

UC CalFresh Weekly Update March 26, 2018

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- * Community Education Supervisor 2, UCCE Fresno/Madera Counties
- * Cooperative Extension Nutrition, Family and Consumer Sciences Advisor, UCCE Fresno & Madera Counties

Upcoming Events & Deadlines

MARCH 2018

SUN	MON	TUE	WED	THU	FRI	SAT
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

Connect with EatFresh.org!

The creators of www.eatfresh.org would love to talk with partners who are actively working with youth. Eatfresh.org was built with a adult audience in mind, but they are currently exploring ways to make this a useful online nutrition resource for youth. Please email monica@leahspantrysf.org if you are interested in sharing your 2 cents. You will be invited to schedule a one-on-one conversation at your convenience. If you wish, you can also learn more about Leah's Pantry's free trainings and tools for engaging clients in healthy eating. Participating partners will receive a thank you gift including cookbooks, EatFresh.org materials and other Leah's Pantry goodies.

Canceled: 4/17/18 UC CalFresh Town Hall Webinar

Please note that the Town Hall Meeting originally scheduled for April 17, 2018 has been canceled. This update has been noted on the [FFY 2018 Town Hall Webinars Schedule](#) and the [UC CalFresh Trainings and Meetings Calendar](#). The next Town Hall webinar will be on May 15, 2018.

UC CalFresh Success Stories

Success stories from your FFY 2018 UC CalFresh participants can be shared through the online data entry portal: <https://ucanr.edu/survey/survey.cfm?surveynumber=22089>.

"I try to eat smaller portions. Not eat a lot of foods that have a lot of fat and sugar. When I go to the store, I do a shopping list and I buy less sugary snacks."
—Plan, Shop, Save, and Cook Participant,
Kern County

"Last week I learned to make black bean salad. I learned to save me money. It was very good information. Today we learned to make [a] hummus and veggies pita sandwich. It helped me to save money and eat healthier for my family. Thank you."
—Plan, Shop, Save and Cook Participant,
San Francisco County

UC CalFresh Website Updates

* UC CalFresh Trainings

3/20/2018 UC CalFresh Town Hall Webinar Recording, PowerPoint Slides & Resources Now Available

The webinar recording, PowerPoint presentation, and resources from the 3/20/2018 UC CalFresh Town Hall Webinar, "PEARS Indirect Activity Module Overview," presented by the UC CalFresh State Office staff, are now available on the UC CalFresh website. Please visit: <http://www.uccalfresh.org/trainings/town-halls> to access these resources.

* UC CalFresh Program Directives

UC CalFresh Program Directive 2018-05: Display of And Justice for All Poster

The State Office has issued [UC CalFresh Program Directive 2018-05](#) to provide guidance on the display of the "And Justice for All" Poster as part of complying with SNAP-Ed civil rights and public notification requirements. Per [USDA SNAP-Ed Guidance](#), the "And Justice for All" (the blue version AD-475-B) poster is to be posted where it can be viewed by customers whenever and wherever SNAP-Ed services/education/interventions are provided. For additional information, or to download a copy of the Program Directive, please visit: <http://www.uccalfresh.org/administrative/program-administration/uc-calfresh-program-administration/policies-and-procedures>.

* UC CalFresh Youth Engagement Initiative Resources

Moving from Serving Youth to Engaging Youth—A Report on UC CalFresh Youth Engagement

This [report](#) examines 3 case studies from UC CalFresh SNAP-Ed nutrition education county programs who facilitated a youth-led participatory action research (YPAR) project as part of UC CalFresh's Youth Engagement Initiative during federal fiscal year 2017. We thank the UC CalFresh programs in El Dorado, Imperial, and San Mateo Counties for highlighting their initial YPAR efforts. The report is designed to highlight the YPAR process and inspire other SNAP-Ed programs to adopt similar approaches for authentically engaging young people in policy, systems, and environmental (PSE) change strategies focused on nutrition, wellness, food access and physical activity. Launched in federal fiscal year 2016, the UC CalFresh Youth Engagement Initiative is exploring innovative strategies to shift from a focus on serving youth to engaging youth in nutrition and physical activity. Projects within this initiative seek to empower young people from vulnerable communities to lead efforts to improve the environments where they live, play, eat, shop, and learn. Key partners for this effort include the UC Davis Center for Regional Change, Public Health Institute Center for Wellness and Nutrition, and the UC Division of Agriculture and Natural Resources. For additional resources, and to view the report, please visit: <http://www.uccalfresh.org/resources/youth-engagement>.

Upcoming UC CalFresh Trainings

Save the Date: CATCH Early Childhood (Pre/K) Training Academy, April 3-5, 2018—Location Update!

