

## UC CalFresh Weekly Update July 9, 2018

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### Upcoming Events & Deadlines

July 2018

SUN	MON	TUE	WED	THU	FRI	SAT
1	2	3	4	5	6	7
8	9	5	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

#### UC CalFresh Town Hall, July 17th, 12:30—2:00 pm

Please join the next UC CalFresh Town Hall on July 17th, entitled, "**Moving from Serving Youth to Engaging Youth: Update on the UC CalFresh Youth Engagement Initiative.**" This session will provide an update on the UC CalFresh Youth Engagement Initiative and the work that's being done across the state as this effort enters its third year. Diverse examples of youth engagement work will be provided by a sample of UC CalFresh county programs who had successful projects this past year. Additional resources will be shared, including a report documenting the initiative's work in FFY 2017, and information on how to collaborate with UC CalFresh/PHI/CRC to have YPAR become part of your community program. The State Office will provide administrative and programmatic updates. For this Town Hall, other programs and partners are being invited and we encourage their staff participation. **Due to limited space, pre-registration is required. After you register, you will be sent an email confirmation with call-in information.** Please save the confirmation.

#### PRE-REGISTRATION INFORMATION:

Link: <https://cc.readytalk.com/r/yknra5eo3rjn&eom>

Attendance is highly encouraged. If you are unable to attend, please notify your supervisor. If you have any questions ahead of time, **please submit them in advance to Andra Nicoli at [annicoli@ucdavis.edu](mailto:annicoli@ucdavis.edu)** to ensure that they will be addressed during the webinar. Town Hall Meetings are recorded and uploaded to our [website](#).

#### California Farm to Summer Week—July 9th-13th

During Farm to Summer Week, sponsors are encouraged to serve local foods and incorporate agricultural enrichment activities into summer feeding programs. See below resources:

- \* [Farm to Summer: How Regional Offices and State Agencies Support Farm to Summer Webinar](#)
- \* [Farm to Summer Fact Sheet](#)
- \* [Local Foods and Related Activities in Summer Meal Programs](#)
- \* [Summer Meals and FoodCorps: An Introduction for State Agencies](#)
- \* [Procuring Local Foods for Child Nutrition Programs](#)
- \* [USDA Farm to School Grant Program](#)
- \* [USDA Farm to School Census](#)
- \* [SFSP Toolkit; SFSP Handbook; SFSP Webinar Series](#)

## UC CalFresh Success Stories

Success stories from your FFY 2018 UC CalFresh participants can be shared through the online data entry portal: <https://ucanr.edu/survey/survey.cfm?surveynumber=22089>.

“This [workshop] helped me to know how to measure portions on my plates for my family, [as well as] how to include more fruit and vegetables in [dishes] and how to have a healthier diet.”

—*Eat Healthy, Be Active Community Workshops Participant, Madera County*

“Ever since the kids learned about drinking water, my daughter has started drinking more water daily.”

—*Potter the Otter—A Tale about Water Participant’s Parent, Shasta County*

## UC CalFresh Website Updates

### FFY2018 Schedule for Closing Evaluation Portals and Results Distribution.

Please refer to the UC CalFresh website on the [Evaluation Webpage](#) for scheduled dates.

## Upcoming UC CalFresh Trainings

### PEARS Office Hours for UC CalFresh

Please join the UC CalFresh evaluation team in monthly PEARs Office Hours focused on PEARs Users within UC CalFresh. Angie Keihner, Barbara Mknelly, and Jennifer Quigley will be available during the below days/times to provide technical hands-on assistance to counties needing technical assistance. All of the questions asked during these sessions become part of an FAQ document that was recently posted to our website: [Frequently Asked Questions](#)

	
<p align="center"><b>Office Hours</b>            August 7, 2018 from 1– 2 pm</p> <p><b>Web Conference Information:</b>            PARTICIPANTS: click here to join the meeting:  <a href="https://cc.readytalk.com/r/2cf41qw6thvi&amp;eom">https://cc.readytalk.com/r/2cf41qw6thvi&amp;eom</a></p> <p><b>Audio Conference Information:</b>            Dial-In Number: U.S. Toll: 303.248.0285            Access Code: 7544137</p> <p><b>For technical support:</b>  <a href="https://support.readytalk.com/SP/?src=ccical-h">https://support.readytalk.com/SP/?src=ccical-h</a></p>	
<p align="center"><b>Office Hours</b>            September 4<sup>th</sup>, 2018 from 1– 2 pm</p> <p><b>Web Conference Information:</b>            PARTICIPANTS: click here to join the meeting:  <a href="https://cc.readytalk.com/r/hsp1x8cl0gxc&amp;eom">https://cc.readytalk.com/r/hsp1x8cl0gxc&amp;eom</a></p> <p><b>Audio Conference Information:</b>            Dial-In Number: U.S. Toll: 303.248.0285            Access Code: 7544137</p> <p><b>For technical support:</b>  <a href="https://support.readytalk.com/SP/?src=ccical-h">https://support.readytalk.com/SP/?src=ccical-h</a></p>	<p align="center"><b>Office Hours</b>            October 2<sup>nd</sup>, 2018 from 1– 2 pm</p> <p><b>Web Conference Information:</b>            PARTICIPANTS: click here to join the meeting:  <a href="https://cc.readytalk.com/r/1lzzpu4a4ith&amp;eom">https://cc.readytalk.com/r/1lzzpu4a4ith&amp;eom</a></p> <p><b>Audio Conference Information:</b>            Dial-In Number: U.S. Toll: 303.248.0285            Access Code: 7544137</p> <p><b>For technical support:</b>  <a href="https://support.readytalk.com/SP/?src=ccical-h">https://support.readytalk.com/SP/?src=ccical-h</a></p>

