



FFY2024 UCCE Los Angeles

Successes

- Delivered direct education lessons to **2,450** youth and **91** adults at **86** sites.
- Reached a total of **25,892** community members through indirect education and outreach.
- Partnered with **9** early care and education facilities, hospital/healthcare organizations, labor/workforce development groups, public health organizations, and schools to support community health.

Quotes

Youth

- "It is sour but delicious, like soda but without sugar!"
- "I love it, I want to make this at home"

Adult

- "This class should have been taken by parents, students, and everyone so that we can all know the importance of saving money, shopping with a purpose, and eating healthier."

Organizational

- "I'm so glad we found your program, I've been searching for years for something like this."

Improving California's Health Through CalFresh Healthy Living

County Statement:

CalFresh Healthy Living, UCCE of Los Angeles (CFHL, UCCE) aims to reach children, families, and individuals eligible for SNAP-Ed through evidence-based nutrition, physical activity, and garden-enhanced education along with Policy, Systems, and Environmental approaches.

Serving Individuals and Communities

- Enhanced collaboration with the West Covina Unified School District to deliver direct nutrition education and conduct food demonstrations for all 516 4th-grade students at Hurst Ranch.
- Initiated an Extender Program in collaboration with Crystal Stairs, Inc., providing support to 30 teachers across 13 ECE sites.

Providing Education

- Effectively facilitated nutrition, physical activity, and garden-based nutrition lessons for children in both school and after-school settings. The curriculum introduced students to new fruits and vegetables, promoted water consumption, and encouraged daily engagement in quality physical activity.
- Trained 19 youth as extenders to deliver a TWIGs lesson to over 100 kindergarten students from Martha Baldwin Elementary.

Helping to Make Organizational and Environmental Changes

- Led efforts to revitalize a school garden at Martha Baldwin Elementary, transforming it into an engaging space for both learning and play.

Serving California Agriculture

- Delivered nutrition education at a local community garden to emphasize the value of local farms and benefits of fresh produce.

Building Partnerships

- Coordinated with other CFHL Local Implementing Agencies and community organizations to identify gaps and opportunities for programming to better serve CFHL-eligible individuals, families, and communities. Enhanced existing partnerships and established new collaborations to expand direct education programming for CalFresh-eligible residents in Los Angeles County.

For more information on CFHL, UCCE LA County programming, contact Ben Melendrez, Program Supervisor, at bmelendrez@ucanr.edu