



CATCH Lesson Demo Video Development

Sign-Up Sheet

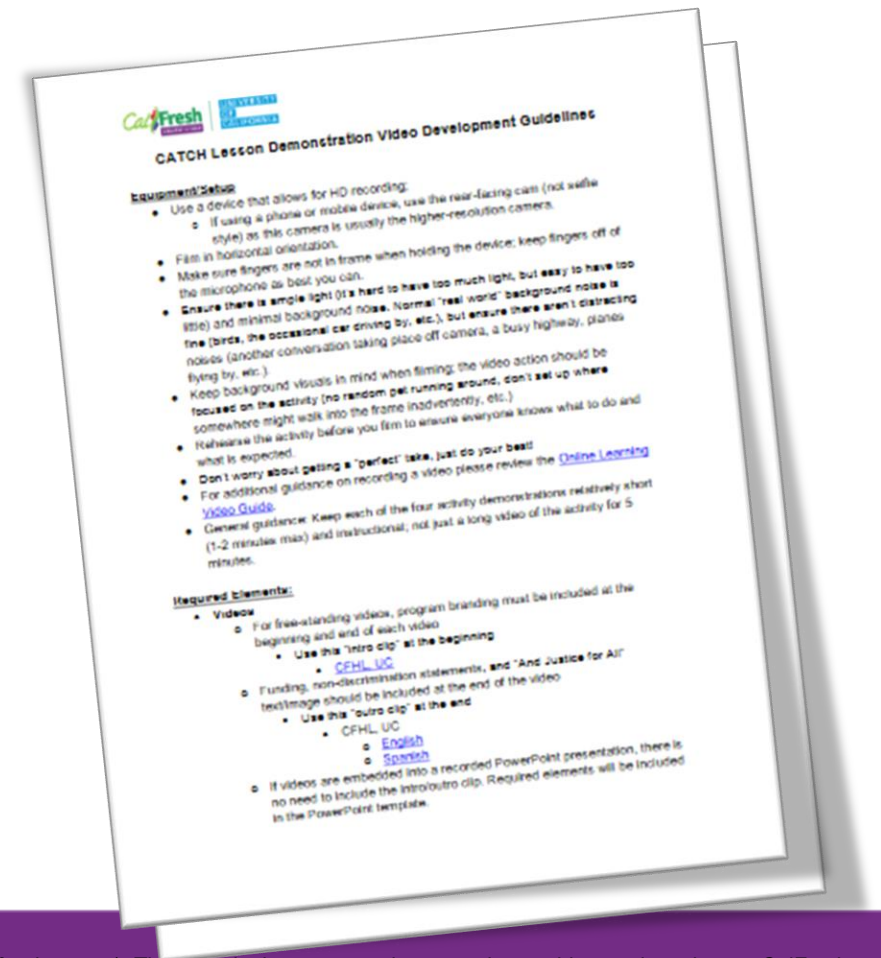
- Lessons and single lessons
 - Demonstration vs full lessons
- Activity cards provided

[CATCH Video Sign Up Sheet](#)



CATCH Video Development Guidance

- Equipment/Setup
- Required Elements
- Suggested Sequence
- Review and Approval Process