## Items Available for UC CalFresh County Programs

### Nutrition Education Reinforcement Items for UC CalFresh County Programs

The State Office has a limited quantity of nutrition education reinforcement items and lesson enhancements available for UC CalFresh County Programs, listed below. These items would be in addition to your previous order request, which is part of Statewide Coordinated Ordering for the program.

Quantity	Item	Notes
480	EatFit Brochure packs	
50	Measuring Cup Sets	
276	Measuring Spoon Sets	
38	My Healthy Plate Eating Made Easy Handout Pads	
18	My Healthy Plate Platemat Pads	
500	Reusable Shopping Bags	
30	UC CalFresh Nutrition Corner Bulletin Board Borders	
1	African American "Building a Healthy Body and Soul" Banner	
19	SLM Marketing Cafeteria Kits	
23	Rolls of Active Kids My Plate Stickers	
9	Team Nutrition Popular Event Booklets	
2	Rolls of My Plate Stickers	
1	Discover MyPlate Curriculum: Nutrition Education Guide for Kindergarten	English
1 pack of 25	Discover MyPlate Student Workbook for Kindergarteners	English
1 pack of 50	Discover MyPlate Parent Newsletters	English
1	Discover Emergent Readers: Teacher's Edition	Spanish
100 pack	Friendship Pocket Handout (8.5X11 Handout)	English
25	Discover MyPlate Vegetables Booklet	English
25	Discover MyPlate Fruits Booklet	English
25	Discover MyPlate Meal Booklet	English
25	Discover MyPlate Protein Booklet	English
25	Discover MyPlate Dairy Booklet	English
25	Discover MyPlate Grains Booklet	English

If you are interested in any or all of these items, please coordinate with your Program Manager/Supervisor or Advisor to submit your request to [Rolando Pinedo \(rgpinedo@ucdavis.edu\)](mailto:rgpinedo@ucdavis.edu). Please be sure to note the shipping address. Requests will be honored on a first-come-first-serve basis.

## The Smarter Lunchrooms Movement of California

The UC CalFresh State Office would like to see how the Smarter Lunchroom Movement of California has been implemented in your county! Please share your success stories and photos with MaryAnn Mills via e-mail: [mamills@ucdavis.edu](mailto:mamills@ucdavis.edu).



### 2017-2018 School Year SLM Scorecard data – new 60 point scorecard

Current year SLM scorecard data should be entered into the [SLM of CA Self-Assessment Scorecard Reporting Tool](#). We are requesting that all TAPS enter the new 60 point scorecard data collected during the 2017-2018 school year by **Wednesday, August 1, 2018**.

### The Smarter Lunchrooms Movement of California Monthly Nudge

The Smarter Lunchrooms Movement of California *Monthly Nudge* is a monthly newsletter which provides updates on how the Smarter Lunchrooms Movement is moving throughout California and is brought to you by the SLM of CA Collaborative. The newsletter provides updates, upcoming trainings and events, and more! If you are interested in signing up to receive the *Monthly Nudge*, please [click here!](#)

### Digital Food Pictures for Educators

*This information was originally shared in the Smarter Lunchrooms Movement of CA: April Monthly Nudge.*

Educators, are you on the hunt for pictures to improve food literacy lessons or classroom nutrition education programs? New images of five-food-group and mixed foods are now available at [HealthyEating.org/FoodGallery](http://HealthyEating.org/FoodGallery).

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## UC CalFresh in Action!

UC ANR STAR Awardees—The State Office would like to congratulate all of the awardees for a job well done!

### Individual awardees:



**Beatriz Rojas**, UC CalFresh/YFC community educator, UCCE Kern County. She was key in implementing walking groups and stencil projects – both important environmental changes that help provide comprehensive nutrition and physical activity programming in the community.

