intent to Change Dietary Behaviors

Behavior change theories and models have not been well used in interventions targeting Latin American audiences. Limited literacy, linguistic barriers, lack of participant trust, and time and transportation constraints are all challenges that may impede theory-driven intervention. Yet, public health efforts, informed by behavior change theories, are needed to raise awareness among Mexican immigrant families through culturally relevant messages that promote healthy lifestyles. In recent years, federally funded nutrition programs have increased emphasis on evidence-based strategies. Under scrutiny is the value of brief (≤ 15 minute) nutrition education that is designed to raise awareness and delivered in diverse settings. Although brief nutrition education is common, its effectiveness is not well documented. In such settings, examining intent-to-change (ITC) behavior may be an appropriate outcome. The purpose of this article is to examine intent to change—specific behaviors as an outcome of a brief nutrition education targeting low-income adults of Mexican heritage. [Read full article](#).

How common is food insecurity among older adults?

Food insecurity occurs when people lack access to food or go hungry due to poverty or other challenges. Food insecurity is a serious problem for many older adults. For example, in 2015, 8.3 percent of American households with a family member aged 65 or older and 9.2 percent of all older adults experienced food insecurity. A research team from the Institute for Health Research, Kaiser Permanente, Colorado, designed a study to learn more about food insecurity and older adults. Their study was published in the *Journal of the American Geriatrics Society*. The researchers examined information from a health survey that was given to more than 50,000 older adults between 2012 and 2015. The survey was part of a free Annual Wellness Visit for Medicare members in Kaiser Permanente Colorado. It included a question about food security. More than 50,000 people answered the question about food insecurity. More than 3,950 people (almost 6 percent) said that they did not always have enough money to buy the food they needed. [Read full article](#).

Education & Resources

Training Opportunities for SNAP-Ed Local Implementing Agencies

On behalf of the California Department of Social Services, the California Department of Public Health Nutrition Education and Obesity Prevention Branch, UC CalFresh, California Department of Aging, and Catholic Charities of California, we are pleased to announce upcoming SNAP-Ed trainings available to appropriate staff from SNAP-Ed state and local implementing agencies in California. Please visit the [Training and Events Calendar](#) for additional information and opportunities.

FFY 2018 Promising Practice Exchanges, Deadline: March 16, 2018

The following announcement was sent via email from CASNAP-EdTraining@cdph.ca.gov along with the LIA Training Flyer for March 2018. The California SNAP-Ed Statewide Training (CSST) Team is seeking one (1) Local Implementing Agency (LIA) representative and one (1) State Implementing Agency (SIA) representative from the following agencies to participate as a member of a Planning Committee in one of seven Promising Practice Exchanges (PPEs) that will be held this Federal Fiscal Year:

- * California Department of Public Health and Local Health Departments
- * UC CalFresh and University of California Cooperative Extension
- * California Department of Aging and Area Agency on Aging
- * Catholic Charities of California and Local Catholic Charities Agencies

If you are interested in becoming a Planning Committee member, please complete the [application form](#) by **March 16, 2018**. Selected members will receive an email notification from the CASNAP-EdTraining@cdph.ca.gov mailbox by March 29, 2018.

For additional information on the Promising Practice Exchanges (PPEs), please visit: <https://www.cdph.ca.gov/Programs/CCDPPP/DCDIC/NEOPB/Pages/PromisingPracticeExchanges.aspx>. If you have any questions, please contact Dalene Branson at Dalene.Branson@cdph.ca.gov or (916) 445-2974.

USDA SuperTracker will be discontinued on June 30, 2018

Since 2011, [SuperTracker](#) has provided 27 million users with the ability to track their food and physical activity to support a healthier lifestyle. Since that time, the private sector has launched many great tools that have a shared mission. It is time for USDA to discontinue SuperTracker so that they can invest in more modern and efficient ways to help Americans find a healthy eating style that is right for them. As part of USDA's commitment to ensure that all of its programs are delivered efficiently and effectively, the Food and Nutrition Service will be **discontinuing its SuperTracker application on June 30, 2018**. USDA has committed to maintaining the SuperTracker and its components through the end of the 2017-2018 school year (June 30, 2018) because they know that SuperTracker has been integral to nutrition education in schools. This includes the Challenges and Groups, Food-a-pedia, the Body Weight Planner, and the electronic versions of the Presidential Champions and PALA+ programs. USDA continues to provide a wealth of information to help individuals find and maintain a healthy eating style that meets their unique needs through ChooseMyPlate.gov. [Click here](#) to review the SuperTracker Discontinuation Frequently Asked Questions (FAQs). Please email USDA with any other questions you may have related to the discontinuing of the SuperTracker website at SuperTrackerHelp@cnpp.usda.gov. [Read full announcement.](#)

