### CalFresh Healthy Living, UC Town Hall: Agenda

- SNAP-Ed Updates (01:24)
- Persuasive Storytelling (06:43)
- FFY19 Physical Activity Data: Highlights & Lessons Learned (24:28)
- CalFresh Healthy Living, UCCE Social Media Presence (01:13:24)
- "Making a Difference" Video (01:24:47)
- State Office Updates (01:27:49)



### FNS Guidance on Program Delivery During COVID-19

- Emailed to all county staff on April 20<sup>th</sup>
- Addresses questions compiled nationally
- Posted to the CFHL, UC COVID-19 Resources Page:

https://uccalfresh.ucdavis.edu/covid-19





### FNS Guidance on Program Delivery During COVID-19

#### **Allowable Activities:**

- Using CFHL social marketing channels to promote nutrition assistance sites, PSE activities, and online direct education
- Providing online activities remotely to participants
- Engaging in PSE activities that adhere to State, local, and institutional guidance
- Developing educational materials
- Planning for future activities
- Participating in online training
- Data entry and analysis, including PEARS
- Sharing success stories



### FNS Guidance on Program Delivery During COVID-19

#### **Unallowable Activities:**

- Purchasing, packaging, preparing, and cleaning up in food service/distribution settings
- School-based food service activities, paying food service workers, or any efforts focused on implementing new meal patterns for reimbursable meals or snacks
- Ongoing snack or food service
- Meal sized portions or complete meal service
- Cost of food provided as groceries or supplemental food
- Training or development costs of food service workers or others not directly associated with delivery of SNAP-Ed; and
- Salaries for retail store staff, farmers market managers, or food service workers for service operations.



# Make your next presentation TED worthy



Adam Napolitan

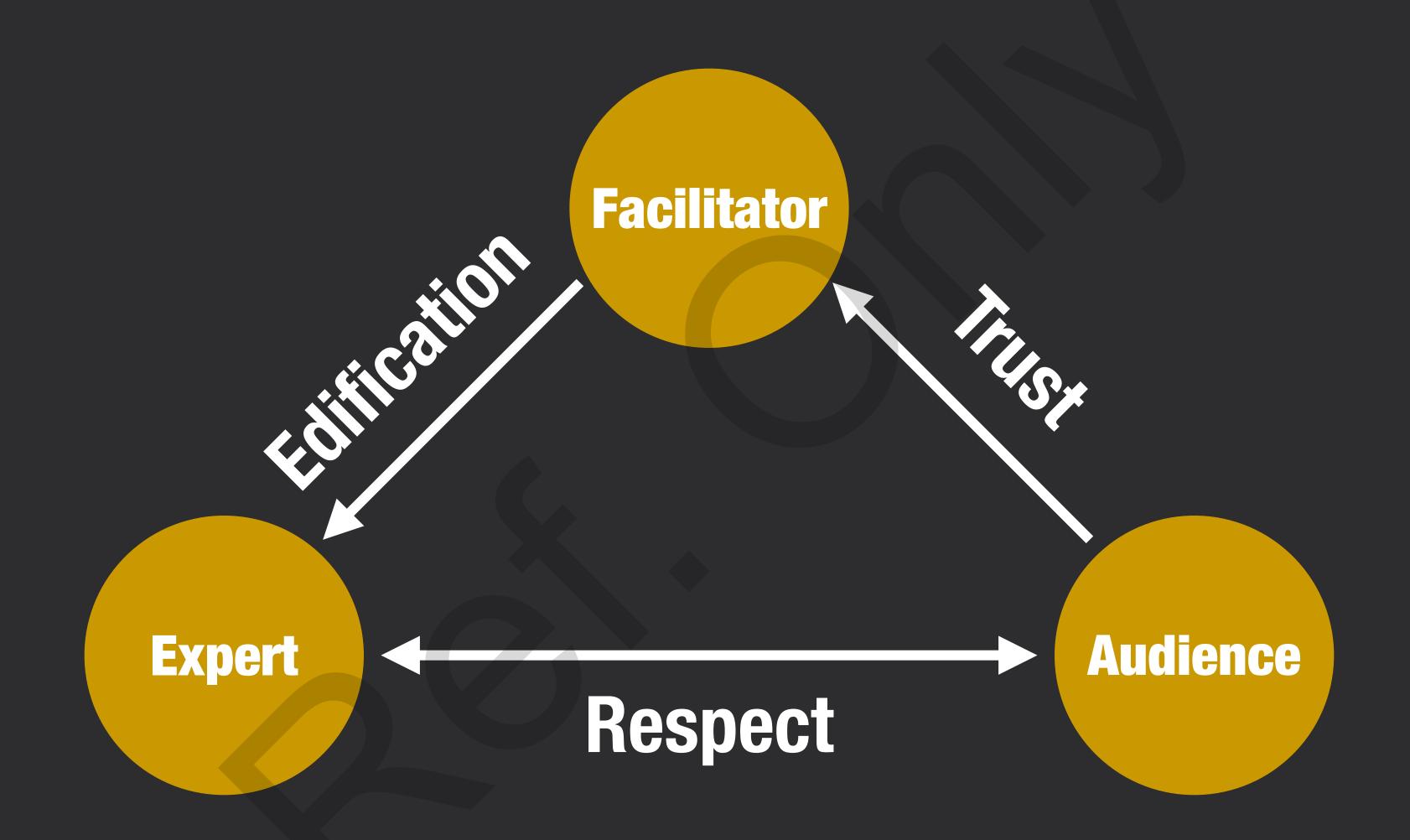


California's CalFresh Healthy Living, with funding from the United States Department of Agriculture's Supplemental Nutrition Assistance Program – USDA SNAP, produced this material. These institutions are equal opportunity providers and employers. For Important information, visit www.CalFreshHealthyLiving.org

