



# FFY 2020 Forms & Data Collection Training

Teacher/Extender Enrollment  
Early Care and Education  
CATCH®  
Program Activity Forms  
Adult Demographic

*This material is funded through a joint agreement among the USDA/FNS, CDSS CalFresh Healthy Living Section, UC Davis and the UC Cooperative Extension (UCCE). These institutions are equal opportunity providers and employers. CalFresh Food provides assistance to low-income households and can help buy nutritious foods for better health. For information, call 1-877-847-3663.*



# Thank you to our Collaborators



## ECE Forms

- Alameda County
- Yolo County
- Placer/Nevada Counties
- San Joaquin County
  
- Special thank you to Riverside for sharing their developed ECE reporting form!

## Youth Forms

- Central Sierra Cluster
- Fresno/Madera Counties
- Imperial County
- San Luis Obispo/Santa Barbara Counties
- San Francisco, San Mateo, Santa Clara Counties
- Tulare/Kings Counties

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# FFY 2020 Forms

- Teacher/Extender Enrollment Form
- Direct Education – Program Activity Form
- CATCH<sup>®</sup> Reporting Form
  - Combined Program Activity and CATCH<sup>®</sup> Forms
- ECE Curricula specific forms
  - Go, Glow, Grow
  - Happy, Healthy Me
- Adult
  - English / Spanish
  - With and without ID

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# Updates & Changes

- Update Logo and ADA Compliance
- Consistency in data collection
- Accuracy in Data Reporting
- Electronic submission
- Reduce “Paperwork”
- Curriculum Fidelity
  - ECE
  - CATCH
- Computer, Smart Phone and tablet accessible

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# Updates and Changes

## **Simplified**

- Removed instructions
- Added check boxes
- Reduced information requested
- Auto calculation for PEARS

## **Reduced Travel & Staff time**

- Electronic distribution and submission
  - Computer, Smart Phone and Tablet
  - Works with free Adobe Reader app

# Curriculum Fidelity – Data Quality

- ECE forms: Curriculum specific to ensure fidelity
- CATCH<sup>®</sup> Specific forms to ensure CATCH<sup>®</sup> lesson fidelity
- Consistency for Data Reporting in PEARS
  - Sessions collected based on lesson
  - Additional time spent on lesson objectives can be added to ECE Forms



# Electronic Forms

- Send out as an email attachment to all of your teachers or just the new ones
- Distribute through Adobe Tracker Tools to collect all forms in one place
- Take a tablet to sites / schools / districts and meet with each teacher, complete form on tablet, save or submit, click clear and go to next teacher....

# Teacher / Extender Enrollment Form

All youth and adult extenders or peer educators

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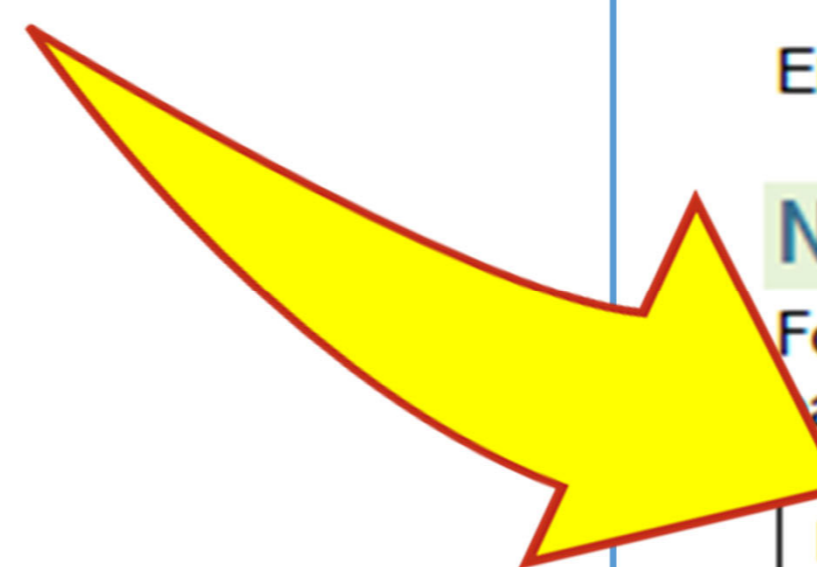



# Teacher Enrollment Form


## Purpose:

The purpose of this form is to gather teacher or extender (youth or adult) information for use while entering data into the PEARS System.

