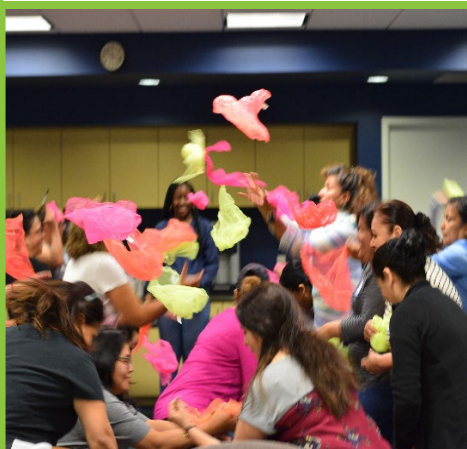


FFY2019 UCCE Santa Clara County

SUCCESSES

- Provided nutrition education to 3,966 individuals
- CFHL, UC supported seven youth leadership efforts that included 3 teens as teachers projects in partnership with Santa Clara Public Health Department and 4-H Youth Development Program
- In partnership with UCCE Master Gardeners, CFHL, UC taught garden-based nutrition lessons at four Martial Cottle Park field trips for eight 2nd grade classrooms



RESULTS

Youth

- Compared to beginning of the school year, 78% of teachers reported that more students can identify healthy food choices

Adult

- 55% of *Plan, Shop, Save & Cook* graduates use the nutrition facts label more often when making food choices

Organizational

- "Wow, carrots come in different colors?" - Rosemary Elementary 3rd grade boy when they were introduced to multi-colored carrots in the cafeteria

IMPROVING CALIFORNIA'S HEALTH THROUGH SNAP-ED

County Statement:

Santa Clara County has a multi-cultural population of approximately 1.9 million residents, with 21% being SNAP-Education eligible (income 185 FPL). The prevalence of overweight/ obesity is 64% for adults and 14% of 2-11-year-olds that are SNAP-Ed eligible.

Serving Individuals and Communities

In FFY 2019, the CalFresh Healthy Living, University of California (CFHL, UC) provided evidence-based nutrition education to 3,630 youth and 336 adults in Santa Clara County. The program supported policy, system, and environmental changes that encouraged physical activity and healthy eating at 33 sites reaching 6,615 residents.

Providing Education

The program acted as a bridge between the UC system and the community by tailoring the evidence based curricula and information to the culture and language of the county's low-income communities. CHFL, UC provided nutrition education at approximately 50 SNAP-Ed qualified schools, preschools, and other community based organizations.

Helping to Make Organizational and Environmental Changes

The CFHL, UC program in Santa Clara County, assisted a total of 18 before/after school programs to increase or improve opportunities for structured physical activity. The program also trained Think Together, Campbell Care, and YMCA afterschool program staff in *Coordinated Approach to Child Health (CATCH)*, as well as provided technical support to sites through CATCH coaching sessions.

Serving California Agriculture

In partnerships with Campbell Union, Santa Clara Unified, San Jose Unified School District food service, CFHL, UC promoted local and fresh fruits and vegetables through Smarter Lunchroom Movement techniques at 7 school sites.

Building Partnerships

Partnered with Campbell Union School District, Santa Unified School District, San Jose Unified School District, Think Together Afterschool Program, YMCA Afterschool Program, Campbell Care, Santa Clara Public Health, UCCE Master Gardener, 4-H Youth Development Program and others.



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