It is time to save the dates for the next CATCH Early Childhood (Pre/K) Training Academy: April 3-5, 2018. Please also note that this training will be located in **Riverside**. During this training, you will get active and learn practical skills necessary to implement physical activity into the UC CalFresh Nutrition Education Program using the CATCH Early Childhood Program. Please see below for more details.

Date	Time	UPDATED Location
April 3-5, 2018	8:00am-4:00pm	4210 Riverwalk Parkway First Floor, Orange and Lemon Conference Rooms Riverside, CA 92505

The UC CalFresh State Office encourages UC CalFresh county programs to use their travel funds to attend this conference. If you anticipate that you will not have sufficient funds to cover travel costs to attend this training, please contact **Lindsay Hamasaki** (lmhamasaki@ucdavis.edu) and copy **Michele Byrnes** (mnbbyrnes@ucdavis.edu). Additional staff will be added to a waitlist upon request. Please email additional questions to **Michele Byrnes** at mnbbyrnes@ucdavis.edu.

UC CalFresh PEARS Office Hours, Various Dates

Please join UC CalFresh for monthly PEARS Office Hours if you have any pressing questions related to reporting your program activities, FBC/PSSC surveys, and PSE efforts in PEARS. We look forward to hearing about the great work you are doing and working together to clarify the best reporting approaches using PEARS.

<u>Tuesday, March 6, 2018</u> Time: 1:00pm PST Audio Dial-In Information: U.S. Toll: 303.248.0285 Access Code: 7544137 Link: https://cc.readytalk.com/r/x9kkb4uk6jer&eom	<u>Tuesday, April 3, 2018—Surveys & PSE Focus</u> Time: 1:00pm PST Audio Dial-In Information: U.S. Toll: 303.248.0285 Access Code: 7544137 Link: https://cc.readytalk.com/r/ga3n877vapcn&eom
<u>Tuesday, May 1, 2018</u> Time: 1:00pm PST Audio Dial-In Information: U.S. Toll: 303.248.0285 Access Code: 7544137 Link: https://cc.readytalk.com/r/miorx00fmuli&eom	<u>Tuesday, June 5, 2018</u> Time: 1:00pm PST Audio Dial-In Information: U.S. Toll: 303.248.0285 Access Code: 7544137 Link: https://cc.readytalk.com/r/gceocy6o7xo7&eom

You may also visit the [UC CalFresh Training Calendar](#) for additional information.

UC ANR Staff Appreciation and Recognition (STAR) Program

Nominate staff for STAR Awards, Deadline: March 29, 2018

The following announcement was originally sent via email through UC ANR Updates on 2/7/2018.

Nominations are being accepted for the ANR Staff Appreciation and Recognition (STAR) program for the fiscal year 2017-18. The STAR program is your opportunity to celebrate and reward the great contributions of ANR's people. The program provides cash awards to eligible staff in recognition of outstanding achievement. Managers may nominate individuals and teams demonstrating exceptional performance, creativity, organizational abilities, work success and teamwork. ANR staff in PSS and MSP titles, as well as members of the Clerical Unit (CX), are eligible to be nominated for cash awards. Nomination forms and program guidelines are attached. UC ANR has streamlined the nomination form this year to simplify the process.

STAR Awards will be celebrated during an ANR recognition event at the Second Street building in Davis on June 6, 2018. Send your nominations to jlazulai@ucanr.edu. **The deadline for submission is Thursday, March 29, 2018.**

The purpose of the STAR program is to recognize and reward outstanding staff individual and team performance within Agriculture and Natural Resources. Recipients receive cash awards as well as recognition. Under the STAR plan, managers can recognize, acknowledge and reward staff employees for exceptional performance or significant contributions related to and supportive of individual, departmental, divisional, or organizational goals and objectives. Nominations are due March 29, 2018. Please find the [nomination form](#), [STAR award guidelines & restrictions](#) and [local plan](#) attached. [Read announcement on the ANR Update page.](#)

UC CalFresh in Action!

Integrating Creativity Using Making Every Dollar Count, UCCE Tulare/Kings Counties

UCCE CalFresh Tulare County joined Terra Bella Elementary School to provide parents with an eight-lesson course, Making Every Dollar Count. UCCE CalFresh Adult Education Educator, **Alice Escalante**, incorporates her own creativity into *Lesson 3: Stretch Your Dollars* to successfully engage her audience to participate and learn the importance of saving and gaining control of their finances. She incorporates a talent show by having her students identify their own personal skills and community resources to stretch their dollars. The goal of the lesson is to identify one way to reduce expenses and increase income by using their personal skills. To engage her audience in a fun and interesting way, Alice has her students showcase their personal skill and bring an example of it to share with the class. The talent show is a fun and creative way for her students to showcase their talent. Alice also shared with her students one of her personal skills—impersonating Dora the Explorer. She explained that she used this valuable skill to help pay for her education during financial hardship at home. This motivated and encouraged her students to showcase their own talent!