- ✓ Program Activity Name
- ✓ Site
- ✓ # of participants
- ✓ Demographics for non-CDS coded sites
- ✓ Curriculum(s)







FFY   
 County

**CalFresh Healthy Living, University of California**  
Nutrition, Gardening and Physical Activity Enrollment Form

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### EXTENDER ENROLLMENT FORM

Name

Site/School Name and Address

Email  Phone

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### NUMBER OF STUDENTS BY CLASSROOM

For teachers teaching multiple classes or groups of children like PE or Pre-K, please complete one row for each class or group of students taught, otherwise only complete line 1 for a single classroom.

Line	Classroom(s)	Number of children age 0-4	Number of children age 5-17
1.	Classroom or Group 1	<input style="width: 100%;" type="text"/>	<input style="width: 100%;" type="text"/>
2.	Classroom or Group 2	<input style="width: 100%;" type="text"/>	<input style="width: 100%;" type="text"/>
3.	Classroom or Group 3	<input style="width: 100%;" type="text"/>	<input style="width: 100%;" type="text"/>
4.	Classroom or Group 4	<input style="width: 100%;" type="text"/>	<input style="width: 100%;" type="text"/>
5.	Classroom or Group 5	<input style="width: 100%;" type="text"/>	<input style="width: 100%;" type="text"/>
6.	Classroom or Group 6	<input style="width: 100%;" type="text"/>	<input style="width: 100%;" type="text"/>
7.	Classroom or Group 7	<input style="width: 100%;" type="text"/>	<input style="width: 100%;" type="text"/>
8.	Classroom or Group 8	<input style="width: 100%;" type="text"/>	<input style="width: 100%;" type="text"/>

---

### SNAP-Ed CURRICULUM

Please choose all primary and additional curriculum that apply

Enter Primary Curricula in Blue box	
<input style="width: 95%;" type="text"/>	<input style="width: 95%;" type="text"/>
<input style="width: 95%;" type="text"/>	<input style="width: 95%;" type="text"/>
<input style="width: 95%;" type="text"/>	<input style="width: 95%;" type="text"/>

I, the educator and undersigned, commit to:

Use the UC CalFresh SNAP-Ed curriculum to deliver nutrition education.

Complete the Program Activity Reporting Form

**Teacher/Extender Signature**

**Date**

This material was funded by USDA's Supplemental Nutrition Program - SNAP, known in California as CalFresh. These institutions are equal opportunity providers and employers. CalFresh provides assistance to low-income households and can help buy nutritious foods for better health. For CalFresh information, call 1-877-847-3663. Document1

Revised 8/5/2019 2:00 PM

Submit Form
Clear Form



# Teacher Enrollment Form

## Distributing the forms for data collection

Instructions on website for Adobe Distribution Tool

Easier to track which forms have been completed and submitted

Easy to export to Excel for later data entry

Easy to Archive forms for record retention purposes

The image shows two screenshots. The top screenshot is a web form titled "CalFresh Healthy Living, University of California Nutrition, Gardening and Physical Activity Enrollment Form". It includes fields for "UNIVERSITY OF CALIFORNIA", "FFY", and "County". Below these are sections for "EXTENDER ENROLLMENT FORM" with fields for "Name", "Site/School Name and Address", "Email", and "Phone". The second section is "NUMBER OF STUDENTS BY CLASSROOM" with instructions and a table with columns: "Line", "Classroom(s)", "Number of children age 0-4", and "Number of children age 5-17".

The bottom screenshot is a screenshot of the Adobe Tracker software interface. It shows a sidebar with "Latest Updates", "Reviews" (Sent, Joined), and "Forms" (Distributed, Received). The main content area has a "Welcome to Tracker" message and sections for "What is a Review?" and "What is a Form?". The "Create a Form" and "Distribute a Form" buttons are circled in red.