**Claudia Carlos**, UC CalFresh/YFC community educator, UCCE Riverside County. In the past four years, she successfully implemented the Shaping Healthy Choices Program in two middle schools. Her work has shown a huge impact in the Alvord Unified school district by helping 11 schools win national awards from the Alliance for a Healthier Generation's Healthy Schools Program, including one school that received the Gold Award twice.



**Denise Cuendett**, UC CalFresh and YFC community educator, UCCE Kings County. Cuendett is proactive and always looks for ways to improve efficiency and effectiveness of the program. She is passionate about educating her community and schools about healthy eating and overall wellbeing.



**Susan Lafferty**, UC CalFresh Community Educator UCCE Kings County. She knows her county very well and recognizes its challenges and strengths. She is dedicated to meeting the needs of the people she serves. She is also an excellent teacher and has created lesson activities, games, displays, lesson visuals, and so much more to enhance lesson delivery in the classroom.

**Evelyn Morales**, UC CalFresh/YFC community educator, UCCE Fresno and Madera counties. UC CalFresh/YFC community educator, UCCE Fresno and Madera counties. She manages several projects such as Smarter Lunchrooms Movement, the Fresno State Dietetic Intern rotation, planning and organizing healthy food tastings, all while serving a large rural school. Morales was asked to join FreshGrub, a Fresno County Farm to School project, which was outside her normal scope of work. The success of this tasting event was highlighted by the local news media and is considered a best practice model for other school districts to procure food from local farmers and offer it to students in their school meals.

**Janessa Hartmann**, UC CalFresh and YFC community educator, UCCE Shasta and Trinity counties. Directly supervising nine employees working out of three county offices, she has done a tremendous job ensuring the UC CalFresh program is efficiently implemented in Shasta, Trinity and Tehama counties.

### Team awardees:



**Butte Cluster Nutrition** Jona Pressman, Suzie Lawry-Hall, Shyra Murrey, Chelsey Slattery, Sonia Rodriguez, Tracy Yang, Gail Bertagna, Alexandra Faulk, Jamie Chapman, Socorro Gutierrez, Melissa Vang, Rita Palmer, Karina Hathorn and Samantha Macomber. This team significantly contributed to UC ANR's Healthy Families and Communities Strategic Initiative through the coordination and implementation of the UC CalFresh Nutrition Education Program and the Expanded Food and Nutrition Education Program in Butte, Glenn, Colusa, Sutter and Yuba counties.



**Alameda County UC CalFresh** Leticia Christian, Morgan Cooper, Max Fairbee and Yolanda Silva. The educators have helped thousands of high-risk Alameda County residents, from preschoolers to seniors, learn about the importance of eating healthy and being active.



**ANR Staff Assembly** Nikolai Schweitzer, LeChé McGill, Jeannette Warnert, Lori Renstrom, Matt Baur, Christina Adamson and **Karina Macias**. Working voluntarily during lunch, before and after work hours, the Staff Assembly Council provides exceptional service beyond their normal job duties for the betterment of all ANR staff. They formed Staff Assembly Ambassadors, composed of representatives from almost all ANR offices who serve as liaisons between Staff Assembly Council and local ANR staff. In addition to sharing personal and professional development opportunities, staff can share concerns and issues with Staff Assembly.



**Yolo County UC CalFresh** Angela Asch, Lisa Gonzales, Ruth Chun Reyes, Mayra Diaz, Delynda Elridge, Christie Hedrick. The Yolo County UC CalFresh team created the integrated Yolo County 4-H and UC CalFresh Cooking Academy to bring the best youth development principles of 4-H and the best nutrition skill building resources of UC CalFresh to children in 4<sup>th</sup> and 5<sup>th</sup> grades throughout the community. They worked to help other counties to do the same, serving as mentors, developing additional materials, and evaluating the program.

*(continued on next page)*



## UC CalFresh in Action! (continued)

### UC nutrition education program supports women's growth with garden lessons, UCCE Fresno

Nutrition education has stretched into a garden at a Fresno facility where women are putting their lives back together. The UC Cooperative Extension [UC CalFresh](#) nutrition education program in Fresno offers its five-week series "Plan, Shop, Save and Cook" at Rescue the Children, a residential program where women who were abused, homeless, previously incarcerated or faced other challenging life circumstances stay for 18 months to learn life and job skills, plus nurture their spirituality.



