



## FFY2020

# UCCE Butte, Glenn Colusa, Sutter and Yuba

## SUCCESSES

- Sourced locally grown produce for taste testing activities provided to students. Up to 15,000 servings per month were sampled by students.
- Hosted a Student Agricultural Field Day for 150 students who learned about local agriculture from local experts through a series of interactive workshops.



## RESULTS

### Adult

- 271 adults participated in nutrition education series based programs.

### Organizational

- Paradise Unified School District Food Service Director utilized a CFHL, UC monthly tasting calendar to include local produce in salad bars.

## IMPROVING CALIFORNIA'S HEALTH THROUGH SNAP-ED

### County Statement:

*CalFresh Healthy Living, UC (CFHL, UC) collaborates with school and community-based partners, UC Master Gardeners, Farm Advisors, and 4-H programs to provide comprehensive, research-based nutrition, garden, and physical activity programming to diverse, low-income communities. Recognizing that nutrition and physical activity behaviors are dependent on many factors including individual knowledge and skills and social determinants including access to resources, opportunities and regional and institutional policies, CFHL, UC works with partners to identify and address barriers to health and wellness.*

### Serving Individuals and Communities

- 11,706 students at 37 school sites received series-based lessons utilizing nutrition, physical activity, and garden curricula.
- 268 adults participated in series-based nutrition and food resource management education.

### Providing Education

- Teachers and after-school extenders were trained and received technical assistance on utilizing CFHL, UC classroom curricula and CATCH physical activity resources.
- After-school cooking lessons, in-class food preparation and tastings, along with parent food resource management classes ensure residents are ready and able to prepare nutritious foods.

### Helping to Make Organizational and Environmental Changes

- Promotion of walk to school events, stenciled playgrounds and integration of CATCH activities increase student physical activity.
- Expansion and reinvigoration of school gardens created a living laboratory for students to increase their food literacy and expand their palate.

### Serving California Agriculture

- CFHL, UC provided opportunities for more seasonal produce to be taste tested by students in our 5 county area. The tasting program reached 350 classrooms and up to 13,000 students per month. Prunes, turnips, persimmons, bok choy, jicama and pumpkin seeds were some of the locally grown seasonal foods students tasted.
- 150 students from Paradise schools participated in interactive educational workshops lead by producers, farmers, and researchers at the Student Ag Field Day on the historical Patrick Ranch working farm and museum.

### Building Partnerships

- Local school sites and districts: implementing nutrition, gardening and physical activity curricula.
- UC Master Gardeners utilizing CFHL, UC garden curriculum taught monthly lessons to students and conducted compost building workshops in school gardens.
- Enloe Hospital and CFHL, UC partnered to create common messaging and outreach to families to comply with Stay at Home orders. Garden activities and resource were featured and seed packets mailed to 7,000 residents.

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