# 

my name is

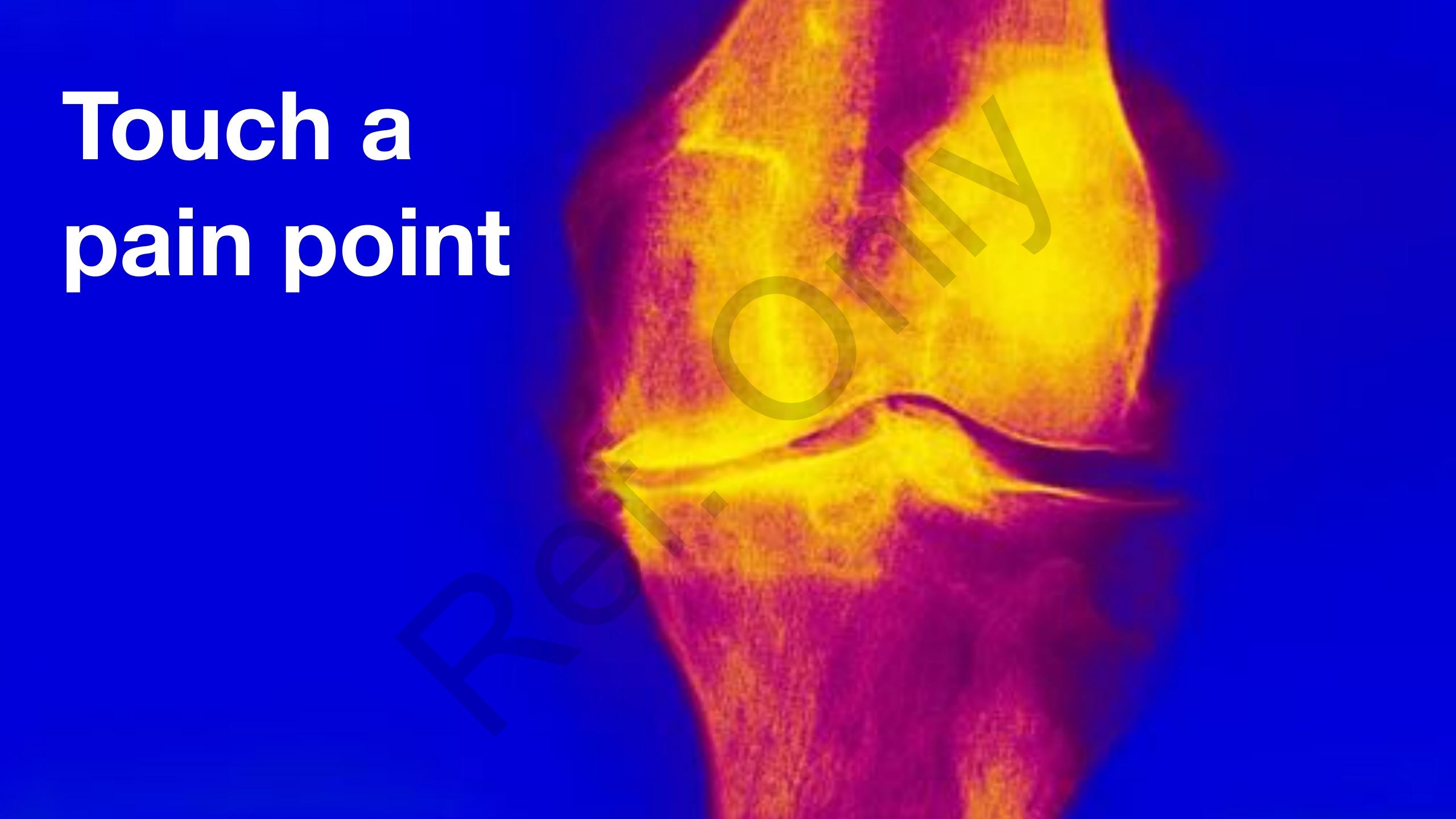
It all begins with an introduction...





