

What's Up? Wednesday

EFNEP and CFHL, UC Staff Check-In

September 30, 2020



Today's Agenda

Nutrition Program Staff COVID-19 Phase 2 Information
Guidelines for Online Education – *Updates!*

Google Drive Tour

Online Curriculum 'Sharing' Meetings

UCCE Riverside – school PA presentation

Promotional videos

What's Up? Check-In

Let's hear from Kamal and Katie...

Nutrition Program COVID-19 Phase 2 Information

Steps toward working in-person for EFNEP and CFHL, UC

Posted on 9/13 to ANR Collaborative Tools: UC Nutrition Education Program Advisors-Managers-Supervisors.

Supervisors and Advisors are encouraged to work with the County Director. Programmatic questions can be directed to the EFNEP State Office or for CFHL, UCCE staff contact Katie Panarella.

Updates to this information will be announced via email

COVID-19 Phase 2 Information

University of California Agriculture and Natural Resources (UC ANR) has moved into phase two of its reopening plan. **At this time, no one (including staff, volunteers, and the public) is allowed to engage in-person meetings or programs without approval from the UCCE County Director.**

5 Basic Mitigation Protocols

- ✓ Do not come to work or participate in any in-person ANR activities if you are sick or have COVID-19 symptoms (*fever or chills, cough, shortness of breath or difficulty breathing, fatigue, muscle or body aches, headache, new loss of taste or smell, sore throat, congestion or runny nose, nausea or vomiting, diarrhea*) or if you or someone you have been in contact with is diagnosed with COVID-19.
- ✓ Maintain six feet of distance between people at all times.
- ✓ Wear face coverings (cloth or paper masks, cloth bandanas, etc.) when six feet of separation between people cannot be maintained, **or when working in an office where the public is allowed to enter, even if the public is not present at the time ("new").**
- ✓ No group meetings/gatherings/events with more than 10 persons.
- ✓ Maintain sanitary practices – frequently clean and disinfect workspaces and equipment, wash hands often, and use hand sanitizer.

UC ANR has implemented [5 basic mitigation protocols](#) above that must be followed for all activities. These protocols are minimum standards for conducting programs and activities – your UCCE county office may have requirements that are stricter and must be followed. These protocols and any additional local procedures are detailed in your UCCE county office's Location Safety Plan and [UC ANR Safety Standards for Resuming In-Person Activity \(Stage 2\)](#) and subsequent [Addendums](#).

COVID 19 Phase 2 – Steps Required to Begin Limited In-Person Activities

The following steps must be completed by staff in order to resume limited in-person CalFresh Healthy Living, UC or Expanded Food and Nutrition Education Program (EFNEP) meetings, programs, or activities **only in counties where approved by the UCCE County Director**. Corrective actions may be taken if staff host or participate in any unauthorized in-person activities.

1. Each nutrition staff member will be provided a copy of the local UCCE office Stage 2 Safety Plan outlining specific office requirements that must be adhered to while in the office and prior to resuming in-person activity. Electronic distribution via e-mail is preferred, but hard copies may be provided for employees who do not have routine access to e-mail.
2. All employees authorized for in-person activity must receive training on UC ANR's safety standards for in-person activity under Stage 2.
 - a) Must understand and follow the UC ANR [COVID-19 Awareness Note](#).
 - b) Must understand and follow the UC ANR [COVID-19 Prevention Note](#).
 - c) Must be prepared to implement the 5 basic mitigation protocols listed above, including measures to encourage participants to stay home when they are sick or symptomatic, ensure distance between volunteers and/or members, use of face coverings, limiting the number of people, and maintaining hygienic practices.
 - d) Must understand, agree to, and follow any specific guidance or safety protocols provided by the UCCE county office.
 - e) Training and understanding of #a-d must be documented using the [Employee training documentation survey](#) or other local training records.
 - f) Must receive approval from the UCCE County Director prior to in-person activities.

