



UNIVERSITY OF CALIFORNIA
Agriculture and Natural Resources



FFY2023 UCCE Tulare/Kings County

Successes

- Comprehensive programming at Lakeside Unified School District is a huge success in Kings County. Direct and indirect education, as well as various policy, system, and environmental changes, have been implemented to achieve the desired outcome. Initiatives include CATCH as the primary Physical Education curriculum, SLM implementation, garden education, and a school wellness policy that supports a healthy school environment for all!



Results

Youth

- Of the 109 teachers surveyed over 96% agreed that more students were choosing fruits and vegetables in the cafeteria.

Adult

- Of the 255 PSSE surveys completed, 100% of participants increased in at least 1 of the 6 Food Resource Management Behaviors.

Organizational

- Tulare/Kings partnered to implement measures to strengthen food security efforts. Food box distribution and school farmers' markets have been instrumental in building community capacity while prioritizing health equity among those most impacted by food and nutrition insecurity.

Improving California's Health Through CalFresh Healthy Living

County Statement:

To address obesity and food insecurity issues in Tulare and Kings Counties, CalFresh Healthy Living, UCCE (CFHL, UCCE) Tulare/Kings focuses on educating SNAP-Ed eligible populations to increase knowledge, skills, and practices in nutrition, food resource management, and physical activity. CFHL, Tulare/Kings collaborates with school districts, non-profit organizations, and community partners to provide comprehensive evidence-based nutrition and physical activity education combined with Policy Systems and Environmental (PSE) strategies to impact change in qualifying schools and underserved communities.

Serving Individuals and Communities

CFHL, UCCE Tulare/Kings County utilized a county-specific, multi-level approach to reach SNAP-Ed eligible participants in multiple settings. CFHL, UCCE reach included:

- 8,715 children/youth and 558 adults reached through direct education
- 20,873 participants through Indirect Education
- Tulare/Kings had 37 PSE sites with changes adopted which included 113 nutrition and physical activity changes reaching 18,541 participants

Providing Education

- Nutrition Educators and volunteers/extenders delivered 4,934 sessions and 3,427 direct education hours in garden-based education, nutrition, and physical activity education
- CFHL, UCCE Tulare/Kings collaborated with school and community partners at 37 sites to implement PSE strategies focused on obesity prevention.

Helping to Make Organizational and Environmental Changes

- Tulare/Kings supports PSE and direct education efforts using evidence-based UC curricula and resources to deliver comprehensive, quality program initiatives at qualifying schools and communities.
- Initiatives include school gardens, CATCH, Smarter Lunchrooms Movement, wellness policies, youth engagement, school farmers markets, dance exercises, and walking clubs.

Serving California Agriculture

- Tulare/Kings County continues to increase access to and consumption of fruits and vegetables through collaboration with local food banks. CFHL supports three school farmers' markets and food box distribution aimed at improving food security among SNAP-Ed Eligible participants.

Building Partnerships

- READY After School Program
- School Districts
- Local Food Banks
- Family Resource Centers



Tulare County Office: 4437 S Laspina St., Tulare CA, 93274 (559) 684-3300
Kings County Office: 680 N Campus Drive, Suite A. Hanford, CA 93230 (559) 852-2730