

UC CalFresh Weekly Update August 6, 2018

Contents

Upcoming Events & Deadlines

- * Web StoreFront Closure, August 6-17th
- * PEARS Office Hours for UC CalFresh, August 7th
- * Using the EatFresh.org Mini Course with Staff and Volunteers—Webinar, August 9th

UC CalFresh Success Stories

- * Plan Shop Save Cook Participant, Fresno County
- * Eating Smart Being Active Participant, Alameda County

Welcome New UC CalFresh Staff!

- * Ryan Keeler, UC CalFresh State Office
- * Nancy Zumkeller, CE Supervisor II, UCCE Fresno/Madera Counties
- * Haley Kerr, CESII, UCCE Alameda County

UC CalFresh Website Updates

- * FFY2018 Schedule for Closing Evaluation Portals and Results Distribution

UC CalFresh Evaluation Updates

- * Updated Consent Pages for Youth Program Evaluation
- * Tool Updates – 20-Item Nutrition Knowledge Survey

Upcoming UC CalFresh Trainings

- * PEARS Office Hours
- * UC CalFresh Town Hall, August 21st

Items Available for UC CalFresh County Programs

- * Nutrition Education Reinforcement Items for UC CalFresh County Programs

Smarter Lunchrooms Movement of California

- * The Smarter Lunchrooms Movement of California *Monthly Nudge*
- * Digital Food Pictures for Educators

UC CalFresh in Action!

- * Nutrition and Food Questions Web Page

Articles & Research

- * In-person education, provider training may reduce pediatric intake of sugar-sweetened beverages

Education & Resources

- * Call to Submit Youth Engagement Related Items for Website
- * ToP Secrets of Implementation (TSI) for SNAP-Ed LIAs
- * Healthy Snack Day - Logistics Webinar and Statewide Day of Action
- * Childhood Obesity Conference—July 15-18, 2019
- * Nutrition Updates Webinar—Dietary Supplements: When They May Help—or Hurt
- * 2018 Promising Practices Exchanges
- * Save the Date—California SNAP-Ed Local Implementing Agency Forum, January 22-24, 2019
- * Training Opportunities for SNAP-Ed Local Implementing Agencies
- * Funding opportunity: The Walmart Community Foundation's Community Grant Program
- * Funding Opportunity: The Home Depot Foundation
- * Funding Opportunity: Good Sports Grant
- * Funding Opportunity: Kaboom Community Playground Grants
- * CA SNAP-Ed Connection - Hosts Community Resource Library

UC CalFresh, UC ANR & Partner Employment Opportunities

- * Nutrition, Family and Consumer Sciences - Area CE Advisor, Fresno/Madera Counties
- * Area CE Youth, Family & Communities Advdor (AP#17.19), Imperial County
- * Community Education Specialist 2 Supvr, Kern County

Upcoming Events & Deadlines

August 2018

SUN	MON	TUE	WED	THU	FRI	SAT
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

Web StoreFront Closure, August 6-17th

The California Department of Public Health (CDPH) will close the Web StoreFront (WSF) and Public Web StoreFront (PWSF) **Monday, August 6** for the bi-annual physical inventory of educational materials. The WSF and the PWSF sites **reopen on Monday, August 20 at 8:00 a.m.** During the closure, orders can be placed but they will not ship out before August 20th. For those of you interested in ordering materials for the August 29th "Healthy Snack Day," please take these WSF/PWSF closure dates into account. Feel free to contact CDPH at NEOPBcustomerCare@cdph.ca.gov with any questions.

PEARS Office Hours for UC CalFresh, August 7th

Please join the UC CalFresh evaluation team in monthly PEARS Office Hours focused on PEARS Users within UC CalFresh. Angie Keihner, Barbara Mknelly, and Jennifer Quigley will be available during the below days/times to provide technical hands-on assistance to counties needing technical assistance. All of the questions asked during these sessions become part the [Frequently Asked Questions](#) on our website.