The classes were so successful, community liaison, Ms. Dunn shared, “I can’t even begin to tell you how grateful I am for having nutrition educator Alice Escalante, present such wonderful and informative classes in our Terra Bella community. I have been a community liaison in the area for many years and never before have I heard parents excitedly ask the question, ‘When is our next class?’ Alice has not only brought great lifelong tools to our community, but also a deep bond and connection with the participants. I think the most memorable class was sharing our talents and learning how to use our gifts to help us succeed financially. Alice shared her own testimony about becoming a Dora the Explorer Impersonator to help her family in a time of financial struggle. The parents were very moved and gave much more thought to using their gifts to reach financial goals. All of the parents shared their own talents and were given special awards. The parents also awarded Alice with the “Best Dora the Explorer Award” as well! Thank you again to the UC Ag Extension for sending Ms. Alice Escalante to us! She is now officially a part of our Terra Bella family!”

Because of Alice sharing her personal experience, Terra Bella expressed their appreciation to both Alice and her students by recognizing them with awards for their dedication and unique talents. Alice was awarded the Best Dora the Explorer for her unique talent! Other students received awards for showcasing their talents in embroidery, cooking, baking, and other music. This is an excellent way to showcase creativity in the classroom to engage and educate students on the importance of stretching their dollars.

National School Breakfast Week at Bruce Elementary, UCCE San Luis Obispo/Santa Barbara Counties

4-H Student Nutrition Advisory Council clubs (SNAC) in Santa Maria have been busy promoting health and nutrition at their schools and in their communities. With the guidance of Nutrition Educator, **Betsy Plascencia**, SNAC students from Bruce Elementary focused on promoting National School Breakfast Week during March 5th-9th. SNAC youth leaders provided education to families at the monthly Healthy School Food Pantry food distribution near their school. “Students are always so excited to help out at the Healthy school Pantry. This month they helped at the education table, speaking with parents about the importance of eating breakfast and preparing a sample of oatmeal,” said Betsy Plascencia. Oatmeal is served in school cafeterias every Monday in the district, however, many families are not familiar with the taste of oatmeal and most do not participate in the school breakfast program even though they qualify for free meals. Later that night, a parent walked up to thank Betsy and Nutrition Assistant **Yudilia Tomsen** for the impact the program was having on her daughter and her family. The mom told UC staff that SNAC and the classroom lessons UC CalFresh does at school really make an impact on her daughter. She likes coming home and sharing the information with the family because it makes her feel like a teacher. She also said her daughter has started to help her cook healthier meals, even encouraging her to buy whole wheat tortillas instead of white flour and using olive oil instead of lard.



“Cuando quiero ponerle manteca a los frijoles ella me ha dicho que mejor use aceite de olivo. Y pues como le digo que no?” / “When I want to put lard in the beans she is telling me that it is better to use olive oil. And well, what am I going to tell her, no?”

Later that week, students continued to promote breakfast. Working with their food service staff they sampled the school breakfast with families and let them know that their children have the option of eating breakfast at school every day.

The Smarter Lunchrooms Movement of California

The UC CalFresh State Office would like to see how the Smarter Lunchroom Movement of California has been implemented in your county! Please share your success stories and photos with MaryAnn Mills via e-mail: mamills@ucdavis.edu.



The Smarter Lunchrooms Movement of California *Monthly Nudge*

The Smarter Lunchrooms Movement of California *Monthly Nudge* is a monthly newsletter which provides updates on how the Smarter Lunchrooms Movement is moving throughout California and is brought to you by the SLM of CA Collaborative. The newsletter provides updates, upcoming trainings and events, and more! If you are interested in signing up to receive the *Monthly Nudge*, please [click here!](#)

Save the Date: Webinar—School Food: Too Good to Waste, March 27, 2018, 1:00-2:00pm PST

Americans waste enough food every day to fill a 90,000 seat football stadium. Approximately one-third of all food is wasted at the retail and consumer levels. While research has shown that food wasted by children is similar to the rest of the U.S. population, there are many ways schools can reduce food waste and teach students about the impact it has on the environment and in their community. Join the Smarter Lunchrooms Movement of California to discuss Smarter Lunchrooms Movement principles and practices to help increase consumption of nutritious foods and reduce waste. SLM of CA will be sharing current laws and mandates as well as best practices around the state. All attendees are welcome. To register for this webinar, please visit: <https://cc.readytalk.com/r/i2jibnhtkmq6&eom>. **Pre-registration for this webinar is required.** Please contact MaryAnn Mills (mamills@ucdavis.edu) if you have any questions.