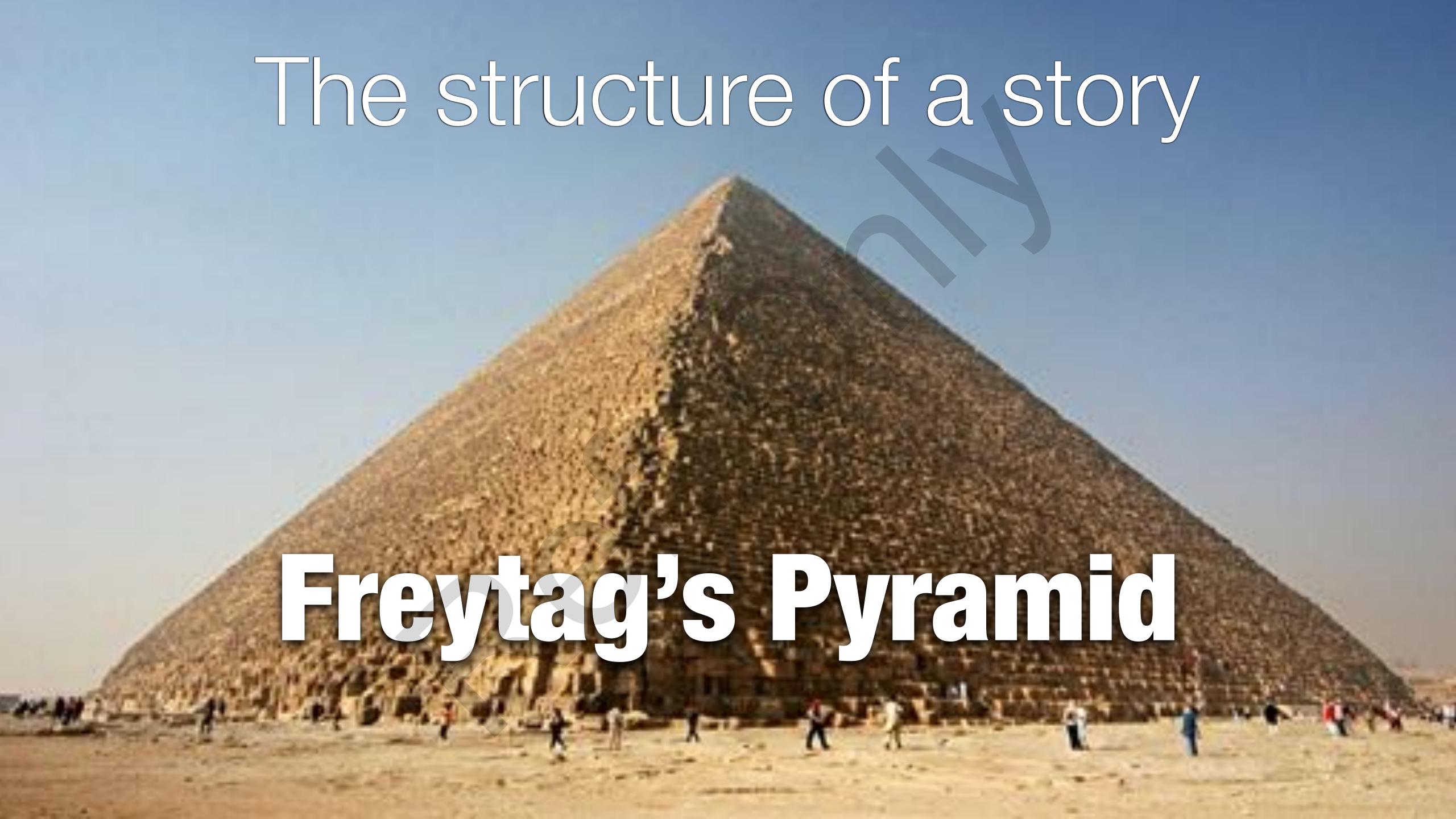


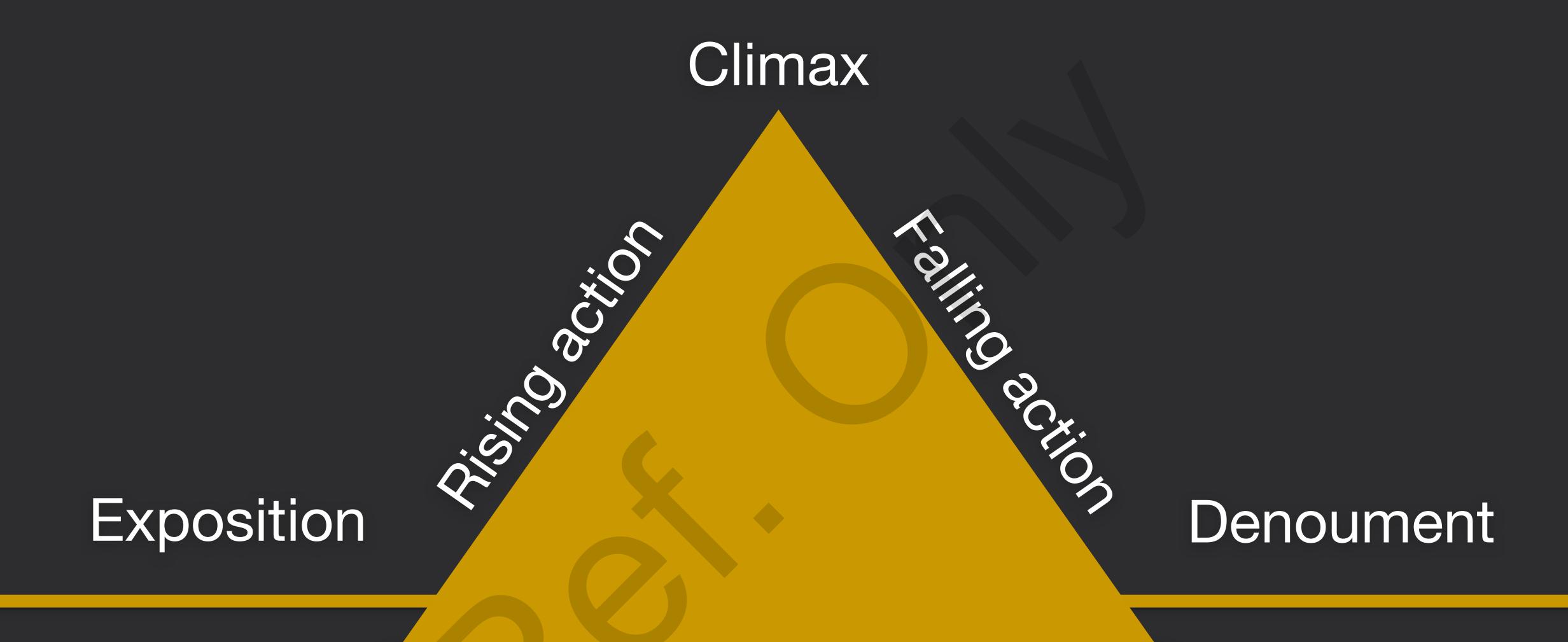
# Disarm & open minds











## Story Structure

#### Climax (Overcome Obstacle)

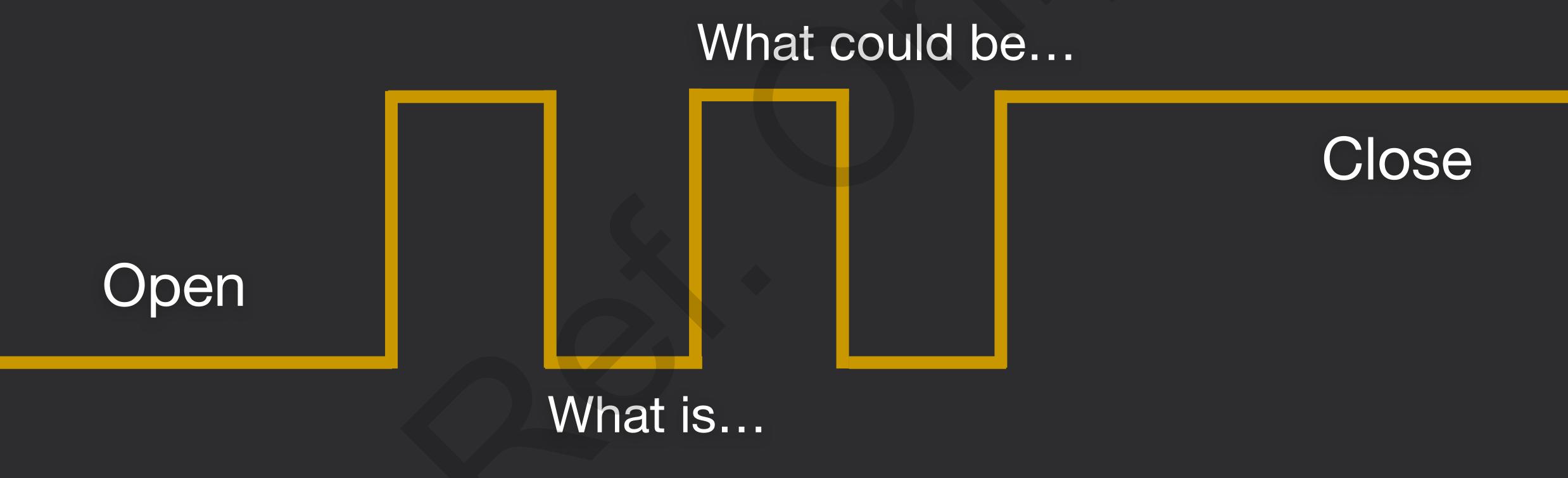


Start

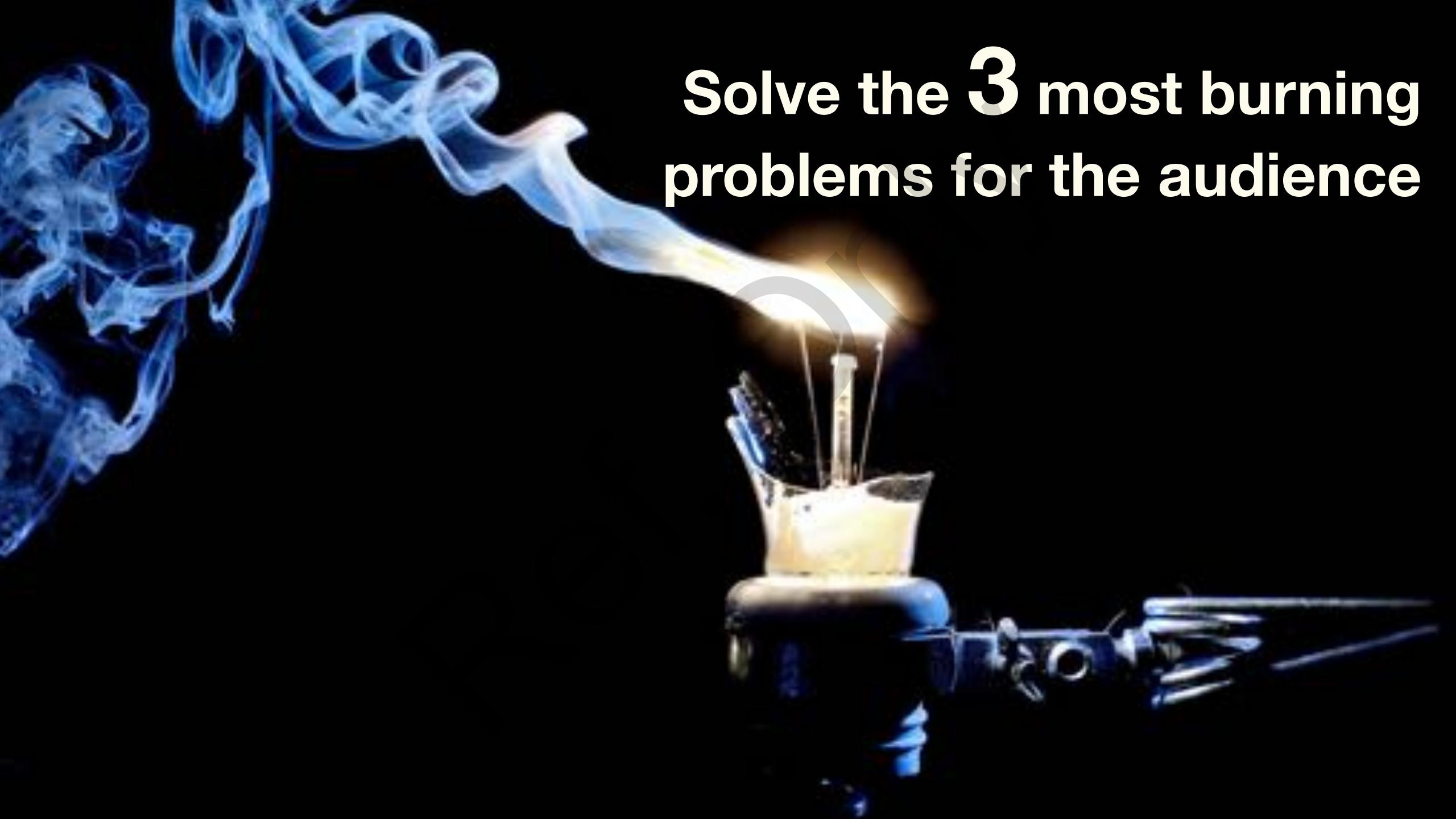
The Story Formula



# Story Structure









# Call to action Develop a visual story

# Simple reasons marketing fails?

Wrong message

Wrong time/place

Wrong person



### Know Your Audience

Who Are They?

What Are Their Concerns/Interests?

What Method of Communication?



# Method #1

Show something USCFUI



# Method #3

Evoke emotions to evoke

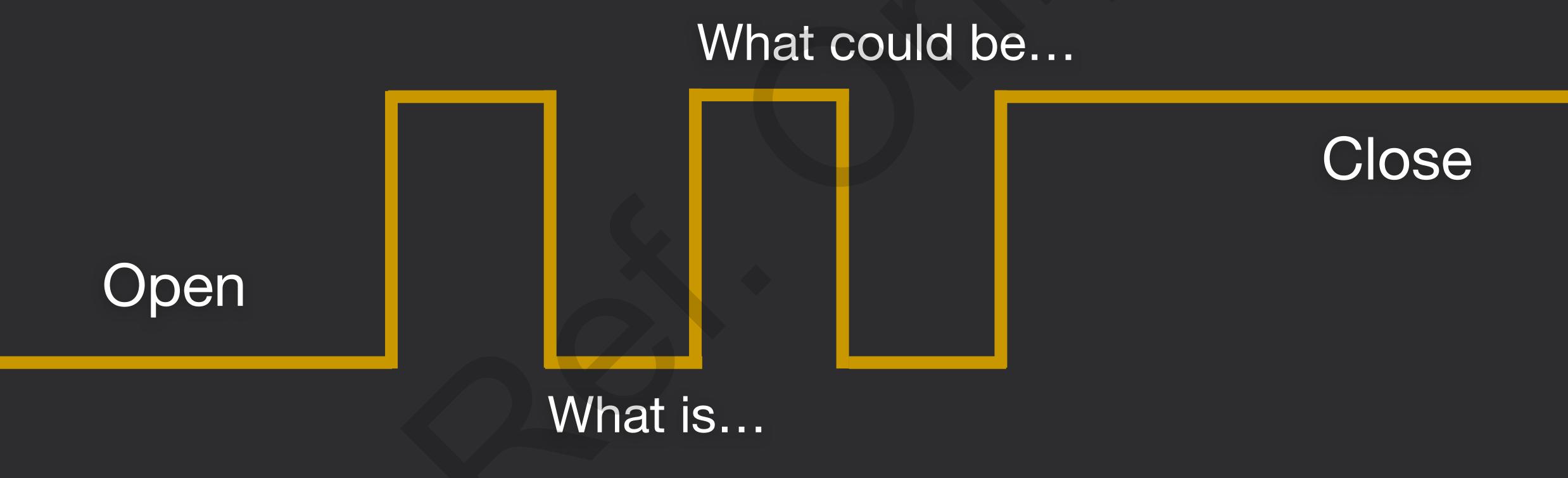
action.







# Story Structure



# Make your next presentation TED worthy



Adam Napolitan



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### FFY2019 Physical Activity Data: Highlights and Lessons Learned