August 7, 2018 from 1–2 pm

Web Conference Information:

PARTICIPANTS: click here to join the meeting:

<https://cc.readytalk.com/r/2cf41qw6thvi&eom>

Audio Conference Information:

Dial-In Number: U.S. Toll: 303.248.0285
Access Code: 7544137

For technical support:

<https://support.readytalk.com/SP/?src=ccical-h>

Using the EatFresh.org Mini Course with Staff and Volunteers—Webinar, August 9th

Date: Thursday, August 9, 2018

Time: 10:00-10:45AM

[Register Here](#)

Join the EatFresh.org team to learn best practices and ideas around how to utilize the EatFresh.org Mini Course with staff and volunteers, such as: staff/volunteer onboarding, staff wellness, and nutrition messaging 101. The webinar will provide an overview of the Mini Course and the Mini Course for Educators, then will cover utilization ideas, implementation strategies, and specific examples from partner organizations.

UC CalFresh Success Stories

Success stories from your FFY 2018 UC CalFresh participants can be shared through the online data entry portal: <https://ucanr.edu/survey/survey.cfm?surveynumber=22089>.

"[This workshop taught me] to shop with a list [and] always prepare your meals. Now I know how to make better choices in the future."

—Plan Shop Save Cook Participant,
Fresno County

"This class has helped me learn to watch my eating habits ... how much sugar and salt I consume."

—Eating Smart Being Active Participant,
Alameda County

Welcome New UC CalFresh Staff! Ryan Keeler, UC CalFresh State Office



Ryan Keeler has joined the UC CalFresh State Office team and will provide administrative support to the State Office and UC CalFresh counties. Ryan has a unique employment background of customer service and accounting in the banking industry, as well as time spent working in the foothills and Sierra Nevadas as a Utility Forester. In his free time he enjoys spending time in the great outdoors, watching sports, and occasionally attempting to play some of them. Ryan is happy to help with anything and can be reached by email crkeeler@ucdavis.edu, or phone at (530) 752-1735.

Nancy Zumkeller, CE Supervisor II, UCCE Fresno/Madera Counties

Nancy Zumkeller's career with UC CalFresh Fresno/Madera Counties began 9 years ago as a part time program educator. She had been a stay at home mom for 13 years, so the transition back into the work force in a part-time capacity was the perfect fit for her. She has her Bachelor of Arts, from Fresno State, in Liberal Studies so her passion for education and supporting the health of families in her community felt like a natural fit. As her position gradually increased to full time, she was promoted to Program Coordinator and enjoyed taking on more responsibilities and leadership roles to bring the UC CalFresh key messages to the community. She has gained valuable experiences and knowledge while making strong connections within the population and agencies UCCE serves. She is proud to be a part of the UC CalFresh Fresno/Madera team, who she describes as an exceptional group of dedicated people. Nancy looks forward to her new role as program supervisor, contributing through staff development, and further enhancing Fresno/Madera County programs. In her spare time, Nancy enjoys spending time with her husband, son, and daughter while taking care of their garden, chickens, goats and many other projects and activities in which their kids are involved.

Haley Kerr, CESII, UCCE Alameda County



Haley Kerr comes to UC CalFresh from Miami, where she worked for almost 5 years in HIV Prevention at a healthcare center. Prior to Miami, she was living and working in Trujillo, Peru, overseeing a volunteer program in several communities. There, she worked with families, children, health centers, and schools to do education around nutrition, first aid, dental health, and other important topics.

She completed a Master's program at Tulane University, focusing on social work and public health and doing practical work in HIV prevention. Before going to grad school, she worked as a Peace Corps Volunteer in Paraguay for 3 years. She was a Rural Health and Sanitation Volunteer in a small community for most of that time, working with the families living there to address their health needs including parasite prevention, dental health, nutrition, and clean water. She extended her service to work in the capital city of Asuncion, on a peer health education project.

From her work and school experiences, Haley carries a strong desire to help empower people to make healthier choices and make use of the resources they have in their communities, in a culturally competent and humble way. She is very excited to work in Alameda County and looks forward to learning more about this very diverse community. Haley will be leading UCCE Alameda's GGG and CATCH efforts in 28 partner preschools. You can reach her at hbkerr@ucanr.edu.

UC CalFresh Website Updates

FFY2018 Schedule for Closing Evaluation Portals and Results Distribution.

