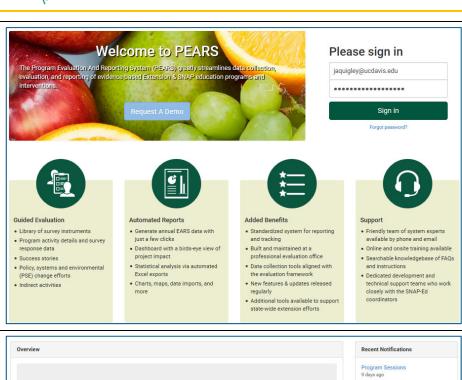
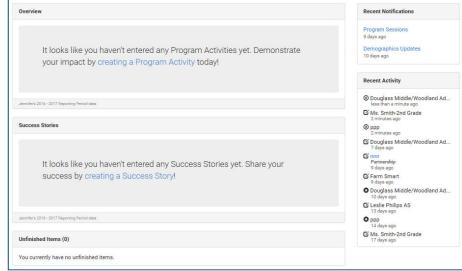
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Program Activity Tip Sheet



- PEARS Link to log into system: https://pears.oeie.org/accounts/signin/
- You should have received a Welcome Email from PEARS asking you to sign in and create a password, this portal is only open for 72 hours, if you do not go into the system and get your username and password set up the portal will close and you will need to click on forgotten password to have another email sent to you.
- If the system says there that no profile exists, you will need to contact the State Office to be added to the system please email:

Jennifer Quigley <u>jaquigley@ucdavis.edu</u>
Barbara MkNelly <u>bmknelly@ucdvis.edu</u>
or Angie Keihner <u>akeihner@ucdavis.edu</u>

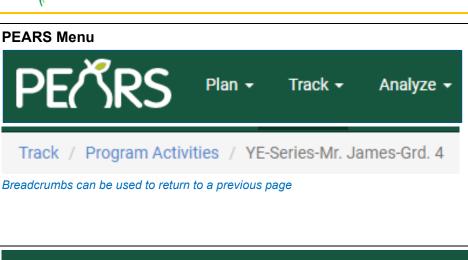


- The opening Dashboard will be empty until you begin adding data to the system and will look something like this.
 - o Items that can be seen on the dashboard:
 - Recent Activity
 - Program Activities status
 - Unfinished entries
 - Notifications from the PEARS staff
 - More...

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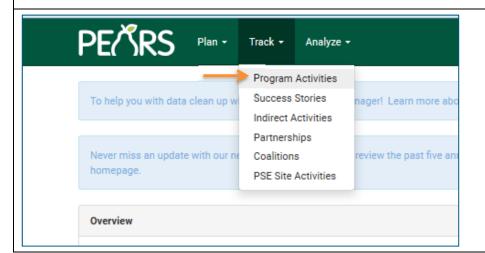
Program Activity Tip Sheet



- "Plan" is where you will create your survey instruments. OR Evaluation Tools
 - For FFY18 there are only two evaluation tools available to UC CalFresh users
- "Track" is for recording the impact of your work. Here you can enter your program activities, success stories, indirect activities, PSE site activities, and partnerships.
- "Analyze" is where you will be able to see an overview of the information that has been entered into the system. From there you can begin interpreting and evaluating the data. This includes reports for the unit snapshot, EARS data, and duplicate contacts. You will also find exports for program activities, success stories, indirect activities, and templates here.

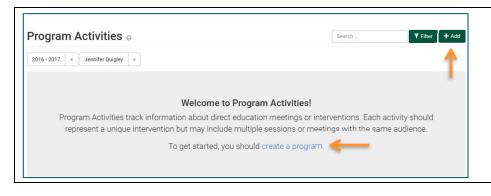


- Use the search function to find Program Activities, Users or other data.
 - Use the filters funstion to narrow your search results.
- This is the "Support" tab. From here you can go to the main documentation page where you will find detailed explanations, tutorials, and FAQs for each PEARS section. There is also a list of resources for SNAP-Ed with links.