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# Enrollment Form Anatomy

- ❖ Dropdown listings
- ❖ Simplified teacher information
- ❖ One chart for single class or multiple groups
- ❖ Electronic signature
- ❖ Electronic submission





FFY   
 County

**CalFresh Healthy Living, University of California**  
Nutrition, Gardening and Physical Activity Enrollment Form

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**EXTENDER ENROLLMENT FORM**

Name

Site/School Name and Address

Email  Phone

**NUMBER OF STUDENTS BY CLASSROOM**

For teachers teaching multiple classes or groups of children like PE or Pre-K, please complete one row for each class or group of students taught, otherwise only complete line 1 for a single classroom.

Line	Classroom(s)	Number of children age 0-4	Number of children age 5-17
1.	Classroom or Group 1	25	
2.	Classroom or Group 2		
3.	Classroom or Group 3		
4.	Classroom or Group 4		
5.	Classroom or Group 5		
6.	Classroom or Group 6		
7.	Classroom or Group 7		
8.	Classroom or Group 8		

**SNAP-ED CURRICULUM**

Please choose all primary and additional curriculum that apply

Enter Primary Curricula in Blue box	
Grow it, Try it, Like it	

I, the educator and undersigned, commit to:

Use the UC CalFresh SNAP-Ed curriculum to deliver nutrition education.

Complete the Program Activity Reporting Form

Digitally signed by jq Date: 2019.08.13 16:03:02 -07'00'

Teacher/Extender Signature Date

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Submit Form
Clear Form

# Guidance/Instructions for Extender

- ❖ Every teacher or extender should complete the enrollment form
- ❖ If the teacher continues from fiscal year to fiscal year more teachers will end up completing two – one for each academic calendar year or school year.
- ❖ For sites that are not a public school site (K-12) the demographic sections need to be completed by the educator – estimates are ok

## Extender Enrollment Form

### Purpose:

The purpose of this form is to gather teacher or extender (youth or adult) information for use while entering data into the PEARS System.

Please have each teacher or extender complete this form once during the fiscal year for each site they are working at.

Enter the number of students for each classroom the teacher or extender will be using SNAP-Ed Curriculum with. For example:

*A Pre-school teacher with an AM and a PM group of children will complete two (2) lines for two groups of students*

Line	Classroom(s)	Number of children age 0-4	Number of children age 5-17
1.	Classroom or Group 1	25	
2.	Classroom or Group 2	25	

*Similarly a PE teacher may complete 5 separate groups of classes that they are teaching a PA curricula with.*

Line	Classroom(s)	Number of children age 0-4	Number of children age 5-17
1.	Classroom or Group 1		20
2.	Classroom or Group 2		22
3.	Classroom or Group 3		23
4.	Classroom or Group 4		21
5.	Classroom or Group 5		25

For sites that are not part of a public school please collect demographic information as follows either from the teacher or based on a visual estimate of the classroom or site as a whole.

Demographics	Students
Number of Male students	
Number of Female students	
<b>Ethnicity</b>	
Number of Hispanic students	
Number of Not Hispanic students	
<b>Race</b>	
Number of American Indian students	
Number of Asian students	
Number of Black students	
Number of Hawaiian / Pac. Isl. students	
Number of White students	



# Program Activity Tracking Forms

ECE, CATCH<sup>®</sup>, Program Activities

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# Program Activity Tracking Forms

- ECE Tracking
  - Go, Glow, Grow lessons 1-6
  - Happy, Healthy, Me lessons 1-9
- CATCH<sup>®</sup> Tracking
  - Half page
  - CATCH<sup>®</sup> Lesson Only
- Program Activity Tracking Form (All activities except for CATCH<sup>®</sup> Lessons)
  - Half page
  - Track PA Breaks, PA Curricula other than CATCH
  - Additional time spent addressing lesson objectives
- Combination forms
  - Full page for extenders teaching both a Program Activity and CATCH Lessons



# ECE Forms

Go, Glow, Grow

6 lessons – 6 forms

Happy Healthy Me

9 lessons – 9 forms

- Each form is one (1) session
- Listing of lesson components
  - Yes/No check boxes
  - Number of times a component is delivered
- Additional time addressing curriculum objectives can be added to session overall time
- Track parent handouts
- Room for comments

Clear Form

Site Name: ABC Preschool Extender/Teacher Name: Sally Sample Date: 8/17/19

Do not include prep time, set up or clean up, or UCCE Educator time.