Please refer to the UC CalFresh website on the [Evaluation Webpage](#) for scheduled dates.

UC CalFresh Evaluation Updates

Updated Consent Pages for Youth Program Evaluation: With the change in UC CalFresh Director, the state office evaluation team has updated the Principal Investigator (PI) on the IRBs for our Adult and Youth Program Evaluation. As part of this modification, the youth evaluation consent pages (teacher, parent, student- grades 4+, student -grades 2-3) were revised to change the PI from 'David Ginsburg' to 'Kamaljeet Khaira'. All of the tools included in the Youth Program Evaluation IRB and posted on the UC CalFresh website now include the updated consent pages. **Please verify that your team uses the updated consent page (PI = Kamaljeet Khaira) on all youth and family-centered evaluation tools administered in FFY 2019.** The updated individual consent pages and evaluation tools are available [here](#). If you have any questions, please feel free to contact Angie Keihner at (530) 752-1856 or akeihner@ucdavis.edu.

Tool Updates – 20-Item Nutrition Knowledge Survey: Over the summer Anna Jones from the UCD Center for Nutrition in Schools (CNS) conducted an in-depth analysis of the 35-item Nutrition Knowledge Survey used to evaluate the Shaping Healthy Choices Program and the Nutrition To Grow On (NTGO) curriculum in FFY 2018. Results from this analysis indicated that the tool length can be reduced while maintaining the ability to detect changes in student knowledge over time. The [20-item, pre/post Nutrition Knowledge Survey](#) is now available on the UC CalFresh [Youth Evaluation Tools webpage](#) for evaluating the NTGO curriculum in FFY 2019.

Upcoming UC CalFresh Trainings

PEARS Office Hours for UC CalFresh

Please join the UC CalFresh evaluation team in monthly PEARS Office Hours focused on PEARS Users within UC CalFresh. Angie Keihner, Barbara McNelly, and Jennifer Quigley will be available during the below days/times to provide technical hands-on assistance to counties needing technical assistance. All of the questions asked during these sessions become part of an FAQ document posted to our website: [Frequently Asked Questions](#)

Office Hours September 4 th , 2018 from 1– 2 pm	Office Hours October 2 nd , 2018 from 1– 2 pm
 <p>Web Conference Information: PARTICIPANTS: click here to join the meeting: https://cc.readytalk.com/r/hsp1x8cl0gxc&eom</p> <p>Audio Conference Information: Dial-In Number: U.S. Toll: 303.248.0285 Access Code: 7544137</p> <p>For technical support: https://support.readytalk.com/SP/?src=ccical-h</p>	<p>Web Conference Information: PARTICIPANTS: click here to join the meeting: https://cc.readytalk.com/r/1lzzpu4a4ith&eom</p> <p>Audio Conference Information: Dial-In Number: U.S. Toll: 303.248.0285 Access Code: 7544137</p> <p>For technical support: https://support.readytalk.com/SP/?src=ccical-h</p>

UC CalFresh Town Hall, August 21st

The next UC CalFresh Town Hall is scheduled for August 21, 2018 from 12:30 PM to 2:00 PM. Our Town Hall topics this month will include:

- * State Office administrative/fiscal team providing brief updates and reminders regarding the FFY 2018 fiscal close
- * State Office program team offering curriculum updates and a review of the process for adding curricula to the UC CalFresh and California SNAP-Ed Integrated Curricula lists
- * UC CalFresh Shasta County presenting the partnership with the Redding School District to increase school lunch participation
- * Lastly, the State Office will be providing programmatic and administrative updates.

WEBINAR INFORMATION:

Web Login:

Link: <https://cc.readytalk.com/r/8yscl9bum2iq&eom>

Security Passcode: apple1

Dial-In:

Toll Phone: 303.248.0285

Access Code: 7544137

Note: Using a landline to call in is recommended. Using computer speaker and microphone is not recommended if you have a slow connection or limited bandwidth.

