



UNIVERSITY OF CALIFORNIA  
Agriculture and Natural Resources



# FFY2023 UCCE Butte Cluster

## Successes

- Nearly 5,000 Elementary School Students Participated in Health-Themed Field Days
- In Glenn County, Princeton Elementary School Promoted Physical Activity thanks to Blacktop "Paint Day"
- 127 5<sup>th</sup> grade students got a hands-on farm tour and experience during our Student Agricultural Field Day.

## Results

### Youth

- 100% of students were more willing to try new foods at school "I truly appreciate live lessons, materials for families in Spanish too, active lesson plans and materials provided!"

### Adult

- We saw a 72% increase in number of nutrition education series participants who reported using nutrition facts labels when shopping

### Organizational

- Continued to maintain 92 partnerships with over 8 different coalitions



## Improving California's Health Through CalFresh Healthy Living

### *County Statement:*

CalFresh Healthy Living, UC Cooperative Extension (CFHL, UCCE) Butte Cluster collaborates with school and community-based partners, UC Master Gardeners, Farm Advisors, and 4-H programs in Butte, Colusa, Glenn, Sutter and Yuba Counties to provide comprehensive, research-based nutrition, garden, and physical activity programming to diverse, low-income communities. Recognizing that nutrition and physical activity behaviors are dependent on many factors including individual knowledge and skills and social determinants including access to resources, opportunities and regional and institutional policies, CFHL, UCCE Butte Cluster works with partners to identify and address barriers to health and wellness.

### Serving Individuals and Communities

- We organized and provided 59,261 tastings to school aged students across 28 separate sites covering a 5-county region.
- Over 286 Extenders participated in our monthly packet program and supplemental activities.

### Providing Education

- We trained teachers on how to conduct the Taste Test Tool (TTT) and utilizing CFHL nutrition, physical activity and gardening curricula. There were 1092 completed taste test tools for Butte Cluster.

### Helping to Make Organizational and Environmental Changes

- Continue to source tastings from local farms to prioritize seasonality and minimize the environmental impact associated with transportation and related factors.
- Helped maintain over 7 school gardens with plans for additional gardens in progress.

### Serving California Agriculture

- CFHL, UCCE Butte Cluster educators presented at the California Ag in the Classroom Conference

### Building Partnerships

- The CFHL, UCCE Butte cluster participated in over 20 community events and fairs.
- Fostered relationships with local school districts, low-income housing, and community organizations to implement nutrition, gardening, and physical activity Direct Education and Policy, Systems, and Environmental changes

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