Free Self-Paced, E-Learning Opportunity: Disability Inclusion Training Through the National Association of County and City Health Officials

The following announcement was originally shared in the 03/07/18 edition of the LHD News Bulletin.

Obesity is more widespread among people, both adults and children, with disabilities than for people without disabilities and is an important risk factor for other health conditions. Fostering the inclusion of individuals with disabilities within public health programs, policies, and educational materials is critical and reflects our overall public health commitment to reducing health disparities. For those who are interested, the [Health and Disability 101 Training for Health Department Employees](#) is a free, self-paced, e-learning offered by the Health and Disability Program of the National Association of County and City Health Officials (NACCHO). The purpose of the training is to educate health department staff about the benefits of including people with disabilities in all public health programs, products, and services. The length of the training is 60 minutes. For additional information, please visit: <https://www.pathlms.com/naccho/courses/5037>. Additional resources also include the [Inclusion of Individuals with Disabilities webpage](#) and the Physical Activity: Including Individuals with Disabilities in SNAP-Ed Programming webinar [recording](#) and [slides](#) presented on July 27, 2017.

Rethink Your Drink Statewide Day of Action—Event-in-a-Box Toolkit Webinar, Recording Now Available

The webinar recording for the Rethink Your Drink Statewide Day of Action—Event-in-a-Box Toolkit Webinar is now available. The purpose of Rethink Your Drink Day is to raise awareness about the health effects of sugary drinks and the benefits of replacing these drinks with water. Please refer to the attached Rethink Your Drink Day one-pager with information and critical dates you need to help you prepare to host the RYD Day event. Register to participate on or after April 4, 2018 at RethinkYourDrinkDay.com. [Click here](#) to view the webinar recording. If you require additional information, please contact Asbury.Jones@cdph.ca.gov or C4C_PR@RescueAgency.com.

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Education & Resources *(continued)*

ToP Accelerated Action Planning Trainings, Various Dates

These regional trainings were referenced briefly in the January 2018 Statewide LIA Training Flyer sent last week (from CASNAP-EdTraining email address). This training is open to any SNAP-Ed local leaders, program managers and team leaders, and aims to provide tools to lead small groups to create effective organization plans. Enrollment is limited and the time frame is approaching soon! Please see the attached flyer for more information. ***UC CalFresh educators should consult with their Advisor, Manager, and/or Supervisor before registering.***

February 13	February 14	February 21	March 7	March 13	March 14	March 21
UC Center Fresno Fresno, CA	San Joaquin Co. Ag Center Stockton, CA	Riverside Univ. Health System Riverside, CA	San Luis Obispo Co. Gov. Center San Luis Obispo, CA	Silicon Valley Community Foundation Mountain View, CA	Ventura County Public Health Oxnard, CA	National University Redding, CA

[Click here](#) to register through the [CA SNAP-Ed Training & Events Calendar](#). If you have any questions, please contact [Lyn Brock](mailto:rlbrock@ucanr.edu) at (rlbrock@ucanr.edu).

Register Now! Three Steps to Wellness Policy Implementation Success Workshop, Various Dates

Implementation of Local School Wellness Policies (LSWP) is most effective when aligned with district priorities and broader community needs. The Three Steps to Wellness Policy Implementation Success Workshop—brought to you by the California Local School Wellness Policy Collaborative—provides participants with key strategies for updating and implementing LSWP, and provides guidance for complying with assessment and administrative review processes. Attendees will learn key responsibilities and approaches to engage stakeholders at the district, school and community levels to achieve successful LSWP implementation. Workshop attendees will also take away tools and resources needed to measure success, and identify opportunities that support a whole child approach.