Attendance is highly encouraged. If you are unable to attend, please notify your supervisor. If you have any questions ahead of time, **please submit them in advance to Rolando Pinedo at rgpinedo@ucdavis.edu** to ensure that they will be addressed during the webinar. Town Hall Meetings are recorded and uploaded to our [website](#). If you experience

Items Available for UC CalFresh County Programs

Nutrition Education Reinforcement Items for UC CalFresh County Programs

The State Office has a limited quantity of nutrition education reinforcement items and lesson enhancements available for UC CalFresh County Programs, listed below. These items would be in addition to your previous order request, which is part of Statewide Coordinated Ordering for the program.

Quantity	Item	Notes
480	EatFit Brochure packs	
50	Measuring Cup Sets	
276	Measuring Spoon Sets	
38	My Healthy Plate Eating Made Easy Handout Pads	
18	My Healthy Plate Platemat Pads	
500	Reusable Shopping Bags	
30	UC CalFresh Nutrition Corner Bulletin Board Borders	
1	African American "Building a Healthy Body and Soul" Banner	
19	SLM Marketing Cafeteria Kits	
23	Rolls of Active Kids My Plate Stickers	
9	Team Nutrition Popular Event Booklets	
2	Rolls of My Plate Stickers	
1	Discover MyPlate Curriculum: Nutrition Education Guide for Kindergarten	English
1 pack of 25	Discover MyPlate Student Workbook for Kindergarteners	English
1 pack of 50	Discover MyPlate Parent Newsletters	English
1	Discover Emergent Readers: Teacher's Edition	Spanish
100 pack	Friendship Pocket Handout (8.5X11 Handout)	English
25	Discover MyPlate Vegetables Booklet	English
25	Discover MyPlate Fruits Booklet	English
25	Discover MyPlate Meal Booklet	English
25	Discover MyPlate Protein Booklet	English
25	Discover MyPlate Dairy Booklet	English
25	Discover MyPlate Grains Booklet	English

If you are interested in any or all of these items, please coordinate with your Program Manager/Supervisor or Advisor to submit your request to **Rolando Pinedo** (rgpinedo@ucdavis.edu). Please be sure to note the shipping address. Requests will be honored on a first-come-first-serve basis.

The Smarter Lunchrooms Movement of California



The UC CalFresh State Office would like to see how the Smarter Lunchroom Movement of California has been implemented in your county! Please share your success stories and photos with MaryAnn Mills via e-mail: mamills@ucdavis.edu.

The Smarter Lunchrooms Movement of California *Monthly Nudge*

The Smarter Lunchrooms Movement of California *Monthly Nudge* is a monthly newsletter which provides updates on how the Smarter Lunchrooms Movement is moving throughout California and is brought to you by the SLM of CA Collaborative. The newsletter provides updates, upcoming trainings and events, and more! If you are interested in signing up to receive the *Monthly Nudge*, please [click here!](#)

Digital Food Pictures for Educators

This information was originally shared in the Smarter Lunchrooms Movement of CA: April Monthly Nudge.

Educators, are you on the hunt for pictures to improve food literacy lessons or classroom nutrition education programs? New images of five-food-group and mixed foods are now available at HealthyEating.org/FoodGallery.

UC CalFresh in Action!

Nutrition and Food Questions Web Page

Do your participants ask questions about nutrition or needs that you find difficult to respond to? Check the [Nutrition and Food Questions](#) web page for a response. If your question is not answered there you can submit a new question. You can find the link on the UC CalFresh website under [Resources > Resources for Educators](#). Please contact [Lyn Brock \(rlbrock@ucanr.edu\)](mailto:rlbrock@ucanr.edu) if you have any questions.

Articles & Research

In-person education, provider training may reduce pediatric intake of sugar-sweetened beverages

Effective interventions for decreasing consumption of sugar-sweetened beverages among children aged 0 to 5 years often take place in preschool/daycare settings, include restricting physical access to beverages, involve in-person individual education, and offer provider training, according to a study published in *Obesity Reviews*.

“A robust body of literature links [sugar-sweetened beverage] consumption to negative health consequences including adiposity, dental caries, insulin resistance and caffeine-related effects,” **Kelsey A. Vercammen**, of the department of epidemiology at the Harvard T.H. Chan School of Public Health, Boston, and colleagues wrote in the study background. “The association between [sugar-sweetened beverage] consumption and weight gain is particularly concerning given that childhood obesity often continues into adulthood, heightening the lifetime risk of morbidity and premature mortality from obesity-related diseases.”

