





SUCCESSES

- Virtually engaged 894 students from 28 classes in Analyzing Food Ads lesson.
- Worked with 17 teachers at 9 ECE/Head Start sites to teach Go, Glow, Grow lessons virtually to 278 preschoolers.
- Provided virtual training to 700 teachers and school staff at Alvord Unified on how to make virtual physical activity breaks fun.



RESULTS

Youth

83% of ECE teachers strongly agree or agree that more students now are willing to try new foods at school.

Adult

33% of participants in the Plan, Shop, Save Cook series are more food secure.

Organizational

- 9 school/community gardens invigorated/maintained
- 8 school sites initiated or expanded use of the garden for nutrition education.

IMPROVING CALIFORNIA'S HEALTH THROUGH SNAP-ED

County Statement:

The COVID-19 pandemic which resulted in unemployment and economic crisis nationwide has pushed food insecurity rate in Riverside County up from about 10% in 2018 to 14.8% in 2020 according to <u>Feeding America</u>. The number of CalFresh households increased 22% to 145,900 households between February and June 2020 (CalFresh Data Dashboard).

Serving Individuals and Communities

In FFY2020, CFHL, UCCE Riverside provided direct education to 3,262 youth and 363 adults countywide, in 43 locations including 23 schools in 5 school districts, 9 Head Start/ECE sites, 3 SNAP offices, 1 community-based organization, 1 faith-based organization, and 1 tribal senior center.

Providing Education

- Distributed COVID-19 community resources, recipes and nutrition messaging through flyers and social media, and connected families with the Farmers to Families food box program.
- Promoted the benefits of shopping at farmers markets and using the EBT Market Match program to CalFresh participants.
- Taught 144 parents and adult learners the Plan, Shop, Save Cook series and provided nutrition spotlight education to 266 adult participants.
- Trained and supported 68 teachers in providing nutrition education to youth from an age-appropriate curriculum.

Helping to Make Organizational and Environmental Changes

- Worked with 3 school districts to collect 22 Smarter Lunchrooms Movement scorecards and 3 school site-level assessment surveys.
- Provided training to cafeteria workers and teachers to implement school wellness policy strategies.

Serving California Agriculture

 Partnered with UC Master Gardeners to engage students in garden-based learning and maintain school/community gardens prior to the stay-at-home order.

Building Partnerships

We partnered with UC Master Gardener Program, Desert Sands Unified ECE, Alvord Unified, Banning Unified, Coachella Valley Unified, Coachella Valley Adult School, Dept. of Public Social Services, Riverside Community Settlement Association, Riverside Faith Temple, Torres Martinez Desert Cahuilla Indian Tribe, and others.



21150 Box Springs Rd., Suite 202, Moreno Valley, CA 92557 (951) 683-6491 Indio Office, 81-077 Indio Blvd., Suite H, Indio CA 92201

California's CalFresh Healthy Living, with funding from the United States Department of Agriculture's Supplemental Nutrition Assistance Program – USDA SNAP, produced this material. These institutions are equal opportunity providers and employers. For important nutrition information, visit the CalFresh Healthy Living website