 To begin adding a Program Activity (Direct Education) use the menu bar along the top and Click on TRACK and a dropdown list will appear → Choose PROGRAM ACTIVITIES





- Your initial page will have no activities listed, so you will need to choose the ADD button to add a new Program Activity to the list or "Create a program"
- The next page that will appear is the first page to enter data for a Program Activity

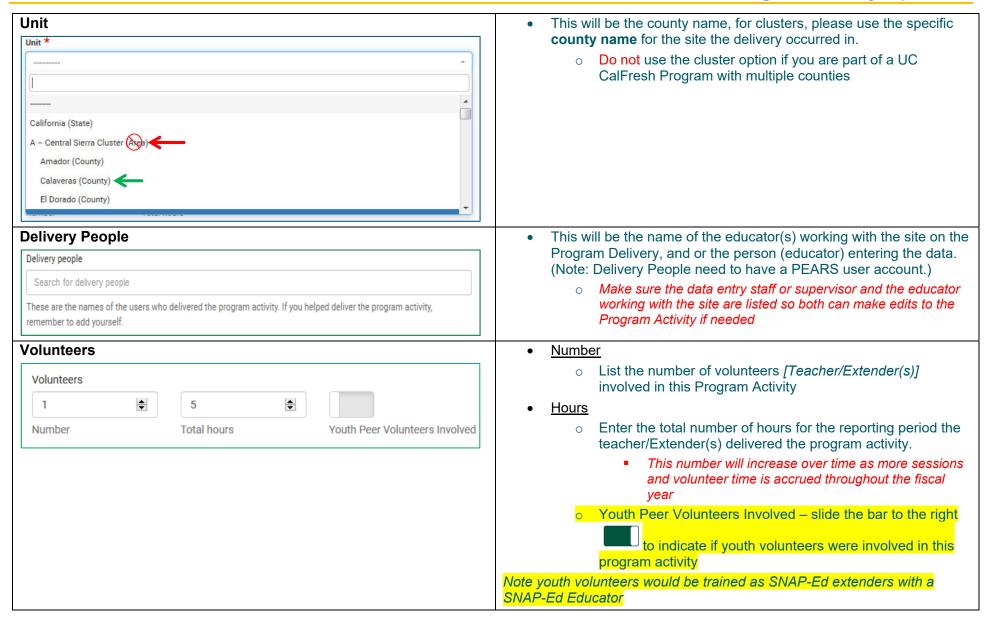
Add Program Activity Screen 1 Choose the site where this program was delivered. You may also select an organization that includes multiple sites (e.g. Program Activities track information about direct education meetings or interventions. Each activity should represent a If this program activity involves multiple meetings or sessions with the same audience, please indicate those below. users who delivered the program activity. If you helped deliver the program activity, Using IM Using IM outh Peer Volunteers Involved unique intervention but may include multiple sessions or meetings with the same audience. Optional. Use the field below for any additional comments about the Program Activity # Participants **Participants** This is a name you give the program activity for your reference. Length (min) Length (min) a school district or grocery chain). What are inactive sites? This is the unit where the program activity was delivered Program Activity Total hours 3:30 pm Start Time 3:30 pm Start Time hese are the names of the Alphabet Soup Childcare remember to add yourself. Program activity name YE-Ms. Adams-GGG x Jennifer Quigley 11 1 Reporting period 22 participants Jpdate Yolo (County) Delivery people Comments 12/18/2017 12/18/2017 Start Date * Start Date * 2017 - 2018 Sessions /olunteers Number Unit *