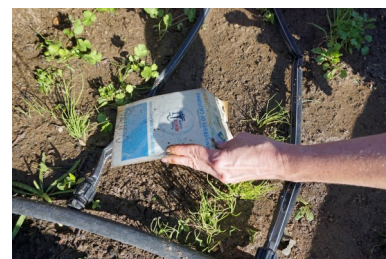
UC CalFresh nutrition educators [Nancy Zumkeller](#), left, and [Kristi Sharp](#) stand at the compost bin at Rescue the Children. The residents are learning to compost food scraps, garden trimmings, hair from their brushes, lint from dryers and paper.

[Rescue the Children](#) is a program offered by the Fresno Rescue Mission. Women with young children or without are referred by such agencies as child protective services, the county probation office and courts. The women make a personal commitment to stay for a year and a half.

UC CalFresh reaches out to a variety of community programs and schools with nutrition, garden and physical activity education to teach recipients of CalFresh (formerly called food stamps) and those who are eligible for CalFresh how to make safe, healthful and budget-friendly dietary and cooking decisions. CalFresh benefits can be used to buy food, edible garden transplants and vegetable seeds.

UC CalFresh nutrition educator. As a UC Cooperative Extension program, it was easy to connect with the [UC Master Gardeners](#) and collaborate to provide garden and nutrition education.

During a nutrition education session last year, one Rescue the Children resident asked whether an unplanted garden area in the facility could be restored to grow vegetables, said [Nancy Zumkeller](#),



UC CalFresh provided plant markers for the garden.

Several Master Gardener volunteers and the UC CalFresh garden team provided classroom gardening training and worked with the women to clear weeds, update irrigation, and sow seeds and transplants in four raised-bed plots. The Master Gardeners also donated gardening books to the Rescue the Children library.



UC CalFresh nutrition educator [Kristi Sharp](#), center, works with Rescue the Children residents in the garden.

As part of their structured schedule of classes, work, meals and Bible study, the women spend one hour each Wednesday working in the garden, a time that residents have come to relish.

"Auntie Shirley had a garden in Madera," said one resident. "I would go and help her. It's a soothing process." Another resident said she values her new gardening knowledge. "This is a great experience for learning the skills for outside life," she said. "It will be a complete transformation from where we came from."

One resident has lived at the facility for nine months, and been involved with the garden for six months' time. "It's nice to watch things grow. It feels successful," she said. "You plant all this stuff and there's nothing there. You come out a couple weeks later and, oh my gosh, my box is growing all this stuff. It's very cool to be able to learn these tools. When we go out on our own and have our own place, we can grow our own fruits and vegetables." See *the original blog post, along with more photos, [here](#)*.

### Nutrition Decathlon: Clairmont Health Fair, San Joaquin County

The UC CalFresh San Joaquin County team participated in Clairmont School's 2<sup>nd</sup> annual school health fair by engaging students in a fun, educational Nutrition Decathlon. The decathlon was comprised of 4 interactive stations. Each station consisted of a nutrition challenge and a physical activity. The nutrition challenges were lessons adapted from Nutrition to Grow On and Eat and Play Together. Students learned about different parts of the plant, MyPlate food groups, vitamins and minerals, and sugar-sweetened beverages. In between the nutrition challenges, students weaved through hurdles in the Root Sprawl, skipped and reached during the Fruit and Veggie Picker, worked as a team in a Rethink Your Drink version of Fire Brigade, and hopped and sprinted to the finish in the Protein and Dairy Dash. Over 200 students and teachers participated in the Nutrition Decathlon!



Top left clockwise: Plant parts station, Fruit and Veggie Picker, Root Sprawl, Protein and Dairy Dash

### Nutrition and Food Questions Web Page

Do your participants ask questions about nutrition or needs that you find difficult to respond to? Check the [Nutrition and Food Questions](#) web page for a response. If your question is not answered there you can submit a new question. You can find the link on the UC CalFresh website under [Resources > Resources for Educators](#). Please contact [Lyn Brock \(ribrock@ucanr.edu\)](mailto:ribrock@ucanr.edu) if you have any questions.

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## Articles & Research

### 23% of US adults meet minimum recommended physical activity levels

Just 23% of US adults meet minimum recommended physical activity levels, according to findings published in the National Health Statistics Reports. Researchers studied more than 155,000 Americans, ages 18 to 64, and found that while 14 states and Washington, D.C., had significantly greater percentages of adults who met the guidelines than the national average, 13 states had significantly lower percentages than the national average. Read the full National Health Statistics Report [here](#).

### Results of CDC's 2017 Youth Risk Behavior Survey (YRBS)

Data from the Center for Disease Control and Prevention (CDC)'s 2017 Youth Risk Behavior Survey (YRBS) shows there is still more work to do in our nation's schools to improve the health and safety of children and adolescents and help them establish lifelong healthy behaviors. By examining overall trends in 121 health-related behaviors of students in grades 9-12 plus obesity, overweight, and asthma, the survey revealed:

- \* Nearly 75% of high school students are not meeting the recommended guidelines for daily physical activity—at least 60 minutes or more each day.
- \* Obesity and overweight remain high among high school students and racial disparities persist.

