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UC CalFresh Weekly Update June 25, 2018

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Upcoming Events & Deadlines

June 2018

SUN	MON	TUE	WED	THU	FRI	SAT
					1	2
	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

Healthy Snack Day - Statewide Day of Action Kickoff Webinar Registration

The California Department of Public Health (CDPH) State Media & Public Relations and Rescue Agency invite you to attend a webinar about **Healthy Snack Day (HSD) - Statewide Day of Action**. This introductory webinar will be held on Wednesday, June 27, 2018 from 10:30 a.m. - 11:30 a.m. You can register here.

Healthy Snack Day follows in the footsteps of Rethink Your Drink Day, which had incredible results that included:

- * Far surpassing its goal of 150 events, with over 338 events statewide and approximately 100,000 Californians reached from Rethink Your Drink Day events across the state.
- * Earned media that increased Rethink Your Drink Day's potential reach to over 13.5 million Californians across traditional and digital media channels.
- * Rethink Your Drink's Beverage Breakdown has engaged over 12,000 participants, including 7,305 during the month of May for Rethink Your Drink Day.

August 29, 2018 - Healthy Snack Day is designed for Local Implementing Agencies (LIAs) and Community-Based Organization partners to promote healthier eating habits within their communities. This Statewide Day of Action is supported by the Healthy Snack Day Event Box, a no cost, supplemental resource available to hosting LIAs and CBOs. During this webinar you will learn more about HSD, how to successfully plan an event and how to encourage participation in your community.

Important dates to remember:

6/27 - Healthy Snack Day Kickoff Webinar

8/16 - Logistics Webinar (Event Hosts)

8/29 - Healthy Snack Day - Statewide Day of Action

If you have questions, please contact C4C PR@RescueAgency.com

UC CalFresh Weekly Update June 25, 2018

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UC CalFresh Success Stories

Success stories from your FFY 2018 UC CalFresh participants can be shared through the online data entry portal: https://ucanr.edu/survey.cfm?survey.umber=22089.

"I have learned a lot. I am pleasantly surprised. I loved the diversity and variety of the meals. I learned so many tips. I also love the way the cooking teacher treated us. She never talks down to us. She treats us as equals..."

—Plan, Shop, Save, Cook Participant, Tuolumne County

"We are eating more vegetable and fruits during the day. We try to eat at home before we start our day. Now I check and compare prices when I go grocery shopping."

—Plan, Shop, Save, Cook Participant, Santa Clara County

UC CalFresh Website Updates

FFY2018 Schedule for Closing Evaluation Portals and Results Distribution.

Please note that the following information has been added to the UC CalFresh website on the <u>Evaluation Webpage</u>. **Aug 10, 2018** – Close data entry portals for the two most commonly used <u>Youth Program Evaluation</u> instruments since they are primarily administered in school settings and the <u>Intent to Change</u> surveys collected from adults:

- * Teacher Observation Tool (TOT)
- * Teacher Tasting Tool (TTT)
- Intent to Change (ITC) surveys

Sept 10, 2018 - Close remaining UC CalFresh data entry portals for Adult and Youth Program Evaluation instruments:

- Adult Taste Testing Tool (Adult TTT)
- * Making Every Dollar Count (MEDC)
- * Youth Healthy Living Survey
- Youth Participatory Action Research (YPAR) Surveys
- * Teen Teacher Survey
- * Nutrition To Grow On (NTGO)
- * Healthy Happy Families

Suggested Sept 28, 2018 [PEARS FFY2018 data entry closure TBD but likely Oct 5, 2018] - Close remaining two Adult Program Evaluation surveys collected through PEARS:

- * Food Behavior Checklist (FBC)
- Plan Shop Save and Cook (PSSC)

The State Office aims to distribute the FFY 2018 evaluation results as follows:

- * Sept 24, 2018 TOT and TTT survey results
- * Oct 5, 2018 ITC survey results
- * Oct 15, 2018 Remaining youth and adult survey results (except PSSC and FBC)
- * Oct 29, 2018 PSSC and FBC survey results

June 2018 Town Hall slides and recording

The slides and recording for the June 2018 Town Hall have been posted to the Town Halls Webpage.

Gardening Resources—UC CalFresh SNAP-Ed Allowable Gardening Chart

The list of SNAP-Ed allowable garden expenditures was recently updated on the Garden Resources Webpage.