Program Activity Information

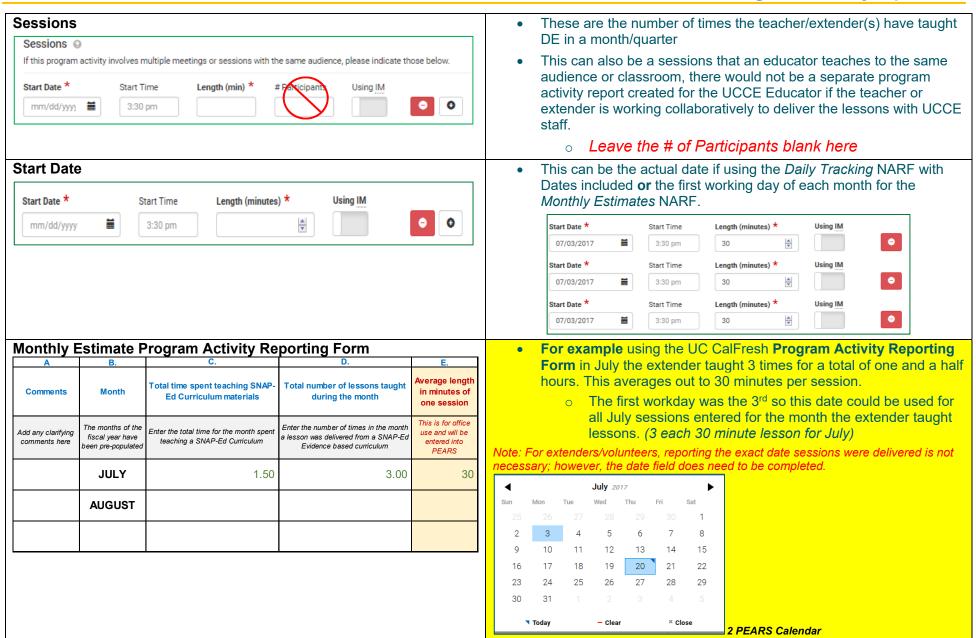
Program Activities track information about direct education interventions. Each activity should represent a unique intervention but may include multiple

sessions or meetings with the same audience. Following are the fields to complete on the **Program Activity Information** page: **Program Activity Name** This is the name you will give to your Program Activity that will be carried out throughout the fiscal year as you add more session Program activity name * dates and time. Ensure the Program Activity Name is one you can filter on and return to and add additional Sessions. (See also Handout with Guidelines for Program Activity names) This is a name you give the program activity for your reference. Suggestions/Examples: YE-series Ms.Smith-4th Grd [YE=Youth Education-Name of teacher-Grade] AE-series PSSC-Gospel Mission [AE=Adult Education-Name of series-site] Site Site * Search for a site

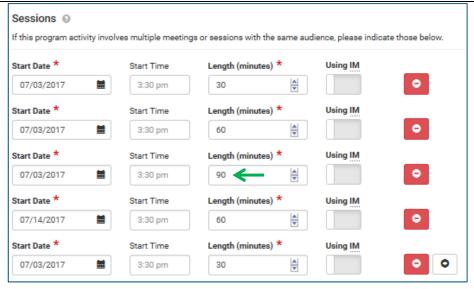
- Choose the name of the site the Program Activity is being delivered in, please ensure that you have the correct address for the name of the site as some site names are the same or very similar.
- Search for the site by name and by address.
- If the site is not listed please contact Jennifer Quigley at jaquigley@ucdavis.edu to have the site added. Do Not Add sites to PEARS
- If a site is listed as (INACTIVE) please contact Jennifer Quigley at iaquigley@ucdavis.edu



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• If the UCCE Educator provides a support lesson or taste test lesson to the same participants, this would also be added; however, the educator would know the date of delivery and would add the session with the accurate date information and the accurate time in minutes the lesson was delivered rather than an average of all time in the month.

- Start Time
 - This can be left at the default time of 3:30 pm
- Length (Minutes)
 - Each lesson or session taught by the teacher/extender is listed out individually

Figure 3 Example of finished sessions for the month of July





Hovering over the "IM" will provide you with this definition

- Using Interactive Media (IM)
 - If IM was used to deliver the Program Activity in place of a live educator move the slide to the right turning the button green
 - Interactive Media, The integration of text, audio, graphics, still images, and moving pictures into one computer-controlled, multimedia product that provides and individualized educational experience based on the participant's input.



