



FFY2024 UCCE-Tulare/Kings

Successes

CFHL, UCCE Tulare/Kings County continues to expand comprehensive programming across all settings in Tulare/Kings County school districts with a focus on building capacity through nurturing key relationships and expanding the implementation of PSE interventions. CFHL will continue to support healthy schools and communities!

Results

Youth

- Of the 114 teachers surveyed, 89% agreed that more students are willing to try new foods at school.

Adult

- Of the 120 PSSC surveys completed, 92% of participants improved behavior in at least 1 of the 6 Food Resource Management Behaviors.

Organizational

- Tulare/Kings continues to collaborate with key partners to implement measures to strengthen food security efforts. Food box distribution and school farmers' markets have been instrumental in building community capacity while prioritizing health equity among those most impacted by food and nutrition insecurity.



Improving California's Health Through CalFresh Healthy Living

County Statement: *To address obesity and food insecurity issues in Tulare and Kings Counties, CalFresh Healthy Living, UCCE (CFHL, UCCE) Tulare/Kings focuses on educating SNAP-Ed eligible populations to increase knowledge, skills, and practices in nutrition, food resource management, and physical activity. CFHL, UCCE Tulare/Kings collaborates with school districts, non-profit organizations, and community partners to provide comprehensive evidence-based nutrition and physical activity education combined with policy, systems, and environmental (PSE) change strategies to impact health and wellness in qualifying schools and communities.*

Serving Individuals and Communities

CFHL, UCCE Tulare/Kings County utilized a county-specific, multi-level approach to reach SNAP-Ed eligible participants in multiple settings. CFHL, UCCE reach included:

- 11,704 children/youth and 431 adults reached through direct education
- 19,189 participants through Indirect Education
- Tulare/Kings had 38 PSE sites with changes adopted, which included 143 nutrition and physical activity changes, reaching 22,642 participants!

Providing Education

- Nutrition Educators and volunteers/extenders delivered 4,428 sessions and 2,899 direct education hours in garden-based education, nutrition, and physical activity education
- CFHL, UCCE Tulare/Kings collaborated with school and community partners at 38 sites to implement PSE strategies focused on obesity prevention.

Helping to Make Organizational and Environmental Changes

- Tulare/Kings supports PSE and direct education efforts using evidence-based UC curricula and resources to deliver comprehensive, quality program initiatives at qualifying schools and communities.
- Initiatives include school gardens, CATCH, Smarter Lunchrooms Movement, school wellness policies, youth engagement, school farmers markets, dance exercises, and walking clubs.

Serving California Agriculture

- Tulare/Kings County continues to increase access to fruits and vegetables through collaboration with local food banks. CFHL supports three school farmers' markets and food box distribution aimed at improving food security among SNAP-Ed Eligible participants.

Building Partnerships

- School Districts, After School Programs, Early Education, Local Agencies, Family Resource Centers, Food Banks, Health Clinics, etc.

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