Guidelines for Online Content – *Updates!*

Recording live class meetings

Adult classes – do not record

Youth classes – do not record

Zoom Security and Privacy settings

<https://drive.google.com/drive/folders/17TV1ON74OBXPPSXifEEY475AmO5ngCEZ>

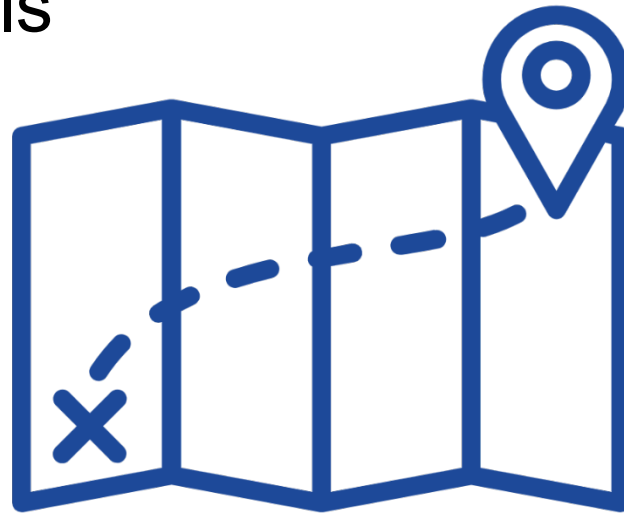
Google Drive Tour

Quick review of folders

Final Education Resources Folders

Indirect Education

Online Lesson Materials



Online Curriculum 'Sharing' Meetings

Tuesday October 13 - Thursday, October 15, 2020

Date and Time	Curricula	Notes
Tues, October 13 10-11 AM	<u>Pre-K, Kindergarten, and Parent</u> Happy, Healthy Me Go, Glow, Grow Healthy Happy Families Eat and Play Together	EFNEP staff can log off after Happy Healthy Me
Tues, October 13 1-2 PM	<u>Grades 1-3</u> My Amazing Body Good for Me and You It's My Choice	For both programs' staff

Online Curriculum 'Sharing' Meetings

Date and Time	Curricula	Notes
Wed, October 14 10-11 AM	<u>Grades 4-6</u> Up4It! Discovering Healthy Choices Serving Up My Plate (3 levels)	EFNEP staff can log off after Up4It!
Wed, October 14 1-2 PM	<u>Garden-Based Curricula</u> Nutrition to Grow On TWIGS Learn, Grow, Eat, Go Fresh From the Garden	EFNEP staff can log off after NTGO
Wed, October 14 2:30-3:30 PM	<u>Middle and High School</u> Eatfit Hunger Attack	For both programs' staff

Online Curriculum 'Sharing' Meetings

Date and Time	Curricula	Notes
Thurs., October 15 10-11 AM	<u>Adult – Part 1</u> UCCE Connects to You ESBA	For both programs' staff
Thurs., October 15 1-2 PM	<u>Adult – Part 2</u> Eat Healthy Be Active My Plate for My Family Making Every Dollar Count	CFHL, UC only
Thurs., October 15 3-4 PM	CATCH	CFHL, UC only

UCCE Riverside – Physical Activity



Promotional Video – *Go, Glow, Grow*



GO GLOW GROW

- Lesson 1: Overview
- Lesson 2: Go Foods
- Lesson 3: Glow Foods
- Lesson 4: Grow Foods
- Lesson 5: On the Move
- Lesson 6: Handwashing