Articles & Research

Afterschool Suppers Reduce Childhood Hunger and Promote Healthy Growth and Development

Nearly 1.1 million low-income children benefited from afterschool suppers in October 2016, up from just 200,000 children in October 2011, according to the Food Research & Action Center (FRAC). FRAC released [Afterschool Suppers: A Snapshot of Participation](#), its first-ever report on participation data in the Afterschool Nutrition Programs, which play a key role in reducing hunger and supporting quality afterschool enrichment programs. The report includes federally funded afterschool meals participation data nationally and for each state. Because afterschool suppers are a relatively new option that first became available nationwide through the Healthy, Hunger-Free Kids Act of 2010, every state has room to grow participation in the 2017-2018 school year and beyond. While national participation in the Afterschool Supper Program increased at an impressive rate from 2011-2015—growing by approximately 200,000 children each year—growth slowed significantly in 2016. Only about 48,000 additional children received afterschool suppers in October 2016, compared to the previous October. Overall, only one child for every 20 low-income children who participated in school lunch in October 2016 received an afterschool supper. [Read full press release.](#) [Read full report.](#)

Health Care Without Harm—Healthy Food Playbook—National Survey on Community Benefits Plans and Activities

The following information was originally shared with the Association of SNAP Nutrition Education Administrators (ASNNA) on 3/22/2018.

If you're working on food systems, food security, or health care-community linkages, this new Playbook from the Robert Wood Johnson Foundation will give you the lay of the land (download the National Survey of Hospitals for a quick-to-process slide deck) and some tools to use with partners and hospitals that are required to conduct Community Health Needs Assessments (CHNAs). The national report may provide metrics that will help SNAP-Education programs working with health care compare themselves against national norms. To access the new playbook, please visit: <https://foodcommunitybenefit.noharm.org/resources>. Almost three-quarters of responding hospitals identified obesity as a health need, over 10% identified food insecurity/access to healthy food as problems, and well over half used food environment measures in their needs assessments. The report provides percentages by region of the U.S., type and size of hospital, data sources (many are the same as SNAP-Education uses), and different initiatives including FV Rx, retail, emergency food, food assistance, community agriculture, and advocacy. If an advocate or community nutrition professional is on the Community Benefits Committee, the institution is more likely to address nutrition and physical activity-related issues.

Education & Resources

Training Opportunities for SNAP-Ed Local Implementing Agencies

On behalf of the California Department of Social Services, the California Department of Public Health Nutrition Education and Obesity Prevention Branch, UC CalFresh, California Department of Aging, and Catholic Charities of California, we are pleased to announce upcoming SNAP-Ed trainings available to appropriate staff from SNAP-Ed state and local implementing agencies in California. Please visit the [Training and Events Calendar](#) for additional information and opportunities.

Healthy Choices in Motion Online Training Module Now Available!

Learn how you can use the physical activity curriculum *Healthy Choices in Motion* with students in 4th through 6th grade! This curriculum, which can be used stand-alone or as part of the Shaping Healthy Choices Program, teaches students about key concepts of physical activity and how physical activity is important for overall health. The online training module, provided through the platform Open-Learning, includes a brief orientation to inquiry learning and an overview of each of the five modules, with videos demonstrating the physical activities involved. To access this training, please visit: <https://www.openlearning.com/courses/healthy-choices-in-motion>. For more information, please email [Melanie Gerdes \(magerdes@ucdavis.edu\)](mailto:magerdes@ucdavis.edu) or [Anna Jones \(anajones@ucdavis.edu\)](mailto:anajones@ucdavis.edu).

New and Updated Nutrition Information Resources

The Department of Nutrition at UC Davis has a variety of nutrition information resources that you may be interested in. These include curricula, the quarterly newsletter *Nutrition Perspectives* as well as evidence-based nutrition info sheets on a variety of topics ranging from Gluten to the Dietary Guidelines to Phytochemicals. These resources can be found via the UC Davis Department of Nutrition website at: <http://nutrition.ucdavis.edu/info/index.html>. For more information, please email [Anna Jones \(anajones@ucdavis.edu\)](mailto:anajones@ucdavis.edu).

The CATCH Promise Initiative

Great news! We are highlighting a great opportunity for UC CalFresh eligible schools to further partner with the CATCH Global Foundation (CGF). CGF has also identified 90 priority districts ([see one-pager](#)) for proactive outreach. The selection is based on district size (>20,000 students) and free-and-reduced lunch rate (>75%); two factors that are strong indicators of public health need and resource availability. Districts not on the list, however, may still qualify.

