## PORTIONS

1. During the past week, did you choose a smaller amount of food or beverages at least 1 time?YesNo
2. Within the next week, how often will you chooseSame as before a smaller amount of food or beverages?More often

Please share with us how this workshop will help you and your family:
$\qquad$
$\qquad$
(ITC 2/22/13: portions)

## UNIVERSITY OF CALIFORNIA

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