CATCH and Stencils - How to use CATCH Activities with Playground Stencils

New resources are available on the <u>Physical Activity Resources Webpage</u> to help educators and teachers combine CATCH activities with playground stencils. These resources help to make CATCH more engaging and minimize the need for equipment, while helping to add structured physical activity to the use of stencils. Resources are available for: CATCH ECE & Stencils, CATCH K-2 & Stencils, and CATCH 3-5 & Stencils.

Trainings and Presentations

The June 5th, 2018 Nutrition Update, presented by Rachel E. Scherr, PhD, recording and slides have been added to the <u>Trainings and Presentations Webpage.</u>

UC CalFresh Website Updates (continued)

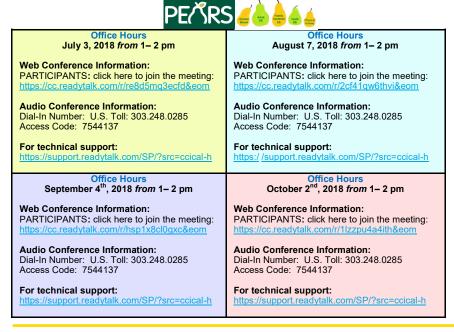
PEARS PSE Data Review Tip Sheet

A new tip sheet on entering PSE data into the PEARS system has been added to the FFY 2018 PEARS Webpage.

Upcoming UC CalFresh Trainings

PEARS Office Hours for UC CalFresh

Please join the UC CalFresh evaluation team in monthly PEARS Office Hours focused on PEARS Users within UC CalFresh. Angie Keihner, Barbara MkNelly, and Jennifer Quigley will be available during the below days/times to provide technical hands-on assistance to counties needing technical assistance. All of the questions asked during these sessions become part of an FAQ document that was recently posted to our website: Frequently Asked Questions



Items Available for UC CalFresh County Programs

Nutrition Education Reinforcement Items for UC CalFresh County Programs

The State Office has a limited quantity of nutrition education reinforcement items and lesson enhancements available for UC CalFresh County Programs, listed below. These items would be in addition to your previous order request, which is part of Statewide Coordinated Ordering for the program.

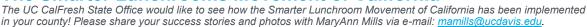
Quantity	Item	Notes
480	EatFit Brochure packs	
50	Measuring Cup Sets	
276	Measuring Spoon Sets	
38	My Healthy Plate Eating Made Easy Handout Pads	
18	My Healthy Plate Platemat Pads	
500	Reusable Shopping Bags	
30	UC CalFresh Nutrition Corner Bulletin Board Borders	
350	UC CalFresh/MyPlate Folders	
1	African American "Building a Healthy Body and Soul" Banner	
29	SLM Marketing Cafeteria Kits	
33	Rolls of Active Kids My Plate Stickers	
9	Team Nutrition Popular Event Booklets	
8	Rolls of My Plate Stickers	

Items Available for UC CalFresh County Programs (continued) Nutrition Education Reinforcement Items for UC CalFresh County Programs (continued)

Quantity	Item	Notes
1	Discover MyPlate Curriculum: Nutrition Education Guide for Kindergarten	English
1 pack of 25	Discover MyPlate Student Workbook for Kindergarteners	English
1 pack of 50	Discover MyPlate Parent Newsletters	English
1	Discover Emergent Readers: Teacher's Edition	Spanish
100 pack	Friendship Pocket Handout (8.5X11 Handout)	English
25	Discover MyPlate Vegetables Booklet	English
25	Discover MyPlate Fruits Booklet	English
25	Discover MyPlate Meal Booklet	English
25	Discover MyPlate Protein Booklet	English
25	Discover MyPlate Dairy Booklet	English
25	Discover MyPlate Grains Booklet	English
1 pack	Discover MyPlate Fresh Foods Cards	English

If you are interested in any or all of these items, please coordinate with your Program Manager/Supervisor or Advisor to submit your request to Rolando Pinedo (rgpinedo@ucdavis.edu). Please be sure to note the shipping address. Requests will be honored on a first-come-first-serve basis.

The Smarter Lunchrooms Movement of California





New! Smarter Mealtimes for Child Care Settings Resources

The Smarter Mealtimes Handbook: provides the knowledge, motivation, and tools needed to build a mealtime environment that makes the healthy choice the easy choice for young children. It includes an explanation of why each Smarter Mealtimes strategy works and how to implement it in an early childhood education (ECE) setting.