Read more about the physical activity- and obesity-related results at the below sources:

[Physical Activity Fact Sheet](#)

[The Obesity Epidemic and United States Students Fact Sheet](#)

[Full Report](#)—relevant sections include:

- \* Physical Activity, Physical Education, and Sedentary Behavior – Pages 86-94, Tables 203-221
- \* Obesity, Overweight, and Weight Control – Pages 95-97, Tables 222-229

### Study Shows Most People Are Spreading Dangerous Bacteria Around the Kitchen and Don't Even Realize It

A new study from the U.S. Department of Agriculture shows that when it comes to handwashing before meals, consumers are failing to properly clean their hands 97 percent of the time. Rushed handwashing can lead to cross-contamination of food and other surfaces, resulting in foodborne illness.

The preliminary results of the observational study, conducted by USDA in collaboration with RTI International and North Carolina State University, showed some concerning results.

-Handwashing: the study revealed that consumers are not washing their hands correctly 97 percent of the time.

- \* Most consumers failed to wash their hands for the necessary 20 seconds, and
- \* Numerous participants did not dry their hands with a clean towel.

-Thermometer use: results reveal that only 34 percent of participants used a food thermometer to check that their burgers were cooked properly.

- \* Of those who did use the food thermometer, nearly half still did not cook the burgers to the safe minimum internal temperature.

-Cross contamination: the study showed participants spreading bacteria from raw poultry onto other surfaces and food items in the test kitchen.

- \* 48 percent of the time are contaminating spice containers used while preparing burgers,
- \* 11 percent of the time are spreading bacteria to refrigerator handles, and
- \* 5 percent of the time are tainting salads due to cross-contamination.

The U.S. Centers for Disease Control and Prevention estimates that 48 million Americans are sickened with foodborne illnesses each year, resulting in roughly 128,000 hospitalizations and 3,000 deaths. Children, older adults and those with compromised immune systems are especially at risk.

With grilling season upon us, USDA is reminding consumers to use a food thermometer and cook meat and poultry products to the recommended safe internal temperatures. When cooking meat and poultry patties, insert the thermometer through the side of the patty until the probe reaches the center of the patty. Meat and poultry products are done when they reach these minimum internal temperatures:

- \* Beef, pork, lamb and veal (steaks, roasts and chops): 145°F.
- \* Ground meats (burgers): 160°F.
- \* Poultry (whole or ground): 165°F.

Always wash your hands thoroughly with soap and water after handling raw meat, poultry or eggs. Make sure you are washing for a full 20 seconds, and always dry your hands on a clean towel.

Read more about the study in the [Executive Summary](#).

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## Education & Resources

### Training Opportunities for SNAP-Ed Local Implementing Agencies

On behalf of the California Department of Social Services, the California Department of Public Health Nutrition Education and Obesity Prevention Branch, UC CalFresh, California Department of Aging, and Catholic Charities of California, we are pleased to announce upcoming SNAP-Ed trainings available to appropriate staff from SNAP-Ed state and local implementing agencies in California. Please visit the [Training and Events Calendar](#) for additional information.

### Writing SNAP-Ed Stories: Simple Strategies for Success—Webinar Recording Now Available

A recording of the USDA webinar entitled, “Writing SNAP-Ed Stories: Simple Strategies for Success” is now available on the SNAP-Ed Connection website. During this 1-hour webinar, 3 SNAP-Ed agency program leaders with experience developing and sharing effective success stories share their methods and recommendations. SNAP-Ed Connection reviews tips and strategies for creating stories that are concise, powerful, and engaging to readers across the SNAP-Ed stakeholder community. Plus, learn the top 5 mistakes made when writing success stories-- and how to avoid them!

See the [SNAP-Ed Connection](#) site to view the webinar.

**\*\*Note: SNAP-Ed Connection success stories must be sent to Andra Nicoli ([amnicoli@ucdavis.edu](mailto:amnicoli@ucdavis.edu)) at the UC CalFresh State Office and *not* submitted directly to the SNAP-Ed Connection site. CDSS will be vetting SNAP-Ed Connection stories and sending them to SNAP-Ed Connection for California SNAP-Ed.\*\***

### California Department of Education Summer Meal Programs

*This information was previously shared in the 6/27/2018 LHD News Bulletin. See flier attached to the 7/2/2018 Weekly Update.*

Local agencies are encouraged to support local families by sharing resources to help them locate Summer Meal Sites in the community. The California Department of Education (CDE) can provide flyers and bookmarks for agencies to share with the community. Resources are available in English and Spanish. Please see the flyer attached to the 7/2/2018 UC CalFresh Weekly Update email for more information. Summer Meals Unit, CDE: 916-322-8323; [sfsp@cde.ca.gov](mailto:sfsp@cde.ca.gov)

### Funding opportunity: Voices for Healthy Kids

*The following information was previously shared in the 5/16/18 LHD News Bulletin.*

The goal of the grant is to advance coordinated state, local, and tribal public policy issue advocacy campaigns focused on healthy eating and active living. **Grant Amounts:** Up to \$125,000. **Deadline: July 13.** Click [here](#) to learn more and to apply.