Use this section to clarify sessions, curricula, or any "Other"

	activities.		
Comments	Saving your Program Activity		
Optional. Use the field below for any additional comments about the Program Activity.			
	Clicking Save and Continue will save the information and move to the next section "SNAP-Ed Custom Data"; Clicking save will save the data entered on the Program Activity Page, you may return to this program activity name to continue entering data at a later time.		
There are 10 support Articles that can be reviewed on this section.	n by clicking on the question mark on the green menu bar and choosing		
Support from the dropdown list . , these articles can also be	be accessed anytime there is a question mark icon with in a data entry page you		

- How to Add a Program Activity
- How to Add Custom Data

are working.

Comments

- How to Attach a Survey Instrument to a Program Activity
- How to Copy a Program Activity
- What are Inactive Sites

- How to Add Demographic Information to a Program activity
- How to Mark a Program Activity as Complete
- How to enter response data
- How to Delete a Program Activity
- Program Activity Excel Report





Program Activity Tip Sheet SNAP-Ed Custom Data In this section the following items will require completion: organization's Choose the statewide intervention or initiative most related to this activity. Please contact your administrator if your intervention isn't in this list. Add SNAP-Ed Custom Data Specify any additional curricula used for this activity, Select the primary setting for this program activity Cancel Primary curriculum * Intervention name * Save and continue Priority indicators * Intervention Topics Additional curricula Target audiences Objectives * Setting

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Program Activity Tip Sheet

Intervention Name Intervention name * Choose the statewide intervention or initiative most related to this activity. Please contact your organization's administrator if your intervention isn't in this list. See gray box below for list Before/Afterschool Programs (YMCA, Parks and Rec, Boys and Girls Clubs etc.) Early Care and Education (ECE sites, Head Starts, Pre-K sites etc.) Faith Places of Worship

Farmers Markets

(Churches, etc.)

Food Distribution

(FDPIR distribution sites, Food Pantries, Food Assistant sites, etc.)

Health Care Services

(Clinics, Hospitals, Family Resource Centers, etc.)

Mass Media

(this would be used in the case of a social marketing initiative)

Learning Sites (Other)

(Extension centers, Libraries, WIC Clinics, etc.)

- For California, the Intervention Names are a condensed list of site settings based on the EARS site settings and 6 top level domains (Eat, Live, Lear, Play, Work, and Shop).
 - Please refer to the shaded box below for a listing of intervention names

Places People Play

(Parks, bicycle paths, Fairgrounds, etc.)

Places People Eat

(Summer meals, Restaurants, Soup Kitchens, etc.)

Residential sites

(Individual homes, rehab centers, group homes, etc.)

- Schools
- Senior Services

(Congregate Meal sites, senior centers, etc.)

Stores

(Retail locations)

Worksite and related

(SNAP Offices, Military bases, Adult Education (TANF), etc.)

- Other (please specify)
 - o If "Other" is chosen a new field will open below for you to enter the "Other" Intervention Name.

Priority Indicators Priority indicators *

See gray box below for list

(See also Handout with suggested indicators for commonly used curricula.)

- These are based on the SNAP-Ed Framework and listed in a dropdown list, you may choose all that apply to your Program Activity or based on the curriculum used.
- For direct education, the individual-level indicators in bold in the drop down list below are the most relevant. These are organized by
 - Short Term (ST)
 - Goals and Intentions
 - Medium Term (MT)
 - Behavioral Changes
 - o Long Term (LT)
 - Maintenance of Behavioral Changes

