



FFY2024 UCCE Central Sierra

Successes

- Growth of relationships with a network of agricultural organizations, land conservancies, and educators in the region.
- Gardens were reinvigorated at elementary, middle, and high schools, as well as community centers and senior meal sites.

Results

Youth

- 547 tasting opportunities of healthy food samples resulted in 16,700 individual tasting experiences for students.

Adult

- 346 adults engaged in 112 virtual and in-person lessons.
- "I plan to use the coupon apps and begin cooking with my friend to save money and prepare food prep for each of us." – Amador County Participant.

Organizational

- 27 sites/organizations made 93 positive changes to policies, systems, and physical environments.



Improving California's Health Through CalFresh Healthy Living

UCCE Central Sierra serves El Dorado, Amador, Calaveras, and Tuolumne Counties, and is the bridge between local challenges and the educational and research expertise of the University of California.

Serving Individuals and Communities

- Education is offered at 52 different sites, including 23 schools, adult education facilities, family resource centers, before and after school programs, congregant meal sites, and early care and education facilities.
- Program focus areas include evidence-based nutrition curriculum in schools, CATCH Physical Activity; school gardens, Harvest of the Month, and other farm-to-school initiatives; youth engagement; and community activities serving adults.

Providing Education

- In FFY24, 4,366 direct educational contacts were made (4,010 youth, 356 adult), teaching 1,002 sessions for a total of 905 instructional hours. In addition, an estimated 131,535 indirect educational contacts were made.

Helping to Make Organizational and Environmental Changes

- As a result of changes made by partnering organizations, an estimated 6,117 people at 27 different sites have greater opportunities to make healthier choices.
- The most common changes made were expanding school gardens, initiating farm-to-school initiatives, implementing school and organizational wellness policies, and implementing physical activity initiatives.

Serving California Agriculture

- Participants learned about food produced in their county through 18 garden PSEs, interactive educational videos, Harvest of the Month tastings, and in-person seasonal cooking classes.

Building Partnerships

- 30 collaborative partnerships have been established, including UCCE Master Gardeners and Master Food Preservers, Farms of Amador, Mother Lode Land Trust, Ag in the Classroom, Calaveras Unified School District, South Lake Tahoe Unified School District, and the Boys and Girls Club of South Lake Tahoe.

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