#### **Overview**

- Physical Activity Teacher Observation Tool (PA TOT)
- CATCH Lesson Observation Tool (CATCH LOT)
- Playground Stencil Pre/Post Assessment
- Adult Physical Activity Survey (APAS)
- Physical Activity Intent to Change Surveys (PA ITCs)

### Physical Activity Teacher Observation Tool (PA TOT)

MENUNG NAME	OF CALIFORN	A		•	A	C	
Physic	al Activity -	Teacher	Obsern	vation	Tool		
The UC CalFresh program staff thank and will be used to improve our progr students in your class during the past	am, Please ansi						
ichool/Site:		County:					
Number of students in class today: _ (enter number in digits as in 30)	student	£7.		155			
Grade:   Preschool   Preschool   Preschool   Grades 1-2   Grades 3-5   Grades 6-8   Multiple/Insend grades	Picase mark all Go, Glow, Gri Good for Me Grow #1 Try i Happy Healt! Farm to Fork It's My Choice Right: Ite Action	ow and You tt Like it! ly Mo	used this year:			☐ EatFit. ☐ Hunger Attacks ☐ CASCH ☐ Other (specify),	
providing physical adocation (PE) for Yes, all of the PE Yes, some of the PE No / naves (seas answer the following questions shool year.	2000		Yes, reg   Yes, occ   No / nev	alarly esionally er	j Sesananan	300,300,000	550-550-5
Compared to the beginning of the	Examples/ Notes	Strongly	Agras	Not	Disagree	Strongly disagree	Unable to discover or N/A
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cripy doing physical activities.    ask to repeat specific physical activities introduced during the year.    ask for additional upportunities for physical							





Percentage of teachers responding that they are responsible for providing physical education (PE) for their class (out of school sites)

