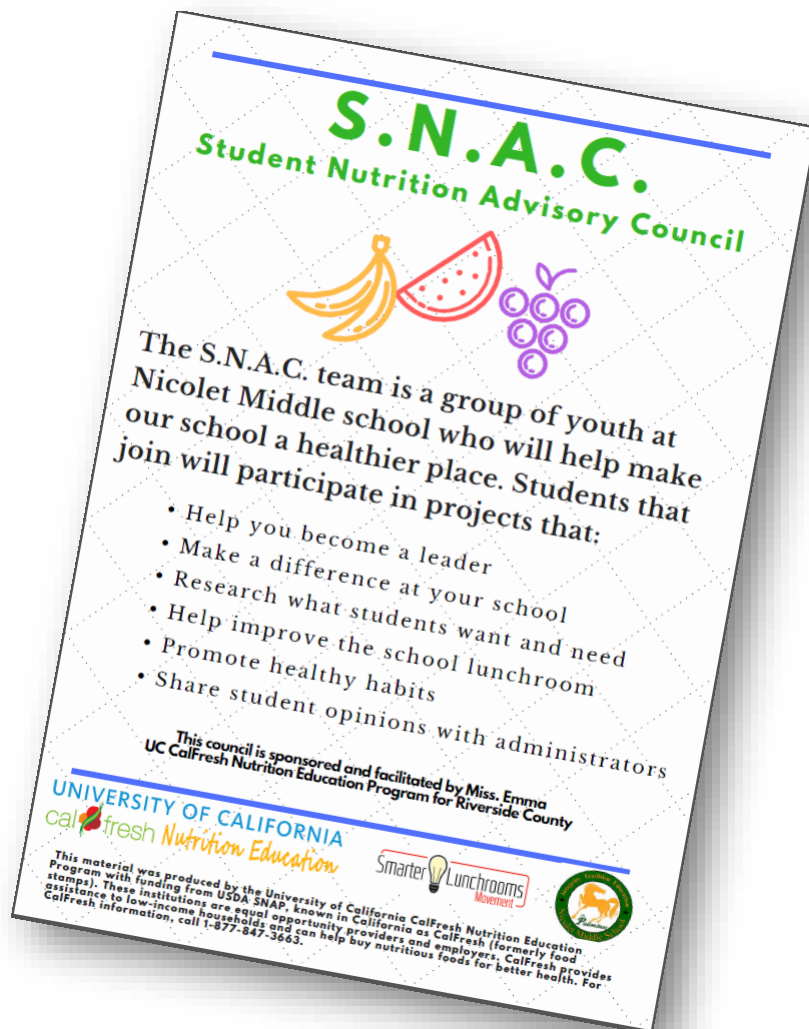


What is a Student Nutrition Action Committee (SNAC)

- A group of students formed to inform and implement healthy changes in their school or community
- Students have a meaningful role in discussions, planning and decisions around improving their school.
- Students who join will participate in projects that:
 - ✱ Help improve the school / lunchroom
 - ✱ Research what students want and need
 - ✱ Make a difference at your school
 - ✱ Promote healthy habits
 - ✱ Share student opinions
 - ✱ Become a youth leader

SAMPLE FLYER



Become a part of SNAC

(Student Nutrition Action Council)

Are you interested in...?



- ★ Spreading healthy messages to the student body
- ★ Helping conduct surveys
- ★ Assisting with tastings during lunch
- ★ Improving the lunchrooms

First Meeting

When: Thurs., November 3rd

Time: 12:30pm

Where: Cafeteria

This council is sponsored by
UC CalFresh Nutrition Education Program for Placer and Nevada Counties.

Facilitated by Mrs. Barnes, 2nd Grade teacher
and Mrs. Carter, the Nutrition Lady.



UNIVERSITY OF CALIFORNIA
cal fresh Nutrition Education

UC CalFresh Nutrition Education Program
Placer and Nevada Counties
Website: <http://ucanr.edu/sites/letseathealthy/>
(530) 889-7350

This material was produced by the University of California CalFresh Nutrition Education Program with funding from USDA SNAP, known in California as CalFresh (formerly food stamps). These institutions are equal opportunity providers and employers. CalFresh provides assistance to low-income households and can help buy nutritious foods for better health. For CalFresh information, call 1-877-847-3663.

SAMPLE FLYER



We are Looking for **YOUTH** Leaders!!

The Student Nutrition Action Committee or "SNAC" team is a group of youth at _____ School who help make our school a healthier place. Students who join will participate in projects that:

- Help improve the school lunchroom
- Research what students want and need
- Make a difference at your school
- Promote healthy habits
- Share student opinions
- Become a youth leader

If you are interested in applying to join the SNAC Team.
Please pick up an application in the office.

Bring your application to the first team meeting on
Wednesday March 15th After School in the Cafeteria

This Council is sponsored by: UC CalFresh Nutrition Education Program of Riverside County

This material was produced by the University of California CalFresh Nutrition Education Program with funding from USDA SNAP, known in California as CalFresh (formerly food stamps). These institutions are equal opportunity providers and employers. CalFresh provides assistance to low-income households and can help buy nutritious foods for better health. For CalFresh information, call 1-877-847-3663.



SAMPLE
APPLICATION

Eligibility Requirements

- Identify as a middle school student
- Demonstrate Interest in working on AND solving issues affecting our community.
- Available to attend Orientation Meeting on March 23rd, 2017 and all other meetings.

Contact Information:

Student Name (Last, First, Middle): _____

Address: _____

E-mail Address: _____

Phone: _____

Parent/Guardian Permission

Parent/Guardian Name: _____

Relationship to Applicant: _____

Address: _____

Primary Phone: _____

Secondary Phone: _____

I give my child permission to participate in the Student Nutrition Advisory Council.

Print Name: _____

Date: _____

This material was produced by the University of California (UC) Food Stamps Program. These institutions are equal opportunity institutions.

Personal Statements: Please answer the following questions

1. What are two reasons that you want to be a part of this project? Why?
 - a. _____
 - b. _____
2. What skills can you bring to SNAC?

3. Please list any experiences you have serving the community.

4. Briefly describe yourself.

5. What qualities do you have that you think would make a good researcher?