Free Print-Your-Own Smarter Mealtimes Signage: Use these fun, beautiful designs to promote Smarter Mealtimes strategies in your early childhood education space. 26 colorful, appetizing photographs pair up with ABCs to build literacy skills and create interest in fruits and veggies. 3 instructional posters for adults help caregivers incorporate simple, free Smarter Mealtimes strategies into their daily routine.

Visit www.smarterlunchrooms.org/smarter-mealtimes for these and other resources for child care settings.

2017-2018 School Year SLM Scorecard data – new 60 point scorecard

Current year SLM scorecard data should be entered into the <u>SLM of CA Self-Assessment Scorecard Reporting Tool</u>. We are requesting that all TAPS enter the new 60 point scorecard data collected during the 2017-2018 school year by **Wednesday, August 1, 2018**.

The Smarter Lunchrooms Movement of California Monthly Nudge

The Smarter Lunchrooms Movement of California *Monthly Nudge* is a monthly newsletter which provides updates on how the Smarter Lunchrooms Movement is moving throughout California and is brought to you by the SLM of CA Collaborative. The newsletter provides updates, upcoming trainings and events, and more! If you are interested in signing up to receive the *Monthly Nudge*, please click here!

Digital Food Pictures for Educators

This information was originally shared in the Smarter Lunchrooms Movement of CA: April Monthly Nudge.

Educators, are you on the hunt for pictures to improve food literacy lessons or classroom nutrition education programs? New images of five-food-group and mixed foods are now available at HealthyEating.org/FoodGallery.

UC CalFresh in Action!

2018 USDA Farm to School to School Grantees Announced

\$5.2 Million in Grants Will Support Local Food in Child Nutrition Programs in 43 States, D.C., and Guam
The Office of Community Food Systems (OCFS) congratulates all of the 2018 Farm to School Grant recipients! USDA's
Farm to School Grants fund school districts, State and local agencies, Indian tribal organizations, agricultural producers, and non-profit organizations in their efforts to increase local foods served through child nutrition programs, teach children about food and agriculture through garden and classroom education, and develop schools' and farmers' capacities to

participate in farm to school.

For the 2018 - 2019 school year, 73 grants will serve more than 6,006 schools and 2.8 million students, nearly 66 percent of whom are eligible for free or reduced-price meals. California school districts that will have funded projects include Colusa, Bakersfield and Humboldt.

The full list and more information about the grant can be read here.

Germ Busters, UCCE Kings County

UC CalFresh Nutrition Education Program- Kings County has collaborated with Hanford Parks and Recreation Summer Camp. UC CalFresh provided Jr. Recs (teen leaders) with an overview on food safety and the



importance of washing their hands. They learned they should wash their hands before and/or after certain activities; for example, washing them before cooking and after playing with their pets. To reinforce the lesson each Jr. Rec was asked to rub "germ" lotion into their hands then tasked with properly washing their hands and checking to see how clean their hands were by putting their hands under a black light. The teen leaders soon realized that they can improve their hand washing techniques. Teen Leaders will use what they learned to teach

summer camp children the importance of washing their hands.

Using the curriculum "Cooking Up Healthy Choices", UC CalFresh Kings County will be providing Jr. Rec's with a nutrition education lesson each week during the summer. We

look forward to working with teen leaders to educate them on important nutrition practices, so they can spread healthy messages among their family, friends, and fellow campers.



Articles & Research

SNAP participants do not meet many healthful diet goals

A study in *JAMA Network Open* showed that participants of the Supplemental Nutrition Assistance Program had less improvement on the American Heart Association's 2020 Strategic Impact Goals for diet, compared with income-eligible individuals who did not participate in SNAP and higher-income individuals. Researchers analyzed data on 38,696 participants aged at least 20 from the National Health and Nutrition Examination Survey from 1999 to 2014 and also found that SNAP participants consumed more sugar-sweetened drinks than the other groups

The full article can be read here.

2018 State Indicator Report on Fruits and Vegetables

The following information was previously shared in the 6/20/18 Champions for Change Newsletter from LA County.

The Centers for Disease Control just released the <u>2018 State Indicator Report on Fruits and Vegetables</u>, a report which highlights approaches to increase the purchase, supply, and demand of fruits and vegetables in states and communities across the United States. Key findings include—

- 10 states adopted a policy on food service guidelines that ensures that healthy foods, including fruits and vegetables, are sold or served on state-owned or state-controlled property.
- 47 states adopted a farm to school or farm to early care and education policy that can increase access to fruits and vegetables.
- 32 states have active state-level food policy councils—cross-sector organizations that work to improve the food system.