82%

9%

9%

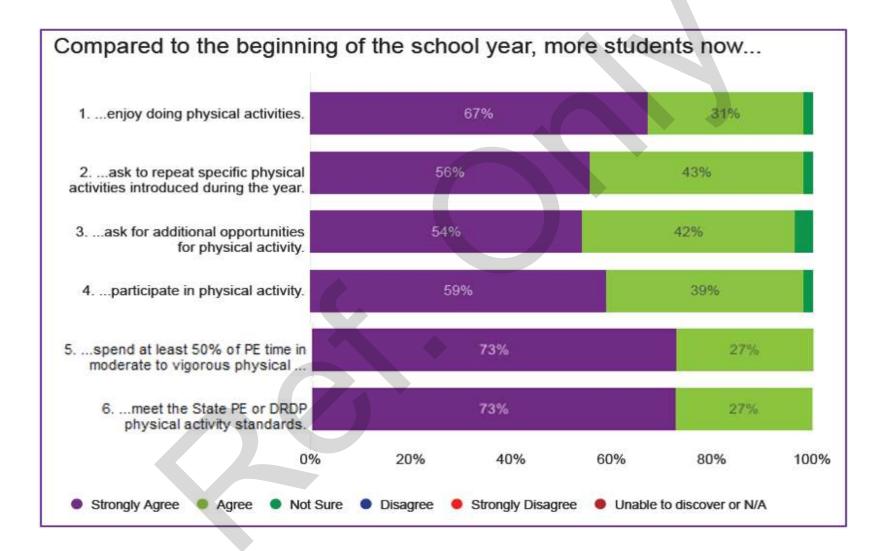


Percentage of teachers responding that they are responsible for supervising students during outdoor play times (recess, am/pm breaks, lunch, etc)



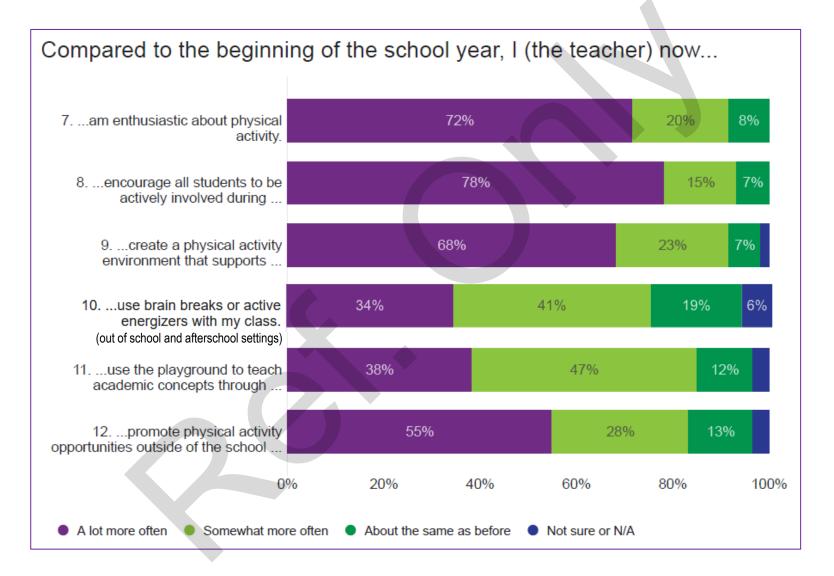
















#### PA TOT:

"...use the playground to teach academic concepts through movement."

**POLL:** Is this question relevant in afterschool programs, ECE sites, both, or none of the above?





### PA TOT:

# "...use brain breaks or active energizers with my class"

Is this relevant for afterschool settings?

Chat in: "Yes" or "No"





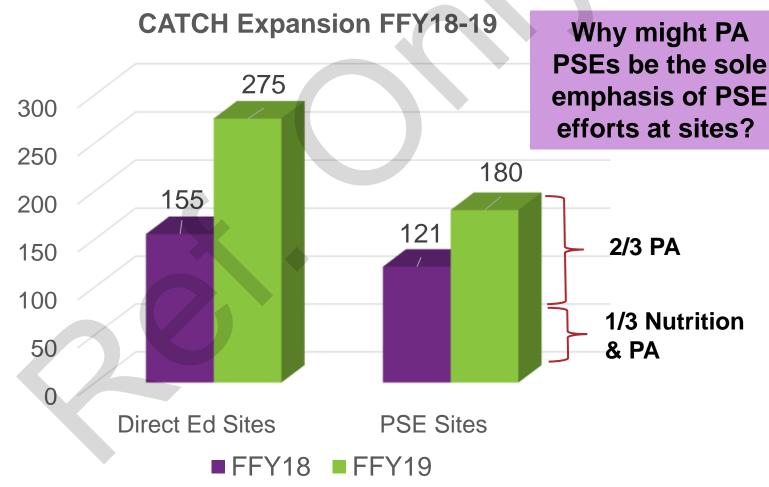
#### **Lessons Learned**

- Tuse of PA TOT when implementing CATCH
  - 26 counties implemented CATCH
  - 7 counties used PA TOT tool to capture outcomes
- Use county/cluster feedback to make sure questions are a good fit for setting





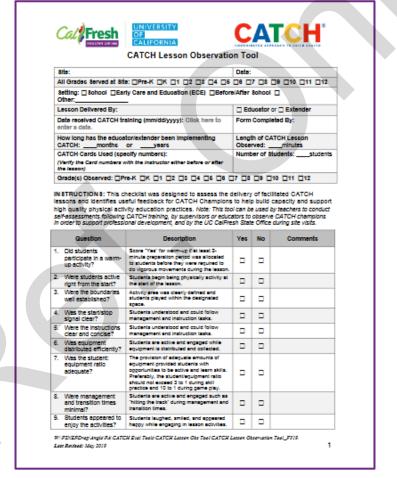
### **CATCH Implementation Expands**







# CATCH Lesson Observation Tool (CATCH LOT)







# Results from the CATCH LOT indicate high fidelity and areas to emphasize:

Most core components of CATCH were observed at every site – TERRIFIC!