Program Activity Tip Sheet

Priority Indicators: LT8 Media Coverage **MT1 Healthy Eating Behaviors** LT10 Planned Sustainability **MT2 Food Resource Management Behaviors R2** Fruits and Vegetables MT3 Physical Activity & Reduced Sedentary Behavior **ST1 Healthy Eating** MT5 Nutrition Supports **ST2 Food Resource Management** MT6 Physical Activity & Reduced Sendentary Behavior Supports **ST3 Physical Activity & Reduced Sedentary Behavior LT5** Nutrition Supports Implementation **ST5** Readiness and Need LT6 Physical Activity Supports Implementation **ST7** Organizational Partnerships **LT7** Program Recognition ST8 Multi-Sector Partnerships and Planning Target Audience is optional and not a requirement for CA data entry Target audiences Setting (site) These are based on the site list definitions of site setting and come from the EARS 2107-19 EARS Form. These are based on the 6 domains and Setting * the settings that fall under each domain. The setting of your Program Activity may be different than the actual physical site setting. Select the primary setting for this program activity. **EAT** LIVE **SHOP** Congregate meal sites/senior nutrition Community Organizations Farmers markets Emergency shelters and temporary housing sites Food assistance sites, food banks, and food centers Faith-based centers/places of worship Fast food chains pantries • Low Income Health Clinics (Incl. Health care clinics Mobile vending/food trucks FDPIR distribution sites3

- Restaurants
- Soup kitchens (Listed as Cafeterias in PSE's only)
- USDA Summer Meals sites1
- Other Places people eat outside the home

LEARN

- Before- and after-school programs
- Early care and education facilities
- Extension offices
- Family resource centers
- Libraries
- Mobile education sites
- Schools (K-12)
- Schools (colleges & universities)
- WIC clinics2
- Other Places people learn;

- and hospitals)
- Indian reservations
- Public housing sites (Includes Individual Homes)
- Group living arrangements/residential treatment centers
- Other settings where people live or live nearby:

PLAY

- Bicycle and walking paths
- Community centers (Incl. Rec. Centers)
- Fairgrounds (State/County)
- Gardens
- Parks and open spaces
- Youth Organizations (Boys and Girls Clubs, YMCA, etc.)
- Other places people go to play:

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- Small food stores (≤3 registers)
- Large food stores and retailers (4+registers)
- Other places people go to shop for or access food:

WORK

- Adult education, job training, TANF,4 and veteran services sites
- Military bases
- SNAP offices
- Worksites with low-wage workers
- Other places people go to work:

Revised 02/22/2019



Primary Curriculum	This is the Primary Curriculum used for the intervention strategy.	
Primary curriculum *	 If Other Approved Curriculum is chosen another field will appear for you to describe or write in the Approved Evidence Based Materials you are using if they are not on the list Additional Curriculum field is for any other approved curriculum the classroom is using. There is also an option for "Other Approved Materials (Please specify) Please only use other if this curricula is not on the list. 	
Additional Curriculum Additional curricula		
Additional curricula		
Specify any additional curricula used for this activity.		
Objectives	These are based on the Statewide Goals and Objectives in the CA. SNAP-Ed Plan.	
Objectives *		
	 Choose all that apply based on the intervention strategy of curricula you are using. 	
See gray box below for list	(See also Handout with suggested indicators for commonly used curricula.)	

Objectives:

- Improve the dietary quality of meals and snacks consumed by the SNAP-Ed eligible population (consistent with the current Dietary Guidelines for Americans).
- Increase consumption of fruits and vegetables among the SNAP-Ed eligible population
- Decrease consumption of added sugar from food and beverages among the SNAP-Ed population
- Increase time spent in physical activity among the SNAP-Ed eligible population
- Improve at least one resource management behavior among surveyed SNAP-Ed adult participants
- Increase food security among surveyed SNAP-Ed adult resource management participants
- Improve food environments in new and continuing at SNAP-Ed eligible sites or organizations
- Increase the percentage of SNAP-Ed jurisdictions (counties/cities) that increase the number of eligible sites or organizations with improved food environments.
- Improve physical activity environments and opportunities in new and continuing SNAP-Ed eligible sites or organization
- Increase the percentage of SNAP-Ed jurisdictions (counties/cities) that increase the number of eligible sites or organizations with improved environments and opportunities for physical activity.
- Other