Eating a diet rich in fruits and vegetables can help reduce the risk of many leading causes of illness and death, such as cardiovascular disease, type 2 diabetes, some cancers, and obesity. Despite these benefits, only 1 in 10 US adults eat the recommended amount of fruits or vegetables each day. Public health practitioners and decision-makers can use this report to assess how their states are doing and identify strategies they can put in place to improve access to fruits and vegetables in their communities.

Study looks at prevalence of obesity among US youths

Researchers found that 17.8% and 5.8% of children and teens ages 2 to 19 in the US were obese and severely obese, respectively, between 2013 and 2016. The findings in the Journal of the American Medical Association also showed that severe obesity was significantly more common among youths in nonmetropolitan statistical areas, and both obesity and severe obesity were significantly more prevalent among blacks and Hispanics. See the full article here. Please note that access to the full article requires a subscription, which your organization may have, or a fee.

Education & Resources

Western Region States Launch Farm to Summer Week

Summer is here and the <u>Summer Food Service Program (SFSP)</u> has started up. This summer, several States in the western region are taking Farm to Summer one step further with Farm to Summer Week. During Farm to Summer Week, sponsors are encouraged to serve local foods and incorporate agricultural enrichment activities into summer feeding programs. It is a great opportunity to promote local foods, encourage high quality meals, and provide educational enrichment activities. In **California**, **July 9th – July 13th** has been designated as Farm to Summer Week.

Check out the below resources for more information:

Farm to Summer: How Regional Offices and State Agencies Support Farm to Summer Webinar - Overview of farm to summer activities, resources, and a snapshot of how sponsors are encouraged to adopt farm to summer principles.

Farm to Summer Fact Sheet - Summer meal program tips on incorporating local foods and agriculture-based activities.

Local Foods and Related Activities in Summer Meal Programs - This policy memo provides guidance on the incorporation of local foods and nutrition and agriculture-based activities into Summer Meal Programs.

Summer Meals and FoodCorps: An Introduction for State Agencies - Describes how FoodCorps support summer meals.

Procuring Local Foods for Child Nutrition Programs - Covers procurement basics, defining local, where to find local products, and the variety of ways child nutrition program operators can purchase locally in accordance with regulations.

USDA Farm to School Grant Program - Planning and Implementation grants can support the integration of local foods and complementary activities into school-based SFSP.

USDA Farm to School Census - Locate schools that include local foods in their SFSP.

<u>SFSP Toolkit</u> - Find local foods guidance for state agencies, sponsors, and partner organizations, along with tips for starting a summer meals site at farmers markets.

SFSP Handbook - Sponsors can find guidance on procurement and tips on targeting local foods.

<u>SFSP Webinar Series</u> - Listen to presenters discuss incorporating local foods in summer meals, building awareness about summer programs, engaging in partnerships that help boost participation and increase access, and more.

USDA SNAP-Ed Connection—Seasonal Produce Guide

It's summer, the perfect time to enjoy fresh fruits and vegetables from your garden or your local Farmers' Market. The USDA SNAP-Ed Connection's <u>Seasonal Produce Guide</u> is available to help you discover which fruits and vegetables are in season right now. The guide also includes recipes, links to additional resources, and nutrition education materials for a variety of summer produce (as well as fall, winter and spring!).

Don't forget that the <u>SNAP-Ed Connection website</u> is a dynamic online resource for a variety of materials, including recipes and menus, nutrition education materials, photos, and more.

FY17 SNAP-Ed and EFNEP State Impact Reports

The FFY2017 SNAP-Ed and EFNEP State Impact Reports are now available on the <u>eXtension website</u>. Included are the one-page <u>California SNAP-Ed Works</u> communication piece and the <u>UC CalFresh state profile</u>.

FNS Provides Tools to Support Safe Summer Meals

The USDA, the Center for Food Safety in Child Nutrition Programs, and the Institute of Child Nutrition, are providing the Summer Meals Food Safety Kit to site operators as an essential tool to help ensure the safety of summer meals. FNS's Office of Food Safety created the kit to promote and support food safety practices. The resource focuses on practicing good personal hygiene, as well as checking and documenting food temperatures. It also details proper cleaning and sanitizing of equipment and utensils, while emphasizing the importance of proper handwashing. The food safety kits can be requested from your State Agency contacts. Read more here.