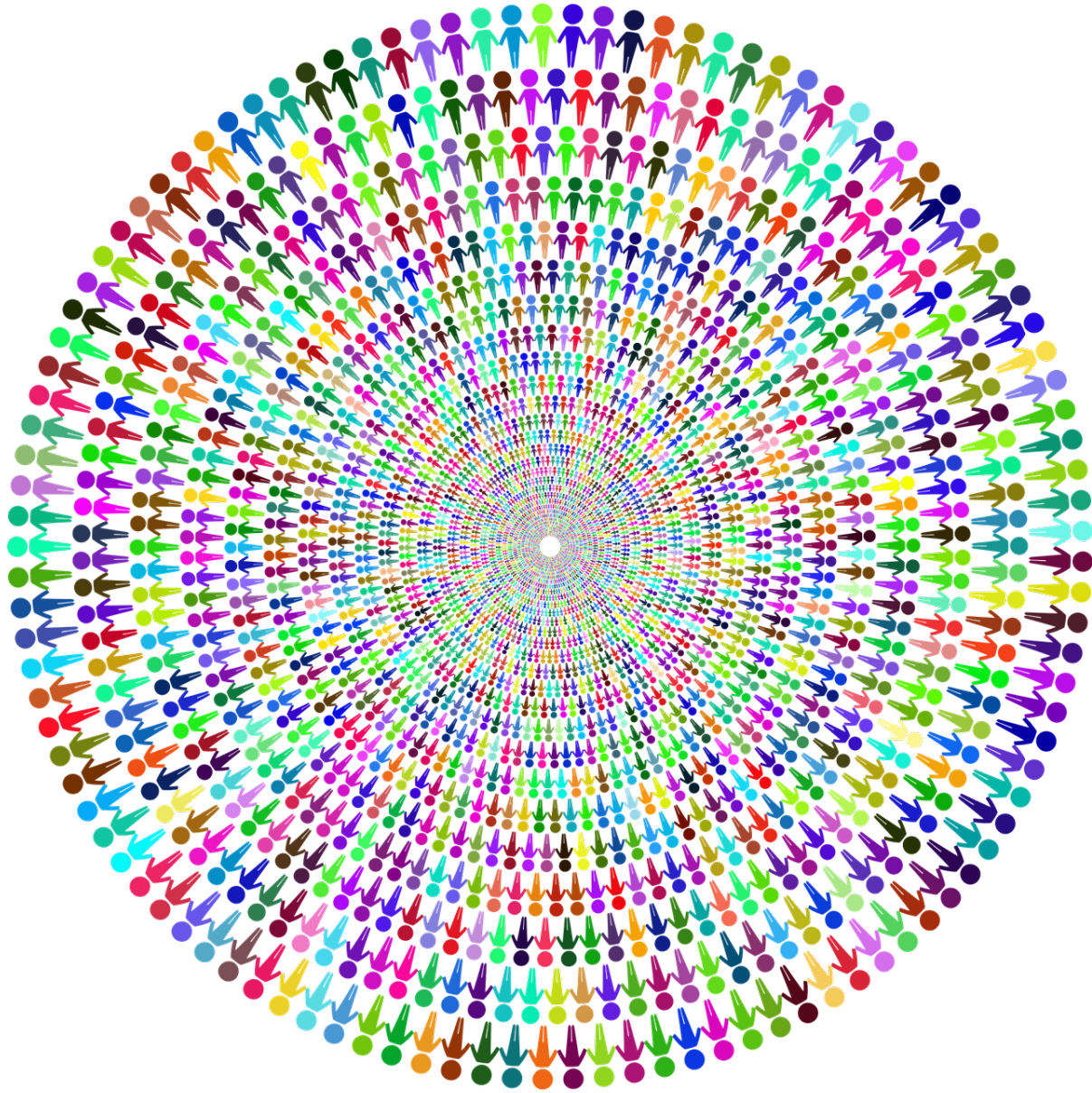


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UC UNIVERSITY OF CALIFORNIA Agriculture and Natural Resources

California's CalFresh Healthy Living, with funding from the United States Department of Agriculture's Supplemental Nutrition Assistance Program – USDA SNAP, produced this material. These institutions are equal opportunity providers and employers. For important nutrition information, visit www.CalFresh.org



*We're in
this
together!*