Based on the success stories shared by our counties, many school sites seem to have the readiness to make a more cohesive health culture for the students, parents, and staff. Imagine a school having programming that includes nutrition education, SLM, CATCH PE, after school programming, and gardening. The CATCH Coordination Kit provides a team of 5-6 school wellness leaders with simple guidance on creating a culture of health by weaving all these programming elements together.

Please take a look at the [flyer](#) (linked above) and let [Michele Burnes \(mnburnes@ucdavis.edu\)](mailto:mnburnes@ucdavis.edu) know if you think that you might have a school or school district that is ready to bring all the health components together using a simple framework to guide the way. The CATCH Promise Initiative is a great opportunity to help our schools reach their greatest potential in creating a healthy environment where students and their families thrive.



Butte County Cluster combining nutrition education, PA, common core standards all using playground stencil hardscapes

Rethink Your Drink Statewide Day of Action—Event-in-a-Box Toolkit Webinar, Recording Now Available

The webinar recording for the Rethink Your Drink Statewide Day of Action—Event-in-a-Box Toolkit Webinar is now available. The purpose of Rethink Your Drink Day is to raise awareness about the health effects of sugary drinks and the benefits of replacing these drinks with water. Please refer to the attached Rethink Your Drink Day one-pager with information and critical dates you need to help you prepare to host the RYD Day event. Register to participate on or after April 4, 2018 at RethinkYourDrinkDay.com. [Click here](#) to view the webinar recording. If you require additional information, please contact Asbury.Jones@cdph.ca.gov or C4C_PR@RescueAgency.com.

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Education & Resources *(continued)*

USDA Food Safety and Inspection Service (FSIS) Spring Communications Toolkit

Spring brings weddings, graduations, holidays and family gatherings. But the warmer months also often bring an uptick in foodborne illnesses. Home cooks are often preparing food for larger groups of people. Those foods may be served buffet style or family style, and may be sitting out for extended periods of time, sometimes outdoors, where temperatures can increase the growth of harmful bacteria. [FSIS' spring communications toolkit](#) has all the resources you need to communicate safe food handling practices in your community. Their press release, blogs, infographics and other educational materials break down safe food handling into easy steps that home cooks can follow to prepare and serve meals safely this spring. For additional information, please visit: <https://www.fsis.usda.gov/wps/portal/food-safety-education/featured-campaign>.

Webinar: Early Care and Education: Physical Activity Toolkit for Preschool-Aged Children, March 27, 2018, 10:00-11:30am

Join this webinar to learn about the PA Toolkit content; demonstrate two PA Toolkit activities; and understand the importance of having a PA Policy in place. To register for this webinar, please visit: <https://attendee.gototraining.com/r/6943586742900382466>. The following webinar information is available on the [UC CalFresh Training Calendar](#) or the [CA SNAP-Ed Trainings & Events Calendar](#)

Webinar: Tips to Communicate Effectively, March 28, 2018, 10:30-11:45am PT

In this webinar, we will be joined by seasoned media experts from Allison and Partners who will present tips on how to communicate effectively so that you can implement right away. Don't miss out on this valuable learning opportunity to raise awareness and increase the impact of your local health programs! [Click here](#) to register.

Register Now! Three Steps to Wellness Policy Implementation Success Workshop, Various Dates

Implementation of Local School Wellness Policies (LSWP) is most effective when aligned with district priorities and broader community needs. The Three Steps to Wellness Policy Implementation Success Workshop—brought to you by the California Local School Wellness Policy Collaborative—provides participants with key strategies for updating and implementing LSWP, and provides guidance for complying with assessment and administrative review processes. Attendees will learn key responsibilities and approaches to engage stakeholders at the district, school and community levels to achieve successful LSWP implementation. Workshop attendees will also take away tools and resources needed to measure success, and identify opportunities that support a whole child approach.

February 14	February 28	March 6	March 14	March 20	March 21	April 11
Sierra Health Foundation 1321 Garden Hwy Sacramento, CA 95833	McConnell Foundation 800 Shasta View Drive Redding, CA 96003	The California Endowment—Oakland Conference Center—Laurel Room 200 Franklin Street Oakland, CA 94612	UC California Fresno Center 550 E. Shaw Ave. Fresno, CA 93710	Riverside University Health System—Public Health 4210 Riverwalk Parkway, Suite 400 (1st Floor) Riverside, CA 92505	Los Angeles County Office of Education (LACOE) 9300 Imperial Highway Downey, CA 90242	Orange County Department of Education 200 Kalmus Drive, Conference Center: Building D, Room 1002-1003 Costa Mesa, CA 92626

[Click here](#) to register. For additional information about these workshops, please visit the [CA SNAP-Ed Trainings & Events Calendar](#) or contact Chris Bilbrey at Christine.Bilbrey@cdph.ca.gov or Maegan Jorgensen at Maegan.Jorgensen@cdph.ca.gov.

