





# FFY2020 UCCE Stanislaus/Merced



# **SUCCESSES**

- 26 program activities at 17 sites provided 196 total activity sessions
- A total of 189 hours of direct education instruction provided
- 516 youth and adults were reached
- 75% of respondents said they would eat one kind of vegetable each day more often than before.



# **RESULTS**

#### Youth

6 Ceres Afterschool garden clubs reached 15-20 youth monthly

#### Adult

20 Adult Promotoras trained and taught the afterschool garden club activities

### **Organizational**

 Over 28,800 county residents reached by 10 PSE changes

# IMPROVING CALIFORNIA'S HEALTH THROUGH SNAP-ED

#### **County Statement:**

Stanislaus and Merced Counties are located in the Central Valley of California. We are considered a "hub of California Agriculture" and "The Gateway to Yosemite National Park."

# **Serving Individuals and Communities**

- Utilizing the Whole School, Whole Community, Whole Child (WSCC) Model to connect research-based nutrition/physical activity programming that will strengthen and support the overall health environment of schools.
- Schools are the hub of many communities; families can be engaged in school gardens, multi-facility spaces and multi-generational programming.
- Education was offered at 48 individual community sites across 6 setting areas that included 5 family/community resource center, 10 adult education centers, 13 schools; 20 afterschool programs.

#### **Providing Education**

 Our education strategies encompass direct and indirect education by educators and extenders. This includes nutrition education, gardenenhanced nutrition education, physical activity programming as well as opportunities for policy, system and environmental sustainability.

#### **Helping to Make Organizational and Environmental Changes**

Youth Participatory Action Research (YPAR) projects are providing youth with skills that will empower them to be leaders in their communities. High school students are researching strategies they can use to affect the future of the communities they live and grow in.

# **Serving California Agriculture**

"What does your garden grow?" has been an ongoing theme regarding our Farm to School efforts and school gardens. Using a regionally focused Harvest of the Month calendar to make connections from seed to harvest in one of the top agricultural areas in our state.

#### **Building Partnerships**

- Our partnerships begin with our Tri-County Regional Food and Nutrition Network that works to promote Farm to School efforts throughout Stanislaus, Merced and San Joaquin counties.
- Our largest program supporters include many school districts, both County Offices of Education, City of Turlock Parks and Recreation, Ceres Partnership for Healthy Children, CSU Stanislaus & UC Merced.

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