GO, GLOW, GROW: LESSON 1: OVERVIEW TIME REPORTING

LESSON COMPONENTS

CHECK IF COMPLETED	NUMBER OF TIMES ACTIVITY COMPLETED	UC STAFF USE
<input checked="" type="checkbox"/> READ THE BOOKLET	2	(15 MINUTES) X 2 = 30
<input checked="" type="checkbox"/> ACTIVITY 1: FOOD CUBE	3	(15 MINUTES) X 3 = 45
<input type="checkbox"/> ACTIVITY 2: FILL THE PLATE		(15 MINUTES) X = 0
<input checked="" type="checkbox"/> SNACK: HEALTHY KIDS PLATE	1	(15 MINUTES) X 1 = 15
<input checked="" type="checkbox"/> REVIEW	1	(5 MINUTES) X 1 = 5

ADDITIONAL TIME ADDRESSING CURRICULUM OBJECTIVES

(Ex: DISCUSSING GO, GLOW, AND GROW FOODS DURING SNACK)

YES  NO TOTAL ADDITIONAL TIME FOR THE MONTH (MINUTES) = 15

TOTAL TIME (SUM ALL ABOVE LINES) 110 MINUTES

LESSON SUPPORT MATERIALS USED

PARENT INFORMATION SHEET  YES  NO

PARENT SNACK SHEET  YES  NO

COMMENTS (OPTIONAL):

Empty text box for comments.

SUBMIT



Educator Name Here

- Simplified teacher information
- Check boxes and number of times completed
- Auto calculate time based on # of times
- Additional time is part of total lesson
- Completed form
  - Enter one session for 110 minutes





# Guidance/Instructions for Extender

- ECE Forms
  - There is one PDF document per lesson of the curriculum.
  - If you completed the activity listed, check the box.
    - Indicate the number of times you taught that activity.
  - Did you spend any additional time (not doing an activity from the lesson) addressing the curriculum objectives?
  - Check whether lesson support materials were used and/or distributed.
  - Add any comments.
    - UC Staff Use section will auto-calculate, so you will not need to fill in this section.



Teacher / Extender Name Sally Sample

Grade 6

School or Site Name XYZ Middle School

Enter the reporting Month

October

November

December

How many times did you deliver a lesson from a CalFresh Healthy Living approved curricula this month?

5

2

3

Enter the total hours spent teaching CalFresh Healthy Living, UC Curricula.

3.25

1.50

2.00

Curriculum Objectives  Physical Activity breaks

(e.g., Discussing Food Groups, reviewing nutrition labels etc.)

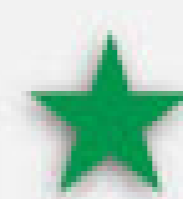
0.50

0.25

0.00

Enter time in fractions of an hour for minutes; for example:

- 15 minutes = .25 hours
- 30 minutes = .50 hours
- 45 minutes = .75 hours
- 60 minutes = 1 hour



For Office Use Only do not enter

For the month of	<u>October</u>	Enter	<u>5</u>	sessions	at	<u>45</u>	minutes each
For the month of	<u>November</u>	Enter	<u>2</u>	sessions	at	<u>53</u>	minutes each
For the month of	<u>December</u>	Enter	<u>3</u>	sessions	at	<u>40</u>	minutes each
		Enter	<u>7.50</u>	Total	volunteer hours for the quarter		

Submit Form

Clear Form





# Guidance/Instructions for Extender

- Youth Program Activities Form
  - Extenders should complete the name, site and grade information
- CFHL-UC Educator should provide guidance around completing the remaining fields
  - Month – Enter the month activities are being reported for
  - How many times did you deliver a lesson from a CalFresh Healthy Living approved curricula this month?
    - This does not include any other Nutrition, Garden or Physical Activity discussion only the lesson.
  - Enter the total hours spent teaching CalFresh Healthy Living, UC Curricula
    - Does not include pre time clean up time
  - Additional Time (Hours) Addressing - ☐ Curriculum Objectives ☐ Physical Activity breaks
    - This can be time spent discussing the lunch menu or food choices, PA breaks, brain breaks, etc.