February 14	February 28	March 6	March 14	March 20	March 21	April 11
Sierra Health Foundation 1321 Garden Hwy Sacramento, CA 95833	McConnell Foundation 800 Shasta View Drive Redding, CA 96003	The California Endowment— Oakland Conference Center—Laurel Room 200 Franklin Street Oakland, CA 94612	UC California Fresno Center 550 E. Shaw Ave. Fresno, CA 93710	Riverside University Health System—Public Health 4210 Riverwalk Parkway, Suite 400 (1st Floor) Riverside, CA 92505	Los Angeles County Office of Education (LACOE) 9300 Imperial Highway Downey, CA 90242	Orange County Department of Education 200 Kalmus Drive, Conference Center: Building D, Room 1002- 1003 Costa Mesa, CA 92626

[Click here](#) to register. For additional information about these workshops, please visit the [CA SNAP-Ed Trainings & Events Calendar](#) or contact Chris Bilbrey at Christine.Bilbrey@cdph.ca.gov or Maegan Jorgensen at Maegan.Jorgensen@cdph.ca.gov.

Go Further with Food for National Nutrition Month, March 2018

The following announcement was originally shared in the 3/6/18 edition of [The Dirt from USDA's Office of Community Food Systems](#). Happy [National Nutrition Month](#)! This year, the [Academy of Nutrition and Dietetics](#) wants us to *Go Further with Food!* What does that mean? Simply put, make healthy food choices for every occasion. Start your morning off with a wholesome breakfast and make smart food choices throughout the day. Don't forget about special events like a night out with friends or a family celebration—plan to have healthy options available for you to eat even during those times. Going further with food could also include, going local! Take the extra step to find the origin of your food and support the local farmers in your community. Spring is near and farmers markets are ready to sell fresh, local foods. Gear up for the spring bounty and [find a farmers market near you!](#)

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Education & Resources *(continued)*

UC ANR Sacramento Urban Ag Risk Management Workshops, Various Dates

Are you an urban farmer in the Sacramento region? This low-cost series is for you! Learn the basics of urban farming from UCCE advisors and local partners at this upcoming urban ag risk management workshop series. Take one or take all four of these low-cost workshops.

Workshop #1 Friday, March 16, 2018, 9:00-4:00	Center for Land Based Learning (CLBL) @ The Cannery 1550 Cannery Ave., Davis, CA 95616	Marketing & Business Management for Urban Farmers: From business planning to labor laws, basics to help you succeed.
Workshop #2 Friday, April 6, 2018, 9:00-4:00	Yolo Brewing Company (CLBL), 1520 Terminal Street, West Sacramento, CA 95691	Legal Basics of Urban Farming: Get up to speed on zoning, permits, and local resources.
Workshop #3 Saturday, April 14, 2018, 9:00-4:00	Fruit Ridge Community Collaborative (Yisrael Family Urban Farm) 4625 44th St., Sacramento, CA 95820	Production Issues & Urban Farms: Learn key concepts in site design, soil quality, irrigation, pest management, pollinators and backyard chickens.
Workshop #4 Friday, May 4, 2018, 9:00-4:00	Soil Born Farms American River Ranch, 2140 Chase Drive, Rancho Cordova, CA 95670	Food Safety Basics for Urban Farmers: How to ensure a safe harvest, from the field to the fork.

The workshops will take place at various urban farm locations in the Sacramento/Davis area. The cost is \$20 for a full day of speakers, demonstrations and networking opportunities, which includes lunch and refreshments. The workshops are offered by UC Agriculture and Natural Resources and UC Cooperative Extension in partnership with the Sacramento Food Policy Council. Pre-registration is required, and space is limited. To register, please visit: ucanr.edu/sacurbanag2018. Please contact Penny Leff at paleff@ucdavis.edu if you have any questions.

2018 USDA Summer Meals Webinars

Wholesome summer meals are critical to the health and well-being of our children. Join USDA for their 2018 Summer Meals Webinars to learn more about this important USDA program. Click on the title of the webinar below to register for the specific webinar that interests you.