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Education & Resources *(continued)*

NCCOR Connect and Explore Webinar: Collaborating for Impact, March 29, 2018, 11:00am PT

The National Collaborative on Childhood Obesity Research (NCCOR) brings together the nation’s four largest childhood obesity research funders—National Institutes of Health (NIH), Centers for Disease Control and Prevention (CDC), Robert Wood Johnson Foundation (RWJF), and U.S. Department of Agriculture (USDA)—in a public-private collaboration to accelerate progress in reducing childhood obesity. Since its launch in 2009, NCCOR has transformed the field of childhood obesity research through strategic initiatives, comprehensive tools for researchers, and innovative rapid-response funding mechanisms, among other efforts. To provide insights into its formation, operations, and accomplishments, NCCOR published two papers in a March theme issue of the *American Journal of Preventive Medicine*. The papers are accompanied by a commentary by senior leaders of NCCOR’s member organizations and an editorial by James Sallis, PhD, a member of NCCOR’s External Scientific Panel. A list of the papers and NCCOR’s 10 years of accomplishments can be found at: www.nccor.org/accomplishments. On March 29, NCCOR is hosting a Connect & Explore webinar “Collaborating for Impact: Lessons Learned from NCCOR.” The webinar will highlight the Collaborative’s approach to building the field of childhood obesity research, showcase aspects of the collaborative model and include a discussion on how to apply this approach to other complex health problems. [Click here](#) to register for the webinar. The event is free, but attendance is limited.

UC ANR Sacramento Urban Ag Risk Management Workshops, Various Dates

Are you an urban farmer in the Sacramento region? This low-cost series is for you! Learn the basics of urban farming from UCCE advisors and local partners at this upcoming urban ag risk management workshop series. Take one or take all four of these low-cost workshops.

Workshop #1 Friday, March 16, 2018, 9:00-4:00	Center for Land Based Learning (CLBL) @ The Cannery 1550 Cannery Ave, Davis, CA 95616	Marketing & Business Management for Urban Farmers: From business planning to labor laws, basics to help you succeed.
Workshop #2 Friday, April 6, 2018, 9:00-4:00	Yolo Brewing Company (CLBL), 1520 Terminal Street, West Sacramento, CA 95691	Legal Basics of Urban Farming: Get up to speed on zoning, permits, and local resources.
Workshop #3 Saturday, April 14, 2018, 9:00-4:00	Fruit Ridge Community Collaborative (Yisrael Family Urban Farm) 4625 44th St., Sacramento, CA 95820	Production Issues & Urban Farms: Learn key concepts in site design, soil quality, irrigation, pest management, pollinators and backyard chickens.
Workshop #4 Friday, May 4, 2018, 9:00-4:00	Soil Born Farms American River Ranch, 2140 Chase Drive, Rancho Cordova, CA 95670	Food Safety Basics for Urban Farmers: How to ensure a safe harvest, from the field to the fork.

The workshops will take place at various urban farm locations in the Sacramento/Davis area. The cost is \$20 for a full day of speakers, demonstrations and networking opportunities, which includes lunch and refreshments. The workshops are offered by UC Agriculture and Natural Resources and UC Cooperative Extension in partnership with the Sacramento Food Policy Council. Pre-registration is required, and space is limited. To register, please visit: ucanr.edu/sacurbanag2018. Please contact Penny Leff at paleff@ucdavis.edu if you have any questions.

2018 USDA Summer Meals Webinars

Wholesome summer meals are critical to the health and well-being of our children. Join USDA for their 2018 Summer Meals Webinars to learn more about this important USDA program. Click on the title of the webinar below to register for the specific webinar that interests you.

Tuesday, March 20, 10:00am PT	Tuesday, April 17, 10:00am PT	Tuesday, May 15, 10:00am	Thursday, June 14, 10:00am
Tribal and Rural Summer Meals	What Cities Can Teach Us About Summer Meals	Boosting Your Budget—Summer Meals Financial Planning	Middle of Summer Strategies

For additional information and resources related to USDA’s Summer Food Service Program, please visit: <https://www.fns.usda.gov/sfsp/summer-food-service-program>.

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Education & Resources *(continued)*

Save the Date: School and Community Garden Workshops: Light Bulbs to Garlic Bulbs, Various Dates and Locations

This two-day workshop is designed to provide participants with the knowledge, skills, and resources to plan, develop, and sustain an edible school or community garden. Day 1 is an all-day garden skills workshop at a SNAP-Ed garden site. In a train-the-trainer model, you will learn the skills you need to successfully grow food and pass that knowledge back to your own staff or communities. Day 2 is an all-day garden programming workshop, where you will learn how to develop and implement a sustainable garden program and how to incorporate it into other healthy community change efforts.