Areas of improvement for teaching staff:

- ✓ Encouraging students to participate in a variety of PA during non-PE class time
- ✓ Prompting students to up their PA game during lesson
- ✓ Give positive feedback highlighting and reinforcing student progress

#### **Lessons Learned**



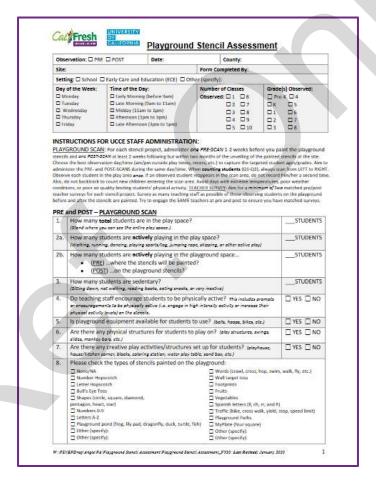
- promotion of the CATCH LOT (2 of 26 counties used tool)
- CATCH PSE sites tend to focus solely on PA PSEs – not PA and nutrition PSE efforts
  - Opportunity for future PSEs

#### **IMPROVED REPORTING - Great work Team!**

- Educators deliver CATCH report DE as PEARS <u>Program</u> <u>Activity</u>.
- Teachers deliver CATCH report DE as PEARS <u>Program Activity</u> and <u>PSE Site Activity</u>.



### Playground Stencil Assessment









14 new stencil projects, 40 total

Sites actively maintaining stencil projects under-reported

**82%** both nutrition and PA related PSE changes





### Improvements in:

- Physical environments (129 new stencils)
- Institutionalization of social support for student PA
- Increase in student activity levels
- Decrease in student inactivity





#### **Lessons Learned**

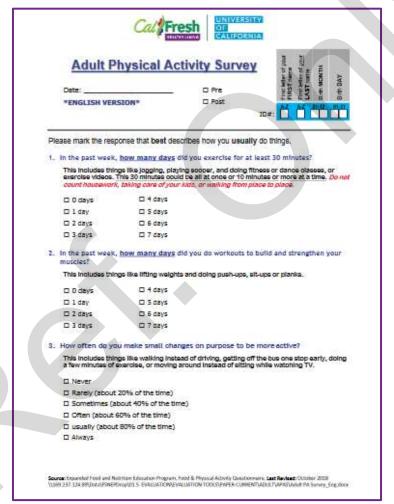


- TCATCH training for teaching staff
  - New requirement to approve stencil project request
  - Stencil assessment required
- Improve PEARS reporting for stencil projects "actively maintained"





### **Adult Physical Activity Survey (APAS)**







# Participants reported improvements PA behaviors included:

- •63% Making small changes to be more active → more often
- •50% T # of days built and strengthened muscles
- •47% 1 # of days exercised for 30+ minutes

#### **Lessons Learned**



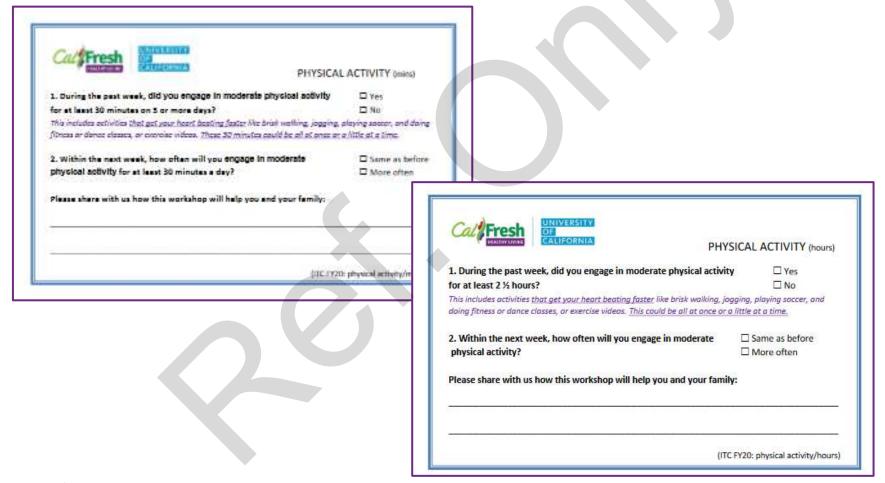
- Enable reporting on Medium Term PA indicators (Behaviors) in the SNAP-Ed Evaluation Framework
- More intense interventions may be needed to improve days of MVPA and muscle strengthening

Question: Add APAS to FBC - Any concerns?





