



FFY2024 UCCE Riverside



Successes

Reached 59,478 with indirect education, 11,051 newly reached.

Reached 5,016 participants with direct nutrition, physical activity & garden-enhanced education.

100% of ECE and elementary teachers agree or strongly agree that more students can now identify healthy food choices compared to the beginning of the school year.

Results

Youth

50% of surveyed middle & high school youth increased the number of times they ate vegetables yesterday.

Adult

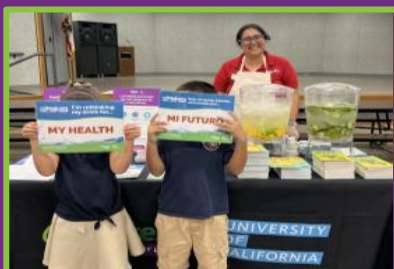
55% of adults surveyed use nutrition facts labels to make food choices.

Of the 31 participants completing the pre/post-Plan, Shop, Save & Cook survey, 83% reported improvement in the frequency of using at least one of the five food resource management behaviors.

Harvesting Traditional Food Systems

"We are planting seeds for the next 7 generations to be the ones who will grow food to be our medicine, harvest the medicine to be our food, and fill the food baskets to feed our tribe and community."

- Tribal Council Member, Torres Martinez



Improving California's Health Through CalFresh Healthy Living

County Statement:

The CalFresh Healthy Living, UCCE Riverside program (CFHL, UCCE) works with low-resource schools and community organizations to promote healthy eating, gardening, active living, and adoption of policy, systems, and environmental initiatives that can contribute to improved long-term health outcomes.

Serving Individuals and Communities

- Reached 4,228 youth & 702 adults with direct education.
- Provided 12 classes at the Department of Public Social Services Offices, reaching 169 adults.

Providing Education

- Reached 385 ECE students with the *Go Glow Grow* curriculum.
- Reached 3,493 Kinder through 12th-grade youth with direct education in *My Amazing Body, Good for Me & You, TWIGS, Up4It!, Discovering Healthy Choices, & Let's Eat Healthy for Teens* curricula.

Helping to Make Organizational and Environmental Changes

- 55 Policy, systems, & environmental changes adopted at 22 sites **including 16 Smarter Mealtimes & 6 Smarter Lunchrooms Movement** pre/post needs assessment scorecards.

Serving California Agriculture

Supported 14 gardens

- 11 School gardens
- 3 Community gardens

Building Partnerships

55 Partnerships including:

- Torres Martinez Desert Cahuilla Indians to facilitate monthly consultative Community Wellness Committee meetings with tribal leaders, TANF summer camp, provide nutrition workshops at the senior center, and provide garden support in partnership with UCCE Riverside Advisor.
- Desert Sands USD ECE to enroll district-wide in GGG and provide teacher training to 50 ECE teachers and para educators in CATCH ECE.
- Partnered with 19 La Sierra University students to be TWIGS extenders and provide garden support at 5 secondary schools in Alvord USD.



County Contact: Claudia Carlos, cfcarlos@ucanr.edu