# CATCH® Reporting Form


Report full lesson only \*

Report CATCH® Lessons as a separate Program Activity in PEARS


Do Not Report PA Breaks on this form

Half sheet is for teachers only teaching CATCH and no other SNAP-Ed Curricula





**CATCH® Reporting Form**



FFY 2020

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Teacher / Extender Name:


School or Site Name:

Grade:

County:

---

\* **LESSON STRUCTURE**



Enter the reporting Month

October	November	December
3	5	2
1.50	2.75	1.25

Do not include PA Breaks in the time on this form only CATCH® Lessons\*

Enter time in fractions of an hour for minutes; for example:  
 15 minutes = .25 hours | 30 minutes = .50 hours  
 45 minutes = .75 hours | 60 minutes = 1 hour

**★ For Office Use Only do not enter**

For the month of	October	Enter	3	sessions at	30	minutes each
For the month of	November	Enter	5	sessions at	33	minutes each
For the month of	December	Enter	2	sessions at	37.5	minutes each
			Enter	5.50	Total volunteer hours for the quarter	

Submit Form

Clear Form

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# Guidance/Instructions for Extender

- CATCH<sup>®</sup> Lesson Reporting Form
  - Extenders should complete the name, site and grade information
- Provide guidance around completing the following fields
  - Month – Enter the month activities are being reported for
  - How many times was a CATCH<sup>®</sup> lesson \* delivered in the month?



- Enter the total hours spent teaching CATCH<sup>®</sup> lessons
  - Does not include PA Breaks these should be reported on the Program Activity Tracking Form in the additional time section

# Program Activity Tracking / CATCH® Reporting Form

For teachers teaching other approved SNAP-Ed curricula and CATCH®


Complete teacher name and site once


PEARS Data is calculated separately for the CATCH Program Activity and the other Program Activity

Enter two separate program activities into PEARs

Teachers can capture PA Breaks on the top portion of the form in "Additional time"

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## Program Activity Reporting Form

County 
FFY

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Teacher / Extender Name 
Grade

School or Site Name 
County

---

Enter the reporting Month

How many times did you deliver a lesson from a CalFresh Healthy Living approved curricula this month?

Enter the total hours spent teaching CalFresh Healthy Living, UC Curricula.

Additional Time (Hours) Addressing  Curriculum Objectives  Physical Activity breaks

(e.g., Discussing Food Groups, reviewing nutrition labels etc.)

Enter time in fractions of an hour for minutes; for example:

15 minutes = .25 hours  
 30 minutes = .50 hours  
 45 minutes = .75 hours  
 60 minutes = 1 hour

**★ For Office Use Only do not enter**


For the month of  Enter  sessions at  minutes each

For the month of  Enter  sessions at  minutes each

For the month of  Enter  sessions at  minutes each


Enter  Total volunteer hours for the quarter

---



## CATCH® Reporting Form

**LESSON STRUCTURE**



Enter the reporting Month

Enter the total number of times a CATCH® lesson\* was delivered in the month?

Enter the total hours spent teaching CATCH® lessons\*

Do not include PA Breaks in the time on this form only CATCH® Lessons\*

Enter time in fractions of an hour for minutes; for example:  
 15 minutes = .25 hours | 30 minutes = .50 hours  
 45 minutes = .75 hours | 60 minutes = 1 hour