Region	City	Date
Northern California	Sacramento Food Bank 3333 Third Avenue Sacramento, CA 95817	April 4-5, 2018
Central Valley	Foodlink for Tulare County 611 2nd Street Exeter, CA 93221	April 17-18, 2018
Southern California	May 1st: Mark Twain Elementary School 3728 W. 154th Street Lawndale, CA 90260 May 2nd: Kit Carson Elementary School 3530 W 147th Street Hawthorne, CA 90250	May 1-2, 2018

[Click here](#) to register or visit the [CA SNAP-Ed Trainings and Events Calendar](#) for additional information. UC CalFresh counties may contact [MaryAnn Mills](mailto:mamills@ucdavis.edu) (mamills@ucdavis.edu) if you have any questions.

School Grants Now Available for California Schools, Deadline: April 6, 2018

Help your school become healthier with a Game On, Parents for Healthy Kids or School Breakfast grant for the 2018-2019 school year. Receive funding and technical assistance to increase physical activity opportunities, improve nutrition initiatives, engage parents in school wellness or increase breakfast participation. Learn more, and apply before the deadline on April 6, 2018. Looking for ideas or more information? Join one of the upcoming webinars listed below to learn more about each grant, get project ideas, and discover strategies for writing a successful grant:

- * [School Breakfast Grant Application Webinar](#), February 20, 2018, 1:00pm PST: Grants for 1,000-3,000 dollars fund alternative models, breakfast promotions, or family engagement.
- * [Game On Grant Application Webinar](#), February 21, 2018, 12:00pm PST: Grants for 500 or 1,000 dollars fund physical activity and nutrition initiatives.
- * [Parents for Healthy Kids Grant Application Webinar](#), February 22, 2018, 10:00am PST: Grants up to 1,000 dollars fund parents or parent groups to implement physical activity and nutrition initiatives.

For additional information, please visit: <http://www.actionforhealthykids.org/tools-for-schools/apply-for-grants>.

2018 UC ANR Statewide Conference: *Innovation in Action*, April 9-12, 2018, DoubleTree by Hilton, Ontario, CA

Registration for the 2018 UC ANR Statewide Conference is now open! Please review the [conference program](#) and be prepared to select your sessions as well as indicate which lunches, dinners, and receptions you would like to participate in. You will also be asked to estimate your travel. This event is fully funded by ANR so be sure to book your lodging and airfare as soon as possible to receive the best rates. Per email communication from Katie Panarella, this year, nutrition education staff (both EFNEP and UC CalFresh) can attend the ANR Statewide Conference in Ontario. UC CalFresh staff are also encouraged to check-in with their supervisor, manager, or Advisor prior to registering. **Please be sure to also carefully review information on the registration survey prior to contacting the DoubleTree hotel for reservations.** To register for the 2018 UC ANR Statewide Conference, please visit: <https://ucanr.edu/survey/survey.cfm?surveynumber=23995>.

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Education & Resources *(continued)*

Webinar: Youth Behavior Guidance and Classroom Management: What We Learned—How We Used It—What Comes Next?, April 24, 2018, 2:30-4:00pm

Please mark your calendar for a webinar, “Youth Behavior Guidance and Classroom Management: What We Learned—How We Used It—What Comes Next?” This webinar is designed to follow-up and continue the learning from the regional youth education trainings conducted in July 2017. In this webinar, you will have the opportunity to:

- * Hear from your fellow educators how they have implemented behavior guidance and classroom management strategies
- * Hear how these strategies have made a difference
- * Reflect on and discuss how you have used what you learned
- * Hear about continuing learning opportunities

[Click here](#) to join the webinar or visit the [UC CalFresh Training Calendar](#). (Call-in Number: (646) 558-8656 or (669) 900-6833; Meeting ID: 730 835 336). Please plan to attend! If the time doesn't work for you, the webinar will be recorded, and depending on interest, may be offered live at an alternate time. Please contact [Lyn Brock](#) (rlbrock@ucanr.edu) if you have any questions.

Funding Opportunity: Agriculture in the Classroom (AITC) Program, May 1, 2018

NIFA's Agriculture in the Classroom Program (AITC) serves nearly 5 million students and 60,000 teachers annually through workshops, conferences, field trips, farm tours, and other educational activities. AITC programs include working with state AITC activities engaged in a variety of issues relating to agricultural literacy. Other programs emphasized by the USDA National Institute of Food and Agriculture (NIFA) office include: science literacy; agricultural careers; nutrition; pre-service and professional development opportunities for teachers. Applications may be submitted by State agricultural experiment stations, State cooperative extension services, all colleges and universities, other research or educational institutions or organizations, Federal and private agencies and organization and individuals. [Click here](#) for additional information.

