

Middle School and High School Nutrition and Physical Activity Education

EFNEP and CFHL, UC

Part 3

July 22, 2020



Webinar Part 3: Overview

Brief review of Part 2

Small group breakouts

work on enhancing or adapting a lesson Activity

Share back from breakout groups

Part 2: What did we discuss?

Learner-Centered Lesson Adaptations with Older Youth

Guidelines for Activity Adaption & Enhancement

Lesson Enhancement Examples

Lesson Enhancement Resources

Distance Learning Adaptations (intro)

Clarification from last webinar...

Breakout Groups

Each group will review a portion of a *Hunger Attack* Activity

Read through the Activity portion as a group

Discuss each of the three question prompts and record notes

Ask one person to prepare to briefly share back for the group

Extra: For Webinar 4 – looking for 2 groups to volunteer

Will your group prepare a 15-minute demonstration of the activity portions enhanced or adapted?

Breakout Groups

Each group has a facilitator

Facilitator will ask for volunteers for note-taker and time-keeper

Note-taker should screen share questions and record responses

Time – 40 minutes

Will check in with groups 5 minutes before the time deadline

Breakout Groups

Google Drive (link will be in chat)

Each group has a folder (by room #) with materials for that group

Hunger Attack Activity portion – and related materials

Discussion questions – record responses on this document

Drive also contains resources

Curriculum and materials

Lesson enhancement spreadsheet

PowerPoint slide decks

Share back

4 groups will be assigned the same *Hunger Attack* Activity portion

Share back by Activity:

First group: up to 5 minutes – summarize your group's discussion

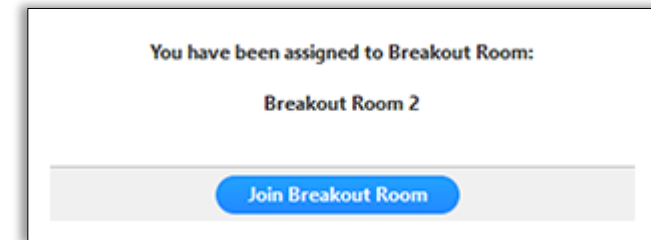
Other 3 groups: 2 minutes each – any additional thoughts

Breakout Rooms

Breakout Rooms

Pop-up – invitation to join

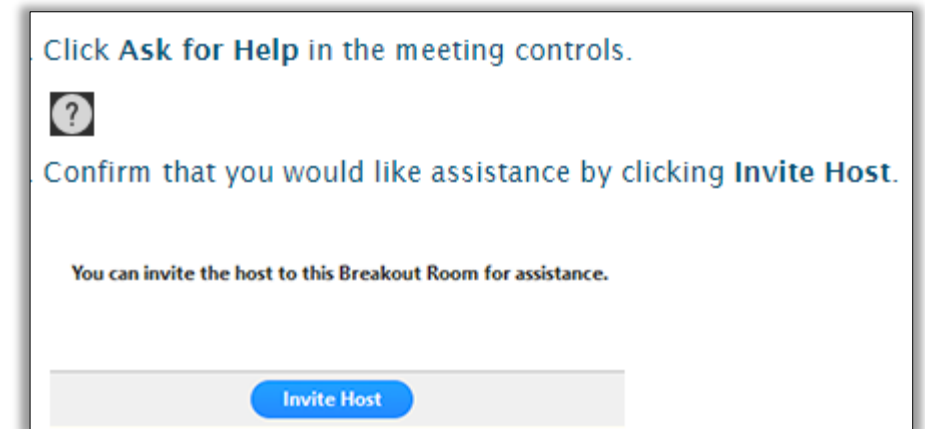
Please note the number of your room



In Breakout room:

Each room has meeting controls

Ask for help (from host)



Stand Up and Stretch! ... or jump – *whatever works!* 2 minutes



Share back

Share back by Activity:

First group: up to 5 minutes – summarize your group's discussion

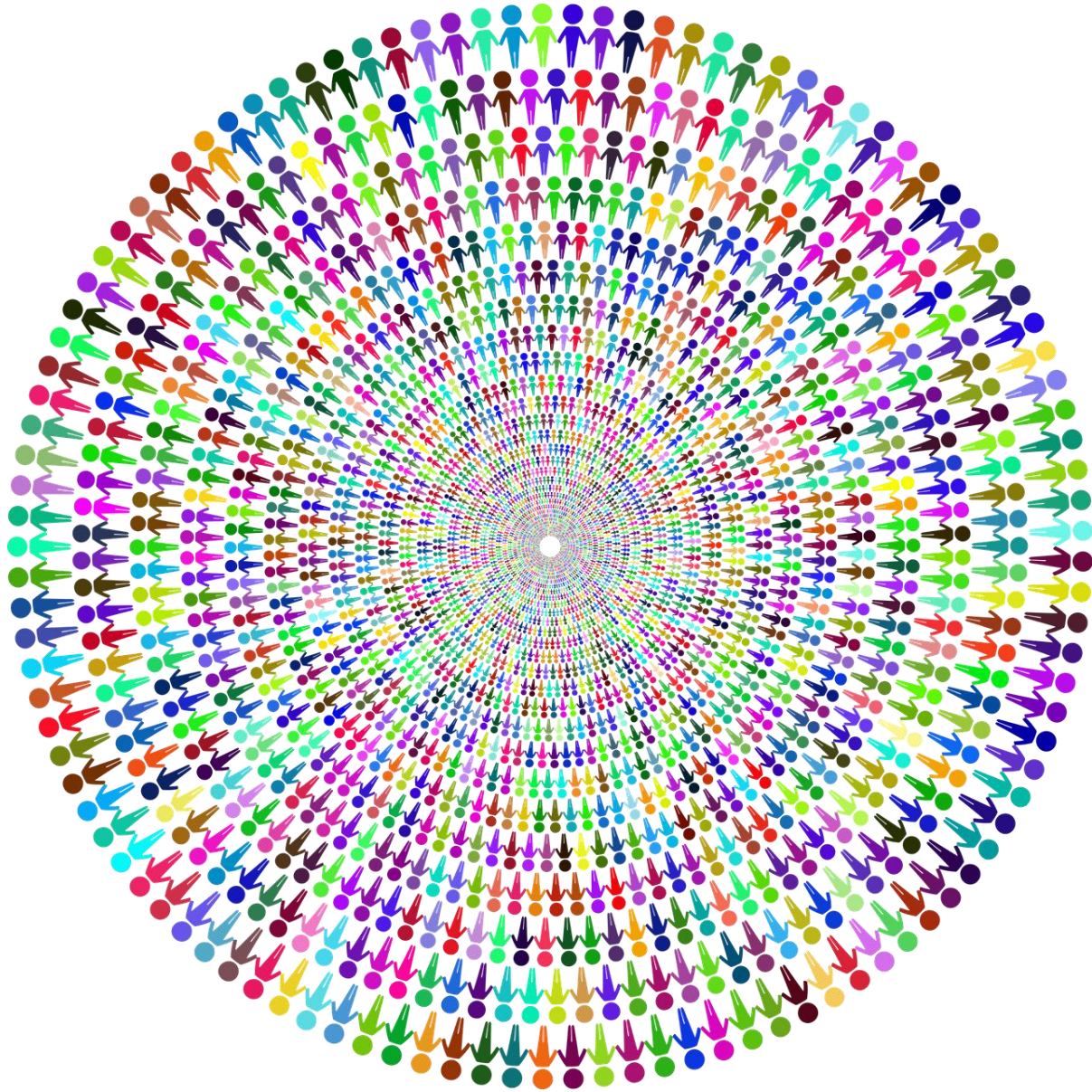
Other groups: 2 minutes each – any additional thoughts

Looking Ahead – Part 4 – July 29

Demonstrations of enhanced/adapted lesson activities

Additional considerations for distance learning

Outreach to school administration and volunteer teachers



Thank
You!