



Dear Student,

Hello! We are CalFresh Healthy Living, University of California (UC). Our program teaches young people about healthy eating and physical activity habits. Our goal is to help students stay healthy. Our program is funded by USDA. The program is free to your school or community.

To find out how well our lessons work, we ask that you complete this survey. However, completing the survey is totally voluntary. *Voluntary* means you can agree or not agree to complete it. It is up to you. You may also skip questions you do not want to answer. But, we hope that you will answer all of them. Any information about who you are will be kept secret. We will not share your name or id number.

If you have any questions about the survey, just ask us!

Name of your local CalFresh Healthy Living, UC educator: _____

Phone number: _____

You may also contact our CalFresh Healthy Living, UC State Director: Kamaljeet Khaira, University of California at Davis, 1632 DaVinci Court, Room #31, Davis CA 95618 (530) 752-0555

If you have any concerns or complaints about our CalFresh Healthy Living, UC evaluation, you may also contact the Institutional Review Board, University of California at Davis at (916) 703-9151, from 8:00 a.m. to 5:00 p.m., Monday through Friday, or by writing to the Institutional Review Board, CTSC Bldg., Suite 1400, Rm. 1429, 2921 Stockton Blvd., Sacramento, California 95817.



What Did You Learn? (WDYL)

Date: __/__/__	Site Name:	County:
PEARS Program Activity ID:	Grade(s): <input type="checkbox"/> 4 th <input type="checkbox"/> 5 th <input type="checkbox"/> 6 th <input type="checkbox"/> 7 th <input type="checkbox"/> 8 th <input type="checkbox"/> 9 th <input type="checkbox"/> 10 th <input type="checkbox"/> 11 th <input type="checkbox"/> 12 th	

Instructions: Read the student consent form together which explains the purpose of the program and voluntary nature of the survey.

Example script: I've enjoyed visiting with your class. Now, I'm going to ask you some questions about what we've been talking about. There are no right or wrong answers. You can help us improve our classes by participating.

Think about what you've learned or do differently after participating in this series of classes/activities. When I say "classes" I'm referring to **X** (remind them of the lessons or activities delivered by **referencing the key topics covered or specific activities**). *Note: Be careful to share the lesson topics without prompting specific responses (eat more FV, exercise more, drink water instead of SSBs, etc.).*

Let them know that it's okay if they didn't learn anything new (or do anything differently). If that's the case, they can just respond "nothing".

<p>What, if anything, is <u>one thing</u> that you learned from these classes?</p>
<p>What, if anything, is <u>one thing</u> that you do differently because of these classes?</p>