



UNIVERSITY OF CALIFORNIA  
Agriculture and Natural Resources



# FFY2024 UCCE Yolo County

## **Successes**

Compared to FFY23, CFHL UCCE Yolo County programming:

- Reached 1,246 more SNAP-Ed eligible participants via direct education channels, a 72% increase.
- Provided nutrition education lesson series to an additional 33 cohorts, a 53% increase.

## **Results**

### **Early Care and Education**

- The early care and education program reached an additional 456 preschool youth, and teacher-extendors delivered 332 more hours of nutrition education lessons this year.

### **Youth**

- The K-6<sup>th</sup> program expanded to include 4<sup>th</sup> and 5<sup>th</sup> grade classrooms at WJUSD with an additional 189 students participating in UP4it! nutrition education lessons.
- The after-school program piloted a Cooking Academy extender model at public housing sites and summer school programs. This new delivery method increased extender volunteer hours by 140 hours.

### **Adult**

- Programming expanded to include Healthy, Happy, Families lessons at WJUSD State preschool classrooms and EUSD HIPPIY (home-based) program.

### **Organizational**

- The WJUSD after-school program continued to implement CATCH PE at the organizational level, increasing physical activity for over 650 students.
- CFHL educators trained 34 teachers from 15 sites in Go, Glow, Grow at the Yolo County Office of Education Head Start annual training.

## **Improving California's Health Through CalFresh Healthy Living**

*County Statement: The CalFresh Healthy Living, UCCE Yolo County Program commits to helping residents lead healthier and happier lives through multi-sector collaboration and partnerships integrating policy, system and environmental change efforts.*

### **Serving Individuals and Communities**

- 143 trained extendors delivered 1,962 hours of evidence-based direct education interventions.
- 2,974 individuals participated in nutrition education or physical activity lesson activities.
- 54 sites enrolled in series-based education, resulting in 94 learning cohorts.

### **Providing Education**

CFHL, UCCE Yolo County utilizes the extender model for 87% of programming (81 learning cohorts), providing training and technical assistance on curriculum activities during monthly meetings with community-counterparts. Early childhood education professionals and after-school tutors participate in an annual training. Training ensures teacher-extendors are comfortable delivering the lessons and utilizing the resources, ultimately building capacity for successful implementation.

### **Helping to Make Organizational and Environmental Changes**

By participating in SNAC Club, youth leaders at Esparto Elementary improved their cafeteria environment using Smarter Lunchroom Movement strategies, educated peers about farm-to-school operations, and developed their leadership skills.

### **Serving California Agriculture**

- CFHL, UCCE Yolo County purchased 25 lbs. of local red beets from Terra Firma Farm in Winters for a school-wide taste test.
- Early childhood education sites participated in garden-enhanced nutrition education lessons, connecting preschool youth to agriculture.
- Taste tests in partnership with the Center for Land-Based Learning introduced local produce to Esparto through a mobile farmers market truck.

### **Building Partnerships**

CFHL, UCCE Yolo County is collaborating with Esparto Elementary & YCOE Head Start to implement environmental changes at school sites. Esparto Elementary is focusing on Smarter Lunchroom Movement strategies and integrating structured physical activity in all classrooms. YCOE Head Start is concentrating on Smarter Mealtime Movement strategies and edible gardens.

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