# Physical Activity Intent to Change (PA ITC)







#### **Lessons Learned**



- use of PA ITCs only 2 counties used each ITC
- Enable reporting on Short Term PA indicators (goals and intentions) in the SNAP-Ed Evaluation Framework







### Questions???







#### **THANK YOU!**

Angie Keihner, MS

Nutrition Ed and Evaluation Analyst

<u>akeihner@ucdavis.edu</u>

Michele Byrnes, MPH
Physical Activity Program Manager
<a href="mailto:mnbyrnes@ucdavis.edu">mnbyrnes@ucdavis.edu</a>



### Program Name

State Office Program Name: CalFresh Healthy Living, UC







County Program Name: CalFresh Healthy Living, UCCE (insert name)
 County







UNIVERSITY OF CALIFORNIA Agriculture and Natural Resources

- UC ANR + CFHL Brand Guide link
  - Pathway: In the Administration dropdown menu select Program Administration, then select Branded Materials. Second section down on Branded Materials page is Co-branding, select <u>CalFresh Healthy Living</u>, <u>UC + UC ANR Branding Guidelines</u> and Toolkit.
  - Direct Link: <a href="https://uccalfresh.ucdavis.edu/admin/program/brand/ucanrco-branding">https://uccalfresh.ucdavis.edu/admin/program/brand/ucanrco-branding</a>
  - For questions please contact: Andra Nicoli @ amnicoli@ucdavis.edu





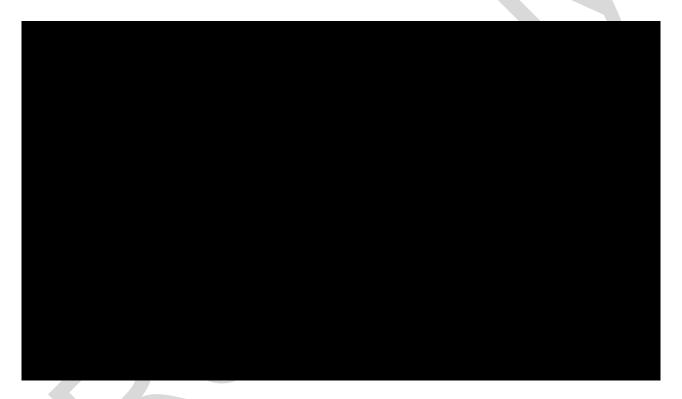
# CFHL, UCCE Social Media Branding Guide and Toolkit

- The CalFresh Healthy Living, UCCE Social Media Branding Guide and Toolkit are available on the <u>State</u> <u>Office website</u> under Branding Materials and Templates.
- The Toolkit includes county-specific images that follow the branding guidelines.
- A special thanks to the Riverside County team who helped develop pilot social media platforms!

# CFHL, UCCE Social Media Branding Guide and Toolkit

- A Social Media FAQ Document will be added to the branding folder.
- Please chat in your questions now or send them to me at <u>miggalvan@ucdavis.edu</u> and we will add them to the Social Media FAQ.
- If you would like to make an appointment to discuss your counties social media profile, please email <a href="miggalvan@ucdavis.edu">miggalvan@ucdavis.edu</a>.

# "Making A Difference" Video Butte County



The link to this video is on the webpage directly below the link to these slides and the recording.



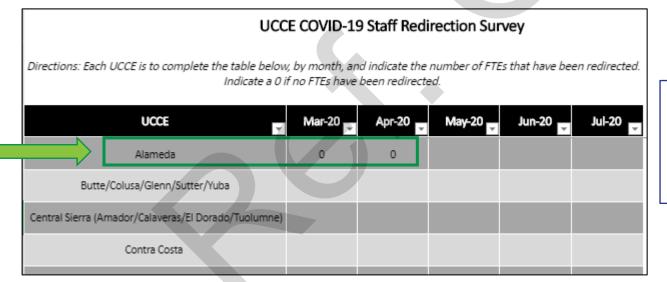






# Clarification: Documentation Required for Redirection of CFHL Staff

- Each LIA is to complete their respective section in the survey table on a monthly basis and indicate the number of FTEs that have been redirected.
- CDSS is <u>requiring</u> the <u>LIA COVID-19 Staff Redirection Survey Table</u> to be completed even if staff have not been redirected.
- Indicate with a zero (0) if no FTEs have been redirected.
- Complete the March and April sections of the Survey no later than May 31, 2020.



#### **Questions? Contact:**

Kamal -

kjkhaira@ucdavis.edu

Lindsay –

Imhamasaki@ucdavis.edu

### Guidelines for Developing Online Education for UCCE Nutrition Programs

- Updated regularly
  - Updates and additions indicated by red font
- Located in google drive: <u>https://drive.google.com/open?id=1wzz4qwKCyT6xYEj</u> 2sDqeBSz1TZCt-Fja
- Use ucdavis.edu email address to access files

### **Video Approval Process**

#### All videos uploaded to YouTube must be Unlisted.

- 1. Submit your video for first round approval to your advisor or supervisor
- 2. Advisor or supervisor will review the video using the following checklists:
  - CFHL, UC Direct Education Checklist
  - CFHL, UC Indirect Education Checklist
- 3. Once video is approved by advisor or supervisor, submit to State Office for review and approval:
  - For specific curriculum send to <u>State Office contact</u> for that curriculum
  - Other content –send to program lead for that content area:
    - General nutrition/ healthy eating- Tammy
    - Recipe demonstrations- Lyn
    - Garden, SLM/school meal program- MaryAnn
    - Physical Activity Michele
- 4. State Office will review and approve as quickly as possible

### **County Promotional Materials**

County Promotional Highlight Handout

 This one page Handout can be found on the Resources page within the Publications Main Menu dropdown. Once on the Resources page, you will find the document at the top under the "Who We Are" section.

https://uccalfresh.ucdavis.edu/publications/resources



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programs that meet the unique cultural, ethnic

and regional needs of the community

ANR 4-H. Master Gardeners, the Expanded Food

and Nutrition Education Program (EFNEP), and

other CalFresh Healthy Living agencies.

### Closing Questions (please use the chat box)

- What are the most important topics for you to hear about in June's Town Hall?
- Are you currently aware of summer school or afterschool programming scheduled to take place in your county? (Y/N and add county name)
- If yes, have you heard from your teacher or afterschool staff contacts regarding their level of interest in CFHL, UCCE specific resources during the summer? (Y/N and add county name)

# Thank you! Next Town Hall:

June 16, 2020



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