Tuesday, March 20,	Tuesday, April 17,	Tuesday, May 15,	Thursday, June 14,
Tribal and Rural Summer Meals	What Cities Can Teach Us About Summer	Boosting Your Budget—Summer Meals	Middle of Summer Strategies

For additional information and resources related to USDA's Summer Food Service Program, please visit: <https://www.fns.usda.gov/sfsp/summer-food-service-program>.

Save the Date: School and Community Garden Workshops: Light Bulbs to Garlic Bulbs, Various Dates and Locations

This two-day workshop is designed to provide participants with the knowledge, skills, and resources to plan, develop, and sustain an edible school or community garden. Day 1 is an all-day garden skills workshop at a SNAP-Ed garden site. In a train-the-trainer model, you will learn the skills you need to successfully grow food and pass that knowledge back to your own staff or communities. Day 2 is an all-day garden programming workshop, where you will learn how to develop and implement a sustainable garden program and how to incorporate it into other healthy community change efforts.

Region	City	Date
Northern California	Sacramento Food Bank 3333 Third Avenue Sacramento, CA 95817	April 4-5, 2018
Central Valley	Foodlink for Tulare County 611 2nd Street Exeter, CA 93221	April 17-18, 2018
Southern California	May 1st: Mark Twain Elementary School 3728 W. 154th Street Lawndale, CA 90260 May 2nd: Kit Carson Elementary School 3530 W 147th Street Hawthorne, CA 90250	May 1-2, 2018

[Click here](#) to register or visit the [CA SNAP-Ed Trainings and Events Calendar](#) for additional information. UC CalFresh counties may contact **MaryAnn Mills** (mamills@ucdavis.edu) if you have any questions.

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Education & Resources *(continued)*

School Grants Now Available for California Schools, Deadline: April 6, 2018

Help your school become healthier with a Game On, Parents for Healthy Kids or School Breakfast grant for the 2018-2019 school year. Receive funding and technical assistance to increase physical activity opportunities, improve nutrition initiatives, engage parents in school wellness or increase breakfast participation. Learn more, and apply before the deadline on April 6, 2018. Looking for ideas or more information? Join one of the upcoming webinars listed below to learn more about each grant, get project ideas, and discover strategies for writing a successful grant:

- * [School Breakfast Grant Application Webinar](#), February 20, 2018, 1:00pm PST: Grants for 1,000-3,000 dollars fund alternative models, breakfast promotions, or family engagement.
- * [Game On Grant Application Webinar](#), February 21, 2018, 12:00pm PST: Grants for 500 or 1,000 dollars fund physical activity and nutrition initiatives.
- * [Parents for Healthy Kids Grant Application Webinar](#), February 22, 2018, 10:00am PST: Grants up to 1,000 dollars fund parents or parent groups to implement physical activity and nutrition initiatives.

For additional information, please visit: <http://www.actionforhealthykids.org/tools-for-schools/apply-for-grants>.

Funding Opportunity: Game On / Parents for Healthy Kids / School Breakfast Grants for 2018-2019, Deadline: April 6, 2018

We know a healthy school culture is good for our kids, but how do you make it happen? Cultivating a culture of health in your school can seem daunting but with a little creativity and an [Action for Healthy Kids grant](#), we know success is just around the corner! Help your school become healthier with a Game On, Parents for Healthy Kids, or School Breakfast Grant for the 2018-2019 school year. Receive funding and technical assistance to increase physical activity opportunities, improve nutrition initiatives, engage parents in school wellness or increase breakfast participation.

* **Game On Grants—\$500 or \$1,000**

- * Support physical activity AND nutrition initiatives.
- * Funding can go toward but is not limited to equipment for recess, physical education, before and after school programs, nutrition education, and school gardens.
- * Check out the [application](#) and the [application instructions guide](#).
- * [Click here](#) for the Game On Grant Application recording.

* **Parents for Healthy Kids Grants—up to \$1,000**

- * Support *parent-led* physical activity AND nutrition initiatives.
- * Funding can go toward but is not limited to equipment for recess, classroom physical activity, play space or gymnasium refurbishing, healthy celebrations and fundraisers, and taste tests.
- * Check out the [application](#) and the [application instructions guide](#).
- * [Click here](#) for the Parents for Healthy Kids Grant Application recording.

