California P	ORTIONS	
1. During the past week, did you choose a smaller amount of food or beverages at least 1 time?	□ Yes □ No	
2. Within the next week, how often will you choose a smaller amount of food or beverages?	<ul> <li>□ Same as before</li> <li>□ More often</li> </ul>	
Please share with us how this workshop will help you and your family:		
	(ITC 2/22/13: portions)	

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