### 2018 Promising Practice Exchanges

*The following information was previously shared in the 5/2/18 LHD News Bulletin. See the Weekly Update email for an attached agenda.*

The California SNAP-Ed Statewide Training (CSST) team is pleased to announce that the first of the 2018 Promising Practice Exchanges (PPEs) is scheduled for July 16th in Riverside. The PPEs are annual mini-workshops that provide an opportunity for SNAP-Ed agencies to showcase local and regional promising practices. While providing customized training and technical assistance activities, PPEs are also designed to foster local connections and develop learning communities regionally. The training and technical assistance provided will address region-specific needs as identified in the SNAP-Ed Integrated Work Plans and will allow opportunities for attendees to network with peers.

### Working Together for Healthier Communities: Inland Desert Promising Practices Exchange

July 16, 2018

9am – 3pm (Registration starts at 8:30am)

Riverside University Health System – Public Health

4210 Riverwalk Parkway

Riverside, CA 92505

Register [here](#). For More Information, Contact Maegan Jorgensen at 916-552-9951 or [maegan.jorgensen@cdph.ca.gov](mailto:maegan.jorgensen@cdph.ca.gov)

PPEs will be held in each service area by September 30. Registration for the exchanges in more areas will be posted on the SNAP-Ed [Training and Events Calendar](#) and the [Statewide Regional Support](#) webpage in the near future.

### Funding opportunity: Healthy Eating Research (HER)

Healthy Eating Research (HER) is awarding \$2.6 million to researchers/research teams studying ways—either through current or new pilot policies/programs—to improve children’s nutrition habits and dietary intake to help them grow up healthy. They are most interested in research that can impact kids and families.

**Grant Amounts:** \$2.6 million. **Deadline: July 18.** Click [here](#) to learn more and to apply.

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## Education & Resources *(continued)*

### Harvard Law School Food Law and Policy Clinic (FLPC) - Request for Technical Assistance Proposals: Approaches to Reducing Consumption of Sugar

See the 7/9/2018 UC CalFresh Weekly Update email for attached flier with more information.

The Harvard Law School Food Law and Policy Clinic (FLPC), with support from the Laura and John Arnold Foundation, is launching a new initiative to identify locally-supported policies that will reduce sugar consumption and build capacity for policy change. Excess consumption of sugar is linked to obesity, diabetes, and other diet-related chronic diseases that have tremendous social and economic costs. Reducing population-level consumption of sugar is one of the most promising strategies for addressing these pressing public health concerns. FLPC is offering pro bono technical assistance (TA) to community organizations, food policy councils, and local and state government entities across the United States interested in implementing innovative sugar reduction policies. This request for proposals (RFP) application will remain open until July 31, 2018. FLPC anticipates making two TA awards as a result of this RFP. TA grantees will be notified by August 31, 2018.

*FLPC will provide one year of in-depth capacity-building engagement that includes:*

- \* nonpartisan research and legal consultation and resources on a variety of sugar-reduction policies tailored to the interests of the TA grantee,
- \* early-stage coalition building and community outreach support, and
- \* communications materials and media outreach.

#### *Eligibility*

Any community-based organization, local, regional, or state food policy council, or local or state government entity (e.g., health department) is welcome to apply. FLPC will select TA sites based on readiness for policy engagement and change regarding sugar consumption policies, feasibility of policy success, potential to impact underserved populations, diversity in location/geography, and diversity of potential policy solutions of interest.

#### *Timeline and Application Instructions*

Applications are due **July 31, 2018**. Throughout August, FLPC will have in-depth conversations with finalists before announcing final decisions by August 31.

See the Request for Technical Assistance Proposals [here](#) for instructions on how to apply.

### Childhood Obesity Conference—July 15-18, 2019

*Submit a Presenter Proposal – Now Open!*

The 10th Biennial Childhood Obesity Conference (COC) invites individuals and organizations engaged in researching, developing, implementing and evaluating policy and environmental strategies that address root causes of childhood obesity to submit proposals for consideration for inclusion in the 10th Biennial COC program.

New this year, all proposals will be submitted as a single Presenter. Conference Organizers will be pairing presenters together to form Traditional or Facilitated panels. In addition, presenters can suggest other presenters/proposals they would like us to consider pairing with their proposal.