* **School Breakfast Grants—\$1,000—\$3,000**

- * Support initiatives to pilot or extend a school breakfast program through alternative or universal alternative breakfast models, breakfast promotions and family engagement.
- * Check out the [application](#) and the [application instructions guide](#).
- * [Click here](#) for the School Breakfast Grant Application recording.

For additional information, visit the [School Grants for Healthy Kids webpage](#) or email Katia Ahmed at: kahmed@actionforhealthykids.org.

2018 UC ANR Statewide Conference: *Innovation in Action*, April 9-12, 2018, DoubleTree by Hilton, Ontario, CA

Registration for the 2018 UC ANR Statewide Conference is now open! Please review the [conference program](#) and be prepared to select your sessions as well as indicate which lunches, dinners, and receptions you would like to participate in. You will also be asked to estimate your travel. This event is fully funded by ANR so be sure to book your lodging and airfare as soon as possible to receive the best rates. Per email communication from Katie Panarella, this year, nutrition education staff (both EFNEP and UC CalFresh) can attend the ANR Statewide Conference in Ontario. UC CalFresh staff are also encouraged to check-in with their supervisor, manager, or Advisor prior to registering. **Please be sure to also carefully review information on the registration survey prior to contacting the DoubleTree hotel for reservations.** To register for the 2018 UC ANR Statewide Conference, please visit: <https://ucanr.edu/survey/survey.cfm?surveynumber=23995>.

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Education & Resources *(continued)*

Funding Opportunity: Agriculture in the Classroom (AITC) Program, May 1, 2018

NIFA's Agriculture in the Classroom Program (AITC) serves nearly 5 million students and 60,000 teachers annually through workshops, conferences, field trips, farm tours, and other educational activities. AITC programs include working with state AITC activities engaged in a variety of issues relating to agricultural literacy. Other programs emphasized by the USDA National Institute of Food and Agriculture (NIFA) office include: science literacy; agricultural careers; nutrition; pre-service and professional development opportunities for teachers. Applications may be submitted by State agricultural experiment stations, State cooperative extension services, all colleges and universities, other research or educational institutions or organizations, Federal and private agencies and organization and individuals. [Click here](#) for additional

UC CalFresh, UC ANR & Partner Employment Opportunities

Financial Analyst 2, UC CalFresh State Office

Under direct supervision of the Lead Financial Analyst Supervisor, responsible for complex, analytical financial and compliance issues and serves as a resource to the UC CalFresh staff and Director of the UC CalFresh statewide program. This position is responsible for monitoring and maintaining grant, subaward, and project accounts associated with the annual operating budgets of UC CalFresh; short and long term forecasting and budget planning; analysis and processing of internal and external billing; development and preparation of financial, quarterly and annual reports. Advise counties on local support and effort reporting per Federal, University, and State guidelines. Work with UC Davis and UC ANR Sponsored Programs Office (SPO) and Contracts & Grants Accounting (C&G) Accounting on processing grant application and monitor and respond to reporting requirements. Serves as UC CalFresh support on compliance with University Policy & Procedure for grants and contracts, financial and personnel procedures as related to intra and extramural funding. Conduct monthly year-end and project-end reconciliation of research project accounts, and prepare financial summaries and ad hoc reports. Conduct budget preparation, salary and local share analysis and forecasting, and for control of complex budgets for 20-30 counties. The last day to apply is: **March 20, 2018**. For additional information, or to apply, please visit: www.employment.ucdavis.edu/applicants/Central?quickFind=78975.

Community Education Supervisor 2, UCCE Fresno/Madera Counties

Under the direction of the Nutrition, Family and Consumer Sciences (NFCS) Advisor and Manager, the Community Education Supervisor 2 is responsible for supervision of day-to-day operations of the UC CalFresh Program in Fresno & Madera Counties. This includes supervision of Community Education Specialists. This supervision includes writing and conducting performance evaluations and conducting staff training, as well as recruiting new staff. The supervisor is also responsible for implementation of the program according to the approved SNAP-Ed Joint Work Plan with the Local Department of Public Health and Catholic Charities. The position includes program development and implementation, administrating, strategic management, and evaluation. The Community Education Supervisor 2 will assist in developing and managing the CalFresh budget in consultation with NFCS Advisor and Manager and in accordance with the funders' requirements and ANR policies and procedures. This position will promote, in all ways consistent with other responsibilities of the position, the affirmative action goals established by the Division. The last day to apply is: **April 4, 2018**. For additional information, or to apply, please visit: <https://jobs.ucop.edu/applicants/Central?quickFind=60958>.