Intervention Topics Intervention Topics *	These topics will come from the curriculum listing with the corresponding Intervention Topics and are based on reviews of the curriculum and the goals and objectives of the lessons.	
See gray box below for list	- Healthy fete and alle	
Individual knowledge and skills	Healthy fats and oils	
 MyPlate food groups and portions for a healthy eating pattern 	■ Fiber-rich foods	
 Food shopping and resource management 	■ Water	
■ Food preparation/cooking and food safety	Limiting added sugars	
Promoting and maintaining a healthy weight	Limiting saturated fats	
 Prevention of obesity, diabetes, and other chronic diseases 	Limiting sodium	
Other – please specify:	Engagement in physical activity	
Individual behaviors	 Active commuting (e.g., walking and bicycling) 	
Food and beverage consumption:Fruits and vegetables	 Participation in sports and recreational activities (e.g., tennis and swimming) 	
Whole grains	 Reducing sedentary activities and screen time (e.g., decreasing the playing of computer games and TV viewing) 	
 Dairy (including low-fat/fat-free milk and/or fortified soy beverage) 	■ Other – please specify:	
 Protein foods (including seafood; lean meats and poultry; eggs; nuts; seeds; and soy products) 		
Saving your Program Activity	Clicking Save and Continue will save the information and move to the next section "Demographics"; Clicking save will save the data entered on the Program Activity Page, you may return to this program activity name to continue entering data at a later time. Save and Continue Save	

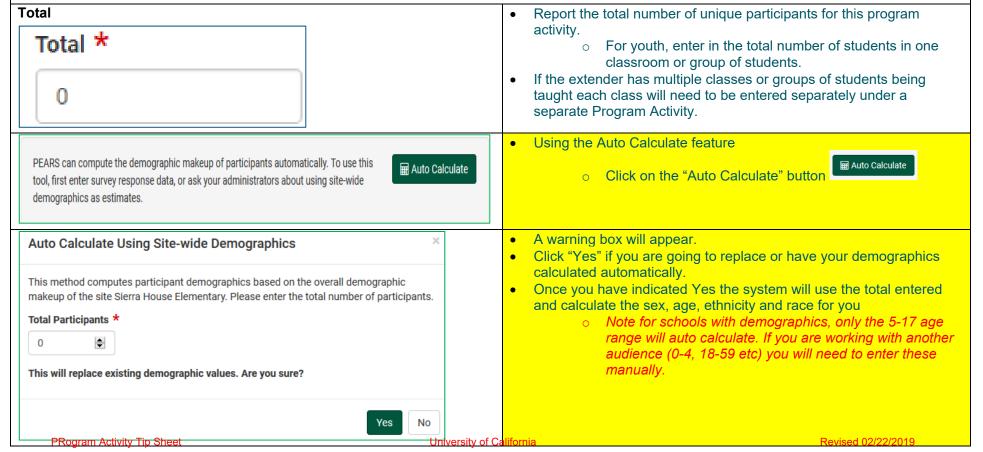
Add Program Activity Demographics In this section the following items will require completion: **4**|F **(**) **4** F **(**) **(**) **(**) **4**|F **(**) **4** F **田 Auto Calculate** Report the total number of unique participants for this program activity. Also include the demographic makeup of 0 0 Male 0 0 0 0 American Indian or Alaska Black or African American Native Hawaiian or Other Pacific Islander Click the auto calculate button to have your demographics auto calculated based on Add Program Activity Demographics **∢** F **€**F **∢**F **(**) Native responses entered on attached program activity survey instruments. Asian White Race Method used to determine demographic makeup of participants * Female **(**) **∢**F 0 0 0 0 0 0 Survey of target audience **(**) Less than 5 years Hispanic / Latino 60 years or older Non-Hispanic / - 59 years Source of Data Actual Count - 17 years Age & Sex participants. Ethnicity Total * 8 0



