



UNIVERSITY OF CALIFORNIA
Agriculture and Natural Resources



FFY2020 UCCE San Joaquin County

SUCCESSSES

- “Thank you for providing my students with healthy recipes that they can enjoy at home also.”
- Teacher
- “I didn’t know it (swiss chard) tastes good! I want to try other veggies..”
- Student
- “Provides information about the importance of having a healthy lifestyle and promotes early motivation for kids”
- Parent



RESULTS

Youth

- Of 286 students surveyed during food tastings, 70% were willing to ask for the item at home.

Adult

- Of 104 adult participants surveyed, there was a 37% increase in food security and an 86% increase in frequency using the Nutrition Facts label when shopping.

Organizational

- 49 sites made PSE changes reaching a total of 3,566 participants. Of the 49 sites, 40 reported implementing sustainability mechanisms to support the changes.

IMPROVING CALIFORNIA’S HEALTH THROUGH SNAP-ED

County Statement:

San Joaquin County is home to an ethnically diverse population of over 762,000 residents. Many of the county’s children live in households where families struggle with poverty, food insecurity, and unemployment. According to the 2019 San Joaquin County Community Health Needs Assessment, 16% of the population faced food insecurity in the year of reporting, thirty-three percent (33%) of the adults (age 20 and older) and twenty-three percent (23%) of youth (age 10-17) are obese. Physical inactivity and unhealthy eating contribute to high rates of obesity and chronic disease such as diabetes and heart disease.

Serving Individuals and Communities

- 6,693 youth and 1,072 adults were reached with direct nutrition and physical activity education.
- 3,674 participants were reached through indirect education delivered at health fairs, and other community events.
- 3,566 participants were reached with policy, system and environmental change (PSE) activities that supported their nutrition education efforts.
- The CalFresh Healthy Living, UCCE San Joaquin Program partnered with a total of 107 different organizations and agencies. These included schools and preschool sites, non-profit organizations, government programs/agencies, and shelters.

Providing Education

- The CFHL, UCCE program in San Joaquin County provides low-income participants hands-on nutrition and physical activity education through series-based and workshop classes. Priority class focuses included food resource management, garden-enhanced nutrition education and structured physical activity. For greater reach, the CFHL, UCCE San Joaquin County team uses an extender model and trains community educators and teachers on CFHL, UC approved curricula.

Helping to Make Organizational and Environmental Changes

- In support of nutrition education efforts, the CFHL, UCCE San Joaquin County team uses PSE strategies such as school and community gardens, structured physical activity, assistance with wellness policies, and the Smarter Lunchrooms Movement.

Serving California Agriculture

- CFHL, UCCE San Joaquin is an active partner in the AgVenture Program. This program brings nutrition and agricultural education to almost every 3rd grader in the county.

Building Partnerships

- CFHL, UCCE San Joaquin successes could not have been accomplished without the support of our partners. Key partners include First 5, Migrant Education, Creative Child Care Inc., Stockton USD ECE, and Early Head Start.

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