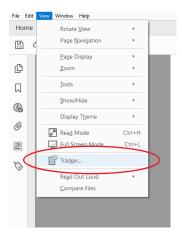
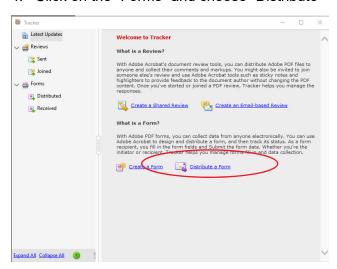
Distributing the forms for data collection:

- 1. Download the form and save to your computer from the UC CalFresh Website
 - a. Forms can be found under the PEARS Tab in Program Activities
- 2. Open Adobe
- 3. Using the toolbar in Adobe, click on "View" and choose "Tracker" from the dropdown menu



4. Click on the "Forms" and choose "Distribute"



- 5. This will start a setup wizard to distribute your form
 - a. Locate the form you wish to distribute by clicking on Browse and click "next"



6. Choose to collect responses via email

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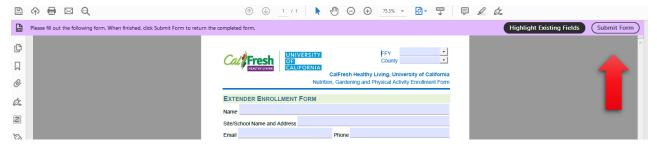
7. Send using Adobe Acrobat



8. Enter email address for your extenders/teachers and click send



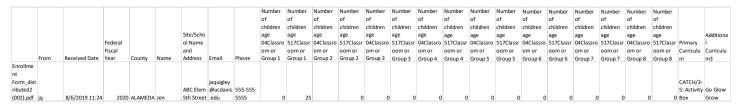
Extenders will receive the form and be able to complete and submit this form back to you when finished



- 10. Responses will come back to the email box of the sender or distributer of the form
- 11. When you double click the attached file it will open up the tracker tool again to help you keep track of your responses



- a. This tool gives you the ability to filter by a specific field like the site name, export, add other forms collected and archive forms in one place.
- The Export will go into a CSV or comma delimitated file that can be opened in Excel.



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