In a systematic review, the researchers analyzed 27 studies [assessing interventions designed to reduce sugar-sweetened beverage](#) consumption and documenting child sugar-sweetened beverage consumption as an outcome conducted between January 2000 and December 2017.

Included studies evaluated the sugar-sweetened beverage consumption of children via parent-reported measures. Additionally, seven studies used a 24-hour recall, eight used a food frequency questionnaire, five used a validated questionnaire, five used a questionnaire that was not validated, one used a food diary and one used a mobile tracking system.

Eight of the 27 studies reported sugar-sweetened beverage intake as a primary outcome, and three based their sample size calculation on identifying changes in sugar-sweetened beverage consumption. Most studies (n = 18) analyzed several behaviors or lifestyle factors, including diet, physical activity, sleep habits, oral hygiene and use of media, such as television.

Researchers found that several interventions resulted in a successful reduction of sugar-sweetened beverage consumption among young children, including interventions conducted in the preschool or daycare settings (four of five successful studies) and in-person individual education, teaching children and parents about sugar-sweetened beverage reduction (nine out of 14 successful studies). Other successful interventions included in-person group education, (seven of 12 successful studies), passive education with written educational materials (seven of 12 successful studies), technology, including [texts, online lessons](#) or smartphone applications (two of four successful studies), provider training (seven of nine successful studies) and decreased physical access to sugar-sweetened beverage increased availability of healthy beverages (two of two studies).

“Overall, to reduce [sugar-sweetened beverage] consumption among 0-year to 5-year-olds, the available evidence suggests that preschool/daycare may be important settings for interventions, and that in-person individual education, changes to the physical access of beverages and provider training are evidence-based strategies that may encourage behavior change,” the researchers wrote. “However, future research should examine the same strategies across multiple settings and populations, identify which strategies are more effective when combined together, and utilize more rigorous research methodology.”

This summary comes from: Healio In the Journals Plus [website](#)

See the full *Obesity Reviews* article [here](#). Please note that access to the full article requires a subscription, which your organization may have, or a fee.

Education & Resources

Call to Submit Youth Engagement Related Items for Website

See the 7/23/2018 UC CalFresh Weekly Update for the attached Youth Engagement Web Page Submission Instructions

The Center for Wellness and Nutrition, Public Health Institute is requesting submissions of pictures*, videos, reports, success stories, and UC Delivers that showcase the Youth Engagement work happening across the state for inclusion in the State UC CalFresh Website. The vision is to have a place to showcase and celebrate the local work and stories being done in the Youth Engagement realm.

To submit your Youth Engagement related item, please use the submission form included in the 7/23/2018 UC CalFresh Weekly Update email. The deadline to submit will be **Friday, August 17th, 2018**.

*Please ensure that any photos shared do have a photo consent obtained by UC CalFresh staff lead.

ToP Secrets of Implementation (TSI) for SNAP-Ed LIAs

The California SNAP-Ed Statewide Training team (CSST) is pleased to announce the ToP Secrets of Implementation (TSI) for SNAP-Ed LIAs training which will be held in each service area. The full-day training will provide a road map to sustaining and implementing plans. TSI will cover the four (4) stages of plan implementation. Participants will learn ways to keep plans and projects alive, relevant, and achievable. Interested participants can register [here](#).

- Fresno – August 23
- Redding – August 28
- Riverside – August 29
- Oakland – August 30
- Sacramento – September 4
- Santa Ana – September 5
- Salinas – September 11

Visit the [SNAP-Ed Training and Events Calendar](#) to register and for more information. Questions? Contact Nakendra Abner at 916-445-5303 or Nakendra.Abner@cdph.ca.gov.

More information about the TSI training, including the training flyer, is available on the [SNAP-Ed Training and Events Calendar](#) and the [Statewide Regional Support](#) webpages. If you have any questions, please contact Nakendra Abner at 916-445-5303 or Nakendra.Abner@cdph.ca.gov.