Heat Illness Prevention Materials

As we get into summer and many of our programs start to hold outdoor events, it is important to be aware of heat illness prevention. ANR has several informational materials and guidance available, including the following:

- ANR Safety note
- Archived 5/18/17 Safety Coordinator Webinar (Heat Illness Prevention begins at the 37:11 minute mark)
- ANR's Heat Illness Prevention web page

EatFit Teacher's Curriculum and Student Workbooks – Updated Versions Now Available

Updated versions of both the EatFit Teacher's Curriculum and Student Workbooks are now available. Designed to challenge middle school students to improve their eating and fitness choices, this best-selling curriculum includes 9 lessons and an individual student workbook that are driven by theory and evaluated as effective.

EatFit Teacher's Curriculum, 5th Edition
ANR Publication #3424
ISBN # 978-1-62711-024-2
\$20.00

EatFit Student Workbooks, 8th Edition
ANR Publication #3423
ISBN # 978-1-62711-025-9
Set of 10: \$15.00

Education & Resources (continued)

Healthy Meeting Resources

Members of the National Alliance for Nutrition and Activity (NANA) developed a Healthy Meeting Toolkit to provide guidance on key components of a healthy meeting and resources to help make hosting healthy meetings easier. Studies show a strong relationship between the physical and social environments of the workplace and the health behaviors of employees. By adopting healthy meeting guidelines, organizations can help to create an environment that supports employees' and members' efforts to eat well and be physically active. Access the resources here.

Save the Date—California SNAP-Ed Local Implementing Agency Forum, January 22-24, 2019

Please mark your calendars for the 2019 LIA Forum on January 22-24, 2019 at the DoubleTree Hotel in Sacramento, California. The Forum includes a two-day, in-person meeting (January 23-24, 2019), as well as optional in-person premeeting workshops (January 22, 2019).

CDSS will continue sharing Forum planning details and information, including registration and lodging information once they become available. If you have any questions, please contact CalFreshsnap-ed@dss.ca.gov

YPAR Trainings— Wait List Now Available

This information was previously shared in the 5/21/2018 UC CalFresh Weekly Update.

Registration is now full for the 2 YPAR training opportunities this summer. However, those still interested in attending should complete a wait list registration, as spots could potentially open up.

YPAR Orientation

Experience Level: Beginner - Intermediate
Date: Wednesday, July 11th 9:30AM—5:00PM

Location: Sacramento, CA

YPAR Implementation Training & Planning

Experience Level: Beginner- Advanced Date: Thursday, July 12th 9:30AM—5:00PM

Location: Sacramento, CA

Note: Attendees will receive a YPAR Curriculum Binder Note: Attendees must have either attended the July 11th YPAR Orientation or another YPAR Orientation in

the past and have a YPAR Binder

2018 Promising Practice Exchanges

The following information was previously shared in the 5/2/18 LHD News Bulletin. See the Weekly Update email for an attached agenda. The California SNAP-Ed Statewide Training (CSST) team is pleased to announce that the first of the 2018 Promising Practice Exchanges (PPEs) is scheduled for July 16th in Riverside. The PPEs are annual mini-workshops that provide an opportunity for SNAP-Ed agencies to showcase local and regional promising practices. While providing customized training and technical assistance activities, PPEs are also designed to foster local connections and develop learning communities regionally. The training and technical assistance provided will address region-specific needs as identified in the SNAP-Ed Integrated Work Plans and will allow opportunities for attendees to network with peers.

Working Together for Healthier Communities: Inland Desert Promising Practices Exchange

July 16, 2018

9am – 3pm (Registration starts at 8:30am)

Riverside University Health System - Public Health

4210 Riverwalk Parkway

Riverside, CA 92505

Register here. For More Information, Contact Maegan Jorgensen at 916-552-9951 or maegan,jorgensen@cdph.ca.gov

PPEs will be held in each service area by September 30. Registration for the exchanges in more areas will be posted on the SNAP-Ed Training and Events Calendar and the Statewide Regional Support webpage in the near future.

Training Opportunities for SNAP-Ed Local Implementing Agencies

On behalf of the California Department of Social Services, the California Department of Public Health Nutrition Education and Obesity Prevention Branch, UC CalFresh, California Department of Aging, and Catholic Charities of California, we are pleased to announce upcoming SNAP-Ed trainings available to appropriate staff from SNAP-Ed state and local implementing agencies in California. Please visit the Training and Events Calendar for additional information.

Funding Opportunity: Robert Wood Johnson Foundation (RWJF) Sports Award

This information was previously shared in the 5/21/2018 UC CalFresh Weekly Update.

