



FFY2019 UCCE Stanislaus/Merced

SUCCESSES

- 47 Program extenders provided 1,026 direct education volunteer hours
- 80% of teachers agreed that students were more willing to try new foods at school
- 33% of teachers reported increased healthy eating behaviors at breakfast and snack times



RESULTS

Youth

- 2074 youth ages 5-17 received nutrition and/or physical activity lessons

Adult

- "I now plan my meals more frequently and check nutrition labels before I purchase a product." (PSSC participant)

Organizational

- 12 partners adopted a total of 43 PSE strategies

IMPROVING CALIFORNIA'S HEALTH THROUGH SNAP-ED

County Statement:

Stanislaus and Merced Counties are the located in the Central Valley of California. We are considered a "hub of California Agriculture" and "The Gateway to Yosemite National Park."

Serving Individuals and Communities

- Utilizing the Coordinated School Health Model to connect research-based nutrition/physical activity programming that will strengthen and support the overall health environment of schools.
- Schools are the hub of many communities; families can be engaged in school gardens, multi-facility spaces and multi-generational programming.
- Education was offered at 48 individual community sites across 6 setting areas that included 5 family/community resource center, 10 adult education centers, 13 schools; 20 afterschool programs.

Providing Education

Our education strategies encompass direct and indirect education by educators and extenders. This includes nutrition education, garden-enhanced nutrition education, physical activity programming as well as opportunities for policy, system and environmental sustainability.

Helping to Make Organizational and Environmental Changes

Youth Participatory Action Research (YPAR) projects are providing youth with skills that will empower them to be leaders in their communities. High school students are researching strategies they can use to affect the future of the communities they live and grow in.

Serving California Agriculture

"What does your garden grow?" has been an ongoing theme for our Farm to School efforts and school gardens. Using a regionally focused Harvest of the Month calendar to make connections from seed to harvest in one of the top agricultural areas in our state.



Building Partnerships

- Our partnerships begin with our Tri-County Regional Food and Nutrition Network that works to promote Farm to School efforts throughout Stanislaus, Merced and San Joaquin counties.
- Our largest program supporters include many school districts and both County Offices of Education, City of Turlock Parks and Recreation, Ceres Partnership for Healthy Children and UC Merced.

3800 Cornucopia Way, Suite A, Modesto, CA 95358 (209) 525-6800