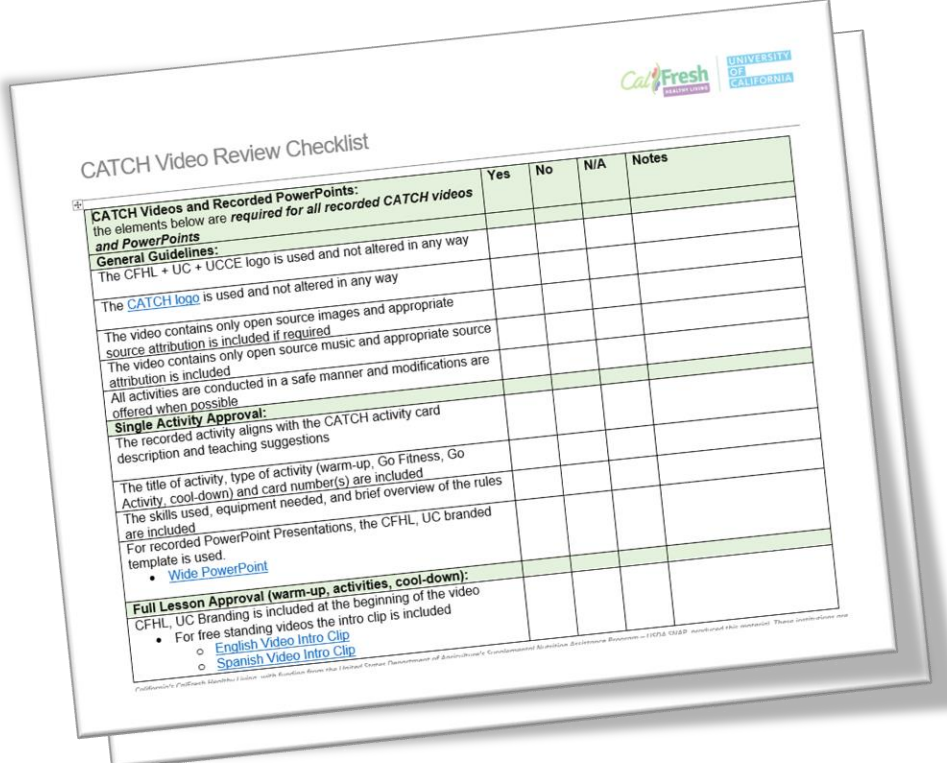


Review and Approval Process

Use the [CATCH Video Review Checklist](#)

2 types of approvals:

- 1) Individual recorded activity
- 2) Full lesson video (warm-up, activities, cool-down)



The image shows a 'CATCH Video Review Checklist' form. It features the CalFresh and University of California logos at the top right. The form is a table with columns for 'Yes', 'No', 'N/A', and 'Notes'. The rows contain various criteria for video review, such as 'CATCH Videos and Recorded PowerPoints: the elements below are required for all recorded CATCH videos and PowerPoints', 'General Guidelines: The CFHL + UC + UCCE logo is used and not altered in any way', 'The CATCH logo is used and not altered in any way', 'The video contains only open source images and appropriate source attribution is included if required', 'The video contains only open source music and appropriate source attribution is included', 'All activities are conducted in a safe manner and modifications are offered when possible', 'Single Activity Approval: The recorded activity aligns with the CATCH activity card description and teaching suggestions', 'The title of activity, type of activity (warm-up, Go Fitness, Go Activity, cool-down) and card number(s) are included', 'The skills used, equipment needed, and brief overview of the rules are included', 'For recorded PowerPoint Presentations, the CFHL, UC branded template is used', and 'Full Lesson Approval (warm-up, activities, cool-down): CFHL, UC Branding is included at the beginning of the video'. There are also links for 'English Video Intro Clip' and 'Spanish Video Intro Clip'.

	Yes	No	N/A	Notes
CATCH Videos and Recorded PowerPoints: the elements below are required for all recorded CATCH videos and PowerPoints				
General Guidelines: The CFHL + UC + UCCE logo is used and not altered in any way				
The CATCH logo is used and not altered in any way				
The video contains only open source images and appropriate source attribution is included if required				
The video contains only open source music and appropriate source attribution is included				
All activities are conducted in a safe manner and modifications are offered when possible				
Single Activity Approval: The recorded activity aligns with the CATCH activity card description and teaching suggestions				
The title of activity, type of activity (warm-up, Go Fitness, Go Activity, cool-down) and card number(s) are included				
The skills used, equipment needed, and brief overview of the rules are included				
For recorded PowerPoint Presentations, the CFHL, UC branded template is used				
• Wide PowerPoint				
Full Lesson Approval (warm-up, activities, cool-down): CFHL, UC Branding is included at the beginning of the video				
• For free standing videos the intro clip is included				
◦ English Video Intro Clip				
◦ Spanish Video Intro Clip				

CATCH Lesson Demo Videos

- Intended for trained teacher extenders in order to assist them in providing CATCH lessons (DE).
- They are not to be used as PA breaks.



Questions?



CFHL, UC Discussion



A vibrant watercolor splash in shades of red, pink, and magenta serves as a background for the text.

thank
you

designed by  freepik.com



This material was funded by USDA's Supplemental Nutrition Program - SNAP, known in California as CalFresh (formerly food stamps). These institutions are equal opportunity providers and employers. CalFresh provides assistance to low-income households and can help buy nutritious foods for better health. For CalFresh information, call 1-877-847-3663.