Is your organization using sports in innovative and collaborative ways to make communities healthier places to live? The Robert Wood Johnson Foundation (RWJF) Sports Award recognizes sports teams, athletes, and community-based organizations that use sports to help people achieve health and well-being, especially those who are facing the greatest challenges.

If your organization is helping children maintain a healthy weight, creating safe play environments, eliminating bullying, abuse and violence, or expanding opportunities for children living in poverty, we'd love to hear about it!

Award Amounts: \$10,000 Deadline: July 2. Click here to learn more and to apply.

Education & Resources (continued)

Funding opportunity: Voices for Healthy Kids

The following information was previously shared in the 5/16/18 LHD News Bulletin.

The goal of the grand is to advance coordinated state, local, and tribal public policy issue advocacy campaigns focused on healthy eating and active living. **Grant Amounts:** Up to \$125,000. **Deadline: July 13**. Click here to learn more and to apply.

Funding opportunity: Healthy Eating Research (HER)

Healthy Eating Research (HER) is awarding \$2.6 million to researchers/research teams studying ways—either through current or new pilot policies/programs—to improve children's nutrition habits and dietary intake to help them grow up healthy. They are most interested in research that can impact kids and families.

Grant Amounts: \$2.6 million. Deadline: July 18. Click here to learn more and to apply.

Funding opportunity: The Walmart Community Foundation's Community Grant Program

This information was previously shared in the 5/21/2018 UC CalFresh Weekly Update.

The Walmart Community Foundation's Community Grant Program is offering grants to nonprofit organizations and agencies that work in one of the following areas: hunger relief and healthy eating, health and human service, quality of life, education, community and economic development, diversity and inclusion, public safety, or environmental sustainability. Awards range from \$250 to \$5,000. Deadline: applications are accepted on a rolling basis. Click here to learn more and to apply.

Funding Opportunity: The Home Depot Foundation

This information was previously shared in the 5/21/2018 UC CalFresh Weekly Update.

The Home Depot Foundation provides funding for nonprofit organizations and public agencies in the United States that are using the power of volunteers to improve communities through its Community Impact Grants program. Priority is given to projects that benefit veterans and/or diverse and underserved communities. Projects should be volunteerfriendly, engage people at all skill levels, and be expected to have a strong and lasting impact. Awards of up to \$5,000 will be given in the form of The Home Depot gift cards for the purchase of tools, materials, or services. **Deadline:** application are accepted on a rolling basis. Click here to learn more and to apply. (continued on next page)

Funding Opportunity: Good Sports Grant

The following information was previously shared in the 5/16/18 LHD News Bulletin.

Schools & community organizations can apply for sports equipment, apparel, & footwear for economically disadvantaged children. Required Match: 10% Deadline: applications are accepted on a rolling basis. Click here to learn more and to apply.

Funding Opportunity: Kaboom Community Playground Grants

The following information was previously shared in the 5/16/18 LHD News Bulletin.

Opportunities ranging from building a new playground in the community, to providing creative play areas, to transforming sidewalks and vacant lots. Deadline: applications are accepted on a rolling basis. Click here to learn more and to apply.

California SNAP-Ed Connection - Hosts Community Resource Library

The following information was previously shared in the 5/16/18 LHD News Bulletin.

The CA SNAP-Ed Connection website now hosts the Community Resource Library providing 500+ resources, such as news bulletins, funder statements, logos, photos, graphics and templates.

We want to hear from you!

The UC CalFresh State Office would love to hear from you! Please email Elizabeth Egelski at eegelski@ucdavis.edu to share your comments, stories, photos or other items you would like to see featured in future Weekly Updates.

The UC CalFresh Weekly Updates are sent by the UC CalFresh State Office on behalf of David Ginsburg, Director of the UC CalFresh Nutrition Education Program. Electronic versions of the Weekly Updates are also posted on the UC CalFresh website: http://www.uccalfresh.org/weekly-updates.

The University of California CalFresh Nutrition Education Program (UC CalFresh) is funded through a joint agreement among the U.S. Department of Agriculture/Food & Nutrition Service (USDA/FNS), the California Department of Social Services (CDSS) CalFresh and Nutrition Branch, and the University of California Cooperative Extension (UCCE). This material was produced by the University of California CalFresh Nutrition Education Program with funding from USDA SNAP, known in California as CalFresh (formerly food stamps). These institutions are equal opportunity providers and employers. CalFresh provides assistance to low-income households and can help buy nutritious foods for better health. For CalFresh information, call 1-877-847-3663.