**★ For Office Use Only do not enter**

For the month of  Enter  sessions at  minutes each

For the month of  Enter  sessions at  minutes each

For the month of  Enter  sessions at  minutes each

Enter  Total volunteer hours for the quarter

**Submit Form**

**Clear Form**

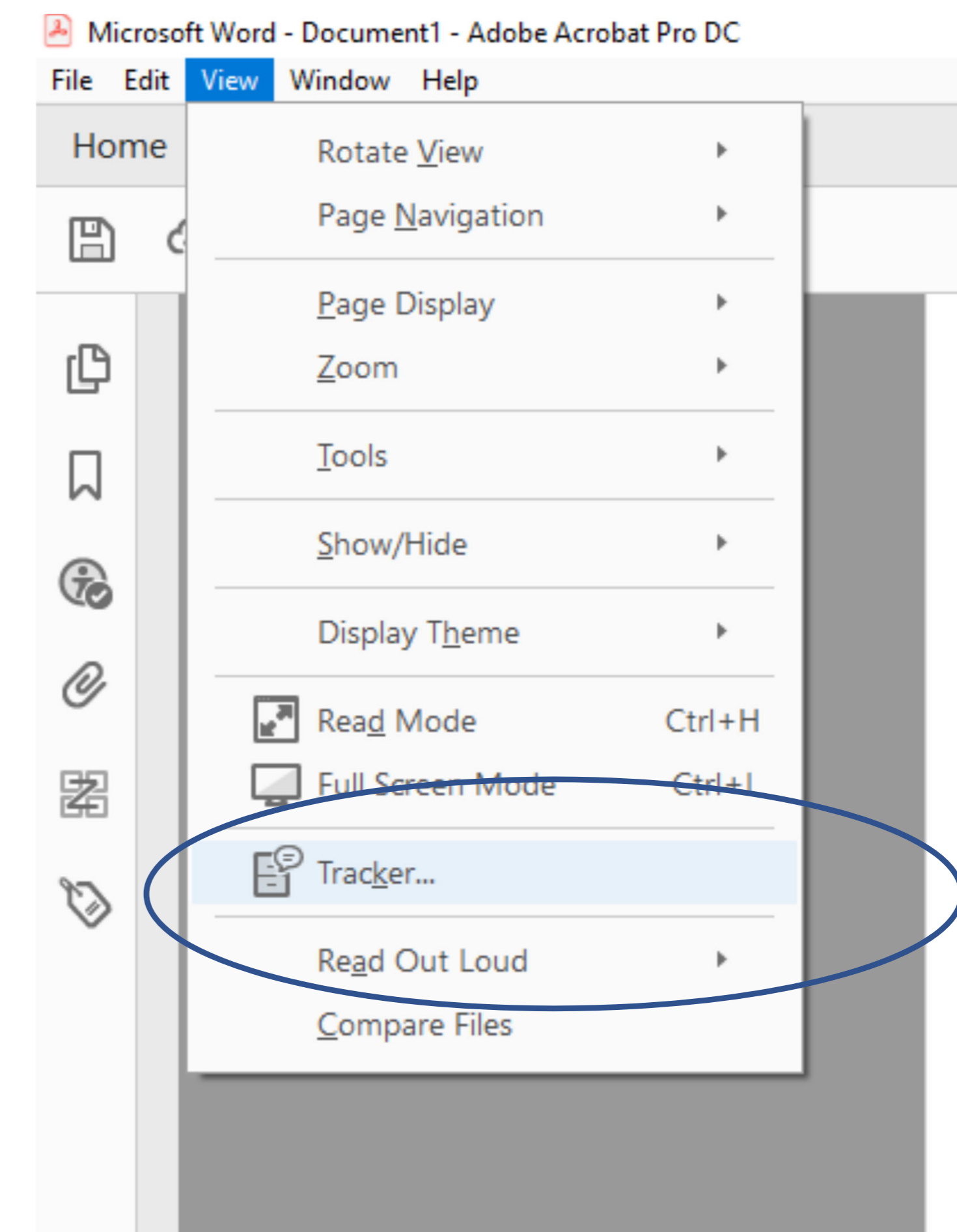


# Instructions for CFHL-UC Staff

- How to use the forms
  - \*NOTE: The instructions document is not for the extender. It is for the CFHL-UC staff.
- How to edit the submit button so the form sends to the appropriate advisor, supervisor, and/or educator
- Guidance for working with extenders
- How to use the form to enter data into PEARS
- Frequently asked questions

# Instructions for Forms CFHL-UC Staff

- Edit the “Submit” button
  - Optional use the tracking tool to distribute your forms to teachers
    - Instructions are included for this process





# Guidance for Extenders

- Walk extenders through completing the forms for the first time
- Options for completing
  - Educators can take a tablet, laptop or smart phone to the site and complete the form with the extender.

