

FFY2025 UCCE San Francisco

Successes

- Implemented evidence-based nutrition, garden, and physical activity education with 344 individuals.
- Emphasis on work in the Early Childhood Education (ECE) setting, leveraging relationships with various partner organizations.

Results

Youth

- *"The tomatoes we grew were so sweet, I didn't know they could taste so good" – TWIGS participant*

Adult

- *"The recipe you teach us are so healthy and not so expensive, thank you!" – Food Smarts participant*

Organizational

- Held large trainings for ECE teachers to implement the Go, Glow, Grow curriculum



Improving California's Health Through CalFresh Healthy Living

County Statement:

- *San Francisco City and County has a multi-cultural population of approximately 823,598 residents where an estimated 19.4% are SNAP-Ed eligible. Approximately 159,778 people live at or below 185% of the Federal Poverty Level (FPL).*

Serving Individuals and Communities

- Provided educational opportunities for 240 youth and 103 adults.
- Hosted 79 sessions of nutrition, physical activity, and/or garden-based education with SNAP-Ed qualified preschools, schools, and community-based organizations.

Providing Education

- Facilitated robust educational opportunities for both preschool youth and parents at Head Start Centers throughout San Francisco County.
- Supplemental work with community organization, especially those affiliated with the Food as Medicine Collaborative.

Helping to Make Organizational and Environmental Changes

- CFHL Advisor served on the steering committee of SHAPE-UP San Francisco, an interdisciplinary community coalition supporting healthy eating and active living in San Francisco.

Serving California Agriculture

- Provided education and/or technical assistance in 3 gardens.

Building Partnerships

- Key partners: Kai Ming Head Start, Wu Yee Children's Services, Mission Neighborhood Centers, Family Connection Centers, Tenderloin Family Housing, Food as Medicine Collaborative, Ida B. Wells High School, and the San Francisco Department of Public Health.



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