



FFY2019 UCCE Riverside County

SUCCESSSES

- CVUSD 'Breakfast on the Playground' campaign increased school breakfast participation from 29% to 50% at Cesar Chavez and Saul Martinez elementary schools.
- Wells Middle School won a Gold Award from the Alliance for a Healthier Generation National Healthiest School Program.
- CFHL,UC helped start two new school gardens (Valle Del Sol Elementary & New Horizon High) and one community garden at Riverside Faith Temple.



RESULTS

Youth

- 34% of high school students enrolled in Hunger Attack! made improvement in vegetable consumption and 33% decreased sweetened beverage consumption.

Adult

- 44% of participants in the Plan, Shop, Save, Cook series are more food secure.

Organizational

- 26 partners/sites made policy, systems and environmental (PSE) changes.

IMPROVING CALIFORNIA'S HEALTH THROUGH SNAP-ED

County Statement:

The percentage of overweight/obese adults and teens in Riverside County (67% and 42% respectively) are higher than the State rates (63% and 34%). One-fifth (20.6%) of the County residents live below 100% federal poverty level and one-third (34.8%) are eligible for SNAP-Education.

Serving Individuals and Communities

In FFY19, Riverside CalFresh Healthy Living, UC (CFHL,UC) provided direct education to 5,400 youth and 539 adults countywide to help them adopt healthy eating behaviors and be more active. We worked in 38 locations including 19 schools, 9 Head Starts, 3 SNAP offices and 3 community organizations, reaching a total of 38,491 residents directly and indirectly through policy, systems and environmental changes.

Providing Education

Youth from preschools to high schools received lessons from an age appropriate, evidence-based curriculum such as Go Glow Grow, Happy Healthy Me, EatFit and Hunger Attack. Parents also received lessons from the Plan, Shop, Save, Cook series or a single workshop/spotlight education focusing on one healthy eating behavior.

Helping to Make Organizational and Environmental Changes

The multi-layer comprehensive programming (Shaping Healthy Choices) was implemented in 5 classrooms at Loma Vista and Nicolet middle schools. We trained Alvord and Banning Unified cafeteria staff in Smarter Lunchrooms Movement (SLM) strategies and helped Coachella Valley Unified Child Nutrition Services create a marketing campaign to promote school breakfast participation.

Serving California Agriculture

Riverside CFHL,UC helped Riverside Faith Temple, Valle Del Sol Elementary and New Horizon High start a new garden this year and maintained school and community gardens at 7 other locations to increase opportunities for healthy food access and garden-based learning with TWIGS curriculum.

Building Partnerships

We partnered with UC Master Gardener Program, EFNEP, Dairy Council of CA, Desert Sands Unified Early Childhood Education, Alvord Unified, Banning Unified, Coachella Valley Unified, Coachella Valley Adult School, Dept. of Public Social Services, Riverside Community Settlement Association, Torres Martinez Desert Cahuilla Indian Tribe, and others.



21150 Box Springs Rd. suite 202, Moreno Valley, CA 92557 (951) 683-6491
Indio office: 81-077 Indio Blvd., Suite H, Indio CA 92201 (760) 342-2467