*Presentations will be organized by Subthemes:*

1. Collaboration and Partnership
2. Research and Evidenced-based Practices
3. Health Equity
4. Leveraging Policies for Sustainable Change

Session proposals should address achieving greater levels of health equity while addressing the social determinants of health, and should demonstrate improving outcomes for groups most affected by health Disparities.

Additionally, session proposals that include the utilization of cross-sector collaboration, evidence-based community and clinical practice, innovative policy work addressing longstanding inequities, collaborations and alliances to plan, implement and evaluate their work are encouraged. Submission proposals that focus on reaching children and adolescents who suffer disproportionality from high obesity/overweight are also encouraged.

Click [here](#) to learn more or to submit a session proposal!

Please refer to the conference [website](#) for the most up-to-date instructions on how to submit your proposal. Questions about the proposal process? Please email [childhoodobesityconference@cce.csus.edu](mailto:childhoodobesityconference@cce.csus.edu)

MARK YOUR CALENDARS! Upcoming Conference Dates and Deadlines

- \* Submit a Presenter Proposal: **Opens June 21, 2018 - Closes August 3, 2018**
  - \* Conference Registration: **Opens September 2018 - \*Early Bird Rate from September 2018 - January 2019\***
- Poster and Roundtable registration: **Opens September 2018**

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## Education & Resources (continued)

### ToP Secrets of Implementation (TSI) for SNAP-Ed LIAs

8/23/2018	ToP Secrets of Implementation for SNAP-Ed LIAs	In-Person	8:30 a.m.	Fresno	ToP Certified Facilitator/Trainers
8/28/2018	ToP Secrets of Implementation for SNAP-Ed LIAs	In-Person	8:30 a.m.	Redding	ToP Certified Facilitator/Trainers
8/29/2018	ToP Secrets of Implementation for SNAP-Ed LIAs	In-Person	8:30 a.m.	Riverside	ToP Certified Facilitator/Trainers
8/30/2018	ToP Secrets of Implementation for SNAP-Ed LIAs	In-Person	8:30 a.m.	Oakland	ToP Certified Facilitator/Trainers
9/4/2018	ToP Secrets of Implementation for SNAP-Ed LIAs	In-Person	8:30 a.m.	Sacramento	ToP Certified Facilitator/Trainers
9/5/2018	ToP Secrets of Implementation for SNAP-Ed LIAs	In-Person	8:30 a.m.	Santa Ana	ToP Certified Facilitator/Trainers
9/11/2018	ToP Secrets of Implementation for SNAP-Ed LIAs	In-Person	8:30 a.m.	Salinas	ToP Certified Facilitator/Trainers

The California SNAP-Ed Statewide Training team (CSST) is pleased to announce the ToP Secrets of Implementation (TSI) for SNAP-Ed LIAs training which will be held in each service area. The full-day training will provide a road map to sustaining and implementing plans. TSI will cover the four (4) stages of plan implementation. Participants will learn ways to keep plans and projects alive, relevant, and achievable.

Interested participants can register [here](#).

More information about the TSI training, including the training flyer, is available on the [SNAP-Ed Training and Events Calendar](#) and the [Statewide Regional Support](#) webpages. If you have any questions, please contact Nakendra Abner at 916-445-5303 or [Nakendra.Abner@cdph.ca.gov](mailto:Nakendra.Abner@cdph.ca.gov).

### Healthy Snack Day—Logistics Webinar and Statewide Day of Action

**August 29, 2018 - Healthy Snack Day** is designed for Local Implementing Agencies (LIAs) and Community-Based Organization partners to promote healthier eating habits within their communities. This Statewide Day of Action is supported by the Healthy Snack Day Event Box, a no cost, supplemental resource available to hosting LIAs and CBOs.

*Healthy Snack Day follows in the footsteps of Rethink Your Drink Day, which had incredible results that included:*

- \* Far surpassing its goal of 150 events, with over 338 events statewide and approximately 100,000 Californians reached from Rethink Your Drink Day events across the state.
- \* Earned media that increased Rethink Your Drink Day's potential reach to over 13.5 million Californians across traditional and digital media channels.
- \* Rethink Your Drink's Beverage Breakdown has engaged over 12,000 participants, including 7,305 during the month of May for Rethink Your Drink Day.

#### Important dates to remember:

8/16 - Logistics Webinar (Event Hosts)

8/29 - Healthy Snack Day - Statewide Day of Action

If you have questions, please contact [C4C\\_PR@RescueAgency.com](mailto:C4C_PR@RescueAgency.com)

### Connect & Explore—America's Eating Habits: Food Away from Home

On August 30th, the National Collaborative on Childhood Obesity Research (NCCOR) will host a Connect & Explore webinar titled, "America's Eating Habits: Food Away From Home."