Healthy Snack Day—Logistics Webinar and Statewide Day of Action

August 29, 2018 - Healthy Snack Day is designed for Local Implementing Agencies (LIAs) and Community-Based Organization partners to promote healthier eating habits within their communities. This Statewide Day of Action is supported by the Healthy Snack Day Event Box, a no cost, supplemental resource available to LIAs and CBOs.

* **8/16** - Logistics Webinar (Event Hosts)

CDPH SMPR and Rescue Agency are proud to present "The Complete Guide to Hosting "Healthy Snack Day" with the Event Box. This webinar will provide participants with everything they need to know to host a successful event. Event marketing experts from Rescue will take you through practical, step-by-step advice for hosting a fun and impactful event from start to finish. This is a must-see webinar for event organizers, so mark your calendars. [Register](#)

If you have questions, please contact C4C_PR@RescueAgency.com

Childhood Obesity Conference—July 15-18, 2019

Click [here](#) to learn more or to submit a session proposal! Please refer to the conference [website](#) for the most up-to-date instructions on how to submit your proposal. Questions about the proposal process? Please email childhoodobesityconference@cce.csus.edu

MARK YOUR CALENDARS! Upcoming Conference Dates and Deadlines

- * ~~Submit a Presenter Proposal~~: Closed August 3, 2018
- * Conference Registration: **Opens September 2018 - *Early Bird Rate from September 2018 - January 2019**
- * Poster and Roundtable registration: **Opens September 2018**

Nutrition Updates Webinar—Dietary Supplements: *When They May Help—or Hurt*

Join Rachel Scherr, PhD, an Assistant Research Scientist at the University of California, Davis as she presents up-to-date research evidence and recommendations about dietary supplements and coverage in the popular media.

Date: September 4, 2018

Time: 11:00 AM – 12:30 PM

Registration: Webinar Pre-Registration is required: <https://cc.readytalk.com/r/pkyjut8jxwmq&eom>

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Education & Resources *(continued)*

2018 Promising Practices Exchanges

The 2018 Promising Practice Exchanges (PPEs) are annual mini-workshops that provide an opportunity for SNAP-Ed agencies to showcase local and regional promising practices. While providing customized training and technical assistance activities, PPEs are also designed to foster local connections and develop learning communities regionally. The training and technical assistance provided will address region-specific needs as identified in the SNAP-Ed Integrated Work Plans and will allow opportunities for attendees to network with peers. Upcoming dates include:

Service Area: **SF Bay Area**

Date: September 11

Location: Redwood City

Theme: Creating Health Equity in the Bay Area

Training Consultant: Jessica.Byers@cdph.ca.gov

Service Area: **Central Valley**

Date: September 19

Location: Merced

Theme: [Food Matters- Improving Food Access and Security in the Central Valley!](#)

Training Consultant: christine.bilbrey@cdph.ca.gov

Service Area: **Greater Los Angeles**

Date: September 24

Location: Los Angeles

Theme: [PSE Efforts in the Areas of Eat, Live \(Pray\), and Shop](#)

Training Consultant: Nakendra.Abner@cdph.ca.gov

Service Area: **Central Coast**

Date: September 27

Location: Seaside

Theme: [Building Healthy and Equitable Communities](#)

Training Consultant: Sandy.Fagin@cdph.ca.gov

If you are interested in attending a PPE in your service area, click on the 'theme' links or visit the [CA SNAP-Ed Training and Events Calendar](#) to register. If you have any questions, please contact the appropriate Training Consultant.

Save the Date—California SNAP-Ed Local Implementing Agency Forum, January 22-24, 2019

Please mark your calendars for the 2019 LIA Forum on January 22-24, 2019 at the DoubleTree Hotel in Sacramento, California. The Forum includes a two-day, in-person meeting (January 23-24, 2019), as well as optional in-person pre-meeting workshops (January 22, 2019).

CDSS will continue sharing Forum planning details and information, including registration and lodging information once they become available. If you have any questions, please contact CalFreshsnap-ed@dss.ca.gov

Training Opportunities for SNAP-Ed Local Implementing Agencies

On behalf of the California Department of Social Services, the California Department of Public Health Nutrition Education and Obesity Prevention Branch, UC CalFresh, California Department of Aging, and Catholic Charities of California, we are pleased to announce upcoming SNAP-Ed trainings available to appropriate staff from SNAP-Ed state and local implementing agencies in California. Please visit the [Training and Events Calendar](#) for additional information.

