

FFY2024 UCCE San Francisco County

Successes

- Implemented evidence-based nutrition, garden, and physical activity education with 549 individuals.
- Emphasis on work in the Early Childhood Education (ECE) setting, leveraging relationships with 4 partner organizations.

Results

Youth

- *"We love when you come and give lessons, the kids learn and we learn too and are able to keep teaching them how to be healthy."* - ECE Teacher

Adult

- *"Helpful information was presented, especially maximizing my grocery and the eatfresh.org website for recipe ideas"* - Plan, Shop, Save, and Cook participant



Improving California's Health Through CalFresh Healthy Living

County Statement:

- San Francisco City and County has a multi-cultural population of approximately 836,502 residents where an estimated 19.3% are SNAP-Ed eligible. Approximately 161,445 people live at or below 185% of the Federal Poverty Level (FPL).

Serving Individuals and Communities

- Provided educational opportunities for 485 youth and 62 adults.
- Hosted 113 sessions of nutrition, physical activity, and/or garden-based education with SNAP-Ed qualified preschools, schools, and community-based organizations.

Providing Education

- Facilitated robust educational opportunities for both preschool youth and parents at Head Start Centers throughout San Francisco County.

Helping to Make Organizational and Environmental Changes

- CFHL Advisor served on the steering committee of Shape-Up San Francisco, an interdisciplinary community coalition supporting healthy eating and active living in San Francisco.

Serving California Agriculture

- Garden education provided at ECE Centers across the city.

Building Partnerships

- Key partners: Kai Ming Head Start, Mission Neighborhood Centers, Family Connection Centers, The Shanti Project, San Francisco State University, Galileo High School, and the San Francisco Department of Public Health.



400 Oyster Point Blvd. Suite 208, South San Francisco, CA. 94080