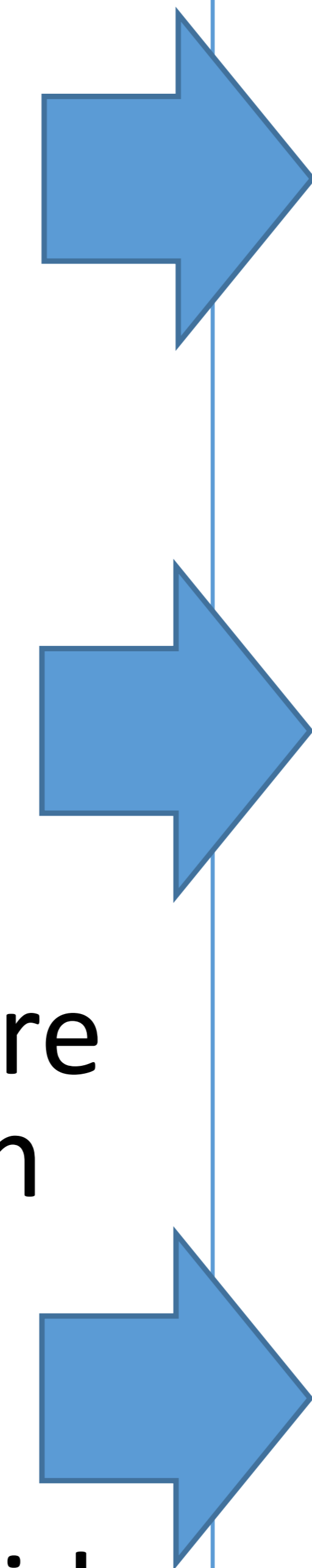
**Submit Form**


**Clear Form**

- Forms can be directly emailed to teachers as an attachment OR
- Using the Track>>Distribute tools in Adobe to distribute forms to multiple teachers and track the submissions

# PEARS Data

- Enrollment Form
  - Program activity name
  - Site
  - Age and total # of participants
    - Demographics for ECE, Before and afterschool, other youth community sites
- Curriculum
  - Pared with the curriculum aid to complete the SNAP-Ed Data section





**UNIVERSITY OF CALIFORNIA**

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County

CalFresh Healthy Living, University of California  
Nutrition, Gardening and Physical Activity Enrollment Form

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**EXTENDER ENROLLMENT FORM**

Name

Site/School Name and Address

Email  Phone

---

**NUMBER OF STUDENTS BY CLASSROOM**

For teachers teaching multiple classes or groups of children like PE or Pre-K, please complete one row for each class or group of students taught, otherwise only complete line 1 for a single classroom.

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6.	Classroom or Group 6		
7.	Classroom or Group 7		
8.	Classroom or Group 8		

---

**SNAP-ED CURRICULUM**

Please choose all primary and additional curriculum that apply

Enter Primary Curricula in Blue box	
Grow it, Try it, Like it	

I, the educator and undersigned, commit to:

- Use the UC CalFresh SNAP-Ed curriculum to deliver nutrition education.
- Complete the Program Activity Reporting Form

jq Digitally signed by jq  
Date: 2019.08.13 16:03:02 -0700

Teacher/Extender Signature Date

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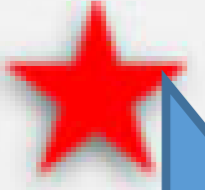
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Submit Form
Clear Form



# PEARS Data

- ECE, CATCH<sup>®</sup> and Program Activity Tracking Forms
  - Extender name and site to match with Program Activity Name
  - Month(s) of delivery
  - # of sessions by month and Average session length

 *For Office Use Only do not enter*

For the month of	October	Enter	3	ses	30	minutes each
For the month of	November	Enter	5	sessions at	33	minutes each
For the month of	December	Enter	2	sessions at	37.5	minutes each
		Enter	5.50	Total volunteer hours for the quarter		

# CATCH<sup>®</sup> Lessons & other Nutrition, Gardening Lessons

- Both the CATCH<sup>®</sup> form and the Program Activity form or ECE form need to be completed
- TWO Program Activities will be entered into PEARS
  - 1) One Program Activity in PEARS to capture nutrition, gardening, and other SNAP-Ed approved curricula
  - 2) One Program Activity in PEARS to capture CATCH<sup>®</sup> lessons
- Review the PEARS Program Activity Naming Guidelines document to distinguish between extenders with two Program Activities in PEARS (CATCH<sup>®</sup> and nutrition/gardening/etc.)
- For example:
  - YE-series Ms. Baker-4th
  - YE-series Ms. Baker-4th CATCH

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## Program Activities

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# Questions

Jennifer Quigley

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Kelley Brian

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