Funding opportunity: The Walmart Community Foundation's Community Grant Program

This information was previously shared in the 5/21/2018 UC CalFresh Weekly Update.

The Walmart Community Foundation's Community Grant Program is offering grants to nonprofit organizations and agencies that work in one of the following areas: hunger relief and healthy eating, health and human service, quality of life, education, community and economic development, diversity and inclusion, public safety, or environmental sustainability. Awards range from \$250 to \$5,000. **Deadline: applications are accepted on a rolling basis.** Click [here](#) to learn more and to apply.

Funding Opportunity: The Home Depot Foundation

This information was previously shared in the 5/21/2018 UC CalFresh Weekly Update.

The Home Depot Foundation provides funding for nonprofit organizations and public agencies in the United States that are using the power of volunteers to improve communities through its Community Impact Grants program. Priority is given to projects that benefit veterans and/or diverse and underserved communities. Projects should be volunteer-friendly, engage people at all skill levels, and be expected to have a strong and lasting impact. Awards of up to \$5,000 will be given in the form of The Home Depot gift cards for the purchase of tools, materials, or services. **Deadline: application are accepted on a rolling basis.** Click [here](#) to learn more and to apply.

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Education & Resources *(continued)*

Funding Opportunity: Good Sports Grant

The following information was previously shared in the 5/16/18 LHD News Bulletin.

Schools & community organizations can apply for sports equipment, apparel, & footwear for economically disadvantaged children. **Required Match: 10% Deadline: applications are accepted on a rolling basis.** Click [here](#) to learn more and to apply.

Funding Opportunity: Kaboom Community Playground Grants

The following information was previously shared in the 5/16/18 LHD News Bulletin.

Opportunities ranging from building a new playground in the community, to providing creative play areas, to transforming sidewalks and vacant lots. **Deadline: applications are accepted on a rolling basis.** Click [here](#) to learn more and to apply.

California SNAP-Ed Connection - Hosts Community Resource Library

The following information was previously shared in the 5/16/18 LHD News Bulletin.

The [CA SNAP-Ed Connection](#) website now hosts the Community Resource Library providing 500+ resources, such as news bulletins, funder statements, logos, photos, graphics and templates.

UC CalFresh, UC ANR & Partner Employment Opportunities

Nutrition, Family and Consumer Sciences - Area CE Advisor, Fresno/Madera Counties

Posted on July 7, 2018—Closing on September 3, 2018

[Apply](#)

Area CE Youth, Family & Communities Advisor (AP#17.19), Imperial County

Posted on July 6, 2018-Closing on August 20, 2018

[Apply](#)

Community Education Specialist 2 Supvr, Kern County

Posted on August 1, 2018-Closing on August 12, 2018

[Apply](#)

We want to hear from you!

The UC CalFresh State Office would love to hear from you! Please email Elizabeth Egelski at eegelski@ucdavis.edu to share your comments, stories, photos or other items you would like to see featured in future Weekly Updates.

The UC CalFresh Weekly Updates are sent by the UC CalFresh State Office on behalf of Kamaljeet Singh-Khaira, Director of the UC CalFresh Nutrition Education Program. Electronic versions of the Weekly Updates are also posted on the UC CalFresh website: <http://www.uccalfresh.org/weekly-updates>.

The University of California CalFresh Nutrition Education Program (UC CalFresh) is funded through a joint agreement among the U.S. Department of Agriculture/Food & Nutrition Service (USDA/FNS), the California Department of Social Services (CDSS) CalFresh and Nutrition Branch, and the University of California Cooperative Extension (UCCE). This material was produced by the University of California CalFresh Nutrition Education Program with funding from USDA SNAP, known in California as CalFresh (formerly food stamps). These institutions are equal opportunity providers and employers. CalFresh provides assistance to low-income households and can help buy nutritious foods for better health. For CalFresh information, call 1-877-847-3663.



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