



# FFY2024 UCCE Stanislaus and Merced

## Successes

- Teens as Teachers programming reached twenty-five 1st grade students and inspired the youth teachers. A youth teacher shared, "...one thing I do differently now because of these classes is: I eat more fruit."
- *Harvest of the Month Newsletters* reached 34,216 households, supporting classroom lessons and reinforcing consumption of seasonal vegetables and healthy activities.

## Results

### Youth

- Out of 18,453 youth who participated in food tastings, with only 32% having tried the food before tasting it in class, 60% are willing to ask for the featured food/recipe at home.

### Adult

- 84% of participants in a series of adult nutrition and money management classes showed improvement in food resource management behaviors.

### Organizational

- Three Modesto City School District sites implemented CATCH activities in their afterschool setting, reaching 429 youth.

## Improving California's Health Through CalFresh Healthy Living

*Our program implements healthy eating and active living programming using evidence-based curriculum at school sites, afterschool programs, early childhood care settings and community sites. CFHL, UCCE Stanislaus and Merced Counties are in the Central Valley of California. This area is considered a "hub of California Agriculture" and "The Gateway to Yosemite National Park."*

### Serving Individuals and Communities

- Over 6,400 qualifying elementary and preschool students received direct education using evidence-based curriculum.
- 44 adults were taught evidence-based nutrition and food related money management techniques.

### Providing Education

- Programming was delivered at 39 sites across four different settings.

### Helping to Make Organizational and Environmental Changes

- Salvation Army-Turlock Staff were trained in the CATCH curriculum and implement CATCH curriculum independently.
- Supported Merced City School District Wellness Committees by actively participating in Wellness Committee meetings.
- *Nutrition Corners* were initiated and maintained in three cafeterias.

### Serving California Agriculture

- A partnership with Turlock Unified School District supported the implementation of monthly garden-enhanced nutrition lessons across and food tastings at five sites, reaching 331 students.

### Building Partnerships

Key partners in 2024: Merced City School District, Turlock Unified School District, Livingston Union School District, Merced County Preschool Program, Modesto City Afterschool Program, Merced County After School Student Education Teamwork for Success, Salvation Army-Turlock, Red Wood Family Center and First Step Treatment Center.

**Contact: Rosalinda Ruiz, Program Supervisor: [rluiz@ucdavis.edu](mailto:rluiz@ucdavis.edu)**