



UNIVERSITY OF CALIFORNIA
Agriculture and Natural Resources



FFY2025 UCCE Kern

Successes

Provided evidence-based curricula to 54 partner sites

Reached 6930 SNAP-Ed eligible adults and youth

13 extenders provided hours of CATCH and nutrition lessons

Results

Youth

- 39% of students increased structured physical activity.

Adult

- Of the 22 adult participants who completed FBC pre-post surveys, 55% ate more cups of fruit and vegetables

Organizational

- 3093 PSEs (policy, systems, and environmental changes) were achieved by CATCH & Garden



Improving California's Health Through CalFresh Healthy Living

County Statement: CalFresh Healthy Living, UCCE Kern helps alleviate pressing economic and health concerns faced by Kern County residents by providing the knowledge and skills they need to manage their resources, thereby improving their ability to purchase healthy food.

Serving Individuals and Communities

CFHL, UCCE Kern delivered comprehensive nutrition and physical activity education sessions reaching

- 6930 eligible adults and youth through direct education
- 3500 participants through indirect education

Providing Education

CFHL, UCCE Kern educators provided evidence-based nutrition education to adults and youth. Evidence-based curriculum used were:

- Healthy, Happy Families, Plan, Shop, Save, and Cook, Coordinated Approach to Child Health Early Care Educations, Glow, Grow, Go, Teams with intergenerational support

Helping to Make Organizational and Environmental Changes

- Supported PSE initiatives by providing training, resources, and support to implement CATCH at migrant Head Start and schools in the outlining areas of Kern.

Serving California Agriculture

- Supported PSE initiatives by providing resources and support to implement gardens at preschool and school setting.

Building Partnerships

- Collaborated with 54 sites which including schools, head starts, and family resource centers



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https://cekern.ucanr.edu/Custom_Program804/