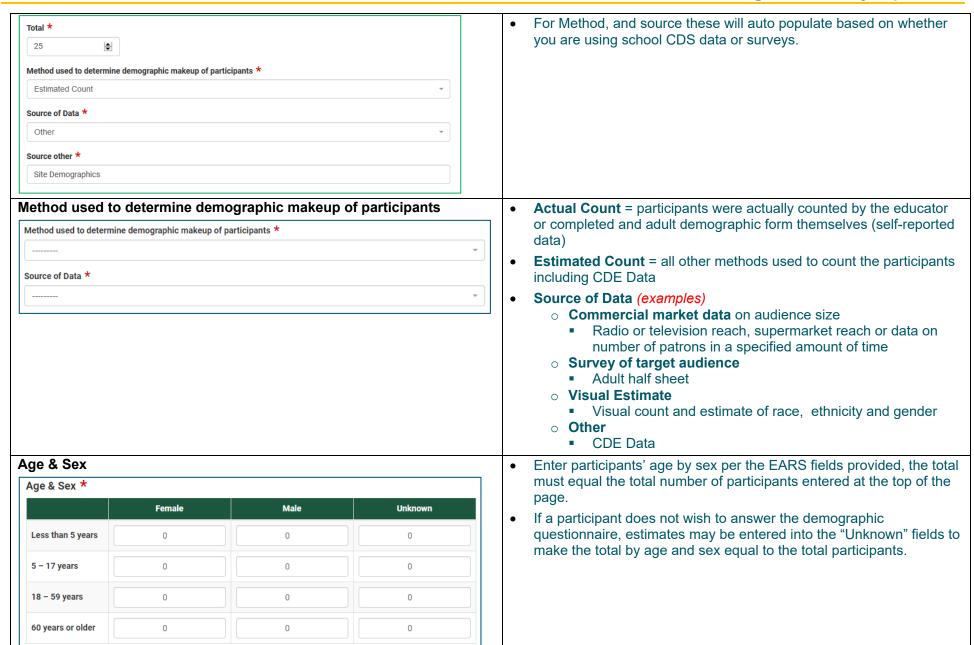
For SNAP-Ed Users:

The age & sex table must equal the overall **Total*** for SNAP-Ed participants. This is a requirement for EARS data. If you enter data for ethnicity it will be validated to make sure the sum of the numbers entered is <u>not higher than</u> the overall total. Since people may report multiple races the race table will allow for a sum higher than the total number of participants for the activity.

- For adult demographics
 - Before you can auto calculate your demographics you'll need to add a survey instrument and add all the responses for the Adult Demographic half sheet.
- For youth demographics
 - o If the site is a public school and has a CDS (County District School) code with updated demographics, the demographics will calculate automatically.
 - o If the youth site is not a CDE coded school then the number of students will need to be entered into the total Field, and all subsequent data, sex by age, Ethnicity and Race



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Ethnicity and Race				Enter in the number of participants that are Hispanic Latino and not Hispanic Latino, the total cannot exceed the total number of participants entered at the top of the page.
Ethnicity Race				
Hispanic / Latino	0	American Indian or Alaska Native	0	 Enter the participants' race(s), this total does not need to equal the total at the top of the page as more than one Race may be chosen.
Non-Hispanic / Latino	0	Asian	0	total at the top of the page as more than one reace may be chosen.
		Black or African American	0	
		Native Hawaiian or Other Pacific Islander	0	
		White	0	
Saving your F	Program Activity			Clicking Save and Continue will save the information and move to the next section "Attach Survey Instruments"; Clicking save will save the data entered on the Program Activity Page, you may return to this program activity name to continue entering data at a later time.
Attach Survey Ir	nstruments			
Progress				 If you choose to use the adult demographic survey in PEARS to calculate the demographics for adults See the Surveys Tip Sheet PEARS Surveys Tip Sheet for UC CalFresh Users
	80%			<u></u>
✓ Program Ac	ctivity Information			
✓ SNAP-Ed Cu	ustom Data			
✓ Demograph	ics			
✓ Attach Surv	ey Instruments			
✓ Mark as Cor	mplete			