



LOWER-FAT MILK

1. During the past week, did you eat or drink lower-fat milk products at least 2 times a day?

- Yes
- No

2. Within the next week, how often will you eat or drink lower-fat milk products?

- Same as before
- More often

Please share with us how this workshop will help you and your family:

(ITC 2/22/13: lower-fat milk)



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