UC CalFresh, UC ANR & Partner Employment Opportunities

Financial Analyst 2, UC CalFresh State Office

Under direct supervision of the Lead Financial Analyst Supervisor, responsible for complex, analytical financial and compliance issues and serves as a resource to the UC CalFresh staff and Director of the UC CalFresh statewide program. This position is responsible for monitoring and maintaining grant, subaward, and project accounts associated with the annual operating budgets of UC CalFresh; short and long term forecasting and budget planning; analysis and processing of internal and external billing; development and preparation of financial, quarterly and annual reports. Advise counties on local support and effort reporting per Federal, University, and State guidelines. Work with UC Davis and UC ANR Sponsored Programs Office (SPO) and Contracts & Grants Accounting (C&G) Accounting on processing grant application and monitor and respond to reporting requirements. Serves as UC CalFresh support on compliance with University Policy & Procedure for grants and contracts, financial and personnel procedures as related to intra and extramural funding. Conduct monthly year-end and project-end reconciliation of research project accounts, and prepare financial summaries and ad hoc reports. Conduct budget preparation, salary and local share analysis and forecasting, and for control of complex budgets for 20-30 counties. The last day to apply is: **April 3, 2018**. For additional information, or to apply, please visit: www.employment.ucdavis.edu/applicants/Central?quickFind=78975.

Community Education Supervisor 2, UCCE Fresno/Madera Counties

Under the direction of the Nutrition, Family and Consumer Sciences (NFCS) Advisor and Manager, the Community Education Supervisor 2 is responsible for supervision of day-to-day operations of the UC CalFresh Program in Fresno & Madera Counties. This includes supervision of Community Education Specialists. This supervision includes writing and conducting performance evaluations and conducting staff training, as well as recruiting new staff. The supervisor is also responsible for implementation of the program according to the approved SNAP-Ed Joint Work Plan with the Local Department of Public Health and Catholic Charities. The position includes program development and implementation, administrating, strategic management, and evaluation. The Community Education Supervisor 2 will assist in developing and managing the CalFresh budget in consultation with NFCS Advisor and Manager and in accordance with the funders' requirements and ANR policies and procedures. This position will promote, in all ways consistent with other responsibilities of the position, the affirmative action goals established by the Division. The last day to apply is: **April 4, 2018**. For additional information, or to apply, please visit: <https://jobs.ucop.edu/applicants/Central?quickFind=60958>.

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UC CalFresh, UC ANR & Partner Employment Opportunities *(continued)* Cooperative Extension Nutrition, Family and Consumer Sciences Advisor, UCCE Fresno & Madera Counties

The University of California Agriculture and Natural Resources division seeks a **Cooperative Extension Nutrition, Family and Consumer Sciences Advisor** to conduct a multi-county based extension, education and applied research program providing leadership to the University of California Cooperative Extension (UCCE) low-income nutrition education programs funded by the Expanded Food and Nutrition Education Program (EFNEP) and the UC CalFresh Nutrition Education program (a SNAP-Ed Program). The CE Advisor will develop research based youth programs in **Fresno and Madera Counties**. For full interview consideration, complete application packets are due no later than **Friday, April 6, 2018** from candidates who, by the hire date, will possess at least a master's degree in disciplines such as nutrition, health education, human development or a closely related field. All application packets must be submitted via email to ANRacademicsearch@ucanr.edu. Please contact Karen Ellsworth and refer to AP #18-03, to answer any questions related to this search at (530) 750-1284 or kaellsworth@ucanr.edu. For additional information, please visit: http://ucanr.edu/Jobs/Jobs_990/?jobnum=1328.

We want to hear from you!

The UC CalFresh State Office would love to hear from you! Please email Lindsay Hamasaki at lmhamasaki@ucdavis.edu to share your comments, stories, photos or other items you would like to see featured in future Weekly Updates.

The UC CalFresh Weekly Updates are sent by the UC CalFresh State Office on behalf of David Ginsburg, Director of the UC CalFresh Nutrition Education Program. Electronic versions of the Weekly Updates are also posted on the UC CalFresh website: <http://www.uccalfresh.org/weekly-updates>.

The University of California CalFresh Nutrition Education Program (UC CalFresh) is funded through a joint agreement among the U.S. Department of Agriculture/Food & Nutrition Service (USDA/FNS), the California Department of Social Services (CDSS) CalFresh and Nutrition Branch, and the University of California Cooperative Extension (UCCE). This material was produced by the University of California CalFresh Nutrition Education Program with funding from USDA SNAP, known in California as CalFresh (formerly food stamps). These institutions are equal opportunity providers and employers. CalFresh provides assistance to low-income households and can help buy nutritious foods for better health. For CalFresh information, call 1-877-847-3663.



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