Food away from home (FAFH) plays a major role in the American diet. In recent decades, numerous factors have contributed to an increasing trend of FAFH consumption such as increased access and affordability to FAFH and an increase in two earner households. To better understand this trend, USDA's Economic Research Service (ERS) has drawn on data from many sources to examine a range of factors influencing FAFH consumption, and the findings will be published in the forthcoming report, *America's Eating Habits: Food Away From Home*.

The webinar will provide background and rationale for the research endeavor, highlight several findings from the report, and discuss the experience of undertaking this collaborative research effort.

**Join us on Tuesday, August 30, at 11:00 a.m. PST, for the one-hour webinar.** [Register here](#) to receive webinar access. The event is free, but attendance is limited.

### Nutrition Updates Webinar—Dietary Supplements: *When They May Help—or Hurt*

Join Rachel Scherr, PhD, an Assistant Research Scientist at the University of California, Davis as she presents up-to-date research evidence and recommendations about dietary supplements and coverage in the popular media.

**Date:** September 4, 2018

**Time:** 11:00 AM – 12:30 PM

**Registration:** Webinar Pre-Registration is required: <https://cc.readytalk.com/r/pkyjut8jxwmq&eom>

### Save the Date—California SNAP-Ed Local Implementing Agency Forum, January 22-24, 2019

Please mark your calendars for the 2019 LIA Forum on January 22-24, 2019 at the DoubleTree Hotel in Sacramento, California. The Forum includes a two-day, in-person meeting (January 23-24, 2019), as well as optional in-person pre-meeting workshops (January 22, 2019).

CDSS will continue sharing Forum planning details and information, including registration and lodging information once they become available. If you have any questions, please contact [CalFreshsnap-ed@dss.ca.gov](mailto:CalFreshsnap-ed@dss.ca.gov)

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## Education & Resources *(continued)*

### Funding opportunity: The Walmart Community Foundation's Community Grant Program

*This information was previously shared in the 5/21/2018 UC CalFresh Weekly Update.*

The Walmart Community Foundation's Community Grant Program is offering grants to nonprofit organizations and agencies that work in one of the following areas: hunger relief and healthy eating, health and human service, quality of life, education, community and economic development, diversity and inclusion, public safety, or environmental sustainability. Awards range from \$250 to \$5,000. **Deadline: applications are accepted on a rolling basis.** Click [here](#) to learn more and to apply.

### Funding Opportunity: The Home Depot Foundation

*This information was previously shared in the 5/21/2018 UC CalFresh Weekly Update.*

The Home Depot Foundation provides funding for nonprofit organizations and public agencies in the United States that are using the power of volunteers to improve communities through its Community Impact Grants program. Priority is given to projects that benefit veterans and/or diverse and underserved communities. Projects should be volunteer-friendly, engage people at all skill levels, and be expected to have a strong and lasting impact. Awards of up to \$5,000 will be given in the form of The Home Depot gift cards for the purchase of tools, materials, or services. **Deadline: application are accepted on a rolling basis.** Click [here](#) to learn more and to apply.

### Funding Opportunity: Good Sports Grant

*The following information was previously shared in the 5/16/18 LHD News Bulletin.*

Schools & community organizations can apply for sports equipment, apparel, & footwear for economically disadvantaged children. **Required Match: 10% Deadline: applications are accepted on a rolling basis.** Click [here](#) to learn more and to apply.

### Funding Opportunity: Kaboom Community Playground Grants

*The following information was previously shared in the 5/16/18 LHD News Bulletin.*

Opportunities ranging from building a new playground in the community, to providing creative play areas, to transforming sidewalks and vacant lots. **Deadline: applications are accepted on a rolling basis.** Click [here](#) to learn more and to apply.

### California SNAP-Ed Connection - Hosts Community Resource Library

*The following information was previously shared in the 5/16/18 LHD News Bulletin.*

The [CA SNAP-Ed Connection](#) website now hosts the Community Resource Library providing 500+ resources, such as news bulletins, funder statements, logos, photos, graphics and templates.

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#### We want to hear from you!

The UC CalFresh State Office would love to hear from you! Please email Elizabeth Egelski at [eegelski@ucdavis.edu](mailto:eegelski@ucdavis.edu) to share your comments, stories, photos or other items you would like to see featured in future Weekly Updates.

The UC CalFresh Weekly Updates are sent by the UC CalFresh State Office on behalf of David Ginsburg, Director of the UC CalFresh Nutrition Education Program. Electronic versions of the Weekly Updates are also posted on the UC CalFresh website: <http://www.uccalfresh.org/weekly-updates>.

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