Cooperative Extension Nutrition, Family and Consumer Sciences Advisor, UCCE Fresno & Madera Counties

The University of California Agriculture and Natural Resources division seeks a **Cooperative Extension Nutrition, Family and Consumer Sciences Advisor** to conduct a multi-county based extension, education and applied research program providing leadership to the University of California Cooperative Extension (UCCE) low-income nutrition education programs funded by the Expanded Food and Nutrition Education Program (EFNEP) and the UC CalFresh Nutrition Education program (a SNAP-Ed Program). The CE Advisor will develop research based youth programs in **Fresno and Madera Counties**. For full interview consideration, complete application packets are due no later than **Friday, April 6, 2018** from candidates who, by the hire date, will possess at least a master's degree in disciplines such as nutrition, health education, human development or a closely related field. All application packets must be submitted via email to ANRacademicsearch@ucanr.edu. Please contact Karen Ellsworth and refer to AP #18-03, to answer any questions related to this search at (530) 750-1284 or kaellsworth@ucanr.edu. For additional information, please visit: http://ucanr.edu/Jobs/Jobs_990/?jobnum=1328.

UC ANR Staff Appreciation and Recognition (STAR) Program

Nominate staff for STAR Awards, Deadline: March 29, 2018

The following announcement was originally sent via email through UC ANR Updates on 2/7/2018.

Nominations are being accepted for the ANR Staff Appreciation and Recognition (STAR) program for the fiscal year 2017-18. The STAR program is your opportunity to celebrate and reward the great contributions of ANR's people. The program provides cash awards to eligible staff in recognition of outstanding achievement. Managers may nominate individuals and teams demonstrating exceptional performance, creativity, organizational abilities, work success and teamwork. ANR staff in PSS and MSP titles, as well as members of the Clerical Unit (CX), are eligible to be nominated for cash awards. Nomination forms and program guidelines are attached. UC ANR has streamlined the nomination form this year to simplify the process.

STAR Awards will be celebrated during an ANR recognition event at the Second Street building in Davis on June 6, 2018. Send your nominations to jlazulai@ucanr.edu. **The deadline for submission is Thursday, March 29, 2018.**

The purpose of the STAR program is to recognize and reward outstanding staff individual and team performance within Agriculture and Natural Resources. Recipients receive cash awards as well as recognition. Under the STAR plan, managers can recognize, acknowledge and reward staff employees for exceptional performance or significant contributions related to and supportive of individual, departmental, divisional, or organizational goals and objectives. Nominations are due March 29, 2018. Please find the [nomination form](#), [STAR award guidelines & restrictions](#) and [local plan](#) attached. [Read announcement on the ANR Update page.](#)

We want to hear from you!

The UC CalFresh State Office would love to hear from you! Please email Lindsay Hamasaki at lmhamasaki@ucdavis.edu to share your comments, stories, photos or other items you would like to see featured in future Weekly Updates.

The UC CalFresh Weekly Updates are sent by the UC CalFresh State Office on behalf of David Ginsburg, Director of the UC CalFresh Nutrition Education Program. Electronic versions of the Weekly Updates are also posted on the UC CalFresh website: <http://www.uccalfresh.org/weekly-updates>.

The University of California CalFresh Nutrition Education Program (UC CalFresh) is funded through a joint agreement among the U.S. Department of Agriculture/Food & Nutrition Service (USDA/FNS), the California Department of Social Services (CDSS) CalFresh and Nutrition Branch, and the University of California Cooperative Extension (UCCE). This material was produced by the University of California CalFresh Nutrition Education Program with funding from USDA SNAP, known in California as CalFresh (formerly food stamps). These institutions are equal opportunity providers and employers. CalFresh provides assistance to low-income households and can help buy nutritious foods for better